

The Tenerife Property & Business Guide



FREE / GRATIS | November 2022
Every Month | Issue 217

Tel: 922 703 725 • info@thetenerifepropertyguide.com • www.thetenerifepropertyguide.com



Tenerife Island Rentals
& Buy Tenerife
0034 922 797 438
0034 673 778 700

FIND OUT WHY WE ARE THE BEST!

www.tenerifeislandrentals.com



MOTORWORLD

CAR SALES
COMPRA-VENTA DE COCHES

922 783 828
629 048 529

C/ VICTORIANO TOLEDO
RODRIGUEZ, 5,
LAS CHAFIRAS, 38629, SAN
MIGUEL DE ABONA

FIXED PRICE SERVICING AVAILABLE
Check facebook.com/motorworldtenerife
for details!

Medical Implant®
SWISS DENTAL CLINIC

BECAUSE YOUR SMILE
SHOWS WHO YOU ARE

**WE'LL MAKE
YOU LOOK
20 YEARS
YOUNGER!**

THIS WILL BE
YOUR BEST DEAL

SEE PAGE 37



GOLF DEL SUR €389,000 +34 922 737 044

Lovely three bed, two bath, front-line villa with two balconies, garden, terrace enjoying sea views and integral garage. Quality furnishings throughout. A MUST VIEW property!

ARE YOU A HOME OWNER
THINKING ABOUT LETTING
YOUR HOME SHORT TERM?

PROFESSIONAL PROPERTY
MANAGEMENT BY
EXPERIENCED COMPANY

LUGGAGE STORAGE
SHOWER FACILITY

COMPLETE MANAGEMENT OF YOUR HOLIDAY LET
MONTHLY FINANCIAL REPORTING
IN-HOUSE PROFESSIONAL CLEANERS
NO POOLING OF LINENS AND TOWELS
ACCOUNTABLE COMPANY WITH OFFICES IN LAS AMERICAS



Tenerife Rental & Sales
+34 620 128 433
www.mami2009.com
info@tenerifeprojects.com

LATE FLIGHT HOME AND ALREADY CHECKED OUT?
USE OUR FACILITIES ON PARQUE SANTIAGO 2
CASE € 2,00 / SHOWER € 5,00

Tenerife Rental & Sales is the trade name of
Mami 2009 Real Estate Agents S.L. CIF: B76792324



SAFECCLEAN

PART OF G.D.A. GROUP S.L.U. Est 1987

PEST CONTROL

For private villas, apartments, complexes,
providing sanidad

certificates for Bars & Restaurants
CONTROL DE PLAGAS

Desinsectación, desratización y certificados

www.safecleantenerife.net

UK +34 609 066 973

ES +34 627 114 090

CLEANING

Professional upholstery

& carpet cleaning, sofas, beds

LIMPIEZA

Limpieza de sofás,
alfombras, tapizados etc.

e-mail: info@safecleantenerife.net



November 2022

Contents

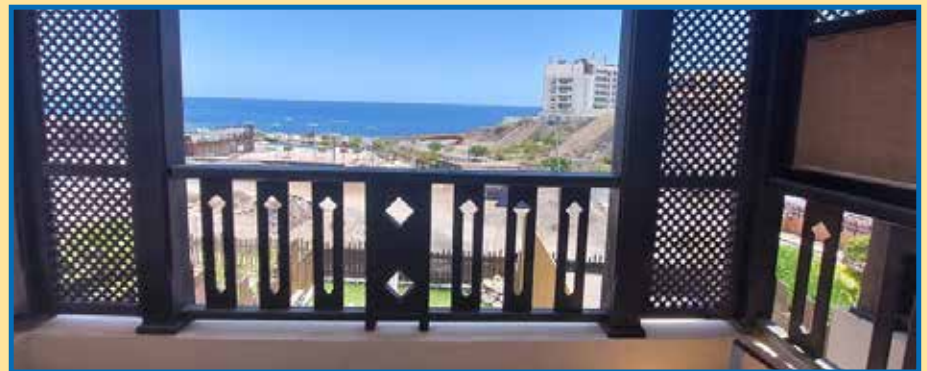
- 03-25 Residential Sales
- 16 Direct from owner
- 26 Currencies Direct - Currency update
- 28 The Moorish invention that tamed Spain's mountains
- 30 The biggest myths of the teenage brain
- 31 One Stop Problem Shop
- 34 How limitless green energy would change the world
- 35 Motorworld: Annual Road Tax
- 38 A fish that sparked a national obsession
- 39 Dog of the Month
- 40 How to live with your regrets
- 42 The Rosetta Stone: The real ancient codebreakers
- 50 The Rentals Section
- 51 The Business section
- 55 Motorworld: Vehicles for sale



Find 1000s
more properties on:



the-tpg.com



GOLF DEL SUR

Lovely three bed, two bath, front-line villa with two balconies, garden, terrace enjoying sea views and integral garage. Quality furnishings throughout. A MUST VIEW property!

€389,000



Inmobiliaria - Estate Agent

Homes & Away



✉ info@homesandaway.com

🌐 www.homesandaway.com

☎ +34 922 737 044

Local 31, CC San Blas
GOLF DEL SUR, Tenerife

AMARILLA GOLF

€165,000



Large, extended 1 bed, ground floor garden apartment with stunning views to golf course and Mount Teide, furnished to a very high standard with stylish Bedouin decor.

PALM RIDGE, AMARILLA GOLF

€349,950



Three bed, two bath spacious duplex with four terraces in stunning location. Ideal family lock and go. Secure garage included.

CALLAO SALVAJE

€249,000



2 bed penthouse apartment with large private roof terrace, pool views and west facing views to La Gomera. Double lock-up garage available by separate negotiation.

GOLF DEL SUR

€299,000



Three bed, two bath ground floor garden apartment with jacuzzi, private parking and ocean views.. Popular residential complex close to all amenities and transport links.

PARQUE SANTIAGO 2 - 3 BEDROOM VILLA



€ 690.000



Investment property, holiday let includes existing reservations and 24 month contract with letting agent

PARQUE SANTIAGO 2 - 2 BEDROOM VILLA

€ 569.000



Investment property, holiday let includes existing reservations and 24 month contract with letting agent

PARQUE SANTIAGO 1 - 2 BEDROOM VILLA



€ 569.000



Investment property, holiday let includes existing reservations and 24 month contract with letting agent

PARQUE SANTIAGO 2 - 2 BEDROOM APT.



€ 399.000



Investment property, holiday let includes existing reservations and 24 month contract with letting agent

MAMI 2009 REAL ESTATE AGENTS S.L.
CIF: B76792324
trading as:
TENERIFE RENTAL & SALES
+34 620 128 433

Office Parque Santiago 2
Avenida Rafael Puig Lluvina 32, Local 20
38650 Las Americas - Arona - Tenerife
www.mami2009.com (rental)
www.tenerifeprojects.com (sales)
info@mami2009.com
info@tenerifeprojects.com



Thinking of selling your property?

Put your property in the hands of the Award Winning professionals, established for over 35 years!

Don't just take our word for it, visit our website to see our testimonials from many happy clients!



CC PUERTO COLON, LOCAL 117
PLAYA DE LAS AMERICAS

Call in to our offices
or contact us for a
no obligation valuation

922 714 700



681 331 355



MILLENIUM HOUSE, CC SAN BLAS
GOLF DEL SUR



SIGN UP TO OUR NEWSLETTER



To receive local updates and info on the latest properties on the market
subscribe to our Newsletter

www.TenerifePropertyShop.com



TENERIFE PROPERTY SHOP S.L.

G.I.P.E. NO. 3722

- ✓ Reliability
- ✓ Professionalism
- ✓ Security
- ✓ Service
- ✓ The BEST Portfolio



OUR OFFICE LOCATIONS:

CC San Blas - Golf del Sur

Las Adelfas I - Golf del Sur

CC Puerto Colon - Playa de Las Américas



1 BED APARTMENT - AMARILLA GOLF

TURN KEY PROPERTY!

This immaculate apartment enjoys stunning views of the golf course and out to sea. If it's watching the boats, the golfers playing by or enjoying dining alfresco whilst the sun sets over the mountains, then you have found your perfect property. This second floor, one bedroom apartment, on one level, has been refurbished to a high standard including new kitchen and bathroom, and is ideal as a turn key purchase.

Ref: AMG00586
Price: €139,950 (approx. £122,500)



2 BED APARTMENT - AMARILLA GOLF

STUNNING VIEWS!

Reach for the sky from this wonderful top floor, two bedroom, two bathroom apartment which boasts an amazing roof terrace with stunning views to the Golf Course and Mount Teide. Located within a vibrant, extremely well-maintained development that offers a traditionally Spanish appearance, and features beautiful tropical gardens, waterfall, and a heated communal pool, with pool bar/restaurant.

Ref: AMG00591 *Previously €199,000*
Price: €189,000 (approx. £166,000)



3 BED APARTMENT - PARQUE DE LA REINA

BLANK CANVASS!

If you are looking for an investment property with long term rental potential this could tick a few boxes. Recently refurbished, this three bedroom, two bath, top floor apartment comes with a large roof terrace, underground parking space and storeroom. Located on a residential complex just a few minutes drive from the popular tourist area of Los Cristianos. Close to local schools, this property could be an ideal family home.

Ref: OUT01170 *Previously €199,500*
Price: €190,000 (approx. £166,500)



2 BED APARTMENT - GOLF DEL SUR

FOR RENTAL OR PERSONAL USE!

With the current market lacking in two bedroom properties this is one to be snapped up. The property has a separate kitchen and utility area, master en suite bedroom with refurbished bathroom, good sized second bedroom and separate shower room. The property is sold furnished including an underground parking space. Whether you are buying for rental or personal usage this is bound to tick all the boxes.

Ref: GOLF01731
Price: €215,000 (approx. £188,500)



2 BED APARTMENT - GOLF DEL SUR

SPACIOUS LIVING!

This spacious, corner positioned, two bedroom, two bathroom apartment has easy access to one of the most desirable heated swimming pools in the area. Tucked in an ideal location at the end of a walkway, there is a gate onto the private back terrace which leads to the front door. If you are looking for a spacious apartment with a private underground parking space, in a very popular complex, then this is well worth viewing.

Ref: GOLF01733
Price: €215,000 (approx. £188,500)



3 BED APARTMENT - LOS ABRIGOS

LOCATION, LOCATION, LOCATION!

An amazing opportunity to purchase a frontline apartment which is so close to the ocean, you can hear it! This three bedroom, two bathroom apartment occupies a top floor position and is accessible via a communal lift. Every window and door within this apartment offers an outlook that never fails to impress. The property is set over 2 levels and features a healthy balance of external and internal square metres.

Ref: OG00211
Price: €319,000 (approx. £280,000)



3 BED SEMI-DETACHED - GOLF DEL SUR

STUNNING PROPERTY!

This three bedroom, two bathroom semi-detached Villa, situated in an idyllic avenue, has some serious curb appeal, with its manicured front garden and 3 car driveway, complete with illuminated car port. Set over 2 levels, with the lower level boasting the fantastic wraparound external areas that flood the garden and terraces with sunshine from sunrise until sunset, as well as the main living areas.

Ref: GOLF01730
Price: €319,950 (approx. £280,500)



2 BED GARDEN APARTMENT - GUIA DE ISORA

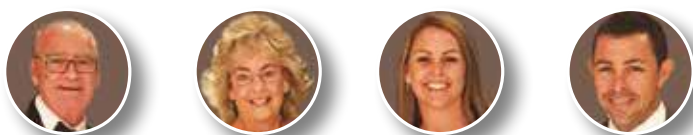
JACUZZI IN THE GARDEN!

Stunning luxury two bedroom, two bathroom apartment located on the Abama Golf Resort, part of the 5-star Ritz-Carlton luxury hotel complex. This spacious property offers an open plan living area and modern kitchen which lead to the large terrace and private garden, with panoramic views of the sea, coast & golf course. The property boasts a private Jacuzzi in the garden, and a garage and buggy are included.

Ref: OUT01176
Price: €775,000 (approx. £680,000)



We don't make promises. We give GUARANTEES!



Two generations of a Family Business · Over 35 Years of Experience
Service & Security in your purchase · Professional Indemnity Insurance
20 Year Insured Title Deed Guarantee

☎ 0034 922 714 700

From UK: 0845 862 1634



info@tenerifepropertyshop.com

Find us on @TenerifePropertyShop



CLEAR BLUE SKIES GROUP SL

TENERIFE ESTATE AGENTS



SELL YOUR PROPERTY WITH CLEAR BLUE SKIES!

October is traditionally the start of the upsurge in property sales enquiries in Tenerife and October 2022 was no different, but as the month progressed, it became evident that the upheaval in the British economy was affecting the confidence of Britain's second property buying public.

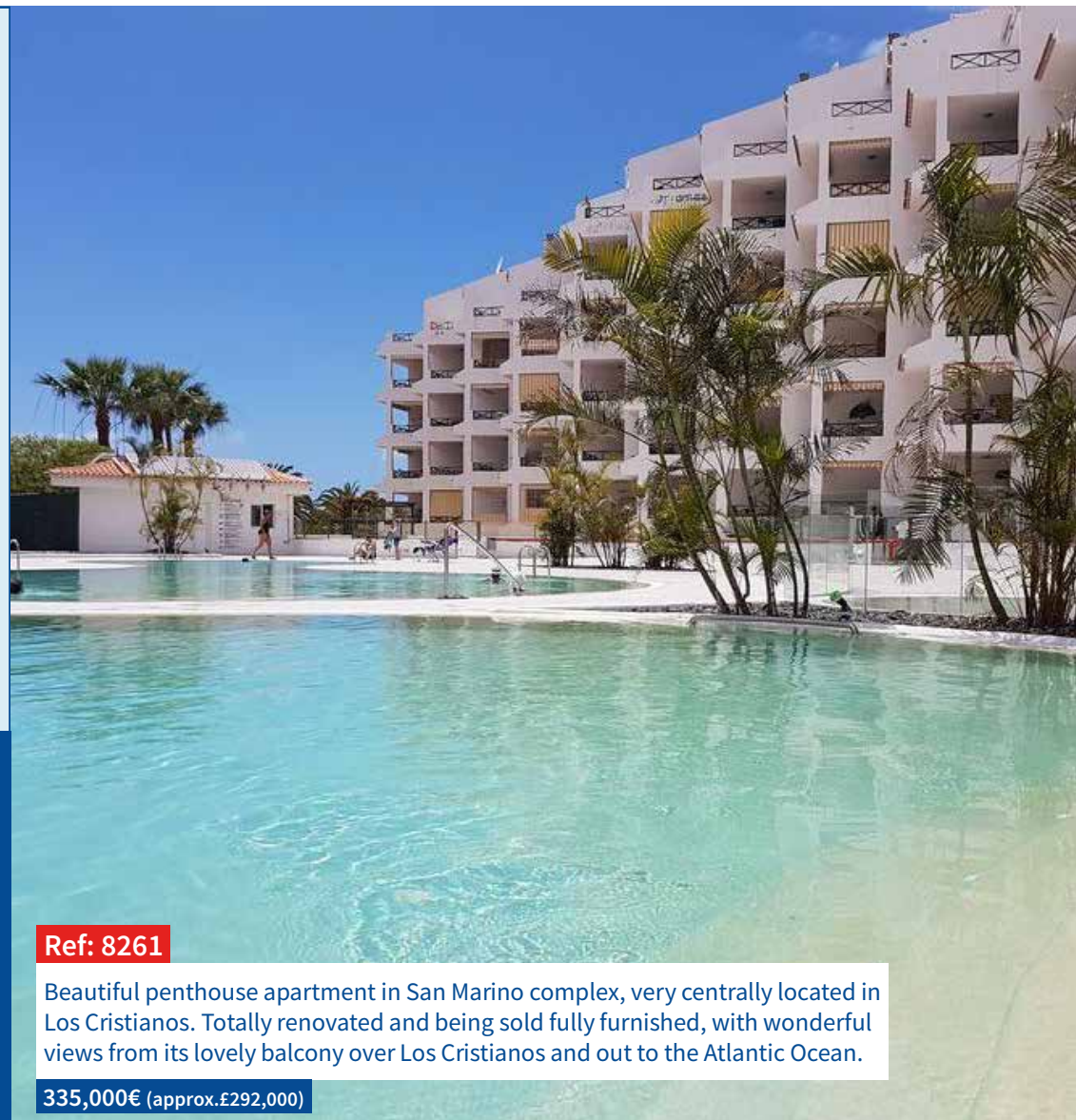
Enquiries and sales came as usual from central Europe, but unusually we even saw buying clients from countries as diverse as Switzerland and Slovakia, which follows the recent trend of buyers from countries from central and eastern parts of Europe.

The property market in Tenerife traditionally has been conducted by vendors appointing multiple Estate Agents to sell their properties, but recently we have had more and more vendors asking Clear Blue Skies Group SL to be their sole Estate Agent. Our integrity and reputation, which can be verified by around 700 testimonials (see a few examples on opposite page), is cited as the main reason plus the fact that we have a small number of approved agents who provide clients from other parts of Europe.

Our staff are fluent international linguists, speaking English, Spanish, French, Italian, German, Dutch, and Hungarian, so we can communicate easily with clients in their own language.

For sure, now is a great time to sell your Tenerife property. The euro is strong, and the market is still buoyant, but it could easily recede in the coming months.

So, if you are considering selling your property, please contact us now at our friendly office in Fañabé Plaza for a no obligation valuation of your property. All properties are taken on a "no sale, no fee" basis.



Ref: 8261

Beautiful penthouse apartment in San Marino complex, very centrally located in Los Cristianos. Totally renovated and being sold fully furnished, with wonderful views from its lovely balcony over Los Cristianos and out to the Atlantic Ocean.

335,000€ (approx. £292,000)



Ref: 8247

Fantastic two bedroom duplex apartment located in The Palms complex on Golf del Sur. Substantial property inside (101m²) with terraces totalling 40m². Very attractive property with Golf del Sur and Amarilla Golf courses on the doorstep. Very reasonably priced

245,000€ (approx. £212,000)



Ref: 8245

Exclusive to Clear Blue Skies Group SL, this fabulous two bedroom apartment is located in the beautiful Las Colinas de los Menceyes, in Palm-Mar. Located on the second floor, accessible by lift, this executive apartment has everything, and has to be seen to be believed. Price includes a private parking space and store room in the subterranean garage. Absolutely beautiful.

575,000 € (approx. £498,000)

WHAT OUR RECENT CLIENTS THINK ABOUT US

M.W.

"We have been absolutely delighted with the service provided by Suzie at Clear Blue. From the initial contact, to showing us around various options to the purchase of our new property, the process has been supported by Suzie and her colleagues. Buying abroad was a big leap of faith for us and Suzie's knowledge, expertise and care have made such a difference, guiding us through the process really well and "going the extra mile" in ensuring everything is in place prior to moving in. Highly recommended."

C.M.

"Finally purchased our place in the Tenerife sun making our dreams a reality, my wife and I got highly recommended through a friend to go through Clear Blue Sky to make it happen and really wasn't disappointed as Jamie welcomed us and took us through the stress free process and really going above and beyond to get what is now our dream holiday bolt hole, so again a big thank you to Jamie and the Blue Sky team."

J.B.

"Second to none."

Why not visit our friendly air-conditioned office in Fañabé Plaza for a no obligation chat or we can come to you? We speak Spanish, English, French, German, Italian, Flemish, Dutch, and Hungarian.



Ref: 7483

Magnificent 350 year old country house located in the beautiful small town of Vilaflor. Three bedroom house with modern kitchen, completely and sympathetically renovated with courtyards, gardens, grapevines, BBQ area.

299,000€ (approx. £260,000)



CONTACT US

Get in touch to discuss buying or selling a Tenerife property with us

Call: 00 34 922 717 779

info@clearbluetenerife.com

www.clearbluetenerife.com

C.C. Fañabé Plaza 129, Playa Fañabé, Costa Adeje 38660



T: (0034) 922 732862
M:(0034) 683 190 977
info@rdpropietiestenerife.com



Calle Luis Alvarez Cruz,
nº6, Edf Bahia Azul, Local 8C
Las Galletas - Next to post office

Golf del Sur, Res San Miguel, Arenal



A great investment opportunity that will make a perfect second home and a good rental earner. Located on the ground floor facing the pool, we present you this bright and airy one bed, one bathroom apartment in the high spec complex of Arenal in Golf del Sur.

€179,900

Ref: GDS071-EA195

Valle San Lorenzo



Spacious, fully furnished, 4 bed, 2 bath (master en suite) + WC, ground floor apartment in building close to town centre and all amenities. The property has a large lounge, separate kitchen/diner, and an interior patio/laundry area. Lift to underground garage space. Affordable monthly community fees of €60.

€189,000

Ref: VSL081-CG189

San Miguel de Abona, Lovely 4 bed apt



Unique 2nd floor property in a recently refurbished building. The apartment has 4 beds and 1 bath and NOT being on the main street makes it a very quiet and peaceful residential area. Unique layout with 2 living rooms, one with an open plan kitchen/dining room, and private roof terrace with a 360 degree view of the sea and mountains. Sold unfurnished. No community fees.

€191,000

Ref: SM081-CI191

Costa del Silencio, Amarilla Bay



Looking for a holiday home in a front-line complex by the sea? This is it!! A good-size, 'Turn-key' south-facing 1 bed, 1 bath apartment in this popular complex with pool, pool bar and parking, and close to all amenities. This property will not last long on the market, hence viewings are highly recommended.

€146,000

Ref: CS531-AB146

Playa Paraiso, 3rd floor apartment



Fabulous third floor apartment for sale consisting in a living/dining room area, a balcony with sea views, a fully equipped kitchen, bathroom with a walk-in shower and a bedroom with access to the balcony. The apartment also features a garage space and a storage room. This complex has a swimming pool and a children's playground. Near to the property we can find bars, restaurants, supermarket and much more.

€205,000

Ref: PP491-CH205

Las Rosas, Lovely townhouse



Spacious (108sqm) 3 bed, 2 bath (+WC) townhouse close to the fishing village of Las Galletas with its supermarkets, pharmacy, shopping, schools etc. Built on 2 floors, the ground floor has a large terrace, lounge, independent kitchen. On the second floor are 2 bedrooms, one with a terrace, plus the 2nd bathroom. This is a turn-key property, viewings recommended!

€205,000

Ref: LR491-CC205



rdpropietiestenerife

rdpropietiestenerife.com



rdproperties_tenerife

ISLAND ESTATES

EST. 1984

CALL: +34 922 790767
 UK FREEPHONE: 0800 802 1669
 EMAIL: INFO@ISLANDESTATES.ES
 WWW.ISLANDESTATES.ES



ATOGO - RURAL BUNGALOW

EXCLUSIVE!



Ref: 313-B3

Pretty rural bungalow with private swimming pool and private parking. Set on a plot of 300m², this well presented independent property offers three bedroom, two bathroom, kitchen/ diner and lounge. Viewing recommended.

3 bed, 2 bath 275.000€

ANETTO - PARQUE DE LA REINA



Ref: 670-A3

Modern 3 bedroom penthouse apartment, well located on this residential community with private parking, and storeroom. Offering 3 bedrooms, two bathrooms, and lounge with separate fitted and equipped kitchen, and private 70m² roof terrace.

3 bed, 2 bath 199.500€

ROQUE DEL CONDE – TORVISCAS ALTO

EXCLUSIVE!



Ref: 658-A2

Stunning corner penthouse apartment with amazing sea views. Motivated sale, this large property is offered furnished comes with two double bedrooms with fitted wardrobes, bathroom, and large lounge with fitted American Style kitchen. Private parking.

2 bed, 2 bath 244.950€

SAN BLAS – GOLF DEL SUR



Ref: 685-TH

Modern, 3 bed, 3 bath, spacious townhouse. Well set within a small residential community with pool and gardens. The property offers a large living area with kitchen, lounge and dining area. Internal connection to the private garage.

3 bed, 3 bath 365.000€

LAS FLORITAS – PLAYA DE LAS AMERICAS

EXCLUSIVE!




Ref: 692-A1

Stunning, fully refurbished ground floor apartment, located on the sunny side of this popular central community. This property, as a ground floor property benefits from a larger layout, and terrace with all day sun. Recently refurbished, this apartment offers a new modern kitchen, bright bathroom and double bedroom with fitted wardrobes. Viewing is highly recommended, this is a beautiful property – easy access for people with reduced mobility. Ideal for sun worshipers – call now for a viewing 677070033.

1 bed, 1 bath 185.000€

VICTORIA COURT – LOS CRISTIANOS

EXCLUSIVE!



Ref: 690 – A1

A beautiful apartment and a rare opportunity. This is a fantastic location, the community here is very well located and has a heated swimming pool. The apartment is on the first floor, but has easy access for people with reduced mobility. A large one bedroom, very well presented as has been recently refurbished. With quality though out this property offers, large lounge with modern fitted and equipped kitchen, bathroom, and double bedroom with fitted wardrobes, and large terrace with all day sun. This is a rare gem of a property, please ask for a viewing - call 677070033.

1 bed, 1 bath 245.000€

GRANADA PARK – GOLF LAS AMERICAS

EXCLUSIVE!



Ref: 687-A1

Very well presented penthouse apartment with pool and sea views available on this well maintained holiday community. Spacious, with ample terrace and large private roof terrace. Fantastic community facilities. Viewing recommended.

1 bed, 1 bath 225.000€

ROYAL PALM - LOS CRISTIANOS

EXCLUSIVE!



Ref: 656-S

Very well presented studio apartment, offer furnished, within this popular well located holiday community. Great sea views from the terrace this property is turn key, ready to go. Don't delay, ask for an appointment to view today.

0 bed, 1 bath 147.000€

SAN BLAS – GOLF DEL SUR

TRASPASO



Ref: 674-CL

The traspaso is now available "Black Magic". This popular bar, located in the top square, is very well presented and come with a lot of returning custom. The bar is well fit have been refurbished recently and has guest toilets. Low monthly rental costs, contact us for more information.

0 bed, 1 bath 55.000€

LAS VISTAS - CHAYOFA

FANTASTIC FAMILY HOME



Ref: 676-TH4

Stunning 4 bed, 2 bath townhouse with sea views, in quiet location within popular residential resort with pool. This 260m² house offers an independent kitchen and large living area. Direct access to the large double size private garage.

4 bed, 2 bath 430.000€

YOU'LL FIND OUR OFFICE ACROSS FROM THE FOOTBALL STADIUM IN PLAYA DE LAS AMERICAS

ADVERTISE YOUR PROPERTY WITH US AND SEE YOUR PROPERTY PROMOTED WITH RIGHTMOVE AND ZOOPLA IN THE UK AND KYERO ACROSS EUROPE.





PALM MAR SALES & RENTALS

ALL ASPECTS OF PROPERTY MANAGEMENT SALES & LONG TERM RENTALS

Tel: 0034 677 623 713 / 0034 671 129 558 • email: info@palmmarsalesandrentals.com • www.palmmarsalesandrentals.com

Los Balandros, Palm Mar



We are pleased to present this attractive duplex penthouse apartment, well-appointed with the following extras: glass curtains, an extension to the upper floor, and air conditioning throughout. In addition, the kitchen and bathroom have been refurbished recently. The price also includes a storeroom and secure underground parking.

Price: €245,000

WE ARE ALWAYS LOOKING FOR NEW PROPERTIES FOR SALE AND LONG TERM RENTAL

Los Balandros, Palm Mar



Very well presented 2 bedroom, 2 bathroom apartment, sold fully furnished to a high standard, and including a secure underground parking space and storeroom

€249,500

Laderas del Palm Mar, Palm Mar



Lovely one bedroom apartment on the second floor of this well run complex. The property is sold fully furnished and price includes a secure parking space.

€210,000

Palm Mar, Cape Salema



Bright and spacious, fully furnished, 1 bed, 1 bath apartment with larger-than-average lounge, facing the pool with views over Palm Mar and the Nature Reserve to the sea. Great Investment opportunity!

€185,000

Golf del Sur, Res. San Blas



Spacious 3 bed, 2 bath, fully furnished linked house on phase one of this prestigious sea front development with only 16 properties surrounding the community pool. The property has views to the sea and Mount Teide and is sold with a large integral garage and storeroom.

€365,000



Established
1979

Tenerife Properties



The Original British Estate Agency Established in 1979

ENGLISH / ESPAÑOL / FRANÇAIS / ITALIANO - 608 573 443

Контактный телефон для русскоговорящих - 648 525 024

Detached Villa, El Roque, San Miguel



3 double bedroom detached house situated in the valley below El Roque surrounded by stunning views of the mountains and sea. This property could not be in a more peaceful and beautiful location. The villa has been built all on one level, ranch style, and has 3 double bedrooms, 1 1/2 bathrooms, lounge with fireplace and fully fitted kitchen. The entire property is modified for disabled access including a chair lift in the pool. The house is set behind private gates and has a huge terrace area with a private pool measuring 10m x 5m.

€650,000

Ref: I1438

Los Diamantes II, Los Cristianos



Selection of 1 bed, 1 bath apartments in this well-kept, low rise complex with lifts, reception and communal swimming pool, plus a pool bar for those holiday drinks and snacks. There is also a communal room with internet access if you need a quiet place to answer some emails out of the sun. The apartments are in excellent condition and have a double bedroom with fitted wardrobes, bathroom, lounge with fully fitted kitchen and terrace with street views. The complex is around a 15 minute walk away from the town centre and sea front. The Pasarela commercial centre is close by with its popular food court and a range of shops and supermarkets and also a large selection of restaurants.

From €179,000

Ref: N1505

Sun Villas, San Eugenio Alto



Fantastic bungalow on this sought-after, gated residential complex with lifts. The property is spacious with high ceilings and has a large lounge, integrated, fully fitted kitchen, 2 bedrooms and 1 bathroom. Outside there is a very large and private, south-facing terrace with sea views. There is also an extra room that is currently an extra kitchen but could be used as an extra bedroom or office, that you access via the terrace. The complex is immaculately maintained and has a communal swimming pool and sun terrace. The apartment is to be sold inclusive of furnishings and fittings. This property will not be on the market for long!

€285,000

Ref: T1264

Villaflor, San Eugenio



Large studio apartment with terrace and garden.

€208,000

Ref: A474

Royal Palm, Los Cristianos



Spacious and light studio apartment on this sought-after complex.

€145,000

Ref: A456

Mareverde, Torviscas



Recently refurbished studio with sea views.

€225,000

Ref: A476

Pebble Beach, Scorpio, Amarilla Golf



1 bed, 1 bath apartment on complex with pool and pool bar.

€155,000

Ref: N1493

Tegueste, Torviscas



2 bedroom duplex with possibility to create separate studio.

€389,950

Ref: T1189

Ocean Park I, San Eugenio



Lovely 1 bed, 1 bath apartment on this front line complex.

€230,000

Ref: N1594

Panorama, San Eugenio



Lovely 1 bed, 1 bath apartment on this front line complex.

€240,000

Ref: N1503

Club Atlantis Bungalows, San Eugenio



Luxury 1 bed penthouse apartment in this sought-after, front-line resort.

€399,000

Ref: N1500

Semi-detached villa, San Eugenio Alto



3 bed semi-detached villa in prestigious area.

€595,000

Ref: I1437

Detached House, La Florida



2 bedroom, 2 bathroom detached house in La Florida with separate 1 bedroom apartment.

€450,000

Ref: I1431



Translators available for any other languages.



Tel: 922 724 110 • Sales: Lynne: 699 250 870 Rachel: 608 573 443
Local 3, C.C. Palo Blanco, San Eugenio, Adeje 38660, Playa de las Americas
www.tenerifeproperties.net • lynne@tenerifeproperties.net





www.tenerifehome.com



Est. 2007



C.C. El Trebol, Local 37,
Avda. J. A. Tavio,
COSTA DEL SILENCIO,
38630, Tenerife.

+34 690 363 653
+34 922 783 066
info@tenerifehome.com



Amarilla Bay, Costa del Silencio

1 bed, 1 bath apartment on sea front complex with pool. The property has spacious bedroom, living/dining room with open kitchen. Renovated with new pipes and electrics. Fantastic views!
€179,000 Ref: 162-0122



Costa del Silencio, Res San Miguel

Centrally-located complex of detached homes with community pool. Lovely, fully furnished 2 bed, 2 bath home with own pool, gardens and part-covered terrace with BBQ/ dining area with views to Mt Teide.
€425,000 Ref: 190-1022



Costa del Silencio, Garañaña

Spacious 2 bed, 2 bath ground floor apartment in small complex. The property has a lounge, separate kitchen and dining area, a large terrace plus additional room offering plenty of storage space. Comm. Fees: €40/month.
€179,000 Ref: 175-0422



Isis, Costa del Silencio

Comfortable, fully furnished 1 bed, 1 bath ground floor apartment with south facing terrace and nice communal pool. The property is an investment property including a long term tenant.
€155,000 Ref: 164-0322



Costa del Silencio, Costa Sol

2 bed, 1 bath apartment in sought after sea front complex with lovely pool area. Located right beside pool. Large and light living room with open kitchen, and a very large Northwest facing terrace with veranda.
€179,000 Ref: 178-0422



Palm Mar, Villa

Beautiful 2 bed, 2 bath (1 en suite) villa (Plot 300sqm, built size 87.46sqm + 18.54sqm garage) with pool, close to the sea front. Easily extendable to 3 bed, 3 bath. The property offers lots of potential to extend the roof terrace, garage, adjacent land etc.
€485,000 Ref: 136-0921

Avda Londres 1, Sur y Sol, Local 1
Los Cristianos, Arona 38650

Office: 922 797 438 / 922 751 587
Mobile: (00 34) 673 778 700

www.tenerifeislandrentals.com
info@tenerifeislandrentals.com

Tenerife Island Rentals
& Buy Tenerife



CASTLE HARBOUR, LOS CRISTIANOS



Good sized apartment situated on the 7th floor of this popular complex. The apartment has two double bedrooms with fitted wardrobes, living room with American style kitchen and bathroom with walk in shower. The balcony has views to the sea and pool area. On site there is a heated pool, restaurant and laundry and lift access to all areas. The complex has a touristic licence with 24-hour reception and reservations department should you wish to purchase this property for an investment property. The complex is just a short walk to a shopping centre with supermarket, shops, and popular food market on the roof terrace. The beach is around 1km from the complex.

Ref: AP0697

Price: €180,000

Tel: 922 719 643
 Fax: 922 781523
 Mobile: 607 933 052
 Mobile: 625 950 517



Calle Tagara,
 Jardin Botanico
 Local 8
 ADEJE



OPPORTUNITIES OF THE MONTH!

GRANADILLA DE ABONA



Beautiful large farm (80 hectares) with 2 houses plus 1 to reform. Also included are a wine cellar, water tank and a vineyard with 15,000 vines. Fantastic views.

Ref: 1255 €1,100,000

CALLAO SALVAJE



Bright and spacious 5 bed, 4 bath villa with own pool on plot of 450sqm. The property has a living room, kitchen and terraces with sea view.

Ref: 1233 €997,500

TJOCO BAJO



Lovely house (200sqm on 1,080 sqm plot) with 4 bedrooms, 2 bathrooms, living room, kitchen, covered terrace and 2 separate apartments. Also included is a 200sqm garage. Sea views.

Ref: 1187 €786,500

TJOCO BAJO



Lovely 5 bed, 3 bath 2 storey villa (200sqm built) with own pool on plot of 6,000sqm. The property has a living room, American style kitchen and terrace with beautiful sea and mountain views. The house is licensed as a holiday home.

Ref: 1253 €1,100,000

We specialise in farms (fincas) and rural houses/properties.
 Wouldn't you like your own piece of land with space to enjoy!

PROPERTIES WANTED FOR RENT
CLIENTS WAITING!

VERA DE ERQUEZ



Pretty 2 bed, 1 bath house (90sqm) with 700sqm land. The property has a living room and several terraces.

Ref: 1225 €276,000

GUIA DE ISORA



Great 11,000sqm finca with a house suitable for reform. Fantastic sea views. Lots of potential.

Ref: 532 €299,000

GUIA DE ISORA



Large 3 bed, 2 bath house with fruit trees, water tank, and fantastic views. Lots of possibilities. 1,500sqm plot.

Ref: 1223 €240,000

PLAYA SAN JUAN



Fantastic 3 bed, 3 bath house with lots of outside space and terraces. Private pool, BBQ area, and amazing sea views.

Ref: 1144 €365,000

CHIMICHE (GRANADILLA)



Finca (5,000sqm including urban plot of 760sqm) with house to reform and potential to extend.

Ref: 1158 €159,000

CHIMICHE (GRANADILLA)



Detached 5 bed house suitable for reform. In quiet area. Lots of potential.

Ref: 794 €86,000

ADEJE (BUSINESS)



Pizzeria with all necessary licenses. The price includes the 60sqm premises, customer portfolio and 3 delivery scooters.

Ref: 1181 Traspaso €48,000, Business €155,000

CHIO



3,100sqm farm with small (10sqm) house and own water tank (100sqm) and fantastic views.

Ref: 1252 €60,000

40 Years
Selling
Properties

1982 - 2022



A2B14706- LOS DIAMANTES 2 - Spacious, bright 2 bedroom & 2 bathroom first floor apartment. American style kitchen.
Price : 225.000 € .



A2B14942 -EL RINCON - Spacious and modern ground floor apartment in immaculate condition in the up-market residential complex "El Rincón".
Price :325.000 €



A1B15001 -VICTORIA COURT 1- A well maintained and reformed one bedroomed apartment with very nice furniture that is included. **Price : 235.000 €**



A2B15013- AGUAMARINA - Fantastic location positioned in the center of Los Cristianos, only 2 min. from the port and the seafront. It has views towards the port on one side and towards the beach of Las Vistas on the other. **Price : 380.000 €**



A3P15023- VISTA HERMOSA - An opportunity to purchase a spacious family semi-detached house in the Vista Hermosa complex. The property consists of 3 bedrooms and 3 bathrooms over a ground and first floor... **Price : 525.000 €**



A2B15022- PORT ROYALE - Spacious 2 bedroom & 2 bathroom apartment. American style kitchen which has been replaced with new units, lounge leading to a sunny terrace with panoramic sea views to the coast and La Gomera. **Price : 299.000 €**



A3V15016- PORTOFINO RESORT- Semi detached 3 bedroom villa for sale in the Portofino resort, located in Los Cristianos. The villa is constructed over 3 floors plus large garage. **Price:725.000 €**



A1B14952- CRISTIAN SUR,- Refurbished 1st floor apartment on a touristic complex with a heated swimming pool close to the centre of Los Cristianos. 1 bedroom with fitted wardrobes, shower room, open plan kitchen overlooking bright lounge...
Price :220.000 €



A1B15025 -DINASTIA - Well maintained 3rd floor apartment on a sought after complex in Los Cristianos. Double bedroom with fitted wardrobes, shower-room, storage cupboard with washing machine...**Price : 215.000 €**

Av/ Los Playeros Nº27 Edif. La Gavota Los Cristianos . Arona .Tenerife
email: info@loscris.com Tel: + 34 922 79 00 09 M. +34 628 02 24 43

www.loscris.com



Inmobiliaria
Estate Agent
Immobilien

Where do
you
Want to
live®

PROPERTY OF THE MONTH



REF: 82-842



DUPLEX ONE BEDROOM APARTMENT

€249,000

SUN 1/2 DAY

IMMACULATE INTERIOR DESIGN

Interior 56² Exterior 18²
1 bed / 1 bath - 2 terraces

VIEWS GARDENS / ATLANTIC

QUIET SURROUNDINGS

FANTASTIC PLAYGROUND FOR KIDS

INCLUDES PRIVATE PARKING SPACE

OASIS GOLF RESORT

LAS AMÉRICAS

COMM. FEES: €250 / MONTH

COMMUNAL POOLS / JACUZZI



REF: 81-305

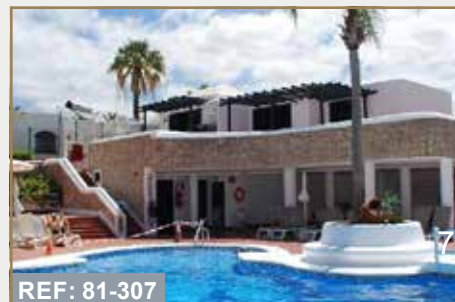
STUDIO

€325,000

EXT. 24M²

INT. 33M²

PARQUE SANTIAGO III, LAS AMÉRICAS



REF: 81-307

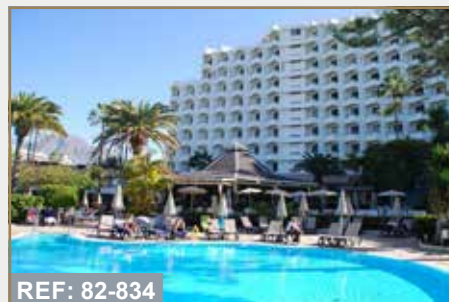
STUDIO

€155,000

EXT. 7M²

INT. 33M²

LOS CARDONES, LAS AMÉRICAS



REF: 82-834

1 BED APT

€330,000

EXT. 7M²

INT. 53M²

HOTEL H10 LAS PALMERAS



REF: 83-653

2 BED APT

€298,000

EXT. 9M²

INT. 64M²

COLON 1 LAS AMÉRICAS



REF: 84-412

TERRACED HOUSE

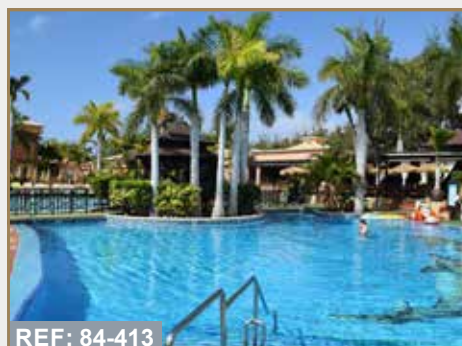
EXT. 114M²

INT. 252M²

€380,000

TERRAZAS DEL GALEON

ADEJE



REF: 84-413

TERRACED HOUSE

EXT. 49M²

INT. 136M²

€395,000

GREEN GARDEN RESORT

GOLF LAS AMÉRICAS



C.C. Parque Cristobal, local 1, Avda. Rafael Puig Lluvina 15
Playa de Las Américas, E-38660, Arona, S/C de Tenerife, Islas Canarias

CORSTIAAN JOHN BOS: +34 649 957 267

ERIKA CENKIENE: +34 639 135 818



Avda Londres 1, Sur y Sol, Local 1
Los Cristianos, Arona 38650

Office: 922 797 438 / 922 751 587
Mobile: (00 34) 673 778 700

www.tenerifeislandrentals.com
info@tenerifeislandrentals.com



Tenerife Island Rentals
& Buy Tenerife



MONCAYO, PARQUE DE LA REINA



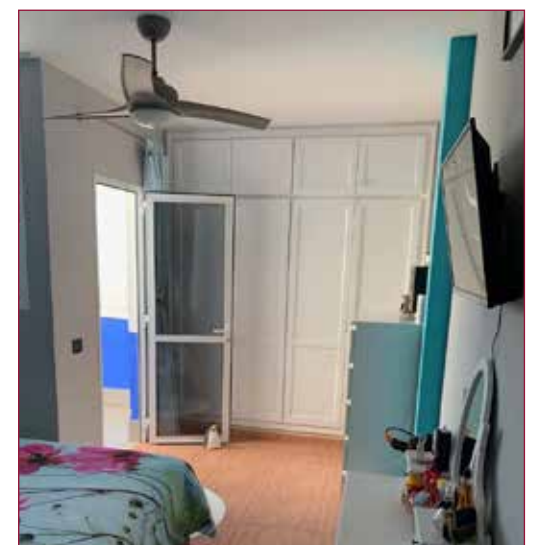
Two-bedroom attic apartment in Moncayo, Parque de la Reina with fantastic roof terrace. This apartment has a good-sized living room, separate fitted kitchen, bathroom and two double bedrooms, the master with private balcony. The terrace has views to the sea and mountains and is approximately 78m². The apartment comes with underground parking space and storeroom and there is lift access. In the area there is a primary school and a secondary school due to be opened early 2023. There are supermarkets, restaurants, hairdressers, and a chemist all in the town and a fantastic park. Parque de la Reina is very popular being just a minutes' drive to the TF1 motorway and 10 minutes to Los Cristianos.

Ref: AP0706

Price: €185,000

FOR SALE IN THE VILLAGE OF SAN MIGUEL

Price: €120,000



Part-furnished, fully renovated to a high standard, 2 bed (both double), 1 bath (with modern 'walk-in' shower), 2nd floor apartment in popular Canarian village. The property has a spacious lounge/dining area with newly glazed patio door, an American-style fully fitted kitchen, a small front balcony plus a rear balcony with stunning views of the coastline.

The village offers an excellent range of amenities - Doctors, chemists, schools and shops and is only a short drive to the TF-1 motorway, the coast and excellent shopping centres of Las Chafiras and Granadilla.

**For more
information, or to
arrange a viewing,
please call:
629 048 529**

TENERIFE PROPERTY SHOP S.L.

G.I.P.E. NO. 3722

Service



Security

EXCLUSIVE

2 BEDROOM BUNGALOW - GOLF DEL SUR



ALL DAY SUNSHINE



A fantastic opportunity to be the proud new owner of a two bedroom, two bathroom, bungalow that offers three terraces and private parking. The external areas are vast, and guarantee all day sunshine... whether it is breakfast at sunrise whilst overlooking the tropical gardens, sunbathing on the roof terrace, or taking in the sunsets from the West facing terrace, there is something for everyone.

Ref: GOLF01734

Price: €220,000 (approx. £193,000)

info@tenerifepropertyshop.com



(0034) 922 714 700 / From UK: 0845 862 1634

Townhouse in Chayofa



This magnificent townhouse is 193 m2 and has 3 bedrooms and 2 bathrooms. Moreover is a separate kitchen equipped with high quality appliances, a basement with a large garage and 2 large terraces with stunning views.

Ref.: D1273

Price: 334,000€

Beautiful Finca in San Miguel



NEW

6.000m2 Finca, with 4 bedrooms and 4 bathrooms, located in San Miguel de Abona, 20 minutes far from the South Airport and 30 minutes far from Los Cristianos. The Finca has a Modern and Stylish Cave, a big Vineyard and Fruit Trees.

Ref.: D1289

Price: 299,500€

3 Bedroom in Playa San Juan



This apartment is a 5-minute walk from the beach, newly renovated and ready to move into. It has 3 bedrooms and 1 bathroom with hot tub. Also, you get a roof terrace with an individual laundry room and partial views of the sea and Mount Teide.

Ref.: D1281

Price: 169,000€

3 Bedroom in Playa San Juan



Only 100 meters from the beach you find this AMAZING apartment. First floor offers 2 bedrooms, kitchen, living room, bathroom and patio. In the penthouse is 1 room, kitchenette, living room, bathroom, terrace, roof terrace with 360° view to Teide, La Gomera and the ocean.

Ref.: D1280

Price: 267,500€

2 Bedroom in Palo Blanco



Beautiful apartment in Palo Blanco in San Eugenio Bajo. You get 2 bedrooms, a bathroom, a fully equipped kitchen, and a balcony with stunning views of the Atlantic Ocean and La Gomera. The apartment was fully renovated in 2019, got new furniture and looks amazing now.

Ref.: D1046

Price: 399,000€

House in Santiago del Teide



Rustic house for sale in the center of the town of Tamaimo, Urban estate of 472m2 with 116m2 built. The house has two bedrooms, a bathroom, kitchen, large living room, adjoining porch. Outside, it has a patio with a barbecue and an orchard with fruit trees.

Ref.: D1287

Price: 231,000€

Apartment in San Isidro



This apartment offers 3 bedrooms and an extra room that is used as storage now, but can be transferred back and function as another bedroom. Furthermore are 2 bathrooms, a living room, a fitted kitchen and a large private rooftop terrace.

Ref.: D1272

Price: 170,000€

Townhouse in Adeje Casco



This townhouse is just 150 meters from the shopping center and with all the services nearby. It has 3 bedrooms, 1 bathroom, 1 toilet, independent kitchen, balcony and a private terrace. The plot is 100 m2 and the building size is 84m2 and it is in good condition.

Ref.: D1278

Price: 189,500€

frina@tenerife-property.com

+34 683 479 245

+34 922 085 191

www.tenerife-property.com

CC Puerto Colón, 1st Floor, local 213, 38660 Adeje

FRINA Tenerife Business & Property Agency

The Tenerife Property & Business Guide

WHY ADVERTISE WITH THE TPG?

All Estate Agent **advertisers** can display their full portfolio of properties on our website, **FREE OF CHARGE** and **UPDATED EVERY TWO HOURS!**

Or Pay just €95 annually (incl IGIC) to put their full portfolio on our site (incl. updating every 2 hours!)

- **5,000** people pick the paper up each month
- **5/7,000** people visit our website every month and can view The TPG monthly on-line
- **We've been publishing for nearly 20 years!**



The TPG NEW PRODUCT launch (for Estate Agents only):



When we launched The TPG in Oct 2014 it quickly became very popular with both property seekers and Estate Agent sales-people throughout the South of the island. Everyone, it seemed, found our paper an

excellent 'source' to 'match' potential clients with properties being marketed by our advertisers.

We have decided recently to develop this aspect of our business (which is, essentially, aimed at

helping our advertisers sell properties!) by creating a new website entitled TPGconnect – for use by, and accessible ONLY to Estate Agents.

The new TPGconnect website is now open for business

and, as a Thank You to all current advertisers, all properties advertised in The TPG's latest (i.e. November) edition appear completely FREE of CHARGE.

In January 2023, we shall begin market-

ing TPGConnect to all Agencies in Tenerife for a modest monthly subscription, although any new TPG advertisers will be allowed to use the site, again, FREE of CHARGE.

All current advertisers are invited to con-

tact us for their LogIn details, which will allow you add/amend the entries we have added.

We hope that you find the new service both useful and profitable!

Share **ONLY** those properties in your portfolio you wish to share and split commission on

One stop website where you can quickly identify possible properties for buyers

Develop collaboration opportunities

Regular feedback



C.C. N°.1 Urb. Sueño Azul
38677 Adeje

office@tenerifebusinessservices.com
www.callaosalvajeproperty.com

+34 615 396 556
+34 634 300 303
+34 822 716 079

ALTO VISO – CALLAO SALVAJE



A beautiful two bedroom ground floor apartment that has been maintained throughout to a very high standard. The property is sold fully furnished with high quality furnishings.

€189,000



Avda Londres 1, Sur y Sol, Local 1
Los Cristianos, Arona 38650

Office: 922 797 438 / 922 751 587
Mobile: (00 34) 673 778 700

www.tenerifeislandrentals.com
info@tenerifeislandrentals.com



PUNTA DEL LOMO, GUARGACHO



This stunningly presented bungalow property is located in Guargacho, just a 10-minute drive to Los Cristianos and less than a kilometre to the TF1 motorway. The property has a large driveway that could house three cars and a garage, on entering the property you find a beautiful living room with patio doors to the front garden. The kitchen diner leads off the living room and is fully equipped with island and top of the range appliances. Patio doors from the dining area lead to the rear sun garden and a sun room that could be used for a TV room, art studio or office. The garden is secluded with barbecue area and ample seating for outdoor dining. There are two good sized double bedrooms, one with double height ceiling and ensuite shower room. The family bathroom has a beautiful roll top bath. The house is fitted with aluminium window shutters on all doors and mosquito blinds. This house is beautiful and in walk in condition. In the area there is a primary school and park area and there are plenty of shops in the surrounding areas.



Ref: BNG0702

Price: €370,000

Los Cristianos, Parque Margarita

Ground floor 2 bed, 1 bath apartment, being sold fully furnished. This is a well sought after complex close to all local amenities. There is a community swimming pool.



€240,000

T: +34 922 703 725 M: +34 627 230 360 E: carolhale.tpp@gmail.com

C/ Luciano Bello Alfonso No. 5. 1st Floor,
Las Chafras 38639

www.tenerifeproperty.com

TENERIFE
PRIME PROPERTY

THE CANARIAN PROPERTY GUIDE HAS LAUNCHED!

Sign up now and list all your properties
FREE for the first month, then
€50.00 for your first year*

* Requires XML feed OR crawlable website. Price includes IGIC.

Site updated hourly:
08:00-20:00 Mon-Sat
and 12:00 & 18:00 Sun

www.canarianpropertyguide.com
info@propertyguides.co



SCAN ME



Royale Estate Agents S.L.



Established - Professional - Quality - Service

VENTA DE INMOBILIARIAS · PROPERTY SALES · IMMOBILIENVERKAUF



PLAYA PARAISO

MODERN SEMI-DETACHED VILLA WITH PRIVATE POOL

Lovely, modern, fully furnished 3 bed, 2 bath (1 en suite), plus separate cloakroom, semi-detached villa in small sought after residential complex with pool. The property has an entrance hall, fully fitted independent kitchen, utility room, spacious lounge/dining area with direct access to a large terrace with private heated pool and sea views (part of the terrace is covered making it just perfect for 'al fresco' dining). The ample double garage with storage area in the basement is currently being enjoyed as a games room.

From the ground level landing a staircase leads to the roof terrace with excellent sea and mountain views. The property's many extras include air conditioning and marble flooring.

Playa Paraiso has a lido swimming area and all amenities for day-to-day needs including numerous restaurants and cafe bars, and is approx. 10 minutes' drive from the principal resort of Playa de Las Americas.

This top-quality home really must be viewed in order to fully appreciate the space, value for money and location on offer.

€499,950 REF: 6098XK



Centro Comercial Parque Santiago III, Local 91 (Lower Level),
Avenida Las Americas 2, PLAYA DE LAS AMERICAS
38660 Arona, Tenerife, Canary Islands, Spain.

Tel: 0034 922 788 305

www.teneriferoyle.com · info@teneriferoyle.com

WE SELL, S

Properties Need

Contact Us Today:

SELL, SELL!

ed In All Areas...



info@islandprimeproperty.com

(0034) 645 142 144

www.islandprimeproperty.com/sell-my-property

Chayofa, La Finca



Lovely, fully furnished, top floor apartment with 2 bedrooms, 2 bathrooms and fabulous sea views off the large south facing terrace. The property has a lounge and fully equipped kitchen American style kitchen. There is also an enclosed garage included in the price.



REF: S-02 1502

€234,000

PROPERTIES REQUIRED FOR LONG TERM RENTAL IN ALL AREAS

€174,500 **REDUCED**



REF: S-02 1461

Los Cristianos, The Heights

Fully furnished and refurbished 2 bed, 1 bath apartment (converted from 1 bed) on popular complex with community pool. The property has a nice lounge which leads onto a large sunny terrace, and an American-style kitchen.

€168,000 **REDUCED**



REF: S-01 1495

Chayofa, La Finca

Fully furnished 1 bed, 1 bath ground floor apartment on complex with lovely pool area. The property has a bright lounge/diner, American-style kitchen, a 37sqm sunny terrace and a private garden. Enclosed garage is available if required.

€230,000



REF: S-02 1496

Golf del Sur, The Palms

2 bed, 2 bath duplex apartment being sold fully furnished. There is a good size lounge, fully equipped kitchen and terrace with pool views. There is also a 2nd terrace on the ground floor. Great rental potential and priced to sell.

€240,000



REF: S-02 1510

Los Cristianos, Parque Margarita

Ground floor 2 bed, 1 bath apartment, being sold fully furnished. This is a well sought after complex close to all local amenities. There is a community swimming pool.

€267,700



REF: S-02 1505

Golf del Sur, Ocean Boulevard

2 bed, 2 bath townhouses being sold with lounge, dining room, kitchen and community pool. This is an investment project which allows owners to stay themselves up to 6 months of the year with the other 6 months being rented out by the operating company.

€210,000



REF: S-03 1110

Llano del Camello, Malvasia

Large townhouse over 3 floors with 3 bedrooms, 2 bathrooms (1 en suite) + w.c. There is a separate fitted kitchen, good size lounge, 2 x terraces and community swimming pool. There is also a garage space and storeroom included.

€155,000



REF: S-01 1493

Costa del Silencio, Parque Don José

Fully furnished and refurbished 1 bed, 1 bath apartment with lounge and American style kitchen with community swimming pool.

€285,000 **INVESTMENT OPPORTUNITY!**



REF: S-01 1379

Lagos de Fañabe, Playa Fañabe

Recently refurbished, fully furnished and equipped, 1 bed, 1 bath apartment on this sought after, sea front, colonial-style 4.5 star 'Touristic' complex with 3 pools (a heated one at the front door!).



€265,000

REF: S-03 1472

Golf del Sur, Winter Gardens

Fully furnished 3 bed, 2 bath 2nd floor apartment (ready for holiday rentals via a 'VV' Licence) on well maintained and sought-after complex with community pool & pool bar.



€179,950

REF: S-02 1474

Golf del Sur, The Palms

2 bed, 2 bath bungalow on sought-after complex with heated pools and pool bar. The property has a modern fully fitted kitchen, spacious lounge with dining area, and private rear terrace.



€159,000

REF: S-01 1515

Amarilla Golf, Scorpio

1 bed, 1 bath apartment with lounge and American style kitchen. There is a community swimming pool and pool bar.



€129,000 REDUCED!

REF: S-02 1454

La Jaca, Arico

Unfurnished 2 bed, 1 bath, fully refurbished apt with good size lounge, American kitchen, community roof terrace, and private underground garage space. Low community fees.



€362,000

REF: S-03 1513

Amarilla Golf, Palm Gardens

Penthouse apartment with 3 bedrooms, 2 bathrooms and a stunning roof terrace which enjoys all day sunshine. Spacious living room/dining area and fully equipped modern kitchen.



€199,950 PRICED TO SELL!

REF: S-02 1297

Dinastia, Los Cristianos

Lovely and spacious 1 bed apt. which has been converted to a 2 bed. Sold fully furnished, the property has a lounge, American kitchen, and good size terrace. Communal pool.



€430,000

REF: S-04 1511

Chayofa, Villa

Lovely villa in a quiet well-kept residential area with a community swimming pool and lovely gardens. 1st floor is the living area which leads to the conservatory with a sea view. This is a lovely family home.



€249,950

REF: S-02 1514

Golf del Sur, Las Adelfas II

A rare opportunity to purchase a fully refurbished property with 2 double bedrooms, 2 bathrooms (1 en-suite), living area and fully fitted American style kitchen.

PROPERTIES IN ALL AREAS REQUIRED FOR LONG TERM RENTAL CLIENTS WAITING!

PROPERTIES URGENTLY REQUIRED IN YOUR AREA

SELLING? CONTACT US

Dedicated sales team • Social media & web advertising
Video tours • Modern website • Partnership with local agents
First class friendly & professional service

T: +34 922 703 725 M: +34 627 230 360 E: carlhale.tpp@gmail.com

C/ Luciano Bello Alfonso No. 5. 1st Floor,
Las Chafiras 38639

www.tenerifeproperty.com

TENERIFE
PRIME PROPERTY

Studio 4 Decor



Studio4Decor in Los Abrigos offers affordable interior design solutions to make your property stand out from the crowd. From simple, effective room re-vamps to entire property transformations, we specialise in curtains, voiles, blinds, bespoke headboards, sofas, furniture, amazing artwork and soft furnishings.

Our helpful team is on hand to help you achieve the look you are aiming for and to work within your budget. Please call Michael or Gill on (0034) 922 749 793 or email us at info@studio4decor.net.



0034 711 048 315

studio4decor.com

UK fiscal and political uncertainty rock the pound



Staying on top of the latest currency news can help you time your transfers more effectively, so find out what you should be looking out for over the next couple of weeks...

Latest currency news

The pound continued to trade with considerable volatility over the past fortnight amid fiscal and political uncertainty in the UK. During these eventful couple of weeks, we have seen GBP/EUR rebound from 1.13 to 1.16, while EUR/GBP retreated from 0.87 to 0.86.

Meanwhile, GBP/USD rallied from 1.10 to around 1.13, while EUR/USD ticked up from 0.97 to 0.98.

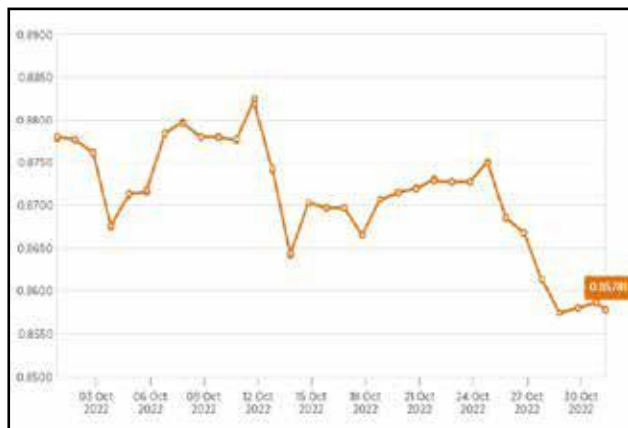
What's been happening?

Trade in the pound has been extremely choppy over the past couple of weeks, with the scrapping of most of the disastrous mini-budget and the resignation of Liz Truss injecting volatility into Sterling. The euro, meanwhile, has been repeatedly undermined by Ukraine concerns, with EUR investors fearing an escalation of the war could place further pressure on the Eurozone economy.

At the same time, the US dollar's recent strength has been tested by a modest improvement in market risk appetite as well as a repricing of Federal Reserve rate hike expectations.

What do you need to look out for?

Over the next couple of weeks, we may see UK political developments remain a key risk for the pound, while an oversized interest rate hike from the Bank of England could also



infuse volatility into GBP exchange rates.

In Europe, the Central Bank's impending interest rate decision will be in the spotlight. Another 75bps rate hike is already priced in, but some hawkish forward guidance could help to underpin the euro.

At the same time, the US dollar could recover some of its recent losses if the latest domestic GDP figures report the US economy returned to growth in the third quarter.

At Currencies Direct,

we're here to talk currency whenever you need us, so get in touch if you want to know more about the latest news or how it could impact your currency transfers. Since 1996, we've helped more than 325,000 customers with their currency transfers, just pop into your local Currencies Direct branch or give us a call to find out more.

LAS CHAFIRAS BOOK SHOP

Find us at Calle Luciano Bello Alfonso No 5 in Las Chafiras (behind Pit Team Sur)



10K+ books available. Buy 2 books, get one FREE!

+34 922 971 781

canaries@currenciesdirect.com
www.currenciesdirect.com



Bank of Spain
registration No. 6716

Sending money to or from Spain?

We're fully authorised as an e-money firm to operate in Spain and guarantee no receiving charges in any Spanish bank - giving you peace of mind and making your money go further.

Trust us with your transfers and benefit from great exchange rates, award-winning service and 24/7 payments.

NO RECEIVING CHARGES
in any Spanish bank!



Let's talk currency

Tenerife

Calle Oregon 5, Residencial los Seres,
Local 6, Los Cristianos,
Arona, Tenerife, 38650

canaries@currenciesdirect.com
+34 922 971 781

Find out more at currenciesdirect.com

© Currencies Direct Ltd, One Canada Square, Canary Wharf, London E14 5AA, United Kingdom. Registered in England & Wales, No.: 03041197. Currencies Direct Ltd is authorised by the Financial Conduct Authority as an Electronic Money Institution under the Electronic Money Regulations 2011. Our FCA Firm Reference number is 900669.

Our EU services are provided by Currencies Direct Spain.

© Currencies Direct Spain, E.D.E., S.L., Avenida del Mediterráneo, 341, 04638 Mojácar, Almería, Spain. Registered in the Commercial Registry of Almería under the Spanish tax ID number B04897930. Currencies Direct Spain, E.D.E., S.L. is authorised by the Bank of Spain as an Electronic Money Institution under Law 21/2011 of 26 July and Royal Decree 778/2012 of 4 May. Our registration number with the Bank of Spain is 6716.



The Moorish invention that tamed Spain's mountains

By Jeff Fynn-Paul, associate professor in history, Leiden University, Leiden, The Netherlands



An ancient Moorish invention has been providing water to the Sierra Nevada mountains for more than 1,000 years, making life possible in one of Europe's driest regions.

In the warm air of an early-June morning, Jose Antonio Peña walks along a channel of gushing water in the Sierra Nevada of southern Spain. Traversing the rocky terrain and ducking beneath boughs of pine, he eventually reaches a grassy meadow on his left. The ancient artificial channel, known as an acequia, empties into the meadow, where its water branches into meandering streams that soak into the mountainside.

Throughout the spring thaw, Peña makes several trips a week from nearby Mecina-Bombarón – a whitewashed village on the southern slope of the mountain range – up a winding, potholed dirt road to monitor the acequia's level and flow, making adjustments as needed. The entire village depends on his actions – where the water flows now, in spring, determines where it will eventually end up when the summer comes.

For over a millennium, this acequia – from the Arabic *as-saqiya*, meaning "water conduit" or "water bearer" – has provided irrigation and drinking water to Mecina-Bombarón, enabling survival and agricultural prosperity in the semi-arid environment. The methods used by acequeros – people with expert skills in water catchment and alloca-

tion – to tend the channels today differ little from those used in the Middle Ages.

The channel is part of a 3,000km (1,800 mile) irrigation network built by the Moors across the Sierra Nevada between the 8th and 10th centuries. The Islamic water management techniques introduced from the east transformed the landscape and agriculture in what was then Al-Andalus. Acequias made life possible for agrarian communities, conserving and distributing scant and seasonal water resources throughout the rugged mountains. In the newly fertile conditions, the abundance of crops introduced by the Moors thrived, among them almonds, artichokes, chickpeas, auber-



Jose Antonio Peña observes water as it's diverted from an acequia into a sima, part of a traditional system that provides water in the dry season

gine (eggplant), lemons, pomegranates, spinach, quince, walnuts and watermelon.

While this ancient system is needed now more than ever, it's threatened like never before

Though ancient, this traditional water management system is sustainable, efficient and resilient. As climate change worsens, the network will become even more important for helping

communities in the Sierra Nevada cope and equitably share an increasingly scarce and unpredictable resource.

While this ancient system is needed now more than ever, it's threatened like never before. As traditional irrigation systems struggle with a lack of profitability compared with intensive agriculture and the rural exodus continues, increasingly few people still hold the skills and knowledge required to maintain acequias.

Each year, when the warmth of spring returns to the Sierra Nevada and the thaw begins, snowmelt is diverted from the headwaters of rivers into earthen, porous channels dug into the mountainside. As water flows through the gently descending acequias, ranging in length from tens of metres to kilometres, it's diverted to areas along the upper valley known as *simas*, where the channel empties and seeps into the ground, a process known as "sowing water". As water percolates through the subsoil, it replenishes aqu-

ifers and feeds springs and streams that emerge further down the mountain. The acequias of the Sierra Nevada are the oldest underground aquifer recharge system on the European continent, dating back more than 1,200 years. Based on knowledge transmitted from generation to generation, acequeros like Peña understand the subterranean routes water takes. Where water is sown high in the valley determines where it eventually surfac-

es downslope, where it can be "harvested" to irrigate orchards, crops and gardens throughout the thirsty summer months. Without this system, most snowmelt and rain would flow quickly off the steep slopes as runoff in rivers. Sowing water slows the flow of water from the mountains, extending its availability for when it's most needed during the dry season.

Through research on sowing water, "we've found the river...has fewer peak flows and contains a more constant flow throughout the year," says Sergio Martos-Rosillo, a hydrogeologist at the Spanish Geological Survey. Research has also demonstrated how sowing water doubles the recharge of water in aquifers. The system follows the principles of ecohydrology, which uses "the regulating effect of vegetation, soil and aquifers, imitating nature to regulate water, instead of building concrete structures that alter the flow of water upstream and downstream", he says. Water sowing and harvesting systems could be replicated in mountainous areas elsewhere in the world, where the geological and hydrological conditions are similar to those of the Sierra Nevada, Martos-Rosillo adds, noting there is interest in several Andean countries. In some areas, such systems already exist – one indigenous water management system developed independently in Peru around 1,400 years ago uses similar principles, which the government has been investing in to revive.

While the global potential of these water sowing techniques is perhaps underutilised, each area poses its own specific opportunities and challenges.

Standing in a *sima*, surrounded by rivulets of water, Peña, who became an acequero three years ago and works in construction when not tending acequias, says he learned how the system works by accompanying his grandfather and uncle to the waterways as a young boy. Dressed in rubber boots and with a wooden hoe-like tool known locally as a *leguna* in hand, he nudges rocks and clears away grass, ensuring water flows unobstructed as it enters the *sima*. The work is repetitive and can be physically demanding. At near-

ly 10km (6 miles), with 15 *simas* spanning its length, the acequia providing Mecina-Bombarón with water is the largest in the Sierra Nevada.

Without these ancestral water channels, life as it now exists here would not be possible. No one knows this better than those who depend on the water, which is why the acequia in Mecina-Bombarón has been kept in continuous use for over a thousand years, having weathered many social, cultural, political and envi-



Snowmelt and rainfall runoff from the peaks of the Sierra Nevada is diverted into acequias, which channel water towards infiltration zones called *simas*

ronmental changes. "The acequia is the life of the village. Without the acequias, all these villages would be a dryland, all these farms would be dry. It was very well planned," says Matilde Ruiz, who has lived her entire life in the village, standing in front of her garden planted with aubergine, lettuce, garlic and onions.

Water is normally sown until the end of June. But this year was far from normal. First, the snow came late, so it didn't freeze as solidly. Then, a heatwave arrived mid-May, accelerating the thaw. By early June, most snow had melted and water levels were low. And then another sweltering heatwave began mid-June. Peña says once-predictable weather patterns are gone: "Before, it snowed when it was supposed to snow, and the storms arrived when they were supposed to arrive." Now, neither snow nor rain behave as they used to, he says.

These shifts are a signal of what's to come in southern Spain, among Europe's driest and most climate-vulnerable regions. As summers become hotter and longer and winters milder and drier, learning how to cope with worsening water scarcity and prolonged droughts is taking on new urgency. Because acequias are resilient, efficient and a cost-effective way to pro-

vide water for communities and small-scale agriculture during the dry season, they're considered a vital tool to adapt to the region's changing climate.

When water sowing systems flow they provide numerous ecological benefits, too. Where such systems are used in Ecuador, biodiversity is higher than in areas where they haven't been implemented. In New Mexico, the channels function as ecological corridors, enhancing plant cover and diversity, which reduces soil

erosion, and supporting wildlife habitat. In the Sierra Nevada, which also experiences the above benefits, irrigation made possible by acequias maintains pastures for grazing and supports crop diversity, bolstering local food security.

With the acequia, the life we have here is very different. They're magnificent – María José Estévez Villalba

In Spain as in Latin America, sowing water is a system of communal governance dependent on principles of equity, cooperation and trust. Water users share responsibility for maintaining and cleaning acequias, which favours social cohesion. Ensuring water is distributed fairly is just one of many challenges Peña must navigate in his role, which is as much about managing people as it is about managing water. "An acequero has to be impartial, like a referee," he says.

In some villages, like Mecina-Bombarón, acequias have flowed continuously since the Middle Ages. Others were less fortunate. From the 1960s onwards, people began leaving the countryside in droves for cities across Spain and Europe in search of better lives. Widespread rural de-

Continued on page 30

The Prestige Group

Agustin Millares 20, Armeñime, Adeje 38678

Interior & Exterior Sun Blinds

Tenerife's leading specialist in the manufacture, repair and installation of all types of awnings, canopies, interior and exterior blinds - manual or electric.



Bioclimatic Pergolas

Available in a choice of colours, these made to measure aluminium pergolas have a fully watertight louvred slat roof, which can be oriented between 0° and 135°. Additional options include lighting, heating, speakers and side panels.



Outdoor Furniture



We offer a large range of exclusive garden and terrace furniture in a wide variety of styles, designs, fabrics and colours. We also have parasols and accessories.



Roller Shutters, Grilles & Garage Doors

Specialists in the manufacture, repair and installation of industrial and domestic shutters, security grilles and garage doors – electric or manual.



Showroom open Monday to Friday:

9.00am - 1.00pm & 2.00pm - 5.00pm

Situated opposite the BP garage in Armeñime

Tel: 922-740888
www.theprestigegroup.es
info@theprestigegroup.es

Continued from page 28

population caused villages to fall into a state of decline, and many acequias – an estimated 15-20% of the Sierra Nevada's total – were abandoned and fell into disuse. When people left, with them went knowledge accrued over centuries.

To reverse this trend, a project established in 2014 by the Laboratory of Biocultural Archaeology at the University of Granada has been working to restore abandoned acequias



Since the channels were built over 1,000 years ago, acequias have sustained settlements like village of Mecina-Bombarón

and recover the flow of water, and traditional ecological knowledge, to villages across the Sierra Nevada. To date, the Memolab project has restored 14 acequias and cleaned 30 others. While the project's primary objective is to revive acequias, it's also a social intervention, says project coordinator José María Martín Civantos, an archaeology professor at the university. "We try to improve the governance of the com-

munity, to empower the community, to promote the dynamisation of the community and the recovery of knowledge and practices," he says.

The restoration projects are a way to provoke debate about agrarian and environmental policies, cultural heritage and values and address local tensions, says Civantos. "When there's an acequia that was abandoned 20, 30 or 40 years ago, you need to restore social distribution of water.

That means you have to recover part of the knowledge and practices, and that also means conflict," he says. "But those conflicts are positive because that means the community is alive."

On the other side of the Sierra Nevada, in the village of Jérez del Marquesado, the benefits of restoration are tangible, says María José Estévez Villalba, secretary of the local irrigation community. "We compare villages next door [without acequias] that have



The practice of sowing water ensures its availability for irrigating crops, orchards and gardens throughout the dry season

drought, which we don't have. With the acequia, the life we have here is very different," she says. "They're magnificent. Whoever sees them, they understand."

With over 24,000km (15,000 miles) of acequias and 550 irrigation communities across the Andalusian provinces of Granada and Almería, wider restoration could bring climate, environmental and social benefits to many. Yet despite their potential, acequias remain undervalued and getting support for further restoration is not easy, says Civantos.

The lack of support is related to the growth of high-tech, industrialised agriculture, Civantos says, as well as a lack of understanding of the acequias or their benefits. When efficiency is considered in terms of productivity, traditional agrarian systems, with their lower output, cannot compete with industrial agriculture. "But if we consider efficiency from a multifunctional perspective, traditional sys-

tems should be considered extremely efficient because they provide us with so many ecosystem services."

According to Civantos, at the heart of the issue is how the rural world, and those who inhabit it, are often perceived. Lack of acknowledgement for agrarian activities and those who work the land, rooted in long-standing marginalisation and prejudice, pushes people towards other types of work that are better-regarded, he explains. Add in the low profitability of small-scale agriculture, making it near impossible to compete with the industrial model, and people, especially younger generations, have had enough. So they continue to leave.

Peña, who at 61 thinks he has only a few years left in him as an acequero, is concerned the village's *acequias* will be abandoned. "That's why I'm here, because there aren't any young people. All these customs are being lost and young people don't want

to know about it," he says. "They just put the glass under the tap, they don't know where the water comes from."

Carmen Aguilo, a fourth-year archaeology student at the University of Granada who has assisted several restoration and cleaning projects, thinks more awareness about acequias is needed if they are to survive. Starting in schools, she sees a need "to teach the values and the importance of water in general, as well as working with local people so that they understand this is also a heritage that has been bequeathed to them".

Ultimately, much of the acequias' fate rests with communities themselves.



The practice of sowing and harvesting water can help communities adapt to climate change

"At the end of the day we can go, we can help, we can start them up, we can clean them, but they're the ones who are going to have to take care of their maintenance and social organisation," says Aguilo. "In some places, they'll probably be very successful if the com-

munity gets involved. And in other places, if there's no involvement, they'll probably end up being lost. It's a shame."

Peña is pinning his hopes on children; reckoning that like him, exposure early on will help foster an appreciation for acequias that will translate into their preservation. In late May, he made a proposal to the municipal council to take children on excursions to see *acequias* and learn where their water comes from – a rich legacy they all share a stake in, but which they otherwise might not learn about. The mayor responded favourably, but the proposal has not yet moved forward.

Without sufficient people committed to preserving

the *acequias*, this ancient system that has withstood so much may finally cease flowing. For Peña, it's a heartbreaking prospect. "The *acequias* are the most important thing we have in the village," he says. "If there's no water here, people can't live."

The biggest myths of the teenage brain

By Rob Haywood, BBC sport



Our brain changes hugely during adolescence. New research shows how we can use this transformation to help teens

achieve their potential.

Terri Apter, a psychologist, still remembers the time she explained to an 18-year-old how the teenage brain works: "So that's why I feel like my head's

exploding!" the teen replied, with pleasure.

Parents and teachers of teens may recognise that sensation of dealing with a highly combustible mind. The teenage years can feel like a shocking transformation – a turning inside out of the mind and soul that renders the person unrecognisable from the child they once were. There's the hard-to-control mood swings, identity crises and the hunger for social approval, a newfound taste for risk and adventure, and a seemingly complete inability to think about the future repercussions of their

actions.

In the midst of this confusion, adolescents are consistently assessed for their academic potential – with ramifications that can last a lifetime. No one's fate is sealed at 18 – but an impeccable school record will certainly make it far easier to find a place at a prestigious university, which will in turn widen your options for employment. Yet the emotional rollercoaster of those years can make it extremely difficult for teens to reach their intellectual potential.

It is only within the past two decades or so that scientists have been able to chart the neural changes across this core period of development, and decode the mysteries of the teenage brain.

These exciting new insights not only help explain why teens feel and act the way they do. They

actions.

also show that some of the traits that adults tend to find difficult or baffling in teenagers can be turned into a strength, and used to acquire skills and insights at a time when the brain is still malleable.

After all, adolescence is also a time of various cognitive leaps. Teens are building on the basics they had learnt as young children to develop sophisticated and mature ways of thinking, including more abstract reasoning and a more nuanced "theory of mind". "Fifty years ago, in schools, it would not have been seen as necessary for students to know about puberty," John Coleman, a clinical psychologist and author of *The Teacher and the Teenage Brain*. "And I think in 20 or 30 years, we'll be asking why we weren't helping students to understand what's going on in

their brains. It can make a real difference."

Understanding the teenage brain

It is no wonder that many teens, throughout history, have complained of feeling misunderstood. Our traditional explanations for adolescent behaviour have been frustratingly crude. Their risk-taking, rebelliousness, impulsivity and general irritability can be so easily blamed on things like ignorance and immaturity, or their "raging" hormones and increased sex drive.

Often their complaints of emotional anguish simply invite ridicule. As the neuroscientist Sarah-Jayne Blakemore, author of *Inventing Ourselves: The Secret Life of the Teenage Brain*, recently put it: "It is not socially acceptable to

Continued on page 32

If you are selling your property in Spain and moving overseas, you could save money through our repatriation service.

We understand that navigating the currency markets can be difficult, especially when you are busy making preparations to move to a different country. That's why our expert team are on hand to provide you with as smooth an experience as possible for your cross-border international payments. We offer great rates and you could also save money on typical Spanish bank charges through our local draft deposit service.

We've been dealing in foreign exchange since 1979 and know what we are doing. So we could help to look after your currency, whilst you focus on other practicalities.

Speak to your local moneycorp representative to discuss how you may benefit from our tailored service.

To open your free international payments account, call the team today on **+34 952587657**. Please quote **The Tenerife Property Guide**. Alternatively, for more information, please email **costadelsoloffice@moneycorp.com**

Moneycorp Technologies Limited (company number 612120) is registered in Ireland. Moneycorp is a trading name of Moneycorp Technologies Limited which is authorised by the Central Bank of Ireland under the European Communities (Electronic Money) Regulations 2011 for the provision of Electronic Money and Payment services and with the Central Bank of Ireland for the provision of designated investment business under European Union (Markets in Financial Instruments) Regulations 2017 (firm reference number C184118.)



www.moneycorp.com

The One Stop Problem Shop

LIVING IN, OR RETIRING TO, TENERIFE

Many readers will be browsing the paper looking at, perhaps, buying or renting a property for your retirement or maybe as a holiday home for

yourself and family.

When you own a property in a foreign country, as well as the obvious advantages (i.e. the sun!) there are always costs involved too.

For example, here in Tenerife, if you buy a property as a holiday home, you are immediately obliged to submit an Annual Non-Res-

ident's Tax Return. This does not mean that you must become a 'Resident', just that Spain wants some tax from you (apart from the money you spend eating out, shopping etc!) while you are here.

At The One Stop Problem Shop we can help you with this, as well as a host of other things that you may encounter.

If you are considering living in Spain as an early retiree or when you attain pensionable age, (whatever that might be these days!) then as a UK passport holder your only real option to achieve this is to apply for

a Visa in the UK before you come to Spain. There are various Visa options, the main one being:

Golden Visa: To apply for this Visa you must invest (or have done so in the previous 2 years) €500,000 in property in Spain (per person!). The underlying investment does not have to be a single property but can be several, totalling at least €500,000. In addition, the investment property must be debt-free. As an example, you purchase a property for €750,000 and pay €510,000 in cash - the balance can be via a mortgage. For a couple, the €500,000 criterion

applies to each party.

For the Golden Visa each party is required to prove an annual net income from pensions, investments, property rentals etc of around €28,000. One of the main criteria is that your income can NOT derive from employment

When an application is made for a Golden Visa, the Consulate will ask you to provide a P45 (UK) or the equivalent from your home country. A letter of resignation, or 'Cessation' of self employment are also sometimes acceptable.

At The One Stop Problem Shop we aim to solve prob-

lems for our clients in the most efficient manner possible, which sometimes takes time but we do pride ourselves on being thorough and when required persistent.

If you are considering a permanent move to Spain and need further information on Visas please pop in and see us at our offices in Las Chafiras. You can also WhatsApp us on 0034 659 719 695, phone on 0034 922 783 828, or drop us an email on: info@theonestopproblemshop.com

Spanish and English Lawyers

Conveyancing · Inheritance & Wills
Family Law · Criminal Law
Civil Litigation & Personal Injury
Timeshare · Tax & Commercial law

De Cotta Law

T: 922 719 520

E: tenerife@decottalaw.net

C. C. Terranova, Av. de España s/n, Locales 312 y 313
38660 San Eugenio Costa Adeje . Tenerife

www.decottalaw.com

Continued from page 30
 mock and demonise other sectors of society... But it is, strangely, acceptable to mock and demonise teenagers."



The teenage years can be a time of huge intellectual growth, but also, intense academic pressure

Even the more scientific theories had painted a rather unsympathetic picture of teenage life that will have only added to their sense of alienation. In the 50s, for example, the psychoanalyst Anna Freud proposed that teens are attempting to "divorce" their parents, cutting their ties to the family so that they can move on with their lives. The idea was that "the teen was working to oust the parent from their internal furniture," says Apter, the psychologist and author of *The Teen Interpreter: A Guide to the Challenges and Joys of Raising Adolescents*.

Adolescents may seem rebellious – but they often crave their parents' approval

While these previous explanations may have a grain of truth, they fail to consider the nuances of most teens' experiences. Apter's interviews with teens and their parents suggest that adolescents often desperately crave the approval and acceptance of their par-



Teenagers are famous for their love of risk – but this can also make them open to positive new experiences

ents. So while they certainly do want independence, it is not at any cost. Such observations aren't very compatible with the divorce theory.

If we are to help teens, Apter argues that we need to pay closer attention to the subtleties of what adolescents are actually going through – including the enormous social challenges that they are navigating. That necessarily includes a recognition of the embarrassment that may arise from the physical changes to the body, and the shifting social expectations placed on them. In such cases, they can start to feel alien to themselves.

At the same time, we need to acknowledge the anatomical changes that are occurring within the brain. With the invention of functional MRI scans, scientists can now peek inside this "black box" throughout the lifespan.

HOW DO TEENAGERS' BRAINS CHANGE?

As we mature from children to adults, our brain undergoes massive changes. Here are some of the most important ones:

- The frontal cortex builds and then prunes networks throughout adolescence, which helps the brain become more effi-

cient. This allows for a huge expansion in skills.

- In the frontal and parietal lobes, the brain similarly reinforces the most important connections. This shows up in brain scans as a noticeable increase in "white matter".

- As these changes happen, some brain areas develop more quickly than others, which may affect behaviour. For example, areas associated with reward tend to develop faster than those linked to self-control, which may encourage impulsive decisions.

Early childhood, is, of course, the period of greatest change. In the first few months of life, the brain builds many connections between neurons, before pruning back the redundant neural pathways, which allows for more efficient networks. This innate "plasticity" means the young child's brain is particularly malleable, allowing them to go from a bawling baby to a walking, talking toddler.

In many areas of the brain – such as those involved in sensory processing – these networks tend to stabilise long before adolescence, which makes it harder to learn certain perceptual or motor skills, such as language or music, after the early "sensitive period".

The frontal cortex shows a different trajectory, however, and it continues to build and then prune networks throughout puberty and adolescence and into early adulthood. In the frontal and parietal lobes, the brain also reinforces the most important connections by adding a fatty insulating sheath – known as myelin – which improves the transmission of signals. In brain scans, this shows up as a noticeable increase in "white matter" over adolescence. These developing areas are important for a host of skills, including emotional regulation, maintaining attention, problem solving and abstract reasoning.

While teen brains may have already lost some of the malleability of early childhood, this continued development means that they are still very sensitive to intellectual stimulation with a huge capacity for learning. This allows them to build on the academic skills and knowledge that they had started to develop in childhood and develop

more sophisticated ways of experiencing the world.

Unfortunately, the neurological and psychological changes taking place may sometimes feel overwhelming, a fact that can go a long way to explaining some of the behaviours that cause so much disruption at school and at home.

Rebels with a cause

Consider teens' famous risk-taking, rule-breaking and general rebelliousness.

Brain imaging studies show that the regions of the brain associated with reward generally develop more quickly than those associated with inhibition and self-control. On average, they have greater activity in their dopamine signalling – a neurotransmitter associated with pleasure and curiosity – compared to both adults and younger children, with bigger spikes when they experience something that is novel or exciting. In this light, it's little wonder that teens are more likely to be tempt-



Adolescence can be difficult, but also, a time of creativity, joy and freedom

ed to try new experiences. One consequence may be impulsive and risky decision making, but this curiosity might bring advantages too: teens can test lots of different experiences which may be useful to guide their personal decisions as an adult. (Rushing into an unsuitable romance might help them to learn what kind of partner would suit them better, for example.)

Interestingly, data suggests that teens today may not be so easily tempted by the sex, drugs and rock 'n' roll of years before, but their generally more open-minded attitude will still be evident in many other areas of their lives, such as their fascination with new technology. Teens' dogged pursuit of their own interests – and their disregard for author-



Teenagers often want warmth and approval, even as they strive for independence

ity – can even help to fuel technological, social and political change. "You have a new generation that's going to explore boundaries – you have a great deal of inventiveness and adventurousness and creativity," says Apter.

For parents and teachers who would prefer that the teens in their care spend more time studying, this may be frustrating. But when channelled towards meaningful causes, this fearless energy can

Coleman.

Teens are also experiencing increased activity in the medial prefrontal cortex, which is involved in processing and responding to other people. Research shows that activity in brain areas related to self-evaluation tends to peak during mid-adolescence, especially for information related to status. This ability to understand social interactions and networks is incredibly important in the formation of teens' friendships, but it may mean that they are especially sensitive to slights and signs of hostility, increasing their susceptibility to social anxiety.

When teens appear to be over-dramatic, they're simply learning to navigate the complexities of their emotional world

Parents of teens may be surprised at how long they can spend pondering their own feelings. This is partly because they haven't yet learnt how to interpret them and respond constructively. It's so much harder to process a disappointment over an exam result, say, if you've never faced a serious failure before.

When teens appear to be "over-dramatic", they're simply learning to navigate the complexities of their emotional world by themselves – skills that will be essential in later life.

Sleepy heads

Last, but not least, there's teens' famous lethargy. This is often mistaken for laziness or apathy, or

Continued on page 34

aqaspas®
www.aqaspas.com



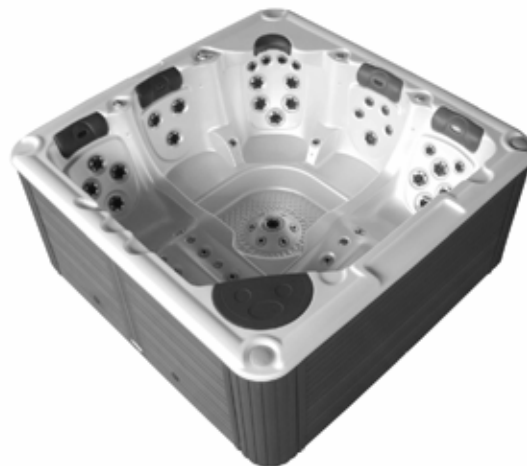
...pura vida.



PORTABLE SPAS | OVERFLOW SPAS | SWIMSPAS
THERMAL SPA COVERS | SWIMMING POOL COVERS | POOL HEATING PUMPS
SPA ACCESSORIES | UV PROTECTION PRODUCTS | WATER CARE PRODUCTS

EXPOSITION NORTH

Dehesa Baja 25
Autopista del Norte salida 33
38300 La Orotava
Tenerife | Spain
tel. +34 922 33 20 10
info@aqaspas.com



EXPOSITION SOUTH

Calle Arujo 11
Las Chafiras
38639 San Miguel de Abona
Tenerife | Spain
tel. +34 922 455 922
info@aqaspas.com



Continued from page 32

a stubborn refusal to go to bed at a "reasonable time" (another example of their famous rebelliousness). In truth it is beyond their control; their body clocks are programmed in a way that is simply out of sync with adults' rhythms.

We feel sleepy when levels of melatonin rise in the brain at night – and, in the morning, we will wake up feeling alert once it has dropped below a certain level. For teens, melatonin simply rises and falls later in the day than adults – meaning that they will feel alert and active when their parents are ready to hit the hay, and tired and drowsy in the early morning, when their parents may have already been up for hours.

"Virtually no adults will have melatonin left in their brains at nine o'clock in the

morning," says Coleman, "but around half of teenagers do."

Tapping the brain's 'reward circuits'

All of these findings should be of serious interest for parents and teachers hoping to guide teens through life's challenges, including the demands of school – which plays such a central role in the adolescent years. These lessons may be particularly important now, as teens learn to adjust to their normal life after the stresses of the pandemic.

Consider discipline. It is natural to feel frustrated with teen rebelliousness – but their extreme emotional and social sensitivity means that they are unlikely to respond well to anger. "Even though it's very

tempting to shout, it's really counter-productive," says Apter. "They are so alert to the emotional message that they won't be able to hear any of the logic you're trying to impart."

For more effective discipline, Apter suggests asking the teen to make amends for their actions. If the teen has been neglecting their studies by partying too hard, parents might emphasise how they can earn their right to socialise by proving that their studies are now under control – rather than simply calling them lazy, or grounding them.

Given the increased dopamine activity in teens' reward circuits, praise and positive feedback should also help, especially if they are offered quickly. In many schools, students receive their grades weeks after

completing their tests or coursework – which, Coleman believes, reduces the excitement and satisfaction of a good result. "The faster you get feedback, the more impact it has," he says. Simply shortening that process, and offering more opportunities to praise students for their hard work, could therefore pay dividends, Coleman says.

Then there's the question of sleep. Ideally, schools would change their schedules so teens could start their lessons later, and they should avoid giving tests in the first half of the morning. "I feel very strongly that schools have to start thinking about this," says Coleman. At the very least, teachers and parents should give teens some slack when they seem drowsy in the morning. They are experienc-

ing something akin to jet-lag – and the last thing they need is more stress to add to their burden.

When it comes to the act of studying itself, Coleman believes that many students could benefit from better knowledge of successful learning techniques.

Rather than simply passively re-reading passages before an exam, attempts to actively re-generate the material from memory – by, say, summarising what they have just learnt or trying to answer fresh questions on the topic – tend to be more successful. This kind of meaningful engagement would make the most of teens' brains' malleability, and their capacity to soak up facts and process complex information – as long as they find it interesting.

If you do nothing else,

simply expressing a genuine interest in what teens are feeling, and helping them to understand the reasons for the challenges they are facing, may itself pay huge dividends.

When discussing her work with teens, Apter has had many positive encounters. She notes that teens are often particularly receptive to the idea that the changes in their brains can be shaped by their actions. The truth is that the more they practice skills like self-control and the regulation of their emotions, the better they will become – a fact that is empowering.

With the right support, that mental explosion may feel less like a shocking jolt, and more like a burst of fireworks: dramatic, yes, but also creative, awe-inspiring and beautiful.

How limitless green energy would change the world

By Adrienne Bernhard, BBC Future Planet



Limitless renewable energy would offer tantalising benefits: emissions-free heating, greener fertiliser and electric transport. But overcoming the obstacles will not be easy.

What would we do with an abundant, cheap, inexhaustible supply of renewables?

Perhaps the desalination of seawater, suddenly cost-efficient, would relieve Earth's water shortages. Rubbish might be recycled on a massive scale, allow-

ing for the extraction of precious trace elements such as rare earth metals, while carbon dioxide (CO₂) could be vacuumed out of the atmosphere to slow climate change. People could live comfortably in Earth's polar regions or travel far and wide in battery-powered vehicles. Goods and services that require electricity might become cheaper, even free. Our emissions footprint could soon be undetectable.

While exciting to contemplate, this sustainable world would be incredibly costly. It would also hinge on a wide range of political, economic and technological factors to ever make it

a reality.

Green energy may be limitless, but certainly not limitless without cost – Victor B Flatt

Green energy's success depends on people's willingness to adopt the technology in the first place – renewable alternatives would have to promise more convenience, speed, savings and security than the oil, coal and gas on which we've grown so reliant. Lawmakers would also need to combat legislative gridlock to ensure that sustainable energy policies could be implemented. The facilities that combust this green energy – be it solar, wind, geothermal, biomass, or even nuclear fusion or some undiscovered technology – would need to be built and maintained as the planet continued to warm and resources dwindle.

And assuming these obstacles could be overcome,

how could limitless green energy change our own consumption, innovation, our economy, public policy and the environment? And what factors might make this hypothetical planet temporarily worse off?

According to the International Energy Agency (IEA), electricity demand is set to grow by 40-60% in some regions in the next 10 years. Researchers predict that mounting prosperity in both the developed and the developing world will continue to drive increased consumer demand for key resources up to at least 2040. At the same time, constraints in energy, water and other natural resources will bring about new and difficult-to-manage instabilities.

Current electricity generation – primarily by fossil fuels – is the single biggest contributor to climate change, responsible for 30% of all greenhouse gas emissions. Green energy could thus represent a radical deviation from business-as-usual, promising a path towards zero-carbon emissions and international energy independence. Without the concerted efforts of policymakers, investors and citizens, however, limitless green energy could also lead to a world of increased waste and shortages.

"Green energy may be limitless, but certainly not limitless without cost," says Victor B Flatt, professor of environmental law

and head of the Environment, Energy and Natural Resources Legal Center at the University of Houston. From the enormous capital outlay required to build renewable power plants – or convert existing ones – to the marketing investments needed to incentivise its use to the emissions-emitting extraction processes needed for new infrastructure, free green energy comes at a high price.

There are no perfect answers. What will be required in the years ahead is a diverse and flexible mix of energy solutions – what Bill Gates calls a "Swiss army knife of energy tools."

Carbon-free energy certainly promises tantalising benefits: total electrification of transport, emissions-free heating and cooling systems to power our homes and businesses, greener fertiliser for our farmlands. If we can manage to produce it, we might also need to use supplementary sources of fusion power. Developing efficient and sustainable methods of burning biomass, and converting methane from crops and sewage, would help to increase our green fuel supply, but we would also need to reduce our total energy and explore ways to turn climate policy into concrete, enforceable action.

As parts of the world begin to wean off fossil fuels, our current fuel supply would become cheaper and cheaper, says Flatt. Oil-rich

countries, eager to sell their last barrels to developing nations, would drive the price down further, slowly eliminating liquid-fuel economies. "If green energy is more competitive than fossil fuels, people will move in that direction," says Flatt. "But real-world constraints will start to take over."

Traditional power plants will play a smaller role as decarbonisation objectives and national mandates require their reduced use. Simultaneously, a robust infrastructure of variable renewables plants will become absolutely crucial. These plants will need to be built over a large geographical area in order to ensure minimal power interruption – if it's a grey, windless day in Dublin, electricity might need to be channelled from as far away as Oslo, for example. This boom in manufacturing will likely lead to stable, long-term job creation – a net positive – but could also mean temporary job losses in other sectors, such as coal.

Another formidable constraint is that green energy is notoriously unreliable. Hydropower requires enough rain to propel a constant supply of flowing water and can wreak havoc on native aquatic species and their ecosystems. Solar photovoltaic panels need clear skies and sunshine to harness photons of light required to generate

Continued on page 36

**Hot Spring Spas
Titanium Heat Pumps
Pool Covers and Rollers
Saunas**



**Designed by BMW Group
Design Works USA.**



Aqualux Pools and Spas
Calle Daniel Feo Feo, Nave 5, Las Chafiras, Tenerife
Tel: 922 736 944 / Mob: 619 781 924
www.aqualuxspas.eu
Email: aqualuxtenerife@gmail.com

MOTORWORLD

ANNUAL ROAD TAX (Impuestos de Rodaje)

With thanks to Emma Swain, Motorworld, Las Chafiras

As most people know and expect, you have to pay vehicle Road Tax in Spain annually.

The amount due varies on the size of the car's engine the Cabello's and now, more often, it is based on the vehicle's exhaust emissions. A new car's technical details are generally based on its exhaust emission levels, not its C.C. size. Each town hall has a slightly different rate and often different times of the year when these can be paid (the Voluntary Period). You can normally check out these dates at your nearest SAC office, or online at the relevant town hall's official website (e.g. www.arona.org for the municipality of Arona).

Normally Town halls

provide a period of between to six to eight weeks when the tax can be paid without incurring any fines or penalty interest. If, however, you forget to pay during this time and pay after the end of that year a charge is normally levied (sometimes 5% or more when the payment is eventually made). If the amount remains unpaid and you wish to sell your car and arrange a transfer of ownership this is now 'blocked' by Trafico until outstanding amounts are paid. Some town halls automatically



advise Trafico direct (al-

though this is becoming increasingly rare) whereas others do not and the original Road Tax receipt must be shown at Trafico for them to remove the block from their system. Most Town Halls auto-



matically advise Trafico of outstanding taxes at the beginning of each new calendar year.

Failure to pay can result in an embargo being placed on your bank account to collect the Taxes due. This would happen when the town hall had placed notifications in the Official Boletin show-

ing the debt outstanding with the amounts and the individual's NIE/DNI or company CIF number. This is normally published twice, after which the debt is passed to Hacienda to deal with they will send you two or three 'reminders' after which action will be taken – so remember to make sure that Trafico and Hacienda have your correct address!

The 'final' letter from Hacienda generally comes with a Carta de Pago, which is like a payment receipt and can be taken to any bank to pay. However, by this time not only will you owe the road taxes plus a fine but also interest and costs so it can prove to be considerably more than in the first place.

If you do not receive these letters, choose to ignore them or are not

here when they arrive, Hacienda will simply advise any/all banks with whom you hold accounts and a block your account (known as an embargo) preventing you accessing any funds in the account. You can then approach your Bank who will be able to tell you the reference number for you to contact Hacienda to find out what it relates to. At this point there is no way of stopping Hacienda taking the money and if there has been an error, which occasionally happens, you would

have to make a 'reclamation' which can take considerable time and paperwork.

The moral here is: Be Aware! although there are no tax discs displayed in cars, Road Tax must be paid annually and it is in your interest to pay it. Please note that this Tax is generally much lower than in the UK.

Any questions, please contact me by email: emma@motorworldtenerife.com.



Continued from page 34
electricity.

Variable renewables are power generators that de-



Limitless green energy comes at a high price and requires a huge policy push from governments

pend on the availability of intermittent resources; they therefore require complementary technologies to ensure that the balance between supply and demand is maintained at all times – even during seasonal changes or worst-case scenarios. Limitless green energy would almost certainly give rise to innovative methods to use and store energy cheaply and efficiently, but creating a permanent surplus of power may not be economical at scale.

"There will be times when we will have more energy than we actually need in particular places," says Richard Green, professor of sustainable energy business at Imperial College Business School in London. "Finding ways to use that extra energy at those times is a great idea, but not predictable enough for people to plan their lives around." As such, traditional modes of power could still be needed in limited supply, so that if we are short of green electricity there's a stopgap measure.

Increasing shares of variable renewable energy mean that power systems will likely become more flexible. Of course, demand needs to be flexible as well. "Either people are paying a subscription – a bit like a phone plan where you get free energy up to a certain amount," explains Green,



Limitless green energy offers tantalising benefits, including the total electrification of transport and emissions-free heating

"or it's a pay-as-you go model." Uber's surge pricing might look comparatively generous. "The price

would have to go through the roof part of the year, whenever there is a shortage of wind or sunlight."

The question of green energy demand won't be limited to households, of course, but would extend to businesses and corporations, particularly tech companies – some of the biggest consumers of electricity. Data centres at leading tech giants such as Amazon, Google, Facebook and Microsoft already require dozens of terawatt hours (a unit equal to one billion kilo-watt hours of electricity) a year to keep their servers cool. As the rise of artificial intelligence and machine learning exacts more computing power, that figure will only increase. Private investments could further accelerate new technologies and change the economics for large companies to deploy them.

If corporations make the switch to carbon-neutral energy, however, they will also put indirect pressure on land already scarce from competing uses, urbanisation and industrial development, because more renewables plants will need to be built to satisfy demand. This, in turn, will put added stress on the planet: many renewable energy forms or their manufacturing processes emit greenhouse gases such as CO₂ or methane into the air, because they rely on minerals (cobalt, lithium, and oth-

er rare-earth metals) that are currently only be extracted or built with the aid of fossil fuels. Extraction also has significant potential to irreparably destroy native animal and plant life habitats.

In other words, limitless green energy could actually be harmful to the environment in the short-term. Yet renewables ultimately have the power to reduce or reverse our carbon output and eliminate millions of deaths caused by pollution each year, making the decision to switch one of the most pressing issues of our time.

Fusion power, which generates electricity by using heat from nuclear fusion reactions, is one green technology with incredible promise. This energy format would enable power sources we could turn on and off at will, and eliminate the spent fuel and proliferation concerns of nuclear fission. "Fusion is one pathway to clean forms of energy," says Joshua D Rhodes, a systems-level energy engineer at the University of Texas at Austin. "But thus far, no one has been able to create a fusion reaction that is self-sustaining" (one that produces an energy reaction which generates more energy than it consumes).

If cost is no longer a factor, unlimited green energy in the form of fusion might radically transform different sectors, including transportation, aviation, and manufacturing. The switch would also go a long way towards reducing carbon emissions and overall particulate matter. If we clean up supply chains, we might be able to move away from or eliminate energy sources that emit pollutants into the atmosphere.

**Clean energy is necessary, but not sufficient, to meet the 1.5C goal –
Joshua D Rhodes**

"There are always going to be industries that will need a fossil-fuel like substance," says Rhodes, "but we don't have to dig them out of the ground: we can make a synthetic fuel." For operations that require a lot of energy in a confined space, liquid fuels with carbon in their makeup can be useful, because they keep systems stable. Long-haul flights, for example, currently need a fossil-fuel like sub-

stance. Rather than jet fuel, however, aircraft could run on methane derived from hydrogen and CO₂, or ammonia made from hydrogen and atmospheric nitrogen, both of which could be created using green electricity. Given the sector's climate contribution – aviation is responsible for 2.5% of annual CO₂ emissions – this change alone would be momentous.

Other green technologies such as carbon capture and storage will likely be necessary to achieve overall net zero emissions. According to the Intergovernmental Panel on Climate Change (IPCC), "Electrification, hydrogen, bio-based feedstocks and substitution, and, in several cases, carbon dioxide capture, utilisation and storage (CCUS), would lead to the deep emissions reductions required in energy-intensive industries to limit warming to 1.5C."

But the IPCC also notes that those options are limited by institutional, economic and technical constraints – meaning a huge fiscal policy push from government would be crucial. "To keep the global temperature rise to below 1.5C, the world needs to get to net-zero carbon emissions between 2050 and 2070," says Rhodes. "Clean energy is necessary, but not sufficient, to meet that goal."

Nations like Costa Rica and Norway have already met many of their ambitious climate targets; other countries lag far behind the 2050 net zero goals needed to keep global warming below the critical 1.5C threshold, set out in the 2015 Paris Agreement. Even in a world of limitless renewables, stabilising the global energy sector will remain out of reach unless individual countries can agree on comprehensive climate change legislation – and do so quickly. Tax credits for the purchase of low-emission cars and appliances, support for the construction of renewable fuel stations and other infrastructure and financial penalties for fossil fuel use could all accelerate the switch.

"The biggest barrier to green energy is not money or even technology; it's government policy," says Flatt. Energy policies can vary even within one nation's jurisdictions, meaning that progress is often slow. Consider that localities must



Green energy can be unreliable; hydropower, for example, requires enough rain to propel a constant supply of flowing water

agree to offshore and onshore renewables power sites before green energy demand increases. "Europe has already agreed to derive 20% of its power from offshore wind" says Flatt. "In the United States, however, with its multiple jurisdictions, any state can veto a power line. Getting lawmakers to agree on where power supplies – hydro dams and windmill farms – will be built is essential if we're to fully embrace a green economy."



Renewable energy would have to promise more convenience, speed, savings and security than fossil fuels

Not everyone would have immediate access to green energy even if it were suddenly abundant, while those who do might waste it

Finally, a never-ending supply of renewables would not necessarily solve the world's equity problems in the short term. In some places, the ready availability of lighting, heating, refrigeration and transport is a luxury few can afford. Not everyone would have immediate access to green energy even if it were suddenly abundant, while those who do have access might waste it.

"When any commodity gets cheaper, there's a tendency for people to use more," says Green. Like-

wise, limitless green energy could lead to similarly poor design choices that would spur waste or even shortages during times of scarcity, even as parts of the world continue to do without. "Humans finding ways of dealing with shortages is what has typically driven progress," says Green.

The issue is less about overconsumption, which tends to describe exhaustion of a resource, than growth of consumption because the resource is abun-

dant in the first place. There would be enough of the resource available overall, but this abundance may lead to new problems. This phenomenon has historically characterised other resource cost decreases: when we made food cheap and abundant by learning how to process and manufacture it at scale, we developed an obesity crisis. When we devised ways to produce cheap plastic, the oceans were suddenly choked with our single-use bags and bottles. Could a similar pattern emerge if we make green energy abundantly cheap?

Switching to renewable power worldwide could alleviate our climate change crisis, bringing about new forms of innovation and commerce in the process. That might free up time and labour to devote to leisure and other pursuits. But we need to remain realistic. "This solves some problems," says Flatt, "but it's not a Nirvana."

LOOKING FOR A RELIABLE DENTAL CLINIC IN TENERIFE? MAKE YOUR FIRST CHOICE MEDICAL IMPLANT!

WITH MEDICAL DENTAL, WE OFFER THE MOST MODERN TREATMENT METHODS

TAC Computer Axial Tomography

TAC technology provides a 3D image which our team can use to plan the placement of the implants and dentures you need. This high-tech procedure is very effective in facilitating diagnosis and treatment in a speedy and painless manner.

Computer-Guided Implant Surgery

Thanks to a virtual computerized reproduction, we can show our patients a 3D simulation of their proposed treatment. All treatments are carried out after receiving data and follow a detailed analysis of

GET TO KNOW US BETTER! - CHANGE YOUR LIFE IN JUST 48 HOURS...
WITH 'ALL ON FOUR' / ALL ON SIX' FIXED PROSTHESES

ZIRCONIUM CROWNS



High-performance material ensuring both an excellent quality for prosthetic medicine and for the high degree of bio-compatibility with the human body.



Dental Clinic



Medical Implant®

S w i s s C l i n i c

BERN | DUBAI | TENERIFE



ALL ON 4/6 PROSTHESIS



WE CHANGE YOUR SMILE
We change your life.
Quality and expertise.
Swiss guarantee.

+34 922 749 742
+34 682 851 304

Mon-Fri 8:00 - 20:00h
Sat 9:00 - 13:00h

Av. Los Abrigos 21 - 38618
Los Abrigos / Tenerife / Spain

info@dentalturismo.es
www.medicalimplant.es



A fish that sparked a national obsession

By Robyn Wilson, BBC World's Table



Bacalhau (salt cod) is a deep part of Portugal's culinary identity. But the fish is found far from the country's shores, so how did this love affair come to be and continue today?

On a cold winter's evening in Portugal, it might come to your table com natas – fresh from the oven and bubbling in cream – layered between fried potato and sliced onion and spiced with nutmeg.

Weaving through Lisbon's steep and cobbled streets, it wouldn't take long before you found someone serving it as a light and crispy fritter, dusted with a little coarse salt and dished up with a pot of pungent aioli. You could buy it shaped as mouth-sized fried potato dumplings pastéis style, flavoured with parsley and garlic, for a walk along the banks of Porto's Douro River. You might even come across it as part of a hearty southern bread soup, topped with coriander and a poached egg.

That's because bacalhau – or salt cod – which sits at the heart of all these dishes, runs deep through Portugal's culinary identity, with the country consuming 20% of the world's supply. In fact, so central to Portuguese hearts (and stomachs) is this ingredient, that the saying goes "there are 365 ways to prepare salted cod, one for each day of the year".

But for a fish that is found only in the icy depths of the North Atlantic Ocean – far from Portugal's shores – the country's love affair with salt cod is a puzzling one. How exactly did it end up on Portuguese plates? The answer is wrapped up in more than 500 years of intriguing

history.

Take a trip today to most restaurants, markets and cafés across the country and you'll find salt cod in one form or another. It even plays a starring role at hip Lisbon restaurant Alma, which earned its first Michelin star within nine months of opening and added a second star soon after.

"It's funny, sometimes Michelin star chefs or high-end cuisine chefs don't value salted cod because they don't see it [fitting] within this type of gastronomy," said Alma executive chef and owner Henrique Sá Pessoa, of the typically humble comfort food. "But I always have and always will have cod on my menus."

He assures visitors that a salt cod creation will also feature on the menu of his new restaurant, JOIA, which will open in London



Jose Antonio Peña observes water as it's diverted from an acequia into a sima, part of a traditional system that provides water in the dry season

later this year. But though bacalhau is a traditional and well-explored ingredient for many natives across the country, Pessoa is still finding ways to push Portugal's love for it into new territory.

Case in point: his "most

Instagrammable" creation, Cobblestreet Cod, named for its likeness to the centuries-old streets outside Alma's front door in the historical Chiado district. It's a modern twist on an old peasant dish and one of the country's most beloved salt cod recipes – bacalhau à bras – where typically shredded salt cod, fried matchstick potatoes and onions are all bound together with scrambled egg and garnished with black olives.

"I knew I couldn't call it bacalhau à bras because the Portuguese are quite traditional, and people sometimes get offended when you play around with classics," he explained. "I wanted to get inspired by this dish but elevate it presentation-wise, texture-wise and detail-wise into something more delicate and elaborate."

The outcome is far removed from the version you'd find on family dinner tables. A creamy mixture of salt cod, fried potato, egg and onion arrives at the table hidden under a veil of wafer-thin slices of cod that have been coated in a black olive tapenade to create a cobbled visual. A final surprise comes when you break into the cobbled dome and spilt a confit egg

yolk that has been resting in the middle of the salted cod mixture.

"I wanted to dislocate all these elements of the dish and try and make it as perfect as possible. When we launched it in the res-

taurant, it was an instant success. It was especially popular on social media because visually it is quite striking," said Pessoa.

Pessoa's bacalhau dish is just one of the latest evolutions of a long culinary legacy, one that's wrapped up in centuries of history little-known to those outside the country. It started towards the end of the 14th Century, when the Portuguese navy found that the dried and salted fish could be stored for years in holds, making it the perfect food for long ocean voyages.

In the mid-1500s, during Portugal's maritime explorations and hunt to find the coast of India, they stumbled across waters rich with cod around Canada and Greenland; a major discovery that kickstarted Portuguese cod fishing. But by the 16th Century, Portuguese fishermen were



Most restaurants, markets and cafés across Portugal offer some form of salt cod

pushed out by the French and English.

In the centuries that followed, Portugal became heavily dependent on Eng-



Chef Henrique Sá Pessoa always has cod on his menus at Lisbon's Alma restaurant

nio de Oliveira Salazar, who wanted to bring it back home. His "cod campaign", launched in 1934, looked to reignite Portugal's fishing (and drying) industry and in-state cod as a national sym-

bol. Thousands of Portuguese fishermen were sent to Canada and Greenland to fish for cod, with some bringing back up to 900 tonnes per boat.

That love of salt cod still rings true today. "I know people who have eaten cod for more than 30 years every day," Carreira said. "My grandmother used to eat the same cod dish – cod with boiled potatoes, raw onion, garlic, olive oil, vinegar and parsley – every single day for lunch. Even I, and everyone I know, had cod at least twice a week."

"Cod is an incredibly flexible product. You can grill it, steam it, bake it, deep fry, you can make a cake with it, have it raw after soaking it in water. So, if you combine this with its affordability and its accessibility, you can see why [it's popular]."

But this was long, grueling and often dangerous work, and many men never made it back home to their families. It continued even during World War 2, when one Portuguese lugger – the Maria da Glória – was bombed as it headed towards the fishing banks on the west coast of Greenland, killing 36 people on board. These conditions still plague the industry today, with global fatality rates thought to top 24,000 a year, according to the Seafarers Rights International.

It's this complex history that makes Portugal's love for cod so deep-rooted, and it's why Portuguese food expert and chef Leandro Carreira dedicated more than 50 recipes to the product in his new book Portugal – The Cookbook. In total, it features more than 550 traditional recipes from across

land as the main exporter of cod, and by the 1800s, the ingredient was something enjoyed only by the aristocracy. However, cod's popularity expanded in the 20th Century during the reign of Portuguese dictator Antó-

land as the main exporter of cod, and by the 1800s, the ingredient was something enjoyed only by the aristocracy. However, cod's popularity expanded in the 20th Century during the reign of Portuguese dictator Antó-

You can grill it, steam it, bake it, deep fry, you can make a cake with it, have it raw after soaking it in water.

Portugal today imports around 70% of its cod from Norway; the Norwegian Seafood Council describes Portugal as "by far the biggest market for Norwegian cod". They add that out of the 100,000 tonnes Norway exports annually to Portu-

Continued on page 40

DOG OF THE MONTH



This lovely, smallish girl loves to play and to receive lots of cuddles. She gets on well with other dogs and also loves human company. Chispa walks well with a lead and is generally a very sociable girl – the really perfect dog for a family or person looking for a nice-tempered and friendly

dog. Even if you live in an apartment we are sure she would be fine as long as she has people to take her out on walks and for company.

The Centro de Proteccion Animal de Tierra Blanca is located off Junction 15 of the TF-1 by the restaurant

Los Chasneros, just 200 metres above the TF-1. They don't ask for adoption fees, only a donation of food and some photos to let them know how your new pet is getting on in his/her new home.

Contact Rachel on 629 031 273 or cpa.tierrablanca@tragsa.es for more information



Find us at Calle Luciano Bello Alfonso No 5 in Las Chafiras (behind Pit Team Sur)



LAS CHAFIRAS BOOK SHOP

**10K+ books available.
Buy 2 books, get one FREE!**

The Tenerife Property and Business Guide
Editor and Publisher:
Ali JS Gray NIE: X-5323899-C
trading as Spanish Property Guides
C/ Luciano Bello Alfonso No 5,
LAS CHAFIRAS, San Miguel de Abona, 38639

General Enquiries:
Tel: 922-703725
info@thetenerifepropertyguide.com
thetenerifepropertyguide.com

Office Hours:
Monday – Friday:
9.00am – 5.00pm

The Tenerife Property and Business Guide takes all reasonable care to check the contents of every advertisement or article, but cannot accept responsibility for the claims or statements made in them. Also, statements or opinions expressed by contributors do not necessarily reflect those of the Editor or Publisher. Material featured in The Tenerife Property and Business Guide may not be reproduced without the express permission of the Editor. ©2018 The Tenerife Property and Business Guide.

Printed by: Artes Graficas del Atlantico, Gran Canaria

ENERGY PERFORMANCE CERTIFICATES IN SPAIN

NOVEMBER 2022 UPDATE

Nearly 10 years have passed since EPC's were introduced in Spain and its territories. The Canarian Government's official register shows that a grand total of 300,212 EPC's have now been issued - 2,500 during the month of October (approx.. 10% more than in the same month last year and the highest number this year since June).

The figures group

both residential and commercial properties and those for sale as well as for rent in all of the Islands which together form the Canaries

For those readers not aware of EPC's, they were introduced in Spain and its dependencies by Royal Decree on 5th April 2013, which required that, from 1st June 2013, an EPC must be obtained by the owner whenever a domestic or

commercial property is Built, Sold or Rented.

Selling your property

From 1st July 2013 property owners are required by law to present an Energy Performance Certificate when a property is placed on the market and prior to any advertising. When the property is sold, the Notary will need to see the EPC,

termed the Certificado de Eficiencia Energética in Spain.

Renting your property

Either you or your agent, must obtain an EPC. An agent will not be legally allowed to offer or advertise your property for long term letting without one. Where a property has already been let prior to 1st July 2013, no EPC is required until one tenant leaves and the property is offered for long term rental again. If your property was built after 2007 you should already have an EPC provided by the seller. If you only rent your property out on a short term basis, for less than 4 months of each year, you may not need to have an EPC. If you are the tenant your landlord or the letting agent should be able to show you the EPC for your property.

The EPC contains:

Information about a

property's energy use and typical energy costs, and recommendations as to how you may be able to reduce energy use and save money.

An EPC allocates an Energy Efficiency Rating, ranging from 'A' (most efficient) to 'G' (least efficient). The Certificate, registered with the Canarian Government is valid for 10 years.

How to arrange an EPC:

If you are selling or renting out property, you will need to engage an Accredited

Assessor, who will visit your property to inspect and then produce and register your properties Energy Performance Certificate.

If you have any questions, or wish to arrange for me, Philip Wright, to carry out your energy Performance Certificate please call me on 667 757 323.



Continued from page 38

gal, 95% is salted. In Norway's remote and icy fishing island of Røst, they even have a name reserved for the heaviest of cod catches: "Portuguese cod," said Pessoa, who, as a former ambassador for the Norwegian Seafood Council, visited the island several times. "They know Portugal will pay the best price for that cod."

This is echoed by Rita Karlsen, chief executive of Norway's Brodrene Karlsen, which has been exporting salted and dried cod to Portugal since the company's beginning in 1932. "Portugal is very important [to Norwegian cod export-

like Brazil, which imported 8.6 tonnes of salt cod during the Easter period alone in 2019, or Angola, which imported 308 tonnes of salt cod from Norway in 2012, according to the Interpretative Center of the History of Cod, Lisbon's museum dedicated to the fish. In Italy, they even hold a salt cod festival, Festa del Bacalà, every year near Venice, and in the Tuscan region they favour classics such as baccalà alla livornese, which marries salt cod with a rich, garlicky tomato sauce.

For other chefs in Portugal, salt cod bridges the past and present. Like Marlene Vieira, MasterChef



Chef Leandro Carreira's Salada de Bacalhau Cru (Raw Salt Cod Salad)
(Credit: 'Raw Studio' by Mario Ambrozio and Rafael Rodrigues)

have won her accolades.

She explained how the fritter recipe was passed down from her grandmother, who came from a poor background. This meant she typically used the cheaper tail cuts of the fish in the batter, which had less moisture and resulted in a crispier finish "like tempura" – an excellent companion to the roasted red pepper and garlic mayonnaise that Vieira now serves with it.

As a child, she remembers helping her grandmother in the kitchen "to do the things she wouldn't like to do", like peeling onions,

garlic and of course carefully picking out any bones left in the salt cod.

Today, while nodding to tradition, Vieira is keen to further promote the fish along with seafood local to Portugal – and her high-end restaurant Marlene focuses on just that. She even cooks it at home for her daughter, who, she said, "loves, loves, loves cod" – proof perhaps that despite the lengths the country has to go to secure this North Atlantic fish, the passion for it will continue to flow through Portuguese veins for generations to come.

Salada de Bacalhau Cru (Raw Salt Cod Salad)

By Chef Leandro Carreira

Prep time: 25 minutes
Cooking time: 20 minutes
Serves 4

Ingredients:

- 450g salted cod, de-salted and rehydrated (by soaking the salted cod in water for up to 2 days, and changing it each day until the desired salt point is achieved)
- 2 red bell peppers
- 2 eggs
- 100ml olive oil
- 30ml white wine vinegar
- 1 small onion, peeled and diced
- 2 garlic cloves, peeled and diced
- 1/3 bunch flat-leaf parsley, very finely chopped
- Sea salt and freshly ground pepper to taste

Instructions:

1. Check that the cod is not too salty before cooking. If it is, then leave to soak for another 2 hours. Drain.
2. Prepare a barbecue or preheat an indoor grill or broiler.
3. As soon as the barbecue coals are glowing, put the red bell peppers onto the grill rack and roast for 8 minutes, or until blackened all over. Put inside a plastic bag or cover with food wrap and leave to rest. Alternatively, cook under the broiler.
4. Once the peppers are cool enough to handle, remove the skin and seeds, slice the flesh into thin strips and set aside.
5. Once the cod has the desired saltiness, remove the skin and bones, then shred the flesh. Set aside.
6. Have a bowl of iced water nearby. Bring a saucepan of water to the boil. Once boiling, add the eggs and cook for 6 minutes, then transfer them to the bowl of iced water and leave to cool.
7. Remove the shells and cut the eggs into slices.
8. Combine all the ingredients, except the parsley, in a serving bowl and toss everything together.
9. Taste and adjust the seasoning with salt and pepper, if necessary, then add the parsley before serving.



Chef Marlene Vieira's salt cod fritters

ers]; it's the most important country that we sell to," she said. "We couldn't have survived without Portugal."

This influence has spread far and wide to countries

Portugal judge, head chef of two Lisbon restaurants and the only female face within the chef's wing of Lisbon's Time Out Market, where her salt cod pataniscas (fritters)

How to live with your regrets

By David Robson, science writer and author based in London, UK.



Regret is often seen as undesirable, but it's a crucial emotion in helping us develop. How do we harness its powerful lessons?

It sounds like a scene from a great romance.

In 1981, a young American man named Bruce was on a train journey through

northern France when a pretty brunette called Sandra boarded at Paris and sat next to him. Conversation came easily, and they were soon laughing and holding hands.

When they reached her destination – a station in Belgium – they kissed, and on an impulse, Bruce considered jumping off the train with her to see where life may lead him. Instead, he quickly scribbled his

name and parents' address on a scrap of paper.

Almost as soon as the doors had closed, Bruce regretted not having gone with his gut feeling. After his return to the US, he received a letter from Sandra. "Maybe it's crazy, but when I think about you, I'm smiling," it said, but – mysteriously – contained no return address. In the decades since that encounter, Bruce has never stopped wondering what might have happened if he'd stepped down onto that platform.

The anecdote is just one of 16,000 accounts the author Daniel Pink has collected in his World Regret Survey. Analysing this data and drawing on the latest scientific experiments, Pink has been able to identify four different types of regret and the kinds of events

that are most likely to lead to each one.

This research, outlined in Pink's new book, *The Power of Regret*, helps us to understand the crucial role that regret plays in our lives, from nurturing friendships and taking responsible decisions to weighing up risk. It also highlights which kind of regret bites deepest – and suggests many ways for us to make peace with our own disappointments and mistakes.

Je ne regrette rien?

Like many negative emotions, regret is often seen as a purely undesirable feeling – one that we should quash whenever possible. Just consider Edith Piaf's most famous song, or the many other artists – from Emmylou Harris to Robbie Williams – who have sung about the philosophy of living with "no regrets".

Psychologists, however, have shown that it can be an eminently useful emotion. "It would be a very, very bad idea, I think, to eliminate regrets in your

life," says Aidan Feeney, a professor of psychology at Queen's University Belfast. "It's one mechanism for learning how to improve your decision-making – a signal that maybe you need to rethink your strategy."

Regret is a complex emotion, since it involves counter-factual thinking, he points out. It requires the capacity to imagine alternative courses for events that have already happened and the capacity to compare and contrast those different outcomes to determine which you would have preferred. Due to this complexity, young children are often unable to feel regret, and the emotion tends to emerge around age six or seven.

Feeney's own research has tested how the emotion is essential for developing an understanding of delayed gratification – our ability to put off a small reward now for a greater reward later. Working with Teresa McCormack, he presented a group of six-to-seven year-olds with two boxes. The boxes were

equipped with a timed lock, with one set to open after 30 seconds and the other after 10 minutes. (Sand timers placed beside each box showed the children how long they would have to wait for it to unlock.) The children were told they could choose to pick one box to gain their prize.

This task was a bit unfair, since the children didn't know what each box contained, meaning that most opted for the one that opened first, which contained two candies. Only after they had made their decision were they told that if they had waited for the other box to open, they could have had four candies instead – doubling their prize.

After the children had learnt this fact, the team tested whether they felt any regret for having made the wrong decision. The following day, the psychologists then presented the children with the same task again. They found that the children who had developed a sense of regret were much

Continued on page 42

**Everything
for your home**



**Todo para
tu hogar**



Las Chafiras
Calle Escancho, 2
CP.38639 Teléfono: 922 73 56 96
Email: laschafiras@textilessur.com

Playa San Juan
Carretera General Tf-6237, 9
CP.38687 Teléfono: 922 86 5619
Email: playasanjuan@textilessur.com

San Isidro
Av. Santa Cruz, 103
CP.38611 Teléfono: 922 39 07 26
Email: sanisidro@textilessur.com

www.textilessur.com

LAS CHAFIRAS BOOK SHOP

**10K+ books available.
Buy 2 books, get one FREE!**

Find us at Calle
Luciano Bello
Alfonso No 5 in Las
Chafiras (behind Pit
Team Sur)



SAFECLEAN

PART OF G.D.A. GROUP S.L.U. Est 1987

PEST CONTROL
For private villas, apartments, complexes,
providing sanidad
certificates for Bars & Restaurants
CONTROL DE PLAGAS
Desinsectación, desratización y certificados

🇺🇰 **609 066 973**
🇪🇸 **627 114 090**

CLEANING
Professional upholstery
& carpet cleaning, sofas, beds
LIMPIEZA
Limpieza de sofás,
alfombras, tapizados etc.



www.safecleantenerife.net

e-mail: info@safecleantenerife.net

Continued from page 40
more likely to wait for the bigger reward, compared to the children who did not yet entertain the emotion.

Regret, it seems, helped them to become more patient so they could subdue the temptation to go with the immediate pleasure. Delayed gratification of this kind is an essential form of self-control, and is thought to be very important for people's success in life. If you can put off the pleasure of playing a computer game to study for exams, for example, you are more likely to get a place at a good university, which will in turn lead to more stable finances for the future.

Around 20% of survey respondents claimed to feel the emotion of regret "all the time"

The psychological literature abounds with many other examples of regret's benefits. Regret over a poor business negotiation helps people to secure better deals in the future, for instance. And if we made one decision in haste, the feeling of regret ensures that we consider wider range of information in the future.

Such findings should help us to reframe the emotion more positively, says Pink. "We should see regret as a teacher, trying to tell us something important."

The four flavours of regret

Regret's fundamental role in our cognition may explain why so many people experience it so frequently. Pink points to one study, from 1984, that examined

the conversations of undergraduate and married couples. Within these recordings, regret was the second most discussed emotion af-

with family members, friends or colleagues, often through simple neglect.

"These four [classes of] regret are expressed over



Regret is "one mechanism for learning how to improve your decision-making – a signal that maybe you need to rethink your strategy" – Aidan Feeney

ter love. The finding fits with one of Pink's own questionnaires, which asked how often people experience regret. Around 20% of the respondents claimed to feel the emotion "all the time".

Analysing the specific contents of his World Regret Survey, Pink found that most people's biggest regrets fall into one of four different camps:

1. Foundation regrets revolve around a failure to be responsible, which has betrayed our need for stability. This would include regrets about skipping school, overspending or neglecting your health – bad habits that had negative long-term consequences for life.

2. Boldness regrets come from being over cautious. As Bruce found on that train through France and Belgium, we are sometimes presented with potentially life-changing opportunities.

3. Moral regrets are centred on other people, who we have hurt through our own failings. Cheating on a partner is one of the most obvious and common examples.

4. Connection regrets concern lost relationships

and over again across the globe," says Pink.

How to avoid future regrets

Interestingly, connection regrets turned out to be the most common experience in Pink's survey. In his opinion, we should always reconnect when we sense a distance is building. "If you're wondering whether or not to reach out to someone – simply being at that juncture has answered the

question," he says. "That, for me personally, has been the biggest lesson of this."

Similarly, the prevalence of boldness regrets shows us the danger of being too risk averse; some-



When we keep painful feelings bottled up, they can fester, but talking through the situation helps us to view it more analytically

with the regrets that we already have. Given its benefits, we certainly don't want to suppress the feeling entirely, but certain strategies can help us to regulate the emotion, so that we listen

to its message without wallowing in the sadness of our past mistakes.

times it's right to be impulsive. That doesn't mean that we should actively embrace danger on a whim – but in many cases "people see more peril than actually exists", Pink says. This may be particularly true for cases where shyness or timidity stop us from going for a once-in-a-lifetime job opportunity or approaching a potential love interest. We may hope to escape disappointment or embarrassment, but in return, we will be left forever wondering 'what if?'

One general strategy to avoid future regret is use a "pre-mortem" – in which you deliberately imagine the worst potential outcomes before making a decision, suggests Pink. This technique could be particularly useful to avoid the moral and foundation regrets, when you fail to act in a way that respects your values and preserves your future health and happiness.

...and how to cope with the regrets we have

Pink's research also offers ways for us to cope

to its message without wallowing in the sadness of our past mistakes.

Pink says the first step is disclosure. When we keep painful feelings bottled up, they can fester, but talking through the situation helps us to view it more analytically. If you don't feel like sharing your regret with another human being, the research shows that writing a private essay can be just as productive. It's putting the emotion into words that seems to help us process our feelings more constructively.

Secondly, you can practice self-compassion, rather than descending into toxic self-criticism. To do so, you should stop beating yourself up with statements like "I'm such a loser" that frame your mistake as a sign of an innate, unfixable flaw. Instead, you can try to identify the contextual factors that might have pushed you to make the wrong decision, and remember that you are not alone in your pain. "Sometimes we believe that our experience is more unique than it really is; you might think that you are the only person who's ever had that regret," says Pink. "But believe me, you're not that special."

Sometimes we believe that our experience is more unique than it really is... but believe me, you're not that special
– Daniel Pink

Research by Kristin Neff, an associate professor at the University of Texas, Austin, shows people who cultivate self-compassion

tend to recover from stress and sadness more quickly, and – crucially – they are also more likely to change their behaviour in the future than people who are self-critical, so they do not make the same mistakes twice. In other words, once you have recognised your mistake, it's more than OK to cut yourself some slack.

Finally, Pink advocates a psychological strategy known as self-distancing – in which you try to take some kind of outside perspective on your problems. You might imagine advising a friend with a similar problem, for example. Repeated studies have shown that, like the practice of self-compassion, this can help us to view our situation more philosophically without our thinking becoming overwhelmed by emotion. It may never be too late to start healing. For his book, Pink interviewed some of the participants in the World Regret Survey. Through these conversations, he has heard that some are now trying to make up for their past betrayals, while others have suddenly decided to make contact with lost friends. It seems that the survey helped them to come to terms with their feelings and prompted them into action.

Bruce, for one, is trying to make peace with his biggest regret. More than 40 years since he and Sandra lost touch, he's recently posted a message in the "missed connections" section of Craigslist Paris in the hope that they may finally see each other again. He cannot change the past, but – having come to terms with his regret – he can try to make up for all that lost time.



The Rosetta Stone: The real ancient codebreakers

By Daisy Dunn, BBC Culture

Egyptian hieroglyphs were fully unlocked 200 years ago, when the Rosetta Stone was deciphered.

Yet long before that, Arabic scholars had made their own discoveries with these ancient scripts, writes Daisy Dunn in the first of BBC Culture's new series Secret Languages.

Jean-François Champollion had been struggling over the hieroglyphs

on the Rosetta Stone for years when, one September afternoon in 1822, he believed he had finally cracked it. In his intense excitement, the 31-year-old Frenchman gathered up his notes, hurried to find his brother, and promptly fainted.

The chance discovery of the monument in the Nile Delta at Rosetta, modern Rashid, some 23 years earlier had roused the interest of scholars globally. One of Napoleon's lieutenants, a military engineer named Pierre-François-Xa-

vier Bouchard, was directing the demolition and reconstruction of the city's fort in July 1799 when the black object was spotted beneath the debris. To his credit, Bouchard realised at once that it was something important, and had it cleaned before taking it to the respected Institut d'Égypte in Cairo for closer examination.

Strikingly, the heavy slab featured three inscriptions, each of which was very different to look at. One was written in classical Greek; another in Egyptian hier-

oglyphs; and the third in what was assumed to be Syriac, but later identified as Demotic (a later Egyptian script used for day-to-day correspondence). As Bouchard perceived, assuming the inscriptions all said the same thing, knowledge of Greek could be used to decode the other two texts, which had until now eluded total decipherment.

This prospect was immensely exciting. The stone was therefore shipped to the Society of Antiquaries

Continued on page 44

Calle Tilena, 19, LAS CHAFIRAS



922 749 664

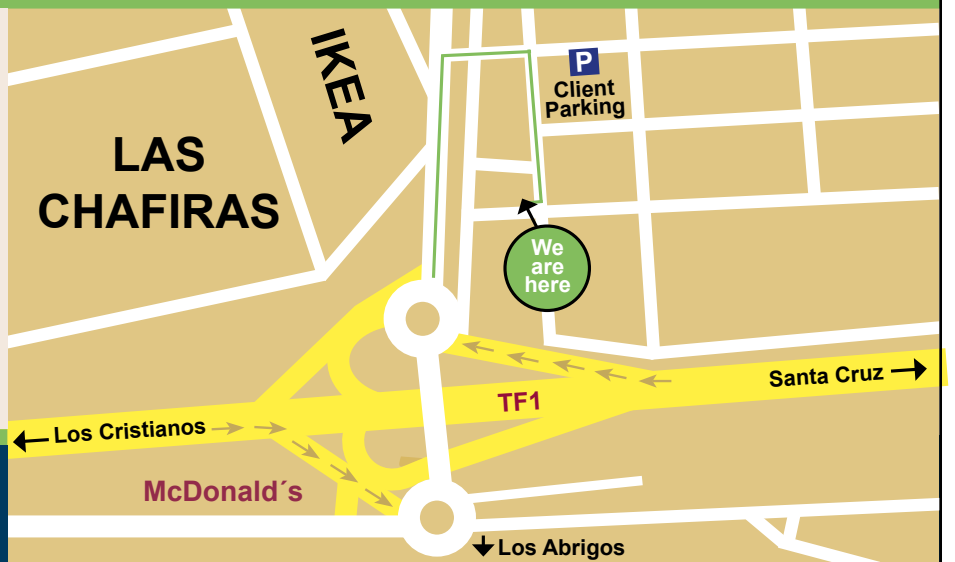
604 145 723

HUGE RANGE OF
TOP QUALITY
PRE-OWNED FURNITURE



OPENING HOURS
Monday - Saturday
10.00am - 2.00pm

- ✓ Modern + Classic Furniture + Household items
- ✓ House clearance
- ✓ We Buy Your Furniture For Cash!
- ✓ Delivery/Collection Island-wide



Email: losabrigosauctionroom@hotmail.com
Facebook: Las Chafiras Second Hand Tenerife

BUSINESS FOR SALE!
€90,000. TRADING FOR 7 YEARS.
CALL +34 649 574 851
FOR DETAILS



BRAND NEW SUPER COMFORT MATTRESSES, BED BASES, AND STORAGE BEDS FOR SALE - ALL SIZES!

Continued from page 42
in London where copies were made and disseminated to cities and universities across the world. The original was installed at the British Museum at the bequest of King George III in 1802.

Champollion had solved only part of the puzzle when he leapt from his chair claiming to have 'Got it!'

The race was then on to translate the Greek and use it to unravel the secrets of the other two languages. The legible text confirmed that the three inscriptions were indeed identical in content and related to a decree passed by a council of priests in Memphis regarding the cult of Ptolemy V in the 2nd Century BC. As the timeframe between the excavation of the stone in 1799 and Champollion's eureka moment in 1822 suggests, however, the code-cracking challenge proved harder than anticipated. What

was more, contrary to his belief, Champollion had solved only part of the puzzle when he leapt from his chair claiming to have "Got it!"

An exhibition opened in October at the British Museum in London to mark the bicentenary of Champollion's breakthrough, which anticipated his complete decipherment of hieroglyphs. As the accompanying catalogue explains, the Figeac-born scholar "was certainly the first to grasp the structural logic of the ancient Egyptian language in its varied forms", and consequently enjoyed an enduring reputation as the man who won the intellectual race. But was Champollion really the trailblazer he was believed to be?

Almost a millennium before the Rosetta Stone was even discovered, Arabic scholars had begun to grapple with the hieroglyphs they found on Egyptian monuments and tomb paintings. The highly pictorial method of writing was first developed about 3250 BC and known in Egyptian as "divine words" and in Greek as "sacred carving" or "hieroglyph". Although it

had ceased to be used by the 5th Century AD, these medieval scholars believed that the script could still be deciphered, and the secrets of the inscriptions revealed.

Not only was Ibn Wahshiyya able to understand some of the hieroglyphs, but he was apparently working with the concept that a known script could be used to decipher an as-yet unknown one

In the 9th Century, an Iraqi alchemist named Abu Bakr Ahmad Ibn Wahshiyya turned his hand to translating hieroglyphs in the hope of rediscovering lost scientific knowledge. This belief, says Dr Okasha El Daly, senior honorary research fellow at the Institute of Archaeology at University College London and head of acquisitions at Qatar University Press, "wasn't that far-fetched, for some temple walls do have scientific texts relating to alchemic processes on them".

Ibn Al-Nadim, the son of a 10th-Century Baghdad bookseller, recorded seeing Ibn Wahshiyya's notebooks

full of symbols. Not only was Ibn Wahshiyya able to understand some of the hieroglyphs, but, as Al-Nadim pointed out, he was apparently working with the concept – later employed by Champollion – that a known script could be used to decipher an as-yet unknown one.

This method was almost simultaneously taken up by Champollion's chief rival Thomas Young. Described by his modern biographer as the "The Last Man Who Knew Everything", the English polymath concentrated on the Demotic script on the stone, realising that this could provide the key to understanding the hieroglyphs. In a book of 1814, Young revealed some of his workings across the three inscriptions of the Rosetta Stone. His eventual success in deciphering Demotic proved invaluable to Champollion, who proceeded to beat him in the contest to decode the corresponding hieroglyphs.

Accumulated wisdom

As Dr El Daly tells BBC Culture, "Scientific progress is an accumulated thing. Champollion did not



Ibn Wahshiyya's 985 AD translation of the Ancient Egyptian hieroglyph alphabet

More than 40 Arabic sources are mentioned in Kircher's sprawling Oedipus Aegyptiacus of the mid-17th Century. His knowledge of the work of Ibn Wahshiyah is not in doubt. Unfortunately, Champollion failed to cite his sources in the same way, meaning that the contribution of earlier scholars to his eventual success has been difficult to assess in any depth.

It was not unusual for the transmission of knowledge to be clouded in this way as it travelled through the hands of scribes and scholars in the East. Dr Violet

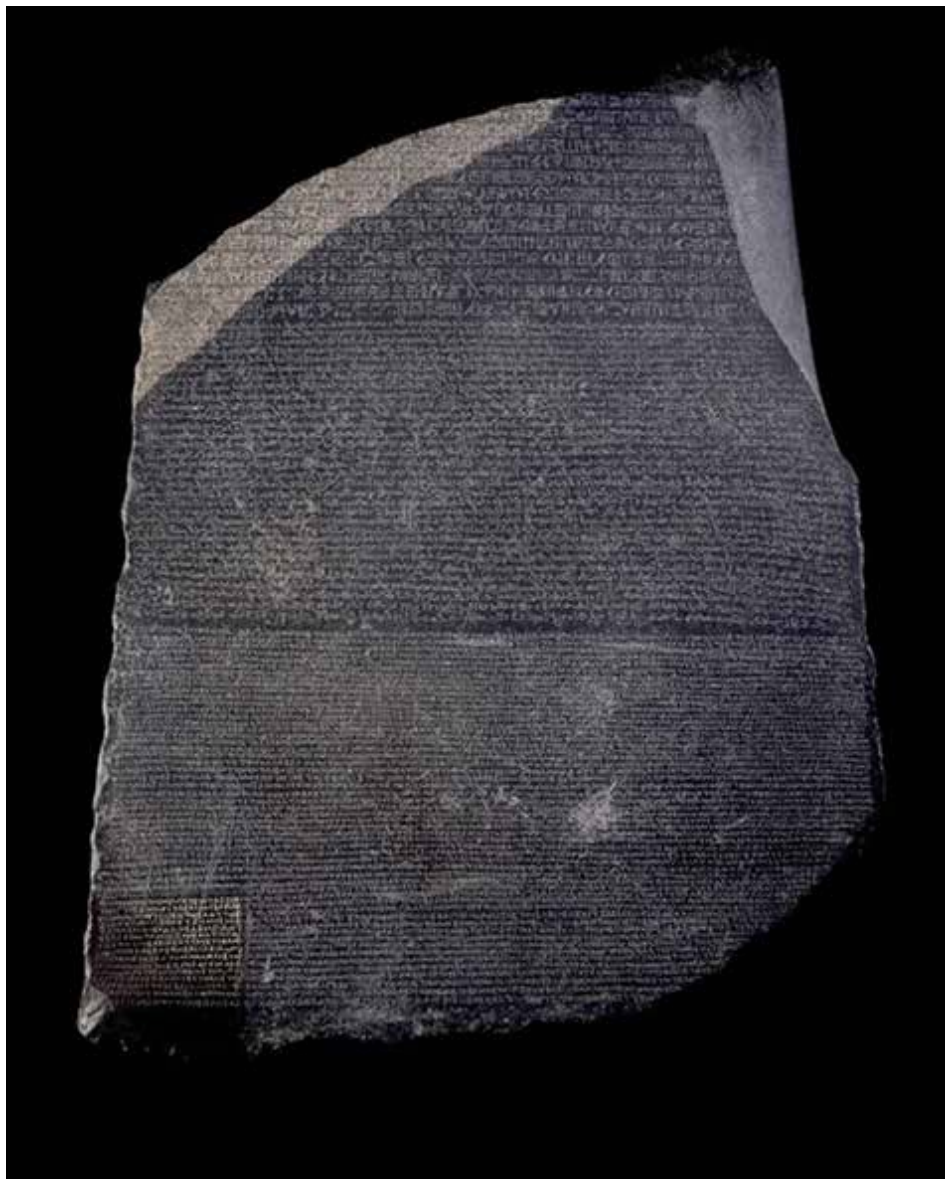
mention of the Arabic scholar who was the conduit of knowledge," she says.

According to Moller, "There was more broadly a belief that the Greeks had a higher kind of knowledge. There was also certainly an element of anti-Islamic sentiment, the result of antagonism between Arabs and Christians in the period. But there was an Arab scholar from North Africa who translated a text into Latin in Italy and he did the same thing [in obscuring the non-Western contribution]. It was probably partly pragmatic: texts based on Greek knowledge would be more attractive to European scholars."

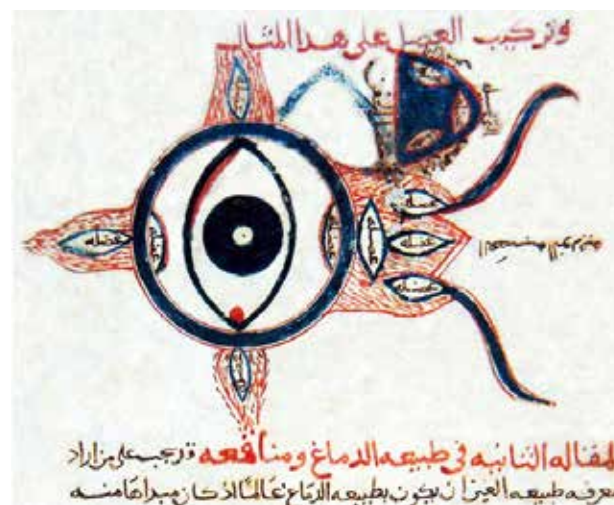
It is possible, though perhaps unlikely, that Champollion would have gone on to credit his sources at a later date. As Dr Daly notes, he died just 10 years after his breakthrough with the decipherment, and might have been tempted to revisit his publications. If he had, in addition to Ibn Wahshiyah, his bibliography might have named Athanasius Kircher. The German had provided other Western scholars with an important way in to the earlier Arabic scholarship. Kircher had also made it clear that mastering Coptic was key to mastering hieroglyphs.

Coptic was a late Egyptian script that combined 24 Greek letters with seven Egyptian Demotic letters and was often used in academic contexts. A 13th-Century Egyptian scholar called al-Idrisi was among those to have drawn an early connection between this script and hieroglyphs. Several Arabic manuscripts from the same period as al-Idrisi was working indeed feature Coptic grammar guides and a

Continued on page 46



Hieroglyphic, Demotic and Ancient Greek inscriptions are carved into the Rosetta Stone



Hunayn ibn Ishaq translated many classical Greek texts, including medical and scientific treatises, into Arabic and Syriac

work from nothing. He started from studying earlier contributions. He also knew Arabic." It is highly likely, indeed, that the linguist accessed manuscripts containing some of the work by Arabic writers who had attempted to decipher hieroglyphs in the intervening millennium.

An earlier Western scholar, Athanasius Kircher of Germany, had certainly done precisely this and consulted Arabic writings, usually in translation, while carrying out research for his own book on deciphering Egyptian hieroglyphs.

Moller, author of The Map of Knowledge, explains that Arabic scholars who were instrumental in carrying ideas from antiquity into the Renaissance have all too often been overlooked or even written out of history. "It's impossible to know what the individual motives behind this were. When the medical books of the Greek author Galen, for example, were translated from Greek into Arabic, revised and significantly amended by a man named Hunayn Ibn Ishaq, some Latin scholars presented the work as purely Greek. There was no

Adeje Farmers Market

Calle Archajara
Adeje



Saturday/Sunday: 8.00am – 2.00pm
Wednesday: 3.00pm – 7.00pm

SPANISH LESSONS

For adults in Amarilla Golf

- Hourly lessons (20e per hour) one-to-one lessons or two people sharing the lesson (10e each).
- Lesson worksheets and homework provided.
- Relaxed and friendly atmosphere.
- Lots of repetition each lesson so that you don't forget!

Call Louise on
686 014 355



PROFESSIONAL PHOTOGRAPHER IN TENERIFE

*"Freezing the moments,
capturing your memories."*

Maternity

Weddings

Parties



rickyzuk@icloud.com
+34 642 943 343

@rickyzuk



BJP LTD

FREE ADVICE!
FREE ADVICE!
FREE ADVICE!

YOUR ONE STOP SHOP FOR ALL BUILDING SERVICES

DAMP PROOFING

A MINOR BUILDING PROCESS WHICH CAN PREVENT THE SPREAD OF SPORES THAT MAY HARM YOUR LUNGS (EG BRONCHITIS, ASTHMA AND OTHER BREATHING DIFFICULTIES). HARNESS THE DAMP TODAY - DON'T LET IT INCUBATE - IT IS NOT HARMLESS!

VACANT PROPERTY CHECKS WITH REPORT TO OWNER. WEEKLY/MONTHLY. ANY REPAIRS AUTHORISED BY CLIENT DEALT WITH AS URGENT AND COMPLETED PROMPTLY BY OUR OWN TRADESMEN. CLEANING READY FOR OCCUPATION UNDERTAKEN.

RENOVATIONS (Small to large projects)



WINDOWS AND PATIO DOORS FITTED (Single/Double glazed at TRADE PRICES!)

Committed to a cleaner life, a healthy lifestyle and a very clean job!
LUXURY FITTED KITCHENS • PLUMBING • JOINERY
EXTERNAL/INTERNAL PAINTING • BATHROOMS • PATIOS

Tel: 602 607 378 (George) / 645 372 500 (Max)

Continued from page 44

number of these were introduced to the West. Kircher probed the connection between the two scripts further by mapping certain hieroglyphic symbols on to Coptic letters. In the process he confirmed the earlier Arabic scholars' hypothesis that some hieroglyphs had phonetic meanings.

A single sound, he showed, could be represented by more than one hieroglyph. This was not just a script, he realised, but a spoken language

Champollion, following a similar path, initially downplayed the phonetic element of the script. His first thought was that hieroglyphs represented sounds predominantly when they were employed to write non-Egyptian names. Later, after his fainting episode, he realised that phonetics were in fact a central component of the script and could be used to denote Egyptian names too. A single sound, he showed, could be represented by more than one hieroglyph. This was not just a script, he realised, but a spoken language.

There is no denying that Champollion made an enormous contribution to the his-

tory of scholarship in making these discoveries. "Without Champollion," says Dr El Daly, "our knowledge would have had to wait a few more decades." His decipherment of the hieroglyphs on the Rosetta Stone facilitated the translation of hundreds of other previously incomprehensible texts down the centuries and therefore opened up countless new avenues of scholarship and debate. On a human level, too, Champollion clearly deserved the praise he received for his perseverance and intellectual clout.

But as we celebrate Champollion's grand achievement 200 years on, might we not also think of the other scholars who, though in many cases obscure today, through their own discoveries helped him on his way? It is arguable that the likes of Ibn Wahshiyah, Athanasius Kircher and Thomas Young worked no less tirelessly to unpick the mysteries of the most mysterious of ancient scripts. Now is the time to put them back into the puzzle they embarked upon so zealously all those centuries ago.



**Find 1000s
more properties on:**

the-tpg.com

ACT
 +34 922 736 728

...looking after your Digital World!

**APP for mobile
and laptop
NOW AVAILABLE!**

- Great OFFERS on Fast Internet connection (English and Spanish +)
- Great Mobile Phone deals (agents of Lobster Mobile)
- Top quality TV programmes/series from around the world
- Excellent local support (English and Spanish +)

Call us on
922 736 728
 quoting: TPG

WATCH LIVE UK TV NOW

W: act-tenerife.com Mon/Fri: 9AM - 5PM

KENDEL DEVELOPMENTS S.L.

Providers of Guaranteed* Damp Solutions throughout the Canary Islands since 1985



'Kendel receive further MAJOR Order from Arehucas Rum factory on Gran Canaria.'

Following the successful treatment of 230 linear meters of rising damp in the walls of their factory (restored in 2013), Kendel Developments S.L. were delighted to receive an additional order from Arehucas Rum to treat a further 250 linear meters of walls on another section of the firm's old buildings due to

be restored shortly.

Damp in properties has long been a scourge of the construction industry in the Canary Islands – due in no small part to constructors' poor building practices. When the Savills came to Tenerife in 1985, they weren't sure what to focus on, but Derek Savill quickly decided to use his many years in construction in the

UK to specialise in Damp Proofing, Stair Lifts, Wheelchair Lifts and Small Home lifts where experienced firms were noticeably hard to find.

Damp Proofing

After several years of carrying out tests with various products from the UK Derek (Dell) discovered that the only guaranteed

solution to Rising Damp in Canarian Type Constructions was the Electro Osmotic System coupled with the use of quality bonding and rendering mortars (all products produced by the Wykamol Group in the U.K.). Kendel have been sole importers and installers of Wykamol Products since 1995 throughout the Archipelago.

DAMP PROOFING

Rising damp occurs when unprotected, porous materials (blocks, bricks, stone, wood etc) are in contact with damp earth:

- The result is unsightly and causes damage to decoration, manifesting itself in large patches of white, snowy flakes (see picture), which need constant removal, re-painting and eventual re-patching
- It can be a health hazard due to the increase in fungi and mould growth spores
- It often leads to timber decay or discoloration, particularly with unprotected timbers
- It causes damage to plaster and rendering
- It affects ALL unprotected walls, whether internal or external



So, what can be done to cure the problem (as the insertion of a Damp Proof Course is virtually impossible in a typical Canarian construction)? Contact us NOW to discuss your options, without obligation. All our work carries a 20 year Guarantee!



LIFTS AND STAIR LIFTS (INDOOR OR OUTDOOR)

We have a solution for all mobility problems!

- Chairs and platforms for all types of stairs!
- Savills are the only Company providing stair lifts prepared for outdoors on curved stairs
- Ours are the best prices on the market!
- Call us NOW for more information, or to arrange a FREE consultation



Telephone: 922 815 054 ● Mobiles: 630 330 251 / 647 955 163
 www.salvaescaleraskendel.com ● kendelcanarias@hotmail.com



Sebastian & St. James

International Financial Advisers Limited

Speak to us about:

Investments · Pensions · Savings · QROPs

info@ss-ifa.com

+34 711 001 011 (Local Consultant)

+34 711 002 135 (Local Consultant)

+353 (1) 2343171 (International Head Office, Dublin)

+44 (0) 1446 704420 (UK Office)

www.ss-ifa.com

Advice based on integrity, trust & experience.

Sebastian & St. James

International Financial Advisers Limited

Speak to us about:

Investments • Pensions
Savings • QROPs

Advice based on
integrity, trust & experience.

info@ss-ifa.com

+34 711 001 011 (Local Consultant)

+34 711 002 135 (Local Consultant)

+353 (1) 2343171 (International Head Office, Dublin)

+44 (0) 1446 704420 (UK Office)

www.ss-ifa.com

Registered with the FCA no. 582504

Sebastian & St James International Financial Advisers Limited is regulated by the Central Bank of Ireland

ADVERTISING AND MARKETING IN TENERIFE

Tenerife Surprise is THE website to get to know the island, whether you want to come for a holiday, or move here permanently, Tenerife Surprise researches, describes and promotes the best professionals on the island to provide solutions for ALL your requests!



Tenerife Surprise is a marketing and advertising company, working online, providing services for any type of businesses in Tenerife. We are ready to help you anytime!



Tenerife Surprise
tenerifesurprise



Calle Londres, Local LF-19,
FANABE, 38679, Adeje, Tenerife



www.tenerifesurprise.com ✉ tenerifesurprise1@gmail.com

Long Term Rentals

Los Cristianos, Apartment

€1000

2 bed · Part-furnished and refurbished apartment. Bright and airy, lovely communal pool. 1 month deposit required. Available 15th December.

Tenerife Prime Property | 922 703 725

Llano del Camello, Townhouse

€950

4 bed · Beautiful townhouse on popular complex in Llano del Camello, close to Chafiras shops and motorway access. 4 bedrooms, 2 bathrooms, toilet, separate kitchen, living/dining room with large terrace, roof terrace, 2 parking spaces and storage room in community

garage. Community with pool. Bills extra. Long term rental only. 2 months deposit required.

Ref: KV0234 | Tenerife Alizes Properties | 922 738653 / 626 274040

Golf del Sur, House

€850

2 bed · *Available from 21st of August*Two bed, two bath apartment with front terrace, rear garden and upstairs terrace on popular complex. Price includes water and electricity bills.

Ref: 1631 | Homes & Away | 922 737 044

Amarilla Golf, Apartment

€775

1 bed · Beautifully appointed, spacious one bed garden

apartment with two terraces in quiet location, near the Golf course. Wi-Fi access included. Water and electricity bills included up to 50€ per month.

Ref: 2083 | Homes & Away | 922 737 044

Golf del Sur, Apartment

€750

1 bed · *Available from 25th November*Nicely presented, one bed apartment on popular complex with heated swimming-pool. Wi-Fi included. Water and electricity on top.

Ref: 1961 | Homes & Away | 922 737 044

Amarilla Golf, Apartment

€750

1 bed · Ground floor one bed,

one bath apartment in stunning location with Marina and ocean views. Utilities included.

Ref: 2009 | Homes & Away | 922 737 044

Golf del Sur, Apartment

€700

Lovely, modern and bright one bed apartment, in residential complex with heated pool, lift and Wifi access. Situated on the 6th floor, the apartment has a large terrace with side views to the sea. 1 double bedroom with built-in wardrobe, one bathroom, living room with American kitchen, fully equipped and furnished. No pets. Bills extra. Available Sept to ... For full information see website or contact:

Ref: KV0176 | Tenerife Alizes

Properties | 922 738653 / 626 274040

San Isidro, Apartment

€530

2 bed · Spacious 2 Bed Apartment, on residential building in San Isidro. 2nd floor with lift, underground parking space incl. The apartment has 2 bathrooms, separate kitchen, large living room, and double bedroom with small balcony. Built-in wardrobe, fully equipped and furnished. Close to shops and transports, quiet position. Bills extra.

Ref: KV0174 | Tenerife Alizes Properties | 922 738653 / 626 274040

Los Abrigos, Apartment

€500

In central position, in the village of Los Abrigos, close to major amenities and a few minutes walk to the sea, this one bed apartment is furnished and consists of 1 double bedroom, bathroom, living with American kitchen, and a small balcony. Includes garage space. Pets not allowed. Bills extra. Available begin of May.

Ref: KV0212 | Tenerife Alizes Properties | 922 738653 / 626 274040

Los Abrigos, Garage

€60

Large Garage space on road level, Place a garaje, Edif Tajinaste C/Ballena, Los Abrigos
Ref: LAPR1108 | Los Abrigos Properties | 922 170021

Find 1000s
more properties for sale on:

the-tpg.com



Business Section

OVER €350,000

Santa Cruz de Tenerife, Hotel
€18,000,000
 Investment opportunity! For Sale a HOTEL BUILDING in the city of Santa Cruz de Tenerife. With a total area of 4,638 m2 over 7 floors with 95 standard and junior suites and 2 premier suites. All rooms include a private en-suite bathroom. The hotel rooms have excellent views of the harbour. On the first floor and basement levels there is a 600 m2 shoppin... For full information see website or contact:
Ref: 6041S | Tenerife Royale Estate Agents SL | 922 788305

Las Americas, Apartment Block
€3,150,000
 On offer a complete block of apartments comprising: 4 X studio suites, 2 X one-bedroom apartments and 7 X two-bedroom apartments all situated in the famous front-line community of Parque Santiago II offering full resort facilities including a heated swimming pool, 24 -hour security, reception, supermarket, café/restaurant and wi-fi. The apartments are fur... For full information see website or contact:
Ref: 6035S | Tenerife Royale Estate Agents SL | 922 788305

Puerto Colon, Fully Equipped Local
€2,500,000
 Offering excellent value for money this substantial freehold commercial asset will appeal to investor clients. Situated in a magnificent location frontline to the ocean between Puerto Colon and the beach of Playa de Fanabe. High specification installations and equipment and ready for immediate trading. From the extensive terraces are unsurpassed views ove... For full information see website or contact:
Ref: 6009S | Tenerife Royale Estate Agents SL | 922 788305

San Eugenio Bajo, Bar/Cafe
€1,250,000
 FRINA Tenerife is happy to offer this Modern Freehold Cafeteria for Sale. The business is located on a busy street in San Eugenio Bajo and enjoys a lot of footfalls. If you are looking for picture-perfect premises in a busy location, you cannot miss this stunning opportunity! The premises are spacious 150m2 with an open kitchen and a terrace of 30m2. ... For full information see website or contact:
Ref: 2490 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Americas, Freehold Pub
€990,000
 FRINA Tenerife offers for sale a Famous Freehold Pub in Las Americas that has been established for years. It is known for showing live sports and serving a classic British menu like English Breakfast, Fish & Chips and Sunday Roasts. It is especially busy mornings and evenings. The premises are about 200 m2 and face a very busy road in Las Americas. ... For full information see website or contact:
Ref: 2562 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Garage/workshop
€900,000
 Naval mechanical workshop in Los Cristianos.
Ref: E341 | Tenerife Properties | 922 724 110

San Eugenio Alto, Fully Equipped Local
€875,000
 For sale with FRINA is this large Tenerife freehold with a garden. These premises are perfect for a large restaurant or even a large nightclub. The freehold local can with guarantee opens as a music club or dancehall. This freehold for sale is 1,498 m2 divided into 2 levels. The ground level is 573 m2 and the lower level is 925 m2. The locals are empty a... For full information see website or contact:
Ref: D1254 | FRINA Tenerife SL - Property Sales | 922 085 191

Las Chafiras, Commercial Property
€750,000
 FRINA Tenerife is offering this Large commercial property for sale in Las Chafiras, in one of the island's biggest commercial areas. Las Chafiras is centrally located close to the Tenerife southern airport, and the tourist areas. The property is empty at the moment, but it has before been used as a successful retail store. The premises of this ... For full information see website or contact:
Ref: 2524 | FRINA Tenerife SL - Business Sales | 922 085 191

Tenerife South, Manufacturing business
€650,000
 FRINA Tenerife is now offering this well-known mechanic and tire fitting company for sale. This mechanic offers one of the best locations in the south of Tenerife. The owner is only selling because he wishes to retire and only wants serious clients. The premises are a very large shop that is fully equipped. with all the necessary equipment. For tire ch... For full information see website or contact:
Ref: 2536 | FRINA Tenerife SL - Business Sales | 922 085 191

San Eugenio Bajo, Commercial Property
€625,000
 FRINA Tenerife offers a commercial Investment property for sale in Tenerife in San Eugenio. Today the property is rented out to a popular restaurant which owners pay a monthly rent of 5,000€. The premises was built in 1985 and measures 76m2 inside and with a terrace of 40m2. For more details on this investment do not hesitate to contact FRINA Ten... For full information see website or contact:
Ref: 2491 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Empty Local
€500,000
 FRINA Tenerife now offers This rare chance to buy a truly prime location investment freehold. This investment freehold is on a busy street in the El Camison area of Los Cristianos. The freehold is rented out with good tenants as a restaurant and is truly a prime location. The premises, which were completely refurbished in 2010, measure 79 m2 and are s... For full information see website or contact:
Ref: 2530 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Rosas, Restaurant
€495,000
 6 bed · A reluctant sale due to the current owners retirement and 'down-sizing'. An extensive (150m2) fully fitted and equipped freehold restaurant with professional stainless steel kitchen with extraction, stage area, bar and

toilets. Situated on the lower level of a spacious townhouse which offers flexible living accommodation with potential for a number of pro... For full information see website or contact:
Ref: 6090 | Tenerife Royale Estate Agents SL | 922 788305

Los Gigantes, Hotel
€420,000
 8 bed · Location: Quiet location, Central, Touristic area, Close to amenities, Close to restaurants/bars/cafes, Close to shops, Exclusive development. Views: La gomera, Sea. Additional: Development possibilities, Viewing recommended. Rooms: American style kitchen, Bathroom, Hall/entrance, Lounge and dining area. Quality: Good condition, Tastefully decorat... For full information see website or contact:
Ref: 407-HT8 | Island Estates | 922 790 767

Playa San Juan, Apartment Block
€399,000
 5 bed · Are you looking for a project to complete? This could be what you are looking for! Located in Playa San Juan, only 200 meters from the water front, this building offers a perfect opportunity to do a complete refurbish and obtaining the correct licenses, dividing it in various apartments as well. This two floor building offers a garage space for 3 cars on... For full information see website or contact:
Ref: PSJ483-IB399 | RD Properties | 922 732 862

Playa de la Arena, Empty Local
€395,000
 FRINA Tenerife is now offering this. Empty freehold local, on the first line in Playa La Arena. The local is empty but has been used as a bar. So, it has disabled toilets, men, and women's toilets. The local needs a full refurb before its ready to open This local would be perfect if you are looking to build your own bar & café, or a restaurant, The pro... For full information see website or contact:
Ref: 2528 | FRINA Tenerife SL - Business Sales | 922 085 191

Tenerife South, Manufacturing business
€390,000
 FRINA Tenerife offers here a unique opportunity to take over this Jewellery Manufacturer & Supplier business that designs, produces and sells high-quality jewellery to both B2B and B2C customers. Under one SL company are different brands of jewellery and you will find designs for both men and women. All collections are made of carefully selected m... For full information see website or contact:
Ref: 2410 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Pizzeria
€380,000
 FRINA Tenerife brings to the market this Italian Restaurant Pizzeria in Los Cristianos. It is a well known business located in El Camison, a central area close to the beach full of both residents and tourists. The Restaurant Pizzeria has an high and demonstrable monthly turnover, it has a very rich menu with traditional italian dishes and a good choice o... For full information see website or contact:
Ref: 2576 | FRINA Tenerife SL - Business Sales | 922 085 191

Puerto Colon, Sports Bar
€350,000
 FRINA Tenerife offers for sale this Freehold Sports Bar in Puerto Colon. It is in a famous commercial centre visited by a lot of tourists and many locals. It's live Entertainment and great atmosphere attract people of different nationalities and ages to come and enjoy a fun night of Karaoke, live music, Sports and tasty food. This place always has some... For full information see website or contact:
Ref: 2591 | FRINA Tenerife SL - Business Sales | 922 085 191

€349,999 - €250,000

Golf del Sur, Investment Property
€329,175
 1 bed · air conditioning, modern.
Ref: VS5424D | Vym Canarias | 922 787 210

San Eugenio Bajo, Bar/Cafe
€325,000
 FRINA Tenerife is happy to offer a Modern and Stunning Cafeteria-Bar for Sale in San Eugenio Bajo. If you are looking for picture-perfect premises in a busy location, you cannot miss this stunning opportunity! The premises are 150m2 with an open kitchen and a terrace of 30m2. Altogether are tables for 90 guests. The premises were fully renovated in 20... For full information see website or contact:
Ref: 2489 | FRINA Tenerife SL - Business Sales | 922 085 191

Adeje Town, Fully Equipped Local
€320,000
 FRINA Tenerife offers this investment - commercial property for sale in Adeje old town. The property has a long-established business and a good tenant that pays 1,500€ monthly. Premises of the Commercial Property for Sale The premises of the freehold have 2 floors which altogether measures 206 m2. If you wish to know more about this commercial pr... For full information see website or contact:
Ref: 2379 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Freehold Pub
€320,000
 FRINA Tenerife is happy to offer this long-established and very popular Freehold Pub for Sale in Los Cristianos. This business had the same owner for many years and is known for its lovely atmosphere and food, so no doubt you will have guests from day 1. Note the owners wish to keep the sale very discreet, hence we can only provide limited details here... For full information see website or contact:
Ref: 2422 | FRINA Tenerife SL - Business Sales | 922 085 191

Tenerife South, Bar supply
€299,000
 FRINA Tenerife offers this very reputable Bar Supply Company for Sale. This business has been established for more than 20 years and delivers soft drinks and alcohol to bars and restaurants in Tenerife. You will get a proven profitable company with many clients and a good reputation. The premises are 350m2 of storage with an office space and easy pa... For full information see website or contact:
Ref: 2481 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Olivos, Empty Local

€280,000
 2 bed · 2 bed, 5 bath commercial, local for sale.
Ref: IPPDOAL01 | Island Prime Property | +34 922 09 69 75

San Eugenio Bajo, Bar/Cafe
€250,000
 FRINA Tenerife offers this famous Tenerife café for sale. The café is in San Eugenio and is known for its international menu and live music. It has been open for years and has a good reputation among residents, tourists, and on social media. And whether you are looking for an investment or a well-established business to run yourself, you cannot miss th... For full information see website or contact:
Ref: 2505 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Americas, Restaurant
€250,000
 FRINA Tenerife offers for sale this Large Front-Line Restaurant in Las Americas facing the beach promenade which is always busy and offers a lovely view. Moreover, the restaurant is located on a corner, so you have even more people passing and a large terrace! If you are looking for that amazing location to open a large restaurant or lounge bar you... For full information see website or contact:
Ref: 2459 | FRINA Tenerife SL - Business Sales | 922 085 191

Playa San Juan, Restaurant
€250,000
 This modern Restaurant for Sale in Playa San Juan is located centrally on the main street. It is known for its international menu offering brunch, burgers, and Spanish specialties. This business has fast become one of the most visited restaurants in the area and the guests just keep coming back to enjoy the menu, lovely style, and amazing atmosphere. ... For full information see website or contact:
Ref: 2504 | FRINA Tenerife SL - Business Sales | 922 085 191

Puerto Colon, Excursion Business
€250,000
 FRINA Tenerife is excited to offer this Unique Diving Business for Sale in Puerto Colon. If you dream about a great water sport business on the island of external spring, you cannot miss this! It has been established for many years and has no direct competition. The diving experience is offered on underwater scooters making it possible for everyone to par... For full information see website or contact:
Ref: 2409 | FRINA Tenerife SL - Business Sales | 922 085 191

€249,999 - €150,000

Costa del Silencio, Bar/Cafe
€230,000
 FRINA Tenerife is now offering this Belgian Bar/cafe for sale. Located in the Tenbel commercial centre. Tenbel is a well-known centre and attracts both tourists and residents. This bar is well-known with the Belgian residents on the island. also, this bar offers a wide range of Belgian beers. The premises are 100m2 of interior space with a 15m2 kitc... For full information see website or contact:
Ref: 2538 | FRINA Tenerife SL - Business Sales | 922 085 191

La Caleta, Bar/Cafe
€225,000
 FRINA Tenerife now offers for sale

this amazing lounge bar in Costa Adeje. This lounge bar just had a full refurbishment, and everything is made to the highest quality. This bar serves mostly drinks but also has burgers. The bar offers high quality at affordable prices. The premises are a 50m2 newly refurbished interior along with a large terrace that ... For full information see website or contact:
Ref: 2551 | FRINA Tenerife SL - Business Sales | 922 085 191

Golf del Sur, Commercial Property
€220,000
 FRINA Tenerife is now offering this investment property for sale, in Golf del Sur. This property has an established business and good tenants The premises of this freehold is a 66m2 interior and a terrace of 40 m2. If you wish to know more about this commercial property investment contact FRINA Tenerife. Para información en español llámenos: +34 ... For full information see website or contact:
Ref: 2523 | FRINA Tenerife SL - Business Sales | 922 085 191

San Isidro, Gymnasium
€220,000
 FRINA is happy to offer this Large and Modern Gym for Sale in Tenerife South. This gym has been established for more than 4 years and offers 2 fully equipped floors, an advanced booking system, more than 600 clients and professional employees. The premises are over 500 m2 distributed on 2 floors that are fully equipped with dumbbells, machines, gym roo... For full information see website or contact:
Ref: 2472 | FRINA Tenerife SL - Business Sales | 922 085 191

Torviscas Bajo, Bar/Cafe
€210,000
 FRINA Tenerife this Busy Cocktail Bar For Sale in Torviscas Bajo, which is known as one of the best cocktail bars in the area and has excellent reviews on TripAdvisor, Facebook and other social media. It has been established for years and you will take over a genuinely successful business. Moreover, the owner only works limited hours hence, this is a g... For full information see website or contact:
Ref: 2567 | FRINA Tenerife SL - Business Sales | 922 085 191

Adeje Town, Bar/Cafe
€200,000
 FRINA Tenerife is happy to offer this rare opportunity a Cafeteria and Lottery for Sale. This is a unique business that sells lottery tickets, sandwiches, cakes, coffee, drinks, and also minimarket products. You get 3 businesses in 1 which secures you a high income every day. The premises are very spacious and in good condition! All materials and machi... For full information see website or contact:
Ref: 2502 | FRINA Tenerife SL - Business Sales | 922 085 191

La Caleta, Italian Restaurant
€190,000
 A new business for sale is this Italian Food & Wine Restaurant in La Caleta. The business is known for a delicious Italian menu with pizzas, fresh shellfish, homemade desserts, and quality wines. This cozy restaurant is a must-see if you are looking for a wine-bar and restaurant with an ambitious menu. The premises are spacious 150 m2 with a large a... For full information see website or contact:

Ref: 2403 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Bar/Restaurant

€190,000
FRINA Tenerife now offers this Famous and Successful Asian Restaurant for Sale. This restaurant is located centrally in Los Cristianos and is very busy. An amazing reputation secures many guests every day and evening both new and returning. If you are looking for a successful business with a good and steady income you cannot miss this! The premises ... For full information see website or contact:

Ref: 2542 | FRINA Tenerife SL - Business Sales | 922 085 191

San Eugenio Alto, Pool Bar

€175,000
FRINA Tenerife presents this new Freehold opportunity Poolbar in San Eugenio Alto. A perfect located Freehold Poolbar inside a complex which is approximately a twenty minutes driving from Reina Sofia airport in the south. Almost opposite the resort there is Aqualand, a water park more suited to younger family members. The Freehold Poolbar is nearby att... For full information see website or contact:

Ref: 2603 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Bar/Cafe

€170,000
FRINA Tenerife now offers this Sea View Bar for sale in Los Cristianos, it is a unique and perfect option for the demanding buyer! You find this Sea View Bar in San Telmo which is busy all year and both days and nights. The current owner has designed the Sea View Bar and decorated it to perfection. Furthermore, the bar overlooks the large a busy Playa ... For full information see website or contact:

Ref: 2584 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Bar/Cafe

€169,000
FRINA Tenerife now offers this Well-Known British bar Los Cristianos. It is known for its high-quality food and entertainment. The bar is located in a busy area that attracts many tourists and residents. This bar has been for almost 10 years and has a great reputation and a high income. So if you are looking for a bar in Los Cristianos you can't miss this... For full information see website or contact:

Ref: 2550 | FRINA Tenerife SL - Business Sales | 922 085 191

Puerto Colon, Freehold Property

€159,900
FRINA Tenerife Offers this empty freehold local in Puerto Colon for sale. It is located in the commercial centre of Puerto Colon and is a very central and busy location, with a lot of tourists all year round. Thanks to the beaches, excursions businesses, and bars in the area. This local is bright and spacious 76m2 freehold local is on the 1st floor and... For full information see website or contact:

Ref: 2521 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Americas, Bar/Cafe

€150,000
FRINA Tenerife now offers this Famous traspaso café in Las Americas. And, it is a wonderful opportunity, to buy one of the most reputable British cafes in Playa Las Americas. The owner opened this bar over 10 years ago. And has grown to be one of the most recognized and popular cafes in the area. It has a great reputation for quality food, delicious cakes... For full information see website or contact:

Ref: 2533 | FRINA Tenerife SL - Business Sales | 922 085 191

Fanabe, Pub

€150,000

FRINA Tenerife offers for sale this Entertainment Pub & Restaurant for Sale located on the first line in Fanabe. It is known to be one of the busiest entertainment pubs in the area offering live music every day. And in the evenings, you must book to be sure to get a table. Moreover, the place offers a full British menu. Nevertheless, you find both British... For full information see website or contact:

Ref: 2503 | FRINA Tenerife SL - Business Sales | 922 085 191

San Eugenio Alto, Pool Bar

€150,000
FRINA Tenerife presents this rare opportunity to buy a Freehold Pool Bar for Sale. This pool bar is in a busy complex in Torviscas. It is an apart-hotel complex where you will have both residents, expats, and tourists as guests. A pool bar is always a sure success and whether you wish to work less and only sell drinks and ice cream during the day or al... For full information see website or contact:

Ref: 2555 | FRINA Tenerife SL - Business Sales | 922 085 191

€149,999 - €100,000

Puerto Colon, Charter Yacht

€149,000
FRINA Tenerife now has the pleasure to offer this beautiful charter boat for sale in Puerto's colon. Puerto Colon is one of the busiest tourist harbours on the island and which contributes to this boat's popularity. This sunseeker boat includes an attached navigation 8 seats and 2 Volvo Kad 300 engines from 2021.

Ref: 2545 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Bar/Cafe

€149,000
FRINA Tenerife now offers this Prime Location Bar in Los Cristianos, in front of Playa Las Vistas. It is a rare chance to buy in a truly prime location in front of the famous Las Vistas beach. The Bar in Los Cristianos has a great client base and is frequented by a lot of tourists, it has breakfast and lunch menu that satisfied all kind of clients. ... For full information see website or contact:

Ref: 2602 | FRINA Tenerife SL - Business Sales | 922 085 191

Puerto Colon, Empty Local

€140,000
FRINA Tenerife offers this Freehold Office for Sale in Puerto Colon Commercial Center. A very central and busy location that enjoys lots of footfall year-round thanks to the many excursions business and bars in the area. Also, you are close to parking. The office is bright and spacious 92 m2. It was refurbished in 2019 with new electrical installations... For full information see website or contact:

Ref: 2477 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Pizzeria

€140,000
Now FRINA Tenerife offers this Business for Sale in Los Cristianos. The business is known for great pizzas and being located on a very busy street close to the beach and with a lot of footfall. Normally this is a very busy pizzeria that generates a high turnover year-round. Contact FRINA Tenerife for more details on this. The premises offer a large ... For full information see website or contact:

Ref: 2417 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Americas, Bar/Cafe

€139,000
If you are looking for a Las Americas bar you cannot miss this successful business, which is famous for its amazing atmosphere, showing sports events and popular live entertainment several times a

week. This bar has been open for more than 40 years and the current owner has only made this already well-established bar an even bigger success! Moreover, t... For full information see website or contact:

Ref: 2197 | FRINA Tenerife SL - Business Sales | 922 085 191

Torviscas Bajo, Irish Bar

€139,000
FRINA Tenerife is happy to put on the market a Busy Irish Bar for Sale Traspaso. This lovely bar is in Torviscas Bajo where it is visited by tourists of all nationalities. Irish bars are always popular and so is this, securing the owner and high monthly income. Moreover, this place has a great reputation, and you will earn money from day 1! If you are ... For full information see website or contact:

Ref: 2518 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Americas, Bar/Cafe

€132,000
FRINA Tenerife now offers this Long-Established Bar in Las Americas in the famous Avenida Las Americas. It is a rare chance to buy in a truly prime location in this area full of big hotels and tourists. The Bar in Las Americas has a great resident and tourist client base thanks to 22 years of activity with the same owner, it serves mostly drinks and so... For full information see website or contact:

Ref: 2605 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Bar/Cafe

€129,000
FRINA Tenerife now offers this Amazing View Bar for sale in Los Cristianos, it is a unique opportunity in a prime location. You find this bar in Commercial Centre San Telmo which is full of tourists and locals all year and both days and nights. The owner has renovated the bar and has made it modern and cozy. Furthermore, the bar overlooks the beautiful... For full information see website or contact:

Ref: 2594 | FRINA Tenerife SL - Business Sales | 922 085 191

Arona, Property Management

€125,000
FRINA Tenerife now offers this Rustic Finca Management in Arona in a quiet area with mountain and sea view. The business consists of renting and maintaining the villa and the land with the possibility of living inside this beautiful Rustic Finca. Important to notice that the owner will give the management with the same rental conditions and for the fir... For full information see website or contact:

Ref: 2582 | FRINA Tenerife SL - Business Sales | 922 085 191

Puerto Colon, Sports Bar

€125,000
FRINA Tenerife offers for sale this Entertainment Sports Bar in Puerto Colon. It is in a famous commercial centre visited by a lot of tourists and many locals. It's live atmosphere attract people of different nationalities and ages to come and enjoy a fun night of Karaoke, live music, Sports and tasty food. This place always has... For full information see website or contact:

Ref: 2590 | FRINA Tenerife SL - Business Sales | 922 085 191

Fanabe, Bar/Cafe

€120,000
New on the market is this classic English Tea room, which is known for its delicious homemade cakes and a classic British tea table. And naturally, most clients are British residents and tourists. It is a smaller café which is perfect for a couple and it is great even if you have kids since it is only open during the daytime. Premises of the Tea Roo... For full information see

website or contact:
Ref: 2292 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Americas, Bar/Restaurant

€120,000
FRINA Tenerife is happy to offer this popular and successful Las Americas restaurant for sale. This business has been established for more than 8 years and is known to serve great food for a fair price. The menu is a wide range of ever-popular meals for the whole family like pasta, steaks, roast chicken, pizzas, and more. And moreover, the restaurant h... For full information see website or contact:

Ref: 2387 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Americas, Lap Dance Bar

€109,000
For sale in Tenerife is this newly refurbished bar & club which has the license to run both as a Cabaret Bar (lap dance) and Bar Sexual (sex club). You can choose to buy the business as a traspaso (leasehold) or buy it with the full SL company. Premises of the Lap Dance Bar & Club The club is newly built, and you get 300 m3 which are fully furnished... For full information see website or contact:

Ref: 2254 | FRINA Tenerife SL - Business Sales | 922 085 191

Costa del Silencio, Commercial Property

€109,000
1 bed · This 1 bedroom apartment is located on the 1st floor in Palia don Pedro, an aparthotel with reception, swimming pool (heated in the winter!), animation etc. The apartment has an american style kitchen and is very luminous with direct access to the terrace from the living room. Parking space in the communal parking is included! Community fess: 197€ month, ... For full information see website or contact:

Ref: 08-0819 | Tenerifehome.com | 922 783066

Puerto Colon, Restaurant

€106,000
FRINA Tenerife presents this Modern Restaurant in Puerto Colon for Sale in San Eugenio Bajo located on a busy street and overlooking the sea. This Modern Restaurant is fully renovated and has a unique decor, it faces stunning sunsets and enjoy an excellent flow of people, both tourists and locals. Premises of the Restaurant for Sale The premises... For full information see website or contact:

Ref: 2593 | FRINA Tenerife SL - Business Sales | 922 085 191

Tenerife South, Retail Business

€100,000
FRINA Tenerife offers for sale this retail business that sell car and vehicle parts. The business is located in Los Realejos, where it serves many locals in the area and some British people. The business has a solid reputation and had a healthy income, but is now closed. Included in the retail business The owner wishes to sell the business...

For full information see website or contact:
Ref: 2343 | FRINA Tenerife SL - Business Sales | 922 085 191

Fanabe, Bar/Cafe

€99,999 - €50,000
€99,500
This well-known British Café for Sale in Fañabe is one of the best known in the area and has been established for many years. It is known for classic English breakfasts, cakes, Sunday Roasts, and much more. Furthermore, the café has great reviews among residents, tourists, and on social media, and no doubt you will guests from day one with this business... For full information see website or contact:

Ref: 2397 | FRINA Tenerife SL - Business Sales | 922 085 191

Puerto Colon, Excursion Business

€95,000
FRINA Tenerife is happy to offer this unique Excursion Business for Sale in Tenerife. This business offers both Flyboard excursions and Crazy UFO excursions. The business has been open for more than 6 years and runs all year round thanks to the great climate and warm sea waters here. The business includes all the equipment which are 2 fly boards, 1 ... For full information see website or contact:

Ref: 2427 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Galletas, Ice Cream Bar

€89,000
FRINA Tenerife is happy to offer this amazing Crepe & Ice Cream Café for Sale in Las Galletas. The café is located centrally in the city and facing a busy area that enjoys plenty of footfall and attracts many residents and especially families. The café is known for ice cream, crepes, good coffee, and shakes. The premises are in good condition and you d... For full information see website or contact:

Ref: 2438 | FRINA Tenerife SL - Business Sales | 922 085 191

Tenerife South, Pest control business

€89,000
FRINA Tenerife offers a genuine successful Pest Control and Cleaning Company for sale. This company has been established for years and has hundreds of clients in the south of Tenerife. The main job is pest control of businesses and private houses, nevertheless, they also earn decent money on cleaning jobs. Since all work is done on location, the own... For full information see website or contact:

Ref: 2573 | FRINA Tenerife SL - Business Sales | 922 085 191

El Madronal, Babywear Shop

€86,500
FRINA Tenerife brings to the market this Baby SPA Wellness in Costa Adeje, a one-of-a-kind business in the island. The Baby SPA has a very good reputation thanks to the beautiful online

reviews. It comes with all furniture included. The Baby SPA Wellness has a full SPA licence and you are allowed to offer therapeutic massages too. It is in El Madronal ... For full information see website or contact:

Ref: 2581 | FRINA Tenerife SL - Business Sales | 922 085 191

Torviscas Bajo, Pool Bar

€85,000
FRINA Tenerife just took on this large pool bar in Torviscas Bajo. It is very well established and placed in a large and popular holiday resort that has hundreds of tourists every month year round. The pool bar has a large terrace overlooking the pool and with tables for 50 guests. The inside premises are fully equipped with a large bar and an industri... For full information see website or contact:

Ref: 2385 | FRINA Tenerife SL - Business Sales | 922 085 191

Torviscas Alto, Empty Local

€85,000
Large local of 128m2 for sale in Puerto Colon.
Ref: VS3416D | Vym Canarias | 922 787 210

Vilafior, Bar/Restaurant

€80,000
FRINA Tenerife is happy to offer this beautiful Restaurant for Sale placed in the caves of a large finca in Tenerife. Today the place is known for its beautiful location and surroundings with wines and fruits trees and offers a modern Canarian menu made from local and homegrown products. This is a successful business with an amazing reputation but ther... For full information see website or contact:

Ref: 2549 | FRINA Tenerife SL - Business Sales | 922 085 191

Costa del Silencio, Restaurant

€79,000
FRINA Tenerife offers for sale in Costa del Silencio this restaurant that is known for delicious fish and tapas. It has been established for almost 2 years and has earned itself a good reputation and has very high reviews on Google, TripAdvisor, and Facebook. The premises are spacious 300m2 and moreover, have a terrace of 40 m2. Inside are tables for 1... For full information see website or contact:

Ref: 2515 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Americas, Beauty Salon

€76,000
FRINA Tenerife offers Traspaso Nail and Beauty Salon for Sale. It has a prime position in Las Americas facing the busy promenade and offering a stunning sea view. The business offers a variety of treatments among others manicure, pedicure, waxing, massages, tinting of lashes and eyebrows, facials and more. The premises are amazing and refurbished to hi... For full information see website or contact:

Ref: 2564 | FRINA Tenerife SL - Business Sales | 922 085 191



SUCCESSFUL BUSINESS Trampoline Park FOR SALE



- ✓ **100.000 SALE TICKETS/YEAR**
- ✓ **1200 BIRTH PARTIES/YEAR**
- ✓ **GREAT INVESTMENT - ROI IN 24 MONTHS**
- ✓ **NO COMPETITION IN TENERIFE**
- ✓ **RECOGNIZED BRAND** (OVER 3000 SEARCHS PER MONTH IN GOOGLE)
- ✓ **TAXES ONLY 4%** (ZEC ZONE COMPANY)
- ✓ **2500² OF MODERN FACILITIES**
- ✓ **1500² OF TRAMPOLINE FACILITIES**
- ✓ **★ GREAT REPUTATION** (OVER 200 REVIEWS 4,4 RATING)

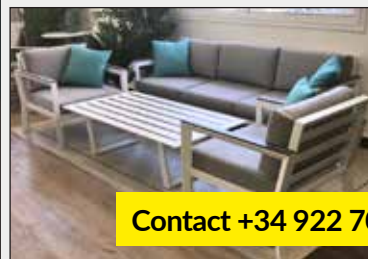


CALL NOW: (+34) 685 833 908
paul@canaryjump.es

FOR SALE

WELL-ESTABLISHED EXTERIOR FURNITURE AND SUNSHADE BUSINESS IN LOS ABRIGOS

TENERIFE
PRIME PROPERTY



Contact +34 922 703 725 for more information

This is a fantastic opportunity to purchase a well-established business. On offer is the leasehold on this Exterior Furniture and Sunshade shop, situated in the popular village of Los Abrigos, including stock on the Showroom floor, supplier contacts and client database.

The Business, established 7 years ago, if marketed more aggressively, could be extremely successful. It would have the advantage of being fed clients from the Studio4Decor Interior Design and Furniture shop,

situated across the road which has been established on the Island for 20 years with an excellent customer service record.

There is little competition in the vicinity and these premises are in the perfect position - close to Golf del Sur and Amarilla Golf - with their large concentration of residents, not to mention that within 10 to 15 minutes lie Palm Mar, Los Cristianos and Las Americas with their huge numbers of international residents. There are literally 1,000's of potential clients

nearby and the Studio4Decor team are on hand to give all the help and guidance any new owner could need.

Accounts are available for inspection to any serious buyer. The Business is profitable and the only reason for sale is that it is too much for one person to run both and there are plans in place to grow the Interior Design & Furniture part. With the right person the Exterior Furniture & Sunshade Shop can be taken to the next level with fabulous earning potential.

This Business is unique for 3 reasons:

- There is nothing else for sale like this on the Island and it is situated in a very popular area, with ample parking.
- The Studio4Decor team is close by and on hand to give support and guidance during a transition period.
- The Business has an extensive and attractive product range with excellent suppliers from Mainland Spain, with transport logistics already in place.

€85,000

Puerto Colon, Excursion Business**€75,000**

This Boat Hire Excursion for Sale offers zodiac boats to hire and go for private trips. The brilliant thing about zodiacs is you do not need a license to sail it so both residents and tourists come to rent and enjoy a private trip on the sea. This is an easy excursion business to run for one person since you only need to meet clients for the instructio... For full information see website or contact:

Ref: 2426 | FRINA Tenerife SL - Business Sales | 922 085 191

Torviscas Bajo, Sports Bar**€75,000**

FRINA Tenerife is happy to offer this Music & Sports Bar for Sale. The business is in Torviscas Bajo 5 minutes far from the famous Torvisca Beach and known for sports events and music entertainment. The Music & Sports Bar has a pool table used frequently in the evening by professional team and organise Karaoke and Bingo events for his clients. Wheth... For full information see website or contact:

Ref: 2588 | FRINA Tenerife SL - Business Sales | 922 085 191

Adeje Town, Bar/Cafe**€69,000**

FRINA Tenerife offers for sale this Spanish Traspaso Cafeteria located centrally in the old city center of Adeje. And it is the preferred place for breakfast and lunch for both locals and those who work in the area. The cafeteria has been established for 18 years, has many regular clients and is financially healthy. The cafeteria measures 75 m2 and ... For full information see website or contact:

Ref: 2390 | FRINA Tenerife SL - Business Sales | 922 085 191

Torviscas Bajo, Bar/Cafe**€65,000**

FRINA Tenerife offers this British Bar & Café in Torviscas Bajo in a full of tourists area. The Bar has a good reputation and great client base, it is operative and ready for work. This British Bar is easy to run and perfect for a couple, it has been recently renovated and the owner will support the buyer during the first month of activity. Premises... For full information see website or contact:

Ref: 2579 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Americas, Bar/Cafe**€65,000**

FRINA Tenerife has brought to the market this Las Americas Lounge Bar for sale traspaso. This lounge bar is beautifully furnished and known for a large cocktail and shisha menu. It is located centrally in Las Americas facing a busy street among complexes and hotels. The premises are fully furnished and designed to high standards. The bar is 60 m2 and h... For full information see website or contact:

Ref: 2488 | FRINA Tenerife SL - Business Sales | 922 085 191

El Medano, Bar/Cafe**€65,000**

FRINA Tenerife is happy to offer this Modern Café for Sale in El Medano which is a popular and lovely town in the South of Tenerife. The café is located in a modern commercial center close to many resident complexes. The café has been here for more than 6 years and has many regular guests. Even though tourism has been lower the last year this place still ... For full information see website or contact:

Ref: 2500 | FRINA Tenerife SL - Business Sales | 922 085 191

Golf del Sur, Bar/Cafe**€65,000**

Fantastic opportunity to purchase a

bar located in a popular commercial centre. The bar has been fully refurbished, had new bathrooms installed, fully rewired, new air-conditioning, and new glass washer. Included are 10 televisions which can show 3 different matches, and 2 WiFi routers (one for the TVs, one for customers).

Ref: B-122 | Tenerife Prime Property | 922 703 725

Torviscas Alto, Bar/Cafe**€65,000**

Now we offer this Reputable Bar for Sale in Torviscas Alto. If you are looking for a well-established business with many loyal customers, you should have a look at this café that is a popular place to meet friends for a drink. The current owner had the business for 3 years and only look to sell since he also has other businesses. The premises of the... For full information see website or contact:

Ref: 2444 | FRINA Tenerife SL - Business Sales | 922 085 191

Torviscas Bajo, Bar/Cafe**€65,000**

FRINA Tenerife offers this Bar-Restaurant for sale in San Eugenio Bajo. It is a well-known business and enjoys many regulars and new guests due to its location in a large complex that enjoys residents and tourists year-round. The business is known for its great price/quality and live entertainment several nights a week. The premises are well-maintai... For full information see website or contact:

Ref: 2463 | FRINA Tenerife SL - Business Sales | 922 085 191

Adeje Town, Pizzeria**€60,000**

FRINA Tenerife is now offering this well know pizza restaurant traspaso in Adeje. The restaurant is centrally located, in the centre of the old Adeje town. Where it is in a residential complex. This is a

restaurant that is popular among the residents and families in the area. The premises are a spacious 92 m2 restaurant that has a large, covered terrac... For full information see website or contact:

Ref: 2525 | FRINA Tenerife SL - Business Sales | 922 085 191

Adeje Town, Bar/Restaurant**€59,000**

FRINA Tenerife is now offering this Long-Established Bar Restaurant in Adeje. The Restaurant is centrally located, in a busy main street of Adeje town. This is Bar Restaurant is very popular among the residents and families in the area and it has a loyal client base. Premises The premises are a spacious 58m2 inside where you can host up to 30 sea... For full information see website or contact:

Ref: 2595 | FRINA Tenerife SL - Business Sales | 922 085 191

Playa Paraiso, Bar/Restaurant**€59,000**

FRINA Tenerife offer for sale in Playa Paraiso this restaurant-café. It is known for quality meals inspired by the Italian kitchen and especially their fish and pizzas are delicious and popular. This location has few direct competitors and attracts both regulars and tourists. The premises are spacious 70 m2 and newly refurbished with an open kitchen... For full information see website or contact:

Ref: 2474 | FRINA Tenerife SL - Business Sales | 922 085 191

Adeje Town, Pizzeria**€55,000**

Now FRINA Tenerife offers this Adeje Pizzeria for Sale that has been established for several years and is known for delicious pizzas. If you wish to keep running this business as a pizzeria, this location is perfect to establish yourself as a takeaway and delivery business for all the surrounding complexes. This is the area for you that gives loyal cus... For full information see website or contact:

Ref: 2416 | FRINA Tenerife SL - Business Sales | 922 085 191

San Eugenio Alto, Bar/Cafe**€53,000**

FRINA Tenerife brings to the market this Traspaso Cafe for sale in San Eugenio. This café is known for homemade Italian food and has been established for years hence, it has a good reputation and many regulars. It is a perfect size for a couple who wishes to work together and as a first-time buy. Today the owner does not offer delivery, but the café... For full information see website or contact:

Ref: 2565 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Bar/Cafe**€52,000**

FRINA Tenerife offers this Bar & Café Traspaso in Los Cristianos in a long-term tourists and residents' area. The Bar has a good reputation and great client base, it is operative and ready for work. This Bar Traspaso is easy to run and perfect for a couple, the Menu is rich and diversified and the waitress can support the new owner in the first month. ... For full information see website or contact:

Ref: 2577 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Minimarket**€51,000**

FRINA Tenerife offers this unique opportunity to buy a Traspaso Minimarket and Fast Food Shop in Los Cristianos. This business sales both fast food like kebab, fries and burgers. Moreover, is the store installed with shelves and fridges to sell everyday goods like alcohol, chips, sweets, ice cream, sun cream etc. The premises are 60 m2 inside and has a... For full information see website or contact:

Ref: 2431 | FRINA Tenerife SL - Business Sales | 922 085 191

Torviscas Bajo, Fast food restaurant**€50,000**

FRINA Tenerife offers this Fast-Food Restaurant in Torviscas Bajo in a full of tourists area. It is only 5 minutes far on foot from the famous Torviscas Beach. This Fast-Food Restaurant is easy to run and perfect for a couple, it has a good reputation and great client base, it has a lot of 5 Star reviews on TripAdvisor. Premises The Fast-Food R... For full information see website or contact:

Ref: 2586 | FRINA Tenerife SL - Business Sales | 922 085 191

UNDER €50,000**Los Cristianos, Bar/Cafe****€49,500**

FRINA Tenerife now offers this amazing French Café in Los Cristianos. 2 Years ago the owners refurbished this Cafe. Where they also installed a wine boutique. This café serves French healthy food and it does tapas and wine tasting. And has done so for more than 8 years, and has a good reputation. Furthermore, with the addition of the boutique, the new own... For full information see website or contact:

Ref: 2539 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Galletas, Bar/Cafe**€49,000**

FRINA Tenerife is now offering this café in Las Galletas for sale. It is newly refurbished. With a fully equipped kitchen. The café is in a residential. This is perfect if you are looking for a bar/café in the south. And prefer a less touristic area. The café has been closed but is ready to open. This location would be great as a pizzeria, take away re... For full information see website or contact:

Ref: 2532 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Americas, Bar/Cafe**€45,000**

FRINA Tenerife offers for sale this Juice Bar & Café in Las Americas that has been established for several years and has many fixed clients. The menu is juices, smoothies, breakfast, salads, sandwiches, and typical Spanish lunches. The guests are a mix of local Spanish and tourists. The premises were refurbished in 2018 and therefore in good condition... For full information see website or contact:

Ref: 2440 | FRINA Tenerife SL - Business Sales | 922 085 191

Amarilla Golf, Bistro**€45,000**

For sale traspaso is this well established bistro-café in Golf del Sur, situated at the entrance of a resort in the best-known golf area

of Tenerife. The reputation of the business is great both locally by word-of-mouth and high TripAdvisor score. Note, the cafe is located in 2 combined locals where 1 of the locals are for sale freehold, hence you can ... For full information see website or contact:

Ref: 2569 | FRINA Tenerife SL - Business Sales | 922 085 191

Playa Fanabe, Bar/Cafe**€39,000**

FRINA Tenerife offers this Modern Cocktail Bar in Playa Fañabé, close to the Bus Station and at 5 minutes from the beach on foot. The Bar has a good reputation and great client base, it is operative and ready for work. This Modern Cocktail Bar is easy to run and perfect for a couple or for a group of friends, it has been recently renovated and the owne... For full information see website or contact:

Ref: 2600 | FRINA Tenerife SL - Business Sales | 922 085 191

Tenerife South, Bar/Cafe**€37,000**

FRINA Tenerife offers this traspaso Bar & Café for sale in Abades a cozy little village in Tenerife South. The business has been established for 3 years and is next to the beach and the Leprosoria sight that attracts many tourists year-round. Furthermore, this is a popular area for hikers and divers. The premises are 60 m2 with a bar, storage, and full... For full information see website or contact:

Ref: 2506 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Galletas, Bar/Cafe**€35,000**

FRINA Tenerife is happy to offer this modern Bar-Café for Sale in Las Galletas that is known for its lovely tapas. The bar is in a cozy and busy street and has a lovely terrace. The menu is breakfasts, cakes, snacks, and classic Spanish tapas with meat and fresh fish from the locals. The premises are recently refurbished and in great condition, so the ... For full information see website or contact:

Ref: 2442 | FRINA Tenerife SL - Business Sales | 922 085 191

Torviscas Bajo, Pub**€35,000**

FRINA Tenerife offers this Pub for Sale in Torviscas that is very popular among especially the British residents and tourists. The pub has a well-equipped kitchen for snacks, nevertheless, most sales are beverages. It is a smaller and easy to run business for another British couple who wishes to work together without the responsibility for many employe... For full information see website or contact:

Ref: 2404 | FRINA Tenerife SL - Business Sales | 922 085 191

Adeje Town, Pizzeria**€35,000**

New on the market is this large Pizzeria & Restaurant for sale in Adeje that opened in 2007. The many years with the same owner made this a genuinely successful business. However, today the place is closed, hence the low price. The restaurant was known for delicious pizzas, local fish, great wines, and Italian homemade desserts. It is located centra... For full information see website or contact:

Ref: 2448 | FRINA Tenerife SL - Business Sales | 922 085 191

DIRECT FROM OWNER**Popular bar in busy commercial centre****MASSIVELY REDUCED DOWN TO €65,000 €115,000**

Fantastic opportunity to purchase a bar located in a popular commercial centre. The bar has been fully refurbished, had new bathrooms installed, fully rewired, new air-conditioning, and new glass washer.

Included are 10 televisions which can show 3 different matches, and 2 WiFi routers (one for the TVs, one for customers).

- Seating for 50 outside, 30 inside
- 6 year lease which can be extended
- Alarm system + 3 cameras
- Pool table + cigarette machine
- Community fees: €300p/m
- €150K annual revenue

For more information, or to arrange a viewing, please call:
+34 655 092 580



MOTORWORLD

WWW.MOTORWORLDTENERIFE.COM

APRILIA SRV 850 2016



€7,250 850cc
13,500KM

MINI COOPER D 1.5 YEAR 2015



€20,900 DIESEL
AUTOMATIC 35,000KM

2012 AUDI A6 2.0



€16,495 DIESEL

KIA SPORTAGE 2013



€9,995 PETROL
MANUAL

1991 CADILLAC DEVILLE 4.9 V8



€10,995 PETROL
AUTO

2007 PUEGOT 207 1.6



€3,495 PETROL
MANUAL

2014 VW GOLF BLUEMOTION 1.6 TDI



€9,995 DIESEL
MANUAL

2012 Audi TT Cabrio 1.8TSFI



€18,250 PETROL
MANUAL

2014 BMW 220i M SPORT 2.0



€20,995 PETROL
SPORTY

FIXED PRICE SERVICING

Small 41 Point Service

ONLY 73€
+ IGC*

Including:
Oil and filter change

*Price inclusive of IGC is 77.75€. The price includes up to 5 litres of 10W40 oil. Extra litres charged at the respective price.

FIXED PRICE SERVICING

Interim 61 Point Service

ONLY 144€
+ IGC*

Including:
- oil and filter
- air filter - pollen filter
- clean/adjust rear brakes

*Price inclusive of IGC is 154.08€. The price includes up to 6 litres of 10W40 oil. Extra litres charged at the respective price. 1 air filter included. 1 pollen filter included.

FIXED PRICE SERVICING

Major 65 Point Service

ONLY 289€
+ IGC*

Including:
- oil and filter / air filter
- pollen filter / fuel filter
- brake fluid replacement
- clean/adjust rear brakes - spark plugs
- inside/outside valet and wax

922 783 828 • 629 048 529
CAR SALES | COMPRA-VENTA DE COCHES

C/ VICTORIANO TOLEDO RODRIGUEZ, 5,
LAS CHAFIRAS, 38629, SAN MIGUEL DE ABONA

FIXED PRICE SERVICING AVAILABLE
Check facebook.com/motorworldtenerife
for details!

FRINA Tenerife

tenerifebusinessforsale.com

KEEP YOUR FACE TO THE SUN AND YOU WILL NEVER SEE THE SHADOWS.

Las Americas Sports Bar

NEW!



Located centrally in Las Americas is this Sports & Lounge Bar, known to show all kinds of sport events and cater with snack and a large menu of drinks and cocktails. There is space for 50 guests. The monthly rent is: 4,500€

Ref.: 2629

Price: 120,000€

Bakery & Cafe in El Medano

NEW!



This Bakery is centrally in El Medano and known for its prime quality pastry and snacks. It is popular among residents and tourists too. It is 110 m2 and can host 22 seated people. The monthly rent is: 1,900€.

Ref.: 2623

Price: 89,900€

Restaurant in Los Cristianos

NEW!



This is a 5 Star Indian Restaurant with excellent reputation thanks to 5 years of good work with the same owner. It has a great resident and tourist client base. It is spacious 90m2 with tables for 48 people. The monthly rent is: 1,320€

Ref.: 2607

Price: 82,000€

Fast Food Restaurant in Fanabe

NEW!



This restaurant is in a busy commercial centre next to the beach. It offers burgers, kebab, pizza and more. The customers are mostly tourists. It is spacious 70m2 and the terrace can host 15 people. The monthly rent is: 1,500€.

Ref.: 2622

Price: 60,000€

Cocktail Bar in Fanabe



If you are looking for a modern bar where you do not need to refurbish anything you cannot miss this bar renovated to high standards. The bar is 80 m2 and has 2 terraces of 30 m2 each. The place has the music-bar license.

Ref.: 2600

Price: 39,000€

Freehold Pool Bar in San Eugenio



This freehold pool bar is in a large complex in San Eugenio Alto and is spacious with a bar both inside and outside on the terrace. This is a great opportunity whether you are looking for an investment or bar to run yourself.

Ref.: 2603

Price: 175,000€

Bar Supply Company



This company has been established for more than 20 years and delivers beverages to bars in the south. It is a profitable company with many clients and a good reputation. Included are 2 vans and a storage with low rent of 900€ monthly.

Ref.: 2481

Price: 199,000€

Prime Location Bar-Cafe



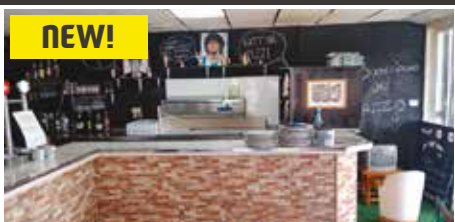
If you are looking for an extraordinary business, you cannot miss this bar-cafe overlooking Playa las Vistas in Los Cristianos. It is a must-see, over 200m2 and newly renovated. The monthly rent is: 4,000€

Ref.: 2602

Price: 149,000€

Freehold Pizzeria in Adeje

NEW!



This is a long-established Italian Pizzeria sold Freehold. It is located very central in the town and used to have many regular clients. There are a terrace and altogether are space for 42 guests. The business is closed today.

Ref.: 2621

Price: 380,000€

Famous Bistro in La Caleta

NEW!



This famous bistro is renovated to high standards and consist of 2 licensed and fully equipped locals. You can keep running it as 1 business or split it into 2. There are tables for 85 guests altogether. The monthly rent for both locales are: 2,400€

Ref.: 2626

Price: 229,000€

Restaurant in Playa San Juan



This is a rare chance to buy a restaurant in a truly prime location in a very high potential area. It is in Playa San Juan main street and has 30 seats inside and a terrace with sea view and 24 seats. The monthly rent is: 650€

Ref.: 2610

Price: 49,500€

Hair & Beauty Salon

NEW!



This salon offers all kinds of treatments like facials, nails, hair, make-up, and more. The salon is in a busy apartohel complex in Torviscas. It is about 70 m2 with separate beauty rooms, kitchen and bathroom. The monthly rent is only: 428€

Ref.: 2526

Price: 68,000€

24H Supermarket

NEW!



This supermarket is in Torviscas Bajo - less than 5 minutes from the beach. It is licensed to be open 24H and 7 days a week. Today the business is open from 10:00 to 23:00. It is spacious 170m2 and the monthly rent is only: 1,070€.

Ref.: 2620

Price: 55,000€

Bistro with Stunning Views



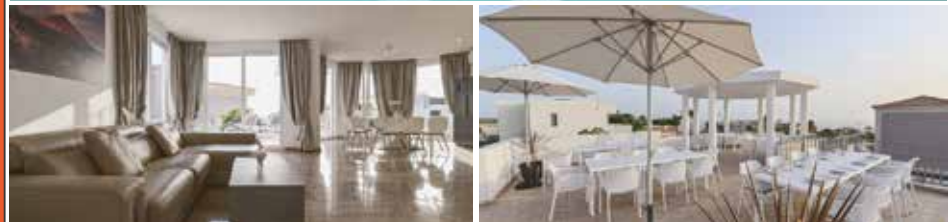
This Bistro is located in a busy area of San Eugenio and offers stunning views from the terrace. The premises are renovated and decorated to perfection. And the bistro has great reviews on SoMe and many happy guests.

Ref.: 2585

Price: 66,000€

LUXURIOUS BED & BREAKFAST FOR SALE FREEHOLD

NEW!



FRINA Tenerife is proud to offer this Luxurious Bed & Breakfast for Sale Freehold. It is in a well-known touristic area in the South, where the owners welcome guests year-round and offer extraordinary service in an exclusive and luxurious environment. This luxurious villa that offers both apartments and rooms to rent. All apartments and rooms have a private terrace and moreover, the guests can enjoy a roof terrace, a jacuzzi and the garden with sun beds and a large pool. Last but not least the premises include a private living area for the owners with kitchen, 4 bedrooms and bathrooms. For more details contact FRINA Tenerife.

Successful Restaurant

Reduced



This is an extraordinary business that you cannot miss. A successful restaurant in the caves on a large and lovely finca including a bodega and wine-cellar. Moreover is a full kitchen and terrace. It has a very good reputation and income!

Ref.: 2549

Price: 80,000€

First Line Ice Cream Bar



This Ice Cream Bar is in Los Cristianos facing the busy beach promenade hence, you will be hard pushed to find a better location for selling ice cream. The business has the Bc license and therefore they can also sell snacks.

Ref.: 2604

Price: 54,500€

+34 670 63 60 04

+34 922 08 51 91

frina@tenerife-business.com

tenerifebusinessforsale.com

we are here too

Calle Colón, 1st Floor, local 213, Puerto Colón, 38660 Adeje

English, Spanish, Flemish, Dutch, German, French, Danish

