

The Tenerife Property & Business Guide

Merry Christmas
To All Our Readers!



FREE December 2020
Every Month Issue 194

Tel: 922 703 725 • Email: george.thetpg@gmail.com • www.thetenerifepropertyguide.com

AMARILLA

golf residences

Construction of these 62 luxury apartments expected to commence MARCH 2021

1 beds from €205,000, 2 beds from €259,000

ENJOY YOUR OWN HOLIDAY HOME ON THE ISLAND OF ETERNAL SPRING WITH THIS HASSLE-FREE INVESTMENT!

For more information see page 3, and then contact Tenerife Home in Costa del Silencio

MOTORWORLD

CAR SALES | COMPRA-VENTA DE COCHES
922 783 828 • 629 048 529

The DEADLINE for exchanging British licences to Spanish is 31/12/20
BOOK YOUR TRANSFER TODAY!

C/ VICTORIANO TOLEDO RODRIGUEZ, 5,
 LAS CHAFIRAS, 38629, SAN MIGUEL DE ABONA

OUR ADVERTISING RATES

Monthly rates - call for a deal!

Quarter €45	Half €85	Full Page €150 <small>MOST POPULAR</small>	Spread €290
-----------------------	--------------------	---	-----------------------

609 714 276

JASON BRINGS HOME THE GOLD MEDAL!



Jason Slater, head of Los Abrigos Properties, brought home the Gold Medal for Bodybuilding - Men's Physique, in the IFBB Pro League Juniors (under 24s) Championship for the whole of Spain, held in Alicante on the first of November last. Now 23, Jason has spent years of training at the local gym 2 hours a day, 5/6 times a week, after a hard day at the office!

Continued on page 2



SAFE CLEAN

PART OF G.D.A. GROUP S.L.U. Est 1987



PEST CONTROL

For private villas, apartments, complexes, providing sanidad

certificates for Bars & Restaurants

CONTROL DE PLAGAS

Desinsectación, desratización y certificados

www.safecleantenerife.net

CLEANING

Professional upholstery & carpet cleaning, sofas, beds

LIMPIEZA

Limpeza de sofás, alfombras, tapizados etc.

e-mail: info@safecleantenerife.net

UK: **609 066 973**

ES: **627 114 090**

Merry Christmas to all!

The TPG would like to wish all our readers and clients, past and present, a very Merry Christmas and a Happy, and Healthy New Year! This year has been a struggle for everyone and your continued support has meant a lot.

Wherever you may be over the Festive Season, have a ball and we look forward to catching up with you in 2021!

George & Ali, The TPG Team







December 2020 Contents

03-25	Residential Sales
26	Direct From Owner
28	Monthly update from Currencies Direct
30	Article: How coffee forever changed Britain
32	Driving Licence Codes: What are they and what do they mean?
34	Microchips, 'altered DNA' and more
36	The cheap pen that changed writing forever
38	We don't need nearly as much protein as we consume
39	Captain's Table: Restaurant Los Abrigos
42	The Eye of Providence: The symbol with a secret meaning?
46	EPC Update / Dog of the month
48-49	Sebastian St James IFAs
50	Long term rentals
52	Businesses for sale

SPANISH LESSONS

For adults in Amarilla Golf

-  Hourly lessons (20e per hour) one-to-one lessons or two people sharing the lesson (10e each).
-  Lesson worksheets and homework provided.
-  Relaxed and friendly atmosphere.
-  Lots of repetition each lesson so that you don't forget!

Call Louise on
686 014 355



Jason brings home the gold medal

(continued from front page)

Arriving with his parents, Jo and Tina, in 2012, when they moved from France and bought Los Abrigos Properties - Jason had always been very sportive, with activities in France ranging from Judo to Taekwondo, tennis, kayaking and many other outdoor sports. He took up calisthenics here, which he practised in the local park in Los Abrigos, which, fortunately, had a set of high

bars. He quickly made a name for himself spending time teaching local children and was invited by the Cabildo to go to La Gomera to teach young kids there. Calisthenics is a combination of gymnastics and dancing on bars, which is a very cheap sport to enjoy and very appealing to younger children.

The Cabildo saw this as an opportunity to promote sport and reduce problems

which teenagers often succumb to, so Jason accepted the invitation, which was voluntary with only expenses paid. After reaching an age where he wasn't allowed in the local par (reserved for minors), he took up bodybuilding and, after a few years of hard training, started to prepare for his first competitions. In his early tournaments this year he quickly became second in the Canary Islands

and in October this year reached 2nd in Europe! The year culminated with Jason fulfilling his dream - to become number one in the whole of Spain! (Probably the only Brit to accomplish this feat, as he was when he became Mr Los Abrigos in 2017).

Jason's dedication and commitment to bodybuilding is not just limited to his sport but to his 'normal' work in the Estate Agen-

cy too. Within months of moving here from France he learned to speak Spanish and after leaving Wingham School he worked for a number of local businesses to get an insight into life and business in the South of the island. He later joined his parents in their Estate Agency and very soon learned to deal with the everyday work of an Agent, assuming not only the role of selling and rent-

ing properties, but dealing with all the other aspects, such as arranging the documents needed from overseas buyers (e.g. NIEs, Residencias and changeover of utilities and services on a change of ownership).

Whether it be help with keeping fit, training or dieting or assisting with any aspect of the purchase or sale of a property, Jason is there to help you. You can call him on 627 633 489.



Amarilla Golf Residences consists of 62 luxurious apartments with 1, 2 or 3 bedrooms with rental revenue. All apartments have south facing terraces and most of them have sea views.

The complex has a main reception, a cozy lounge area and a bar and restaurant near the

pool where you can enjoy a lovely breakfast in the morning sun or choose one of the dishes from our elaborate menu. Residents have free access to a fully equipped fitness. Golfers have direct access from the complex to the fairways of Amarilla Golf and a free golf buggy at their

disposal during the entire stay.

The rental service ensures a worry-free rental process during the time you are not staying at your apartment. When spending your holiday in your own apartment, you will receive the same first-class treatment as any hotel guest.

1 beds from €205,000, 2 beds from €259,000 (prices exclude IGIC)

Construction of phase 1 is expected to start in March 2021



ENJOY YOUR OWN HOLIDAY HOME ON THE ISLAND OF ETERNAL SPRING WITH THIS HASSLE-FREE INVESTMENT!



www.tenerifehome.com | 922 783 066 | 690 363 653

TENERIFE PROPERTY SHOP S.L.

G.I.P.E. NO. 3722

Service

Security

- ✓ Reliability
- ✓ Professionalism
- ✓ Security
- ✓ Service
- ✓ The BEST Portfolio

OUR OFFICE LOCATIONS:

CC San Blas - Golf del Sur

Las Adelfas I - Golf del Sur

CC Puerto Colon - Playa de Las Américas



NEW!

STUDIO - PLAYA DE LAS AMERICAS

RENTAL INVESTMENT!

If you are considering a property within a sensible budget either as a handy winter base, holiday property or a rental investment then this studio is ideal! Located in the very centre of Playa de las Americas with everything you could possibly need within walking distance including bars, restaurants, supermarkets and shopping centres! Recently refurbished with new kitchen and bathroom!

Ref: LA01881

Price: €115,000 (approx. £105,500)

NEW!
EXCLUSIVE

2 BED APARTMENT - GOLF DEL SUR

TURNKEY PROPERTY!

Take a look at this wonderful one-bedroom apartment, that has been cleverly converted to now offer 2 bedrooms. This apartment boasts a fabulous terrace with sunshine galore from mid-afternoon, until it sets in the West and whilst doing so, illuminating the sky above the golf course and mountains, that make for a stunning view, all from your spacious patio. The apartment is to be sold furnished and is ready to move into,

Ref: GOLF01637

Price: €129,500 (approx. £118,500)

NEW!
EXCLUSIVE

1 BED APARTMENT - GOLF DEL SUR

SPACIOUS, LIGHT AND BRIGHT!

This excellent top floor apartment is located in the heart of the Golf del Sur. Wake up to amazing sunrises and to the Ocean or take in the views of the Golf Course and to the mountains beyond. Spacious, light and bright with fitted kitchen and bathroom, double bedroom with fitted wardrobes and a good size lounge and dining area leading to a terrace balcony. Sold furnished and with a parking space included.

Ref: GOLF01635

Price: €138,000 (approx. £126,500)



NEW!

STUDIO - TORVICAS BAJO

IDEAL LOCATION!

Location, location, location... if you are looking for a centrally located apartment in the heart of all the hustle and bustle, then take a look at this excellent studio, offering fab views to La Gomera and a superb terrace that's crying out for cool drinks at sunset. This studio apartment is of a great size and the almost separate sleeping area offers a sense of space not always felt in other studio apartments.

Ref: LA01882

Price: €155,000 (approx. £142,000)



2 BED APARTMENT - PLAYA FAÑABE

PERFECT HOLIDAY HOME!

This centrally located ground floor two bedroom apartment is situated on the ever popular Mareverde complex in the heart of Playa de las Americas, just a few minutes walk to the seafront, beaches, bars and restaurants of Torviscas and Fañabe. This is perfect as a holiday home for both winter and summer! Two double bedrooms, fitted kitchen, lounge and bathroom as well as a poolside terrace.

Ref: LA01878

Price: €210,000 (approx. £192,500)



NEW!

4 BED HOUSE - GOLF DEL SUR

INCOME POTENTIAL!

If you are looking to maximise on bedrooms without breaking the bank, then check out this wonderful four bedroom, three bathroom semi-detached house, which oozes potential and is crying out for someone to put their own creative flair into action and create something magical. Originally a one bedroom property which the owners utilised this space to add to additional bedrooms and a totally separate studio flat.

Ref: GOLF01634

Price: €295,000 (approx. £270,500)



NEW!

2 BED TOWNHOUSE - PALM MAR

SPECTACULAR VIEWS!

If having a spectacular view is high on your list of requirements, then this property will not disappoint. This two bedroom townhouse has four terraces! On entering the property you will find two good sized bedrooms with fitted wardrobes, air conditioning and electric shutters. Both have access out onto the lower garden terrace. An immaculate property that will tick most if not all your boxes. Viewing recommended.

Ref: PM00109

Price: €359,000 (approx. £329,500)



NEW!

2 BED VILLA - AMARILLA GOLF

REFURBISHED TO HIGH STANDARD!

Immaculately presented two bedroom detached villa, located along side the fairways of Amarilla Golf course. Private heated outdoor pool and the interior is refurbished to a high standard. There is a separate lounge that can be used as an extra sleeping area, complete with its own shower room. The marina is just a short stroll away where you will find an array of waterfront restaurants. This is a must view!

Ref: AMG00556

Price: €390,000 (approx. £425,000)

★★★★ 2021 CALENDARS NOW IN STOCK ★★★★★



EUROPEAN
PROPERTY AWARDS
REAL ESTATE

★★★★★

BEST REAL ESTATE
AGENCY SINGLE
OFFICE CANARY
ISLANDS

Tenerife Property Shop S.L.

2019-2020



BACK BY POPULAR DEMAND!

Contact us to reserve your
free 2021 Desk Calendar



EUROPEAN
PROPERTY AWARDS
REAL ESTATE

AWARD WINNER

REAL ESTATE AGENCY

WEBSITE SPAIN

www.tenerifepropertyshop.com

by Tenerife Property Shop S.L.

2019-2020

www.TenerifePropertyShop.com



1 BEDROOM APARTMENT - AMARILLA GOLF



NEW!
EXCLUSIVE

A wonderful, economical, one bedroom apartment, that could provide the perfect location for you to begin your Tenerife journey. This property is situated on the first floor of a well-established development, that offers a communal pool, satellite TV, parking and manicured gardens. If you are looking for a good value property, with low running costs, you would be advised to book your viewing appointment today!

Ref: AMG00557

Price: €115,000 (approx. £105,500)

2 BEDROOM APARTMENT - GOLF DEL SUR



NEW!
EXCLUSIVE

Stunning two bedroom, two bathroom, apartment set in a high quality development. With a generous spread of square metres both inside and out this property boasts all the hallmarks of a fantastic holiday home. Located in a secure, gated complex with heated communal pool. The location is spot on with transport links on your doorstep, and local amenities are also close by. Sold furnished and with its own private parking space.

Ref: GOLF01632

Price: £199,950 (approx. €218,000)



We don't make promises. We give GUARANTEES!



Two generations of a Family Business · Over 30 Years of Experience
Service & Security in your purchase · Professional Indemnity Insurance
20 Year Insured Title Deed Guarantee

0034 922 714 700 /
0034 922 715 064

From UK: 0845 862 1634

Tenerife Prime Property

Tel: 922 703 725 / 627 230 360

Email: carolhale.tpp@gmail.com

Web: www.tenerifeprimeproperty.com

AMARILLA GOLF, MIRADOR DEL GOLF



Large, unfurnished, 3 bed, 3 bath (1 en suite) townhouse with private pool, garden and large garage. The property has a large lounge/dining area, separate kitchen and sunny terraces to the front and rear.

Ref: S-03 1410

€275,000

PARQUE DE LA REINA, OLIVINA II



Large, fully furnished 3 bed, 3 bath (1 en suite) apartment on complex with pool. The property is nicely decorated with a spacious lounge and separate kitchen. There is a garage space included in the price, also a large roof terrace with Mt. Teide views.

Ref: S-03 1435

€195,000



C.C. Rio Center, local 6A
TORVISCAS BAJO (near the old Sky Park)
 ☎ 692 146 808 / 670 801 154

Web: www.tenerife-belfin-property.com
 Email: info@tenerife-belfin-property.com



#strongertogether

Find us:



PALM MAR, PARAISO DEL PALM MAR



Lovely, recently refurbished and tastefully decorated, 2 bed, 1 bath + WC duplex apartment in sought after community with lovely pool area. The property has a spacious and bright living/dining room, open plan fitted kitchen, two sunny terraces (one is 45sqm and has lovely sea views!), plus a 42sqm roof terrace with lovely views and a garage space (with direct access). Ideal for holiday or permanent home.

€PRICE ON REQUEST TH204-AG

TORVISCAS BAJO, PUEBLO TORVISCAS



Lovely, fully furnished and equipped studio with sunny terrace in the sought-after sea front Sunset Harbour complex with its lovely pool area. Ideal for Holiday Rentals as the reception is one of the few that collaborates with private owners.

€189,000 ST106-HP

SAN EUGENIO BAJO, LOS GERANIOS



Very nice, fully furnished and equipped 1 bed, 1 bath apartment in sought after, sea front complex with pools. The property has a lounge/dining area, American style kitchen and a sunny terrace overlooking the pool and sea.

€245,000 AP112-HP

LAGOS DE FAÑABE



Lovely, fully furnished 2 bed, 1 bath corner penthouse apartment in this popular resort with very nice pool area situated right on the beachfront. The apartment has a lounge/diner, American-style fitted kitchen and a large sunny terrace.

€365,000 AP107-HP

SAN MIGUEL VILLAGE, BUILDING PLOT



REDUCED!

Great opportunity to build your dream home in the lovely village of San Miguel, only 10 minutes' drive from the TF1 motorway. Excellent views to the coast! Contact us for more information.

€69,000 L101-BP

FANABE, SOL SUN BEACH



Fully furnished and equipped studio apartment with sunny terrace and pool views in lovely beach-front complex with great community pool and sunbathing terraces. Top location! On-site cafeteria. Touristic complex.

€179,000 ST113-HP

BUZANADA, LARGE FAMILY HOME



Large, fully furnished, 5 bed, 2 bath family home on 3 levels in popular Canarian town. The property has a large lounge/dining area, open plan kitchen, balcony, terrace, roof terrace and garage. Lovely sea and mountain views from the 100sqm roof terrace.

€270,000 VH108-BP

GOLF DEL SUR, GREEN PARK



Lovely, spacious, refurbished and fully furnished studio apartment with nice sunny terrace and lovely views in popular complex with 3 pools and pool bar. Great for a holiday apartment or long term rentals. Close to all amenities.

€95,000 ST111108-BP

PALM MAR, LUXURY VILLA WITH POOL



REDUCED!

Beautiful, fully refurbished modern 4 bed, 3 bath (all en suite plus WC), villa with own pool on a 500sqm plot overlooking the village and the sea. The property has a large lounge/dining area, American style kitchen, large sunny terrace.

€980,000 V415-BP

ADEJE, JARDIN BOTANICO



Beautiful, spacious (130sqm + 30sqm garage and 10sqm terrace), recently renovated, semi-detached 3 bed, 2 bath townhouse in sought-after residential complex with two beautiful pools. Unfurnished.

€294,000 TH304-HP

ROQUE DEL CONDE, 2 BED TOWNHOUSE



REDUCED!

Lovely, fully furnished, spacious, 2 bed, 2 bath (1 en suite) townhouse in residential complex with pool. The property has a lounge/dining area, open plan kitchen, two sunny terraces and a private closed garage. Sea views.

€235,000 TH205-HP

LA MARETA (NEAR EL MEDANO), MARETASOL



REDUCED!

Luxurious, fully furnished 2 bed, 2 bath townhouse in small, sea front complex with pool (originally a 3 bed property, the 3rd bedroom has been converted into a walk-in wardrobe). The house enjoys sea views from both floors, and has a lounge-dining area, fully fitted kitchen, sunny terrace, jacuzzi and many extras!

€299,000 TH305-AG



All Properties Tenerife®



Avda. El Palm-Mar, Edif. El Mocan, Local 3a
PALM MAR, 38632, Arona

FANTASTIC OPPORTUNITY!

€138,000



PALM MAR, EL MOCAN

Reduced in price!

Fully furnished 1 bed, 1 bath top floor 70sqm apartment in this well-maintained complex with 2 good-sized swimming pools, padel courts and smaller pools for children.

The property offers open plan living with lounge/diner, American-style kitchen, sunny terrace and garage space.

REF: SALE-EL MOCAN

LONG TERM RENTAL

€550 PER MONTH



REF: LTR-EL MOCAN

PALM MAR, EL MOCAN

Spacious (54sqm) studio apartment for long term rental, located on the 2nd floor of well-maintained complex. The apartment is open with living room, open-plan kitchen, bathroom and garage. The apartment has double, and single pull-down beds built-into the wardrobes. The complex has padel courts, and 2 good sized swimming pools.

LONG TERM RENTAL

€1,150 PER MONTH



REF: LTR-LAS OLAS

PALM MAR, LAS OLAS

Luxurious, fully furnished, 98sqm 2 bed, 2 bath (1 en suite), 1st floor apartment for long term rent on sought after complex with lovely pool area. The property has a lounge/dining area, American-style kitchen and sunny terrace overlooking the stunning, Olympic-sized swimming pool.

BRAND NEW!

€135,000



REF: SALE-LLANO DEL CAMELLO

LLANO DEL CAMELLO

Brand new, spacious (92sqm), fully furnished 2 bed, 1 bath 1st floor apartment in small complex with pool located near Luther King school, health centre, and with easy access to the TF-1. The property has a lounge/dining area, and American-style kitchen with separate 'island' and Silestone countertops.

€115,000



REF: SALE-GUARGACHO

GUARGACHO, LOVELY APARTMENT

Excellent, spacious (74sqm), fully furnished and equipped 2 bed, 1 bath apartment in small block. The property has a large living room/dining area, American-style kitchen and a laundry room situated on the rooftop terrace from which you can see Mt Teide and the sea.

Open Monday – Thursday: 9am – 5pm | Friday: 8.30am – 2pm | Saturday: by appointment

Tel: 922 89 49 38 | 659 606 775 | 667 608 175

Email: info@allproptiestenerife.com • www.allproptiestenerife.com



Tenerife Properties.ES

info@tenerifeproperties.es www.tenerifeproperties.es

Avda. Ernesto Sarti s/n, Pueblo Torviscas, local M2, COSTA ADEJE 38670

JOY +34 620 253 957
 PABLO +34 620 731 068
 CATERINA +34 649 851 608

Bahia del Duque, Villas del Duque



Recently refurbished, beautiful 4 bed, 3 bath townhouse on the Prestigious complex of Villas de Duque.

Price: €610,000 Ref: 13965

Fañabe, Lagos de Fañabe



Top floor air conditioned 1 bed, 1 bath apartment on front line holiday complex, close to bars, restaurants, shops and walking distance to the beach.

Price: €249,000 Ref: 7826

Torviscas, Las Carabelas



In the heart of everything but tucked away in a peaceful residential complex. This is a 2 double bed, 2 bath duplex apartment.

Price: €345,000 Ref: 7595

El Duque, Terrazas del Duque II



Beautiful 1 bed apartment with parking space in the prestigious resort of El Duque in this sought-after complex.

Price: €305,000 Ref: 15367

Bahia del Duque, El Beril



Lovely 1 bed apartment on top floor with balcony with sun all day and beautiful sea view, totally renovated.

Price: €295,000 Ref: 19168

Torviscas, Santa Maria



Beautiful large 1 bed apartment (converted from a 2 bed) on a very established holiday complex with heated pool, pool bar, tennis court, parking area, lift access.

Price: €299,500 Ref: 15480

REDUCED

Golf Property in La Caleta



- Mirador del Golf, La Caleta
- 3 bedrooms, 3 bathrooms
- Golf and Sea Views
- Ref: D1221
- Price: 595,000€

This beautifully appointed townhouse is located in the exclusive gated development Mirador del Golf just a few minutes away from La Caleta. The property offers three bedrooms all with fitted wardrobes, three bathrooms, a fully equipped kitchen that leads to a light and airy living space.

Sea View Plot with Project in La Caleta



- Plot: 2.500 m2
- Building license
- No building obligation
- Ref: D1253
- Price: 1,500,000€

This land in La Caleta is 2.500m2 and has a building project of a villa of 375m2 with a basement of 185m2. Nevertheless, the basement can be extended to up to 1.000m2. The current project is a modern villa however, there is no building obligation on the plot.

RESIDENTIAL PROPERTY SALES

Adeje Area

OVER €350,000

El Duque, Apartment €679,000

2 bed · Two bedroom apartment with modern design, high quality and the best location, in the very center of El Duque for sale. This apartment has two bedrooms, two bathrooms, one guest toilet, a patio, an open plan kitchen and a large terrace with pool offering splendid views to Costa Adeje and the ocean. The perfect holiday home and investment opportunity! Baobab... For full information see website or contact.

Ref: RD2081 Sharon | 2nd Home Tenerife |

El Duque, Apartment €450,000

1 bed · One bedroom apartment for sale at Baobab. Situated on the top floor, modern apartment with large terrace and views to the ocean and also the skyline of Costa Adeje. The price includes high quality and modern furniture. In this apartment you will find state of the art materials and a very practical layout with an equipped kitchen with island, a bathroom wi... For full information see website or contact.

Ref: RD1057 Sharon | 2nd Home Tenerife |

El Galeon, Apartment €415,000

3 bed · One bedroom apartment for sale at Baobab. Situated on the top floor, modern apartment with large terrace and views to the ocean and also the skyline of Costa Adeje. The price includes high quality and modern furniture. In this apartment you will find state of the art materials and a very practical layout with an equipped kitchen with island, a bathroom wi... For full information see website or contact.

Ref: ROA3197 Sharon | 2nd Home Tenerife |

Playa Fanabe, Townhouse €385,000

4 bed · A great opportunity to purchase a large townhouse in a desirable area. Oasis de Fanabe is a residential complex of houses in the El Madronal de Fanabe area. This spacious family home consists of 4 bedrooms, 3 bathrooms, guest toilet, independent kitchen with utility room, large dining area and lounge that has terrace access front and back. There is a priv... For full information see website or contact.

Ref: 7493 | Clear Blue Skies SL | 922 714 772

€349,999 - €250,000

El Madronal, Duplex €299,999

2 bed · Spacious, fully furnished, 2 bed, 2 bath duplex apartment on sought after, sea front complex with pool. The property, in good condition throughout, has a lounge/dining area, independent kitchen, utility room, and double patio doors leading onto a large South-facing sunny terrace with pool and partial sea views. The

lower level (45sqm) was a double garage ... For full information see website or contact.

Ref: 1043 | Tenerife Prime Property | 922 703 725

Playa Fanabe, Apartment €278,000

2 bed · Spacious and very centrally situated 2 bedroom, 2 bathroom duplex apartment in the Mareverde complex in Torviscas. Located only a few minutes walk from the beach the complex of Mareverde offers various interlinking swimming pools, sunbathing areas and pool bar. This fantastic apartment boasts

Tenerife Prime Property

Tel: 922 703 725 / 627 230 360

Email: carolhale.tpp@gmail.com

Web: www.tenerifeproperty.com

an interior of 72m2. It has been fully refurbished throughout t... For full information see website or contact.

Ref: T1101 | Tenerife Properties | 630 372702

El Duque, Apartment €265,000

2 bed · Modern well presented upper floor, 2 bedroom apartment on the quiet residential complex "Bellamar" in Playa Fanabe. Internally the apartment is presented in 1st class condition throughout and is being sold part furnished with quality items. Bellamar is a popular complex for many different nationalities, situated in a very desirable area in Playa Fanabe wh... For full information see website or contact.

Ref: 41306 | Crown Property Services | 922 176 883

El Duque, Apartment €265,000

2 bed · We offer for sale this beautiful apartment of 86m2 in the complex El Tesoro del Galeon, Adeje. The apartment consists of two bedrooms, one bathroom, a separate kitchen, living room and a big terrace of 15m2 with seaview. The complex offers a swimming pool, sauna and gym.

Ref: S1157 | FRINA Tenerife SL - Property Sales | 922 085 191

MBS Physiotherapy

Tel: 638 918 684

- ✓ Therapeutic Massage
- ✓ General Physiotherapy
- ✓ Cervical Pain
- ✓ Neurological Physiotherapy
- ✓ Bobath Method
- ✓ Perfetti Method

- ✓ Kinesiotaping
- ✓ Neoromuscular Bandage
- ✓ Dry Needling
- ✓ Neurodynamic Techniques
- ✓ Functional Recovery
- ✓ Electrotherapy

Ma Milagros Sancho Martin, Col. No: 117
Carretera General Guaza, No 9, GUAZA

Monday - Friday
9am - 1pm, 3pm - 6pm

El Madronal, Bungalow €262,500

3 bed · Lovely detached bungalow situated in the tranquil urbanization of Miraverde, only 5 minutes from the Costa Adeje. This property has a lovely little terrace at the front of the house and at the entrance there's a

wintergarden. The kitchen is independent and has a utilityroom with washing facilities and a shower. The livingroom is very spacious and light an... For full information see website or contact.

Ref: 39670 | Crown Property Services | 922 176 883

Playa Fanabe, Apartment €260,000

3 bed · Spacious 3 bedroom apartment situated on the popular residential complex "Oasis del Fanabe" Sold fully furnished with quality items and there is also a private garage included in the

price COMPETITIVELY PRICED FOR QUICK SALE 260,000 EUROS.

Ref: 41555 | Crown Property Services | 922 176 883

Los Olivos, Townhouse €255,000

4 bed · Location: Close to transport, Gated community, Central, Residential area, Close to amenities, Close to schools, Close to town. Views: Pool, Garden, Mountain. Additional: Viewing recommended. Rooms: Independent kitchen, Lounge and dining area, Additional store rooms, Bathroom, Family bathroom, Hall/entrance. Quality: Tastefully decorated, Well presented, B... For full information see website or contact.

Ref: 565-TH4 | Island Estates | 922 790 767

€249,999 - €150,000

El Duque, Apartment €245,000

1 bed · Location: Close to amenities, Gated community, Popular urbanisation, Touristic Area, Quiet location. Close to: Restaurants/Bars/Cafes, Transport, Shops. Views: Sea, Mountain. Rooms: Hall/Entrance, Independent Kitchen, Fitted wardrobes, Bathroom, Shower

room, Office. Quality: Quality construction, Furnished, Immaculate condition, Spacious accommodatio... For full information see website or contact.

Ref: 1A3458 | Hofman Estates | 922 777 747

El Madronal, Apartment €240,000

2 bed · Location: Residential Area, Popular urbanisation, Gated community, Close to amenities. Close to: Restaurants/Bars/Cafes, Schools. Views: Pool, Sea. Rooms: Store rooms, Utility room, Fitted wardrobes, Independent Kitchen. Quality: Quality residence, Well presented, Good condition, Furnished. Features: Sun blinds. Outside: Sunny Terrace. Parking: U... For full information see website or contact.

Ref: 2A3325 | Hofman Estates | 922 777 747

El Galeon, Apartment €230,000

2 bed · Top floor apartment in the El Galeon area of Adeje. The property comprises of two double bedrooms, the master with ensuite bathroom, further bathroom, separate fitted kitchen with laundry room and a large living/dining room with patio doors to the balcony area with views over the park and towards the sea. On the complex there is a community swimming pool ... For full information see website or contact.

Ref: AP0450 | Tenerife Island Rentals and Buy Tenerife | 922 797 438

Playa Fanabe, Studio €230,000

Location: Central, Close to amenities, First line to the Beach, Gated community, Popular

Studio 4 Decor

NEW STORE NOW OPEN!

ACROSS THE ROAD FROM OUR OLD ONE IN LOS ABRIGOS

SEE OUR MAIN ADVERT ON PAGE 34

urbanisation, Touristic Area. Close to: Restaurants/Bars/Cafes, Shops, Beach, Medical Facilities. Views: Sea. Rooms: American Style Kitchen. Quality: Furnished. Outside: Sunny Terrace. Parking: Street parking. Community facilities: 24 hour Security, Pool Bar... For full information see website or contact.

Ref: 0S3272 | Hofman Estates | 922 777 747

Playa Fanabe, Apartment €190,000

1 bed · Beautiful studio in the popular tourist area of Costa Adeje, just 10 minutes walk from Fanabe beach. The apartment is sold with furniture, consists of 1 bedroom, 1 bathroom and a living room with open plan kitchen and access to the terrace with views of the ocean and mountains. In the complex there are different swimming pools. Community fee €70 per month... For full information see website or contact.

Ref: S1005 | FRINA Tenerife SL - Property Sales | 922 085 191

Callao Salvaje

Area

OVER €350,000

Abama Golf Resort, Villa

€1,550,000

3 bed · A limited collection of 12 magnificent detached homes, each with private pool deck, Villas del Tenis offers the utmost in privacy and the most breathtaking views. Adjacent to the Annabel Croft Tennis Academy, encircled by the brilliant Dave Thomas golf course, Villas del Tenis will appeal to those who demand the best-of-the-best. Some villas comprise of t... For full information see website or contact.

Ref: 7105 | Clear Blue Skies SL | 922 714 772

Playa Paraiso, Villa €1,349,000

3 bed · Magnificent villa with its own private pool and a large terrace overlooking the ocean. This villa has 3 double bedrooms with fitted wardrobes, 2 bathrooms, toilet. The main floor has the kitchen, living room, 2 bedrooms, 1 bathroom, 1 toilet and storage. On the first floor you will find the master ensuite bedroom with a beautiful terrace with spectacular... For full information see website or contact.

Ref: 7699C | Clear Blue Skies

SL | 922 714 772

Abama Golf Resort, Apartment €720,000

2 bed · This gorgeous apartment is situated on the 3rd line of Abama Terraces, with panoramic views to the resort and the ocean. There are 2 spacious bedrooms, 2 bathrooms, built in wardrobes, an open plan modern kitchen and a large terrace which is partially covered. Buying in Abama Terraces you can enjoy all the facilities from the resort as: 24 hour reception... For full information see website or contact.

Ref: ROA2212 Sharon | 2nd Home Tenerife |

Callao Salvaje, Villa €378,000

3 bed · Detached House in Callao SalvajeA fantastic spacious and detached villa in Callao Salvaje, in a very quiet area. With a total plot of 220 m2 and a living area of 87 m2. Well maintained villa, has 3 bedrooms and 2 bathrooms, all equipped (furnished and decorated), brand new and with good quality. The exterior has a spacious terrace that surrounds the house... For full information see website or contact.

Ref: C6378V | Agata's Real Estate |

Playa Paraiso, Apartment €367,500

3 bed · We offer for sale this spacious 100m² apartment in the complex Ocean Garden in Playa Paraiso. The property is in very good condition and newly renovated (2019). The apartment has 85m² and is located on the fifth floor. It comprises three double bedrooms, two bathrooms, an open American style kitchen and a living room with direct access to the balcony of 1... For full information see website or contact.

Ref: S1045 | FRINA Tenerife SL - Property Sales | 922 085 191

€349,999 - €250,000

Callao Salvaje, Apartment €264,000

2 bed · Renovated two bedroom apartment located in the popular complex of Sueno Azul in Callao Salvaje. The property has been upgraded including new plumbing and electrics and comprises of an entrance hall, quality fully fitted kitchen with modern electrical appliances, spacious lounge with dining area, master bedroom with ensuite bathroom, second double bedroom... For full information see website or contact.

Ref: 7562C | Clear Blue Skies SL | 922 714 772

Playa Paraiso, Apartment €261,000

2 bed · We have an exclusive 60m2 apartment for sale in the El Horno complex, Playa Paraiso. It is distributed in two bedrooms, a bathroom, a semi-independent kitchen and a terrace of 16 m2 overlooking the sea and the pool. The complex has a communal pool (heated). It is sold furnished with parking space included. Community fees are € 73 per month. IBI is € 354.

Ref: S1207 | FRINA Tenerife SL - Property Sales | 922 085 191

€249,999 - €150,000

Callao Salvaje, Apartment €235,000

2 bed · This apartment is located on the top floor and has a private terrace-solarium of 55m2 surrounded by beautiful views of the ocean, the island of La Gomera, the Teide volcano and the mountains. The rest of the area is distributed as follows: In the lower part is the house, with a surface of 72m2. It consists of a spacious living room with a sea view balcony... For full information see website or contact.

Ref: ROA2232 Sharon | 2nd Home Tenerife |

Callao Salvaje, Duplex €220,000

2 bed · Location: Touristic Area, Popular urbanisation, First line to the Beach, Close to amenities. Close to: Transport, Restaurants/Bars/Cafes, Beach. Views: Teide, Sea. Rooms: Utility room, W. C., Fitted wardrobes, Independent Kitchen. Quality: Well presented, Charming property, Furnished. Outside: Sunny Terrace, Large Roof Terrace. Parking: Private pa... For full information see website or contact.

Ref: 2D3451 | Hofman Estates | 922 777 747

Tijoco Bajo, Apartment €189,000

2 bed · Brand new development in the quiet area of Tijoco Bajo, the



TENERIFE PROPERTIES



ENGLISH / ESPAÑOL / FRANÇAIS / ITALIANO - 608 573 443

Контактный телефон для русскоговорящих - 648 525 024

Tenerife Properties wishes you all a Merry Christmas!

Parque Cattleya, Playa de Las Americas

NEW INSTRUCTION!

Studio apartment with terrace. Complex with pool.

€115,000 Ref: A446

Borinquen, San Eugenio

Studio apartment with sea views.

€152,000 Ref: A433

Island Village Heights, San Eugenio Alto

1 bedroom, 1 bathroom apartment with sea views.

€139,950 Ref: N1407

Santa Maria, Torviscas

1 bedroom, 1 bathroom apartment.

€175,000 Ref: N1397

Ocean Park, San Eugenio

1 bedroom penthouse apartment.

€185,000 Ref: N1393

Villamar, San Eugenio

Beautiful studio apartment in fantastic position right on the sea front with amazing views of the sea in the sought-after complex of Villamar. This well-presented studio has a fully equipped kitchen, bathroom and living / sleeping area. It also has a terrace from which you can enjoy unbeatable sea views and listen to the waves crashing against the rocks. The complex of Villamar has a communal heated swimming pool, large sunbathing area, communal gardens, a lift and communal parking. It is a secure complex in a prime location in Costa Adeje.

€235,000 Ref: A431

PROPERTIES ARE IN DEMAND! WE OFFER A FREE VALUATION!

SPECIAL OFFER: ENERGY EFFICIENCY CERTIFICATES PLEASE CALL US FOR MORE INFORMATION!

Balcon del Atlantico III, Torviscas Alto

Spacious 1 bedroom, 1 bathroom apartment in sought after complex. This light and airy apartment has a fully fitted American-style kitchen, large lounge, bedroom with fitted wardrobes, bathroom with bath and shower and large double terrace with stunning sea views out over the sea and to La Gomera. This property could easily be converted into a 2 bedroom apartment. It has recently been refurbished throughout and is sold unfurnished. The complex is gated, it has communal parking and has 2 swimming pools with sunbathing terrace. It is a very well-kept, quiet complex with low community fees.

€175,000 Ref: N1419

Club Atlantis Bungalows, San Eugenio

2 bedroom, 2 bathroom duplex bungalow.

€359,000 Ref: T1203

Windsor Park, Torviscas Alto

2 bedroom, 2 bathroom apartment with sea views.

€229,000 Ref: T1207

Luxury Villa, Playa Paraiso

5 bedroom detached villa on plot of 1.152m2.

€1,200,000 Ref: I1331

Santa Monica, Torviscas Alto

5 bedroom, 5 bathroom detached villa.

€890,000 Ref: I1314

Sun Villas, San Eugenio Alto

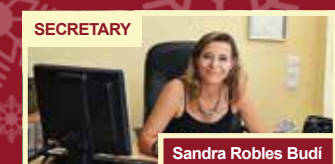
3 bedroom, 2 bathroom duplex apartment.

€315,000 Ref: I1316

Translators available for any other languages.



Tel: 922 724 110 • Sales: Lynne: 699 250 870 Rachel: 608 573 443
 Local 3, C.C. Palo Blanco, San Eugenio, Adeje 38660, Playa de las Americas
 www.tenerifeproperties.net • lynne@tenerifeproperties.net





Tel: 922 719 643
 Fax: 922 781523
 Mobile: 607 933 052
 Mobile: 625 950 517



Calle Tagara,
 Jardin Botanico
 Local 8
 ADEJE



GUIA DE ISORA



Beautiful 4 bedroom, 2 bathroom house with kitchen, garden, terrace and barbecue area with wonderful views, located in a very quiet area. For a Rent to Buy arrangement, please call us!

Ref: 316

€275,000

PLAYA SAN JUAN



Fantastic 300sqm house on 500sqm plot with amazing sea views. The property has 3 bedrooms, 3 bathrooms, private pool, lots of outdoor space, incl. terraces and a BBQ area. Views include La Gomera, mountains, and, from the terrace, you can even see Mount Teide.

Ref: 1144

€385,000

EL ROQUE DE SAN MIGUEL



Lovely 86sqm independent house on 213sqm plot. This spacious and bright property is tastefully decorated and has 2 bedrooms, 1 large bathroom, fully equipped open kitchen, garden, terrace, parking, and a roof terrace with good views. There is enough room to extend, whether a second floor, or additional rooms, pool etc. Quiet area near all services.

Ref: 1127

€238,000

WE COVER THE WHOLE OF THE SOUTH OF TENERIFE – CALL TODAY FOR INFORMATION ON OUR WIDE RANGE OF RURAL PROPERTIES (INCLUDING WORKING/ NON-WORKING FINCAS AND RURAL PROPERTIES (FOR REFURBISHMENT OR READY-TO-MOVE-INTO!).

PROPERTIES WANTED FOR RENT
 CLIENTS WAITING!

LOS GIGANTES



Great 10,000sqm with fruit trees in Santiago del Teide council. It has an 80sqm house with beautiful views.

Ref: 723

€360,000

GUIA DE ISORA



Spectacular 4 bed villa (elevation 450metres plot size 2,000sqm) with own pool, lounge/dining area with open fire, American-style kitchen plus 2 bed, 1 bath guest apartment.

Ref: 1069

€545,000

PLAYA PARAISO



Wonderful 2 bed, 2 bath (1 en suite) duplex in exclusive complex with pools, park, and other amenities. The property is in a very good condition and has terrace with beautiful sea views.

Ref: 1139

€325,000

LAS AMERICAS



Beautiful fully furnished and equipped bungalow in the sought-after complex of Las Flores, with several pools. This property has lovely sea views and has its own parking space.

Ref: 1137

€380,000

GUIA DE ISORA



Ideal farm for cultivation. 25,000sqm with greenhouses, a large water tank, 120sqm warehouse, and small habitable space (40sqm). Fantastic views.

Ref: 1156

€370,000

SOUTH TENERIFE



We have a wide variety of fantastic fincas/plantations, arable land, greenhouses, water tanks etc., many ideal for living in or working as a business, and with wonderful views.

Ref: xx

From €370,000

ADEJE



Fully furnished and equipped 2 bed, 1 bath duplex apartment in Adeje on 2 floors with living room, kitchen, balcony and garage. Great location close to schools, supermarkets and leisure areas.

Ref: 1094

€158,000

ADEJE



Lovely 1 bed apartment with large terrace and nice views in very central complex (Jardin Botanico) with community pool.

Ref: 1122

€138,000

TAUCHO



Beautiful 3 bed, 3 bath (+WC) country house with pretty décor. The property has an isn interior patio and enjoys awesome sea views.

Ref: 317

€255,000

GUIA DE ISORA



Finca with 2 houses. Avocado trees in production. Lots of potential. 5,000sqm plot. Quiet area surrounded by fruit trees.

Ref: 1147

€270,000

GRANADILLA, EL DESIERTO



Beautiful, fully furnished detached country house (70sqm) on plot of 440sqm. The house comes has a special water filter providing drinking water as well as solar panels providing all electricity required. It is surrounded by gardens and has beautiful views.

Ref: 1152

€245,000

ARICO



Finca with house to reform. Fruit trees. Lovely views. 9,000sqm plot.

Ref: 1005

€98,000



EXCLUSIVE

TENERIFE PROPERTY SHOP S.L.

G.I.P.E. NO. 3722

Service

Security

! NEW !

4 BEDROOM DETACHED VILLA - GOLF DEL SUR



PRIVATE AND SPACIOUS



A wonderful opportunity to become the proud new owner of this four bedroom, four bathroom detached villa, set in an exclusive area of Golf Del Sur. From the first minute you enter the property it becomes very apparent that this Villa and the surrounding external areas have been meticulously planned and well thought out!

Ref: GOLF01633

Price: €690,000 (approx. £633,000)

info@tenerifepropertyshop.com

(0034) 922 714 700 / (0034) 922 715 064



Address: C/ Colon, C.C. Centro Playa, Local 9,
Puerto Colon, Las Americas, Adeje 38660
Phone: 922 719925
E: info@thepropertygallery.com

www.thepropertygallery.com



ACOJEJA



Country house on 740 m2 plot, with 5 bedrooms, 3 bathrooms. Built over 3 floors and many options as to use.

Ref: D2000

€326,000

LA QUINTA HEIGHTS, AMARILLA GOLF



Top floor apt with good views, American style kitchen, lounge-dining area, terrace, 1 bedroom and bathroom.

Ref: D2006

€420,000

MIRADOR DEL SUR, SAN EUGENIO ALTO



Lovely semi-detached 4 bed villa with private pool, terraces, garden, double garage, lovely coastal, sea and mountain views.

Ref: D1970

€420,000

NEW DEVELOPMENT!

**INSIGNE, ROKABELLA
*** LUXURY VILLA *****



- Single family villas with private pool
- 3 bedrooms all with en suite bathrooms
- Open plan kitchen and dining area
- Private entrance and lift
- Private garage
- Air conditioned

Ref: D1842

from €849,000

LAS AMERICAS, LAS PALMERAS



2 Bedroom corner apt that enjoys spectacular panoramic & sea views. Heated swimming pool on the complex.

Ref: C1999

€700,000



**NEW CASHBACK
CAMPAIGN FOR
EXPATRIATE
CUSTOMERS!**

SAN EUGENIO ALTO



Stunning detached villa with constructed area of 695 m2 situated in elevated position with amazing views. Must be seen!

Ref: D1876

€1,950,000

independent modernised kitchen off, 2 bright and airy double ... For full information see website or contact:
Ref: 41957 | Crown Property Services | 922 176 883

Roque del Conde, Duplex
€265,000

2 bed · We offer for sale that penthouse of 75m2 in Roque del Conde, Troviscas Alto. The apartment consists of two bedrooms, two bathrooms, an open kitchen and a living room that reaches the terrace of 35m2 with incredible views of the Ocean. There is a parking space and storage. The community fee is 100€ per month (excl. water and electricity).
Ref: S1146 | FRINA Tenerife SL - Property Sales | 922 085 191

Las Americas, Apartment
€265,000

3 bed · 3 bedroom, 2 bedroom apartment in Palmeras Del Sur, located in the heart of San Eugenio Bajo.
Ref: I1292 | Tenerife Properties | 630 372702

San Eugenio Bajo, Apartment
€260,000

2 bed · We are happy to offer for sale a very nice two bedroom apartment on the popular complex of Island Village in San Eugenio. Consisting of 2 double bedrooms, 1 bathroom, open plan kitchen, spacious lounge and front terrace that benefit from all day sunshine. There are bars, shops, restaurants and local water park close by.
Ref: 7507C | Clear Blue Skies SL | 922 714 772

€249,999 - €150,000

San Eugenio Bajo, Bungalow
€249,000

2 bed · Charming 2 bedroom, 1 bathroom bungalow located on the sought-after and very centrally situated complex of Parque San Eugenio. This gated, residential complex benefits from having 2 x entrances, one on Avenida de Los Pueblos and the other that leads out onto the walkway that takes you directly down into Troviscas and through to the beach. This is a quiet... For full information see website or contact:
Ref: T1124 | Tenerife Properties | 630 372702

Torviscas Bajo, Apartment
€248,000

1 bed · Lovely, fully renovated and furnished 1 bed, 1 bath 4th floor apartment on popular holiday complex with pool, located close to the sea front and all amenities. The property, which enjoys sea views, has a lounge/diner, an open plan kitchen and a large, sunny, south west-facing terrace. The complex has a 24-hour reception, pool bar and restaurant.
Ref: S-01 1397 | Tenerife Prime Property | 922 703 725

San Eugenio Alto, Townhouse
€230,000

2 bed · Location: Residential Area, Popular urbanisation Views: Sea Rooms: Hall/Entrance, Open plan kitchen, Fitted wardrobes, Lounge and dining area Quality: Furnished, Immaculate condition, Well presented Features: Satellite system, Security shutters Outside: Sunny Terrace Parking: Private garage
Ref: 2TH3414 | Hofman Estates | 922 777 747

San Eugenio Bajo, Apartment
€229,000

1 bed · Location: Central, Close to amenities, Gated community, Popular urbanisation, Second line to the beach, Touristic Area Close to: Beach, Harbour, Restaurants/Bars/Cafes, Transport, Shops Views: Sea, La Gomera Quality: Open plan kitchen Quality: Furnished, Well presented,

Renovated Outside: Sunny Terrace Parking: Street parking Community facil... For full information see website or contact:
Ref: 1A3375 | Hofman Estates | 922 777 747

Torviscas Bajo, Apartment
€220,000

1 bed · Location: Touristic area, Close to shops, Close to the beach, Close to the harbour, Central, Close to town, Close to amenities, Close to transport, Close to restaurants/bars/cafes. Views: Pool, Sea. Additional: Viewing recommended. Rooms: Fitted wardrobes, Lounge and dining area, American style kitchen, Bathroom. Features: Air conditioning. Outside: Sunny... For full information see website or contact:
Ref: 557-A1 | Island Estates | 922 790 767

Las Americas, Duplex
€189,000

1 bed · We offer for sale this duplex apartment 55m2 in the complex Cortijo, Las Americas. The apartment has two floors on the top floor is a bedroom and a bathroom. The ground floor consists of a kitchenette, a living room and a terrace. The furniture is included. The community has a swimming pool and the parking is communal, too. The apartment is only a walk of... For full information see website or contact:
Ref: S1088 | FRINA Tenerife SL - Property Sales | 922 085 191

Torviscas Bajo, Apartment
€179,500

1 bed · Lovely, well maintained 1 bed, 1 bath apartment being sold fully furnished with lounge and American style fully fitted kitchen. There is a 10sqm terrace and community swimming pool.
Ref: S-01 1368 | Tenerife Prime Property | 922 703 725

San Eugenio Bajo, Apartment
€175,000

1 bed · 1 bedroom bungalow with a large terrace for sale in San Eugenio Bajo. Excellent location near shops and restaurants and only a short walk from the Puerto Colon beach and marina.
Ref: BU102-HP | Tenerife Belfin Properties | 692 146808

Torviscas Alto, Apartment
€175,000

1 bed · For sale this 64m2 apartment in the Balcón del Atlantico complex, San Eugenio Alto. The apartment consists of one bedroom, a bathroom, an open kitchen with living room and a 12m2 balcony. The complex has a community pool. The community fee is 55€ per month.
Ref: S1139 | FRINA Tenerife SL - Property Sales | 922 085 191

Las Americas, Apartment
€170,000

1 bed · Location: Gated community, Close to restaurants/bars/cafes, Popular urbanisation, Close to shops, Touristic area, Close to the beach, Central, Close to town, Close to amenities, Close to transport, Close to medical facilities. Views: Pool, Sea. Additional: Viewing recommended. Rooms: American style kitchen, Bathroom, Fitted wardrobes, Lounge and din... For full information see website or contact:
Ref: 585-A1 | Island Estates | 922 790 767

San Eugenio Alto, Apartment
€165,000

1 bed · Lovely apartment in the Malibu Park complex, San Eugenio Alto. It consists of a bedroom, kitchen, lounge, bathroom and a large terrace with stunning views of Mount Teide. The complex has a swimming pool, and a bar/restaurant.
Ref: S1028 | FRINA Tenerife SL - Property Sales | 922 085 191

San Eugenio Alto, Studio

€160,000

FRINA Tenerife Properties has this great studio apartment for sale in Torviscas Alto. The studio apartment is built 2000 but is kept in good condition and with modern furniture. It is located in Ocean View Apartments that is a lovely complex with a community pool.
Ref: S1251 | FRINA Tenerife SL - Property Sales | 922 085 191

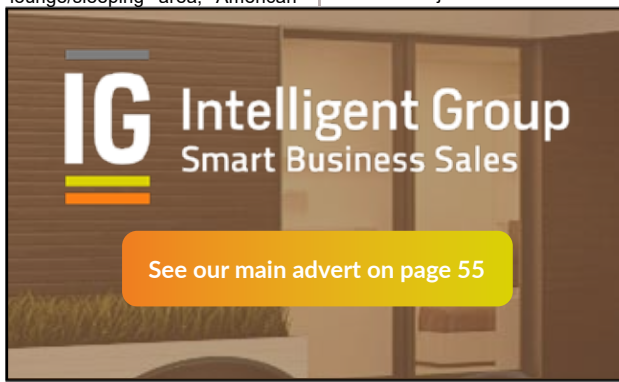
€149,999 - €100,000

San Eugenio Bajo, Apartment
€147,000

Great studio apartment for sale in the Olympia complex in Las Americas. Excellent location as near all services and only a short stroll from the beach. The apartment has been refurbished and has a lovely sunny balcony with views to the sea.
Ref: ST112-HP | Tenerife Belfin Properties | 692 146808

San Eugenio Alto, Studio
€134,950

Very nice, fully furnished and equipped studio apartment on popular holiday complex with lovely heated pool and close to all amenities. The property has a lounge/sleeping area, American-



style fitted kitchen and good-sized, sunny terrace with sea views. Community fees €75 per month.
Ref: S-00 1402 | Tenerife Prime Property | 922 703 725

San Eugenio Alto, Studio
€130,000

We offer for sale this studio 35m2 in the second floor in the complex Malibu Park, San Eugenio. The studio has one bathroom, a fully furnished and equipped kitchen, and the livingroom/sleeping area which lead to a terrace of 9m2. From the terrace you have sea

Cristianos Area

OVER €350,000

Los Cristianos, Villa
€1,180,000

4 bed · An immaculate, exclusive and top quality villa in a recently completed residential complex. The villa has been redesigned by its sole owner, converting one of the dining rooms into a separate apartment with its separate kitchen, living room, bedroom and separate bathroom. What makes this setup, perfect for guests or friends. The property is sold fully fur... For full information see website or contact:
Ref: 7487 | Clear Blue Skies SL | 922 714 772

€349,999 - €250,000

Los Cristianos, Apartment
€277,950

2 bed · Extremely rare opportunity to purchase a spacious 2 bedroom apartment on the residential complex Los Alamos in Los Cristianos just 150m from the

golden Las Vistas beach. Internally the apartment has undergone more or less a complete refurbishment since the current owner purchased the property 18 years ago. new items include, ceiling fans, new double glazi... For full information see website or contact:
Ref: 42087 | Crown Property Services | 922 176 883

€249,999 - €150,000

Los Cristianos, Apartment
€240,000

Tenerife Prime Property

Tel: 922 703 725 / 627 230 360
Email: carolhale.tpp@gmail.com
Web: www.tenerifeproperty.com

views. The complex offers a communal swimming pool. The community fees is 80€ per month.
Ref: S1123 | FRINA Tenerife SL - Property Sales | 922 085 191

San Eugenio Alto, Apartment
€130,000

1 bed · Good price 1 bedroom apartment for sale in the popular Laguna Park 2 complex. The apartment consists of 1 bedroom, bathroom, open plan kitchen and a lounge and a terrace. Great holiday complex with a large pool area, pool bar and tennis court. There is also a minimarket on site. Great holiday apartment.
Ref: AP122-HP | Tenerife Belfin Properties | 692 146808

Los

very well situated, it has one bedroom, a bathroom, semi-open kitchen and living room with access to the terrace. There is also a parking space and a cellar inclu... For full information see website or contact:
Ref: ROA1129 Sharon | 2nd Home Tenerife |

Los Cristianos, Duplex Penthouse
€195,950

1 bed · Fully refurbished, part furnished, 1 bed, 1 bath penthouse apartment on sought after complex. This spacious property (c50sqm) has an open plan lounge/kitchen/diner with feature breakfast bar with 13sqm sunny terrace with sea views off. Well-kept complex with 2 swimming pools and reception area.
Ref: 965 | Tenerife Prime Property | 922 703 725

Los Cristianos, Apartment
€189,950

2 bed · A fantastic 2 bedroom 2 bathroom apartment on the very popular holiday complex of Beverly Hills Suites in Los Cristianos. The apartment is on the top floor with stunning coastal and resort views from the double terrace. The property consists of 2 large double bedrooms master ensuite with a 2nd guest bathroom. Open plan American style kitchen, spacious lou... For full information see website or contact:
Ref: 7329 | Clear Blue Skies SL | 922 714 772

Los Cristianos, Duplex
€180,000

2 bed · Duplex apartment with two bedrooms and two bathrooms in Castle Harbour. Good sized living room with kitchen area and nice balcony from the living room area. This is an ideal investment property or for a holiday home. There is a 24 hour reception, laundry, pool bar and large community swimming pool. There is also an on site management company allowing holi... For full information see website or contact:
Ref: DUP0512 | Tenerife Island Rentals and Buy Tenerife | 922 797 438

Los Cristianos, Apartment
€165,000

1 bed · Castle Harbour is a well maintained touristic complex in a popular area of Los Cristianos, the apartment is fully furnished and offers a twin bedroom with fitted wardrobes, bathroom, open plan fitted kitchen and lounge. The sunny balcony enjoys a view over the pool & out to sea. Many on site facilities including reception, heated swimming pool, lift to al... For full information see website or contact:
Ref: 7654 | Clear Blue Skies SL | 922 714 772

Los Cristianos, Apartment
€165,000

1 bed · We are pleased to offer this bright spacious apartment in the complex Rosamar, Los Cristianos. This is a one bedroom apartment with a living and terrace space of 47m2, comprising one double bedroom, bathroom, American style kitchen, living and dining room leading to the terrace with lovely views.
Ref: S1023 | FRINA Tenerife SL - Property Sales | 922 085 191

Los Cristianos, Duplex Penthouse
€160,000

1 bed · Bright and spacious one bedroom 60m2 duplex located on the top floor of the Castle Harbour complex, Los Cristianos. The apartment has two floors: on the ground floor there is a spacious living room with a glazed terrace overlooking the pool and the city, an equipped open kitchen (washing machine, dishwasher, built-in refrigerator) and a bathroom. On the s... For full information see

website or contact:
Ref: S1079 | FRINA Tenerife SL - Property Sales | 922 085 191

€149,999 - €100,000

Los Cristianos, Apartment
€117,000

1 bed · This is a very nice reformed one bedroom apartment in the complex Garajonay 2, Los Cristianos. With 47m2 of living space and a 5m2 balcony.
Ref: S873 | FRINA Tenerife SL - Property Sales | 922 085

Tenerife East Area

Malpais, Townhouse
€225,000

3 bed · Location: Quiet location, Rural location. Views: Mountain, Sea. Additional: Development possibilities. Rooms: Dining room, Independent kitchen, Lounge and dining area, Bathroom. Quality: Rustic style, Spacious, Charming property, Furnished. Outside: Various gardens, Various terraces, Large roof terrace, Large terrace, Various balconies. Parking: Ample pri... For full information see website or contact:
Ref: 554-V3 | Island Estates | 922 790 767

Candelaria, Rural Property
€225,000

3 bed · Lovingly restored, fully furnished and equipped 3 bedroom Canarian house (170sqm) with 2,700sqm of land (500sqm in gardens with fruit trees/vegetables and a hen coop/run with 15 laying hens). The house comprises a large lounge/dining room, separate kitchen, large bathroom, 50sqm East-facing sun terrace, an electrically-operated garage and a large roof ter... For full information see website or contact:
Ref: S-03 1155 | Tenerife Prime Property | 922 703 725

Guimar, Finca
€140,000

3 bed · This fantastic property is built on a plot of land measuring just over 6000m2 with outbuilding. The main house consists of three bedrooms, all with spectacular views, a small bathroom with shower unit, kitchen and living room. The property can be lived in but does need some modernising. There is also a very large storeroom underneath the house on the same... For full information see website or contact:
Ref: MAS0549 | Tenerife Island Rentals and Buy Tenerife | 922 797 438

Tenerife North

OVER €350,000

Puerto de La Cruz, Villa
€448,000

4 bed · This property is located very near to the touristic city center of Puerto de la Cruz. The main square "Plaza del Charco" can be reached in less than 10 minutes by foot. Everything can be found just around the corner, restaurants, bus stops, etc. The house has a total of 210 square meters of constructed area built on a 812 square meter plot and is divide... For full information see website or contact:
Ref: R1490V | Agata's Real Estate |

Los Realejos, Villa
€420,000

6 bed · Villa with its own large plot



VYM CANARIAS – December 20

Luxury Villa in Golf del Sur



We are pleased to offer for sale a unique villa surrounded by gardens and on the first line from the ocean. Plot of land 3709m2. Contact us for more information

€3,675,000

Ref: VS7115D

Villa in Roque del Conde



The villa was built in a modern style. The house consists of 2 floors plus a basement where there is a garage for 5 cars. Plot area 750m2, living area 270m2.

€1,295,000

Ref: VS7202

Los Cristianos, Portonovo



Corner townhouse with 3 bedrooms, 3 bathrooms, large living room and open-plan kitchen. Pool, terraces, solarium with beautiful views. Garage of 62m2.

€749,000

Ref: VS7249DN

Villa in La Caleta



Amazingly beautiful villa located in the most exclusive area of Tenerife - La Caleta Golf, on a quiet street surrounded by greenery and flowers, from where you can enjoy a beautiful view of the ocean, golf courses and mountains.

€1,100,000

Ref: VS7176D

La Caleta, Magnolia Golf Resort



Luxury apartment with a large terrace and a garden with mountain and ocean view. 3 bedrooms, 2 bathrooms, open-plan kitchen with a living room. Fully furnished.

€650,000

Ref: VS6826D

Los Cristianos

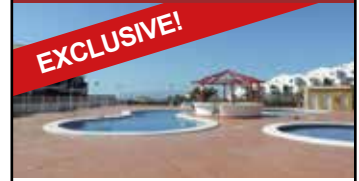


Apartment next to the beach. The apartment consists of 3 bedrooms, 2 bathrooms, open kitchen and balcony. It is fully furnished and renovated.

€279,000

Ref: VS7203DN

Callao Salvaje, San Francisco



Opportunity!!! Townhouse with 2 bedrooms, 2 bathrooms, kitchen and living room with opens to a large private terrace. Garage with direct access to the house. Pool in the complex.

€235,000

Ref: VS7093DE

Amarilla Golf, Fairways Club



One bedroom apartment with bathroom, open plan living room with fitted kitchen and terrace with fabulous views. Famous complex with the pool, bar community parking.

€139,000

Ref: VS7085D

Paraiso del Palm Mar, Palm Mar



Nice ground floor apartment with a terrace and a garden, Pool in the complex. Beautiful location. Possible to buy parking space.

€151,620

Ref: VS7233D

El Cortijo, Playa de las Americas



Investment! Apartment-duplex. 1 bedroom with wardrobe, bathroom, American-style kitchen with living room and spacious terrace. Parking and pool in the complex. Quiet area

€207,000

Ref: VS7024D

Oasis La Caleta, La Caleta



One bedroom apartment in this beautiful complex in the prestigious La Caleta area near lots of restaurants and beaches. There is a pool in the complex.

€250,000

Ref: VS7229D

Valdisole, Callao Salvaje



Corner townhouse with the garden in a very quiet area. There are 2 bedrooms, 2 bathrooms, private garden and solarium with panoramic view. Garage.

€220,000

Ref: VS7236D

Principal Office: C.C. Victoria Tenerife Sur, Local 1, C/ Republica de Panama, 1, LAS AMERICAS, 38660, Adeje



Tel: 922 787 210 / 635 881 888

Email: info@vymcanarias.com · Web: www.tenerifecenter.com

Playa Paraiso: 922 713 395, email: playaparaíso@vymcanarias.com

Golf del Sur: 922 455 874, email: golfdelsur@vymcanarias.com

Callao Salvaje: 922 717 663, email: callaosalvaje@vymcanarias.com

El Duque: 922 547 611, email: elduque@vymcanarias.com



Avda Londres 1, Sur y Sol, Local 1
Los Cristianos, Arona 38650

Office: 922 797 438 / 922 751 587
Mobile: (00 34) 673 778 700

www.tenerifeislandrentals.com
info@tenerifeislandrentals.com



Tenerife Island Rentals & Buy Tenerife

Sales

CHIO, GUÍA DE ISORA



Beautiful property with stunning views to the neighbouring island of La Gomera and to Mount Teide. On entering the property you find a secluded courtyard with outdoor eating area. Leading from the terrace you enter a spacious dining room which then leads to a stunning living room with wooden vaulted ceiling and patio doors to the terrace. There is a separate fitted kitchen off the dining room. On the ground floor there is a large double bedroom and a bathroom with walk-in shower and a storeroom. On the upper floor there are two bedrooms, the master has a wooden vaulted ceiling. Both bedrooms have balconies and plenty of storage space. Lots of outdoor space with an additional plot of urban land of 200m² to be developed.

Ref: MAS0603

€299,000

VALLE SAN LORENZO



This townhouse is located in a quiet area of Valle San Lorenzo and only five minutes to the main road of the town. Distributed over two floors. On the ground floor there is an integrated garage, a room with direct access to the garden, a bathroom and two walk in cupboards. Leaving the ground floor there is a patio with stairs to the upper floor. Upstairs there is a kitchen, living room, bedroom, bathroom and terrace with sea views. There is a roof terrace that covers the entire property with views of the sea and mountains. It has a large garden of approximately 200m² with a parking space. Impressive house with many possibilities.

Ref: ADO0592

€179,995

EDIFICIO AMANECER, ADEJE



Nice two bedroom apartment in a central location of Adeje, double bedroom and single bedroom. Good size living room with American style kitchen, bathroom with shower unit and small Juliette balcony. There is lift access to the apartment and the El Galeon shopping centre is located within a five minute walk from the apartment. This is an excellent investment opportunity or starter home.

Ref: APO604

€130,000

PARAISO DEL SOL, PLAYA PARAISO



Nice ground floor apartment overlooking the communal pool and garden. It consists of two spacious bedrooms, a bathroom with a jacuzzi bathtub, an independent equipped kitchen and a living-dining room with access to the 10m² terrace. Close to the CC Rosa de Playa Paraíso with shops, supermarket and restaurants and about a five minute walk to the beach. Residents' parking.

Ref: AP0595

€152,250

EL RINCON, LOS CRISTIANOS



Fantastic ground floor garden apartment in sought after complex in Los Cristianos. Very large bedroom with patio doors to the terrace and fitted wardrobes, large living dining room and American style kitchen. Large bathroom with twin sinks, walk in shower unit and separate bath tub. Garden area of 79m² with automatic watering system. International TV channels, community swimming pool, garage and storeroom. Electric sunblinds, outdoor eating area. Sold fully furnished.

Ref: AP0588

€279,995

PARADISE CLUB, TORVISCAS ALTO



Beautifully presented apartment in the very popular complex. This property has a very large living room with American style kitchen with patio doors leading to a good sized balcony with views to the swimming pool and sea. There are two good sized double bedrooms and a further smaller room leading from the second bedroom, ideal for families with small children. The master bedroom has an ensuite bathroom and there is a second bathroom beside the second bedroom. Fitted wardrobes in each room with plenty of storage. It can be rented for holiday rentals and already has bookings making this a fantastic investment property. Sold fully furnished and in immaculate condition. There is a large pool on the complex and is close to amenities.

Ref: AP0590

€245,000

DO YOU FEEL CONFIDENT WHEN BUYING OR SELLING A PROPERTY?



We have the largest network of Real Estate Agencies in the South of Tenerife - **32 offices** and more than **150 sales agents** all able to offer your property at the same time!

THE ASSOCIATION COUNTS ON EXPERIENCED LAWYERS AND TAX ADVISERS IN THE SOUTH OF TENERIFE.

IF YOU WOULD LIKE TO BUY, SELL, OR RENT A PROPERTY WITH COMPLETE CONFIDENCE, PLEASE DO NOT HESITATE TO CONTACT ANY OF OUR ASSOCIATION MEMBERS.

CALL US! WE HAVE BUYERS WAITING!

Alliance Group Hofman Estates S.L. – 922 777 747
 Amulet Property Development Group – 922 083 415
 Atlantic Properties – 922 795 560
 Belfin Property – 692 146 808
 Canarias Global Invest – 922 791 951
 Castle Properties – 922 718 425
 Compas Inmobiliaria – 922 702 504
 DAM Tenerife – 922 788 331
 Deknock – 658 905 539
 Gigi Inmobiliaria – 922 734 151

InmoCarolina 2006 Real Estate – 922 717 389
 Los Menceyes Properties – 922 732 173
 Luxury World Properties SLU – 922 791 081
 Melisofi Consulting S.L. – 922 788 125
 Paul Ruane-Los Gigantes Properties – 922 861 313
 Premier Properties Tenerife – 695 822 120
 Property Center Q-Rort Canarias – 607 775 394
 Remax Ideal Homes – 678 586 099
 San Eugenio Real Estate – 922 719 941
 Smilo Properties – 661 357 611

Tenerife Properties for Sale (Belgaten SL) – 607 387 545
 Tenerifehome – 922 783 066
 Tenerife Property Partners – 922 707 205
 Tropical Country House – 922 719 643
 Tenerife Property Shop – 922 714 700
 TPN Tenerife – 672 142 237
 Visaverde CSSL – 922 794 214
 Vym Canarias - 922 787 210
 Wady Properties – 922 712 254

TENERIFE SOUTH REAL ESTATE ASSOCIATION

Avda. Antonio Dominguez No 5,
C.C. ZentralCenter, 5th Floor, Office 2,
PLAYA DE LAS AMERICAS 38660
(Asesores: Laynez & Fornies)

INTEGRITY · SECURITY · TRANSPARENCY



T: (0034) 922 732862
M:(0034) 683 190 977
info@rdproptiestenerife.com



Calle Luis Alvarez Cruz,
nº6, Edf Bahia Azul, Local 8C
Las Galletas - Next to post office

MUCHAS GRACIAS - THANK YOU - GRAZIE - AČIŪ - DANK JE



William and Karena

We retired in 2017 and decided to purchase a property in Tenerife. We approached RD Properties for advice as they had been highly recommended. We told them what we were looking for and they found us a property which suited our requirements. We were more than happy with the service they supplied and they took care of all the legal requirements and accompanied us to the Notary on the day of sale.



Benny and Nancy

Wij willen jullie kantoor bedanken voor de goeie diensten die jullie ons hebben geboden bij de aankoop van onze appartementen. Met deze wensen we jullie een zalig kerstfeest en een gelukkig nieuwjaar. In deze moeilijke corona tijden wensen wij jullie nog veel succes met jullie zaak.



Nancy

RD Properties is more than just selling. The team is professional, helpful, friendly and truly cares. They do everything they can to find the perfect property match and assist you from start to end. RD properties has all the necessary knowledge and expertise in the house to make sure that every project is handled outstandingly. Highly recommended!



Elvyra

RD Properties dėka mes įsigijome du apartamentus Tenerifėje. Esame labai dėkingi Danny ir jo komandai už geranorišką ir profesionalią pagalbą visame pirkimo procese ir tvarkant susijusią dokumentaciją. Tai labai kompetetingi, patikimi, atsakingi žmonės, į kuriuos pagalbos ir patarimų kreipiamės iki šiol. Labai rekomenduojame!"



Guido and Giovanna

Che bello aver trovato a Tenerife una bellissima casa e un gruppo di amici.



Fabio, Kayleigh, and Danny

2020! What a year! I'm sure most of us would like erase it from our memories and start fresh in 2021!

Here at RD Properties and Tenerife Vista Mare we always like strive to approach to every obstacle with positivity, but with all the uncertainty we have faced this year if we hadn't been surrounded with the support and joy of people, who were clients but are now are part of one big family, we would have truly struggled to maintain that approach. With that in mind, we would like to take this opportunity to thank each and every one of them for their support, positivity and trust in us. We would also like to thank all of our collaborating agents whom we have worked with in the past and continue to work with, you know who you are. Here is to 2021, stay strong everybody. Merry Christmas and Happy New Year.



Raimondo and Maria

Disponibili in tutto e con il miglior caffè' italiano dell'isola. Vi vogliamo bene.



John and Ann

We are so pleased with the service we received from Danny and Team, they always make us feel welcome. Thank you all.



Rita and Michele

La professionalità, la serietà e l'efficienza operativa, sempre riscontrate nelle persone di Fabio e Danny titolari rispettivamente delle agenzie immobiliari Tenerife Vista Mare e RD Properties, sono condizioni che danno un'elevata caratura difficilmente eguagliabile.



Marco and Alda

Siamo entrati in agenzia a chiedere una informazione e in pochi mesi fine abbiamo 4 proprieta'. Abbiamo trovato un team di persone competenti, gentili e ci siamo meravigliati della disponibilita' che hanno dimostrato anche nel post vendita. Da un rapporto di lavoro e' nata anche una bella amicizia.



+34 922 737 044 info@homesandaway.com
 Local 31, CC San Blas, GOLF DEL SUR, Tenerife www.homesandaway.com

SALES

AMARILLA GOLF



Well-presented, 3 bed, 2 bath apartment with secure private garage on sought after residential complex.

€329,000

GOLF DEL SUR



A rare opportunity to purchase this totally refurbished 3 bed, 3 bath end terrace chalet-bungalow situated in a sought after location. A must to view! views and driveway. Ideal family home.

€285,000

LONG TERM RENTALS

GOLF DEL SUR



Spacious 1 bed apartment on residential complex with stunning golf, sea and Montaña Roja views. Includes wifi and utilities.

€750 per month

GOLF DEL SUR



2nd floor, 3 bed, 2 bath apartment in complex with lifts and popular international bowling complex. Close to all amenities.

€850 per month

GOLF DEL SUR



Spacious 1 bed apartment overlooking the pool on popular residential complex. Quiet location.

€750 per month

LOS CRISTIANOS



3 bed, 3 bath townhouse with large lock-up garage and trastero, overlooking the ocean. Water and electricity bills NOT included.

€1,650 per month

GOLF DEL SUR



Nicely presented, 1 bed apartment with good sea and marina views. Includes garage space.

€650 per month

COSTA DEL SILENCIO



Lovely 2 bed, 1 bath semi-furnished apartment on well-maintained complex.

€675 per month

GOLF DEL SUR



1 bed, 2 bath 2nd floor spacious apartment situated on popular bowling complex. Elevator.

€700 per month

SOTAVENTO



Spacious 2 bed, 3 bath townhouse with integral double garage. Residential complex with swimming pool & tennis courts. Close to the beach, main transport links & La Tejita commercial centre. UNFURNISHED.

€875 per month



Inmobiliaria - Estate Agent

Homes & Away



+34 922 737 044 info@homesandaway.com

Local 31, CC San Blas, GOLF DEL SUR, Tenerife www.homesandaway.com

SALES

GOLF DEL SUR



Well presented three bed, two bath villa with garden, two terraces and a sea view situated on a popular residential complex close to all amenities

€285,000

AMARILLA GOLF



Lovely refurbished two bed duplex apartment in popular residential complex. Close to all local amenities and a short walk to the sea. Backing the golf course

€149,500

AMARILLA GOLF



Light and spacious refurbished 2 bed apartment with large terrace and roof terrace giving fantastic sea, pool and mountain views. Situated in an ideal quiet garden location close to the pool.

€199,000

AMARILLA GOLF



Very spacious second floor 2 bed, apartment with enclosed terrace. Good pool, garden and golf course views.

£129,000 Sterling

GOLF DEL SUR



Prime location, top floor, one bedroom apartment with west-facing terrace offering afternoon sun and beautiful 180° views to the sea, golf course and Mount Teide. Reduced for a quick sale!

£108,000 Sterling

AMARILLA GOLF



Ground floor one bed apartment with large terrace, close to the pool and the golf course. Excellent rental investment.

€125,000

AMARILLA GOLF



Beautifully refurbished, ground floor apartment with stunning marina views.

€158,000

AMARILLA GOLF



Substantial detached 3 bed, 2 bath villa with private pool in a highly sought after location with exceptional sea views and overlooking the golf course.

€425,000

AMARILLA GOLF



Spacious refurbished 1 bed apartment in quiet location backing the golf course with mountain views. Close to the pool. Popular holiday complex.

€125,000

Tenerife Prime Property

Golf del Sur, Pueblo Primavera



Fully furnished 2 bed, 2 bath end-of-terrace duplex apartment with lovely sea and mountain views. The property has a lounge/dining area, American-style fitted kitchen and two sunny terraces. Great rental potential.

S-02 1416

€199,000



PROPERTIES IN ALL AREAS REQUIRED FOR LONG TERM RENTAL - CLIENTS WAITING!

Amarilla Golf, Pinehurst 1 bed



Fully refurbished 1 bed, 1 bath apartment on 2nd floor with golf and sea views. There is a community pool and bar/restaurant.

S-01 1400

€132,000

Amarilla Golf, Fairways Club



Lovely, fully renovated, furnished and equipped 1 bed, 1 bath apartment on popular, sought after holiday complex with beautiful pool and pool bar area.

S-01 1405

€125,000

Golf del Sur, Las Adelfas I



Large fully refurbished, unfurnished 2 bed, 2 bath (master en suite) bungalow-style property on touristic complex with heated pool and restaurant. Huge rear garden and roof terrace with sea views.

S-02 1382

€269,000

Amarilla Golf, Augusta Park



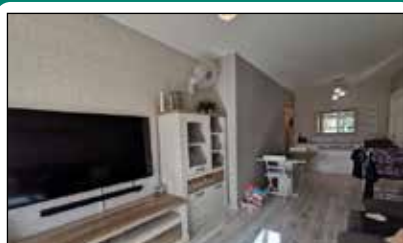
GREATLY REDUCED!

Beautiful, fully refurbished and furnished 1 bed, 1 bath, ground floor apartment on popular complex with pool. Extras include air con and electric shutters.

S-01 1354

€145,000

Llano del Camello, La Concepcion



Fully furnished 2 bed, 2 bath (1 en suite) 1st floor apartment with separate kitchen and sunny terrace overlooking the community pool. Easy off-street parking.

S-02 1430

€159,995

Los Cristianos, Parque Tropical II



GREAT PRICE!

2 bed, 2 bath duplex apartment in need of refurbishment on sought after complex with pool near Los Cristianos sea front. Small front garden, 2 terraces.

S-02 1150

€250,000

Golf del Sur, Terrazas de Paz



Fully refurbished ground floor 1 bed, 1 bath apartment with good sized terrace on sought after complex with pool. Close to all amenities.

S-01 1413

€115,000

Golf del Sur, Sand Club



Beautifully presented, fully furnished and refurbished, 2 bed, 1 bath apartment on complex with community pool. Close to amenities.

S-02 1421

€185,000

Tel: 922 703 725 / 627 230 360

carolhale.tpp@gmail.com • tenerifeproperty.com



Tenerife Prime Property

Amarilla Golf, Augusta Park

€120,000
NEGOTIABLE



Part-furnished 1 bed, 1 bath ground floor apartment on sought after complex with lovely pool area. The property has a lounge/diner, American-style fitted kitchen, interior patio and sunny front terrace with views to the pool.

REF: S-01 1426

PROPERTIES IN ALL AREAS REQUIRED FOR LONG TERM RENTAL - CLIENTS WAITING!

Golf del Sur, The Palms



Beautiful 2 bed, 2 bath apartment with 2 terraces, one with sea view on popular complex with pool and bar/restaurant.

S-02 1423

€283,500

Las Chafiras, Edf. Fabio



Spacious, fully refurbished and furnished 2 bed, 1 bath apartment. New floors throughout and new American-style kitchen. Includes garage and storeroom.

S-02 1422

€125,950

Valle San Lorenzo, 3 bed apt



Lovely, brand new, fully furnished 3 bed, 2 bath (1 en suite) apartment with separate laundry and storeroom.

S-03 1420

€130,000

Amarilla Golf, Sun Bay Villas



Beautiful, fully furnished, 3 bed, 3 bath (1 en suite) linked villa in a great location close to the sea front. There is a large terrace and private plunge pool at the rear enjoying all day sun.

S-03 1434

€350,000

Sotavento, Las Terrazas de Sotavento

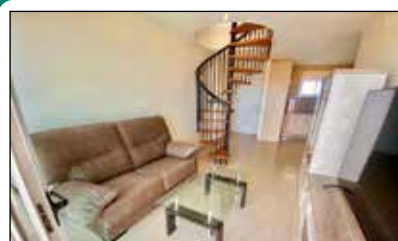


Brand new, spacious, part-furnished, 2 bed, 2 bath apartment in sought after complex with pool. Close to all amenities and the sea front.

S-02 1431

€219,000

Golf del Sur, Edf. Cañadas



A selection of brand new, unfurnished 1 bed, 1 bath apartments in complex with pool and parking.

S-01 1417

PRICES FROM €125,000

Tenbel, Primavera



Ground floor 1 bed, 1 bath apartment in popular complex with pool. Extras include security grilles.

S-01 1414

€85,000

San Eugenio, Bellavista



Luxurious, completely renovated, 6 bed, 5 bath (3 en suite) villa with private pool. Extras include marble floors, designer kitchen, security blinds, games room and aircon throughout. The large roof terrace enjoys stunning sea views.

S-06 1432

€725,000

Tel: 922 703 725 / 627 230 360

carolhale.tpp@gmail.com • tenerifeproperty.com

TENERIFE'S FAVOURITE BRITISH BAKERS



CROQUANT

BRITISH BAKERY & COFFEE SHOPS



IT'S OFFICIAL!

We're **THE BEST** bakery in Tenerife!



Ample free parking

Fresh coffee and snacks on our outside terraces in Los Cristianos and Las Chafiras

Daily Specials

BOTH SHOPS OPEN DAILY FROM 7.00AM - 9.00PM (MONDAY - SATURDAY), AND 8.00AM - 3.30PM (SUNDAYS)

FIND US AT:

LOS CRISTIANOS:
Avenida Los Playeros
(Main street)
Tel: 922 798 133

LAS CHAFIRAS:
Fundadores
Co-operativa
No. 74

FRESH, NOT FROZEN!

A huge assortment of breads, sausage rolls, quiches, cakes, freshly made sandwiches, hot toasties and wraps, all with a choice of fillings.

NOW AVAILABLE:

HOMEMADE
Toasted teacakes,
potato cakes and savouries
ALL FRESHLY BAKED
IN-STORE!



Baked under Licence - Hovis - **THE ORIGINAL, multi-seed granary bread!**

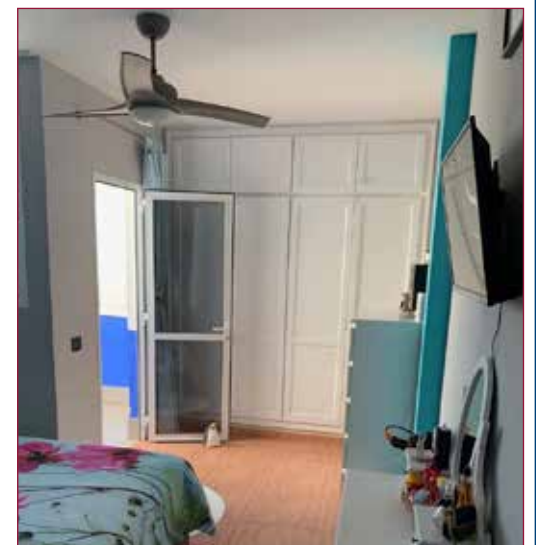
FOR SALE IN THE VILLAGE OF SAN MIGUEL

Price: €120,000



Part-furnished, fully renovated to a high standard, 2 bed (both double), 1 bath (with modern 'walk-in' shower), 2nd floor apartment in popular Canarian village. The property has a spacious lounge/dining area with newly glazed patio door, an American-style fully fitted kitchen, a small front balcony plus a rear balcony with stunning views of the coastline.

The village offers an excellent range of amenities - Doctors, chemists, schools and shops and is only a short drive to the TF-1 motorway, the coast and excellent shopping centres of Las Chafiras and Granadilla.



For more information, or to arrange a viewing, please call:
629 048 529



BECAUSE YOUR SMILE SHOWS WHO YOU ARE
**WE MAKE YOU LOOK
20 YEARS YOUNGER**
THIS WILL BE YOUR BEST DEAL



ZIRCONIUM CROWNS



High-performance material ensuring both an excellent quality for prosthetic medicine and for the high degree of bio-compatibility with the human body.

Dental Clinic



Medical Implant®

S w i s s C l i n i c
BERN | DUBAI | TENERIFE



ALL ON 4/6 PROSTHESIS



IN 48 hrs WE CHANGE YOUR SMILE
We change your life.
Quality and expertise.
Swiss guarantee.

+34 922 749 742
+34 682 851 304

Mon-Fri 8:00 - 20:00h
Sat 9:00 - 13:00h

Av. Los Abrigos 21 - 38618
Los Abrigos / Tenerife / Spain

info@dentalturismo.es
www.medicalimplant.es



Los Abrigos
www.studio4decor.com
Info@studio4decor.net
922 749 793 / 626 955 725

Studio 4 Decor

CURRENT OPENING HOURS
MONDAY – FRIDAY
10AM - 2PM / 3PM - 6PM
SATURDAY
10AM - 1PM

MAKING YOUR HOUSE A HOME



STUDIO4DECOR'S FABULOUS NEW SHOWROOM AND TERRACE FURNITURE SHOP IN LOS ABRIGOS ARE NOW OPEN FOR BUSINESS!

The Studio4decor team are waiting to help turn your house into a home. We have furniture to suit all tastes and budgets and an "On site" workshop making Bespoke Sofas, Headboards, Pelmetts and made-to-measure Curtains. We also now offer a great range of blinds, both electric and manual, and in our Exterior Furniture Showroom we have an extensive choice of Sunbeds, Sofa sets, Day beds, pots and artificial plants and much more. Call into the Showroom for a "no obligation" quote. We are on the main road into Los Abrigos Village from Las Chafiras Industrial Estate on the left-hand side. Let us turn your house into a home.

- ✓ Full re-upholstery service available
- ✓ Bespoke sofas, headboards and pelmetts
- ✓ Beautiful made-to-measure curtains
- ✓ 1,000's of fabric swatches to choose from

Call into our Los Abrigos Showroom (29 Calle La Marina, Edificio Bogavante) and let us help turn your ideas into reality.

Beautiful interiors at a price you can afford!

US dollar slumps to multi-year low amidst improving market mood

Staying on top of the latest currency news can help you time your transfers more effectively, so find out what you should be looking out for over the next couple of weeks...

The second half of November saw the market mood grow increasingly positive, resulting in further losses for the safe-haven US dollar. During this time, we've seen GBP/EUR fluctuate between 1.11 and 1.12 whilst EUR/GBP has held at 0.89. Meanwhile, GBP/USD has rallied from 1.31 to around 1.34, at the same time that EUR/USD has jumped from \$1.18 to \$1.19.

What's been happening?

A clear USD selling bias prevailed through the second half of November, with more positive coronavirus vaccine news, the beginning of the formal transition to the Biden presidency, and hopes for more US stimulus all contributing to an upbeat mood, which weighed on the safe-haven US dollar. This slump in the US dollar has directly benefitted the euro over the past couple of weeks due to the negative correlation between the pairing, allowing the single currency to accelerate in spite of some lacklustre data releases.

Meanwhile, the pound struggled to make any meaningful gains against the majority of its peers through the second half of November in response to Brexit anxiety.

What do you need to look out for?

Looking ahead, with less than a month left to negotiate a trade deal, talks between the UK and EU will be a key catalyst for the pound in December, with any setbacks likely to have disastrous consequences for Sterling.

Elsewhere we could see a third wave of coronavirus cases in the US take its toll on the US dollar, while EUR investors will be keeping an eye on European coronavirus statistics as more Eurozone countries look to ease restrictions.



At Currencies Direct, we're here to talk currency whenever you need us, so get in touch if you want to know more about the latest news or how it could impact your currency transfers. Since 1996, we've helped more than 325,000 customers with their currency transfers, just pop into your local Currencies Direct branch or give us a call to find out more.

Currencies Direct



+34 922 971 781

canaries@currenciesdirect.com
currenciesdirect.com



We're at your service

We always put our customers first. So whether you want to make your currency transfer over the phone, online or through our handy app, our expert team is on hand to help.

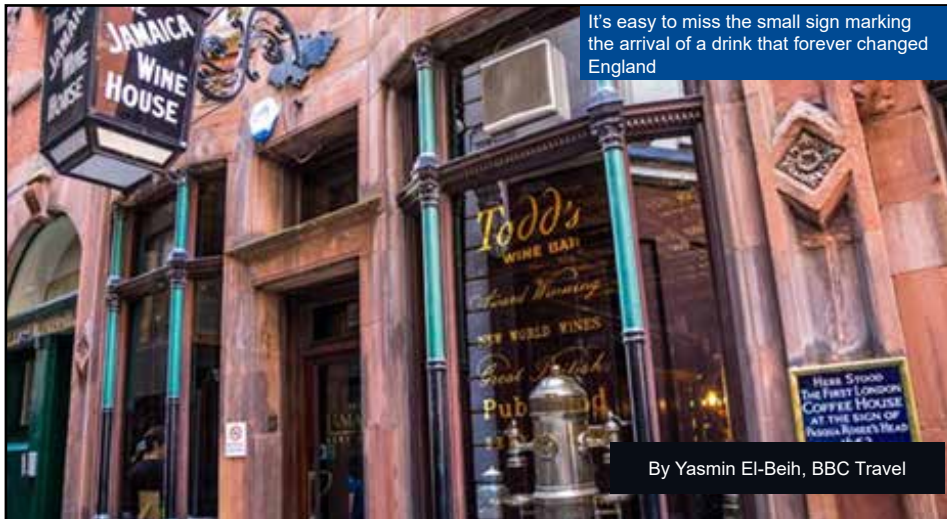
If you're buying foreign property, transferring a pension overseas or moving money home, we're here to make sure you always get a great deal.

Contact us for more information

Tenerife Calle Oregón 5, Residencial los Seres, Local 6,
Los Cristianos, Arona, 38650, Tenerife.

canaries@currenciesdirect.com
+34 922 971 781

currenciesdirect.com



By Yasmin El-Beih, BBC Travel

How coffee forever changed Britain

Coffeeshouses helped spread modern democracy, spur the Enlightenment and birth periodical literature. So why did King Charles II's cronies try to ban them?

Passers-by would be forgiven to miss the Pasqua Rosee plaque, tucked in an alley off the City of London's historical Cornhill ward. But if you walk past the cobbled streets of Leadenhall Market up to Cornhill and head into the alley behind the bank-turned-pub The Crosse Keys, you might spot a small framed sign heralding the arrival of a drink that forever changed Britain.

"Here stood the first London coffeeshouse at the sign of Pasqua Rosee's head, 1652," it reads. The commemorative ceramic tablet lies just outside the walls of the Victorian Jamaica Wine House in the heart of the labyrinthine St Michael's Alley.

Pasqua Rosee was an Armenian-born servant of a British merchant named Daniel Edwards employed by the Levant Company, which once monopolised England's trade with the Ottoman Empire. In

1652, Rosee opened a coffee-serving stall in St Michael's churchyard to entertain Edwards' guests. Edwards had grown weary of hosting guests in his home, and so Rosee's shed, conveniently located near the Royal Exchange centre of commerce, be-

came the go-to hub where

Coffee began to spread as a way for religious devotees to remain alert and worship until the early hours of the morning

Coffee's long journey to London started hundreds years earlier in the hills of



Coffee is believed to have spread from Ethiopia, where it helped religious devotees pray long into the night

came the go-to hub where London's merchants congregated each day. Within a year or two, Rosee had earned enough revenue from selling his energy-inducing drink to upgrade from a stall to a store

north-east Africa. According to Jeanette M Fregulia's book, *A Rich and Tantalizing Brew: A History of How Coffee Connected the World*, in the 9th Century, an Ethiopian goatherder named Kaldi noticed his

animals became particularly frolicsome once they'd nibbled on a certain berry bush, so he decided to try it himself. Once Kaldi tasted the plant, legend has it "poetry and song spilled out of him."

According to Judith Hawley, professor of 18th-Century literature at Royal Holloway, University of London, other variants of the tale describe an imam or monk coming across Kaldi after he'd eaten the berries, and noticing the plant's stimulating effects. After sampling the berries himself, the religious man stayed up and prayed long into the night. Soon, coffee began to spread as a way for religious devotees to remain alert and worship until the early hours of the morning.

"This was particularly important for Sufism, the very mystic strand of Islam... coffee is what made the dervishes whirl," Hawley explained.

By the 16th Century, coffee had reached Constantinople and became a staple in the Ottoman Em-

pires as spaces for businessmen to socialise. By 1663, less than a decade after Pasqua Rosee's stall first opened, there were 83

The explosion of coffeeshouses across London coincided with the build-up to the early Enlightenment period

Rosee's business experienced quick success, in part because it was situated in the city's budding commercial and financial centre. Morris' book explains how neighbouring tavern-keepers claimed Rosee was stealing their business, as merchants gathered to sip the stimulating drink under the awning of his stall, and later, inside his wood-panelled store.

London's coffee-drinking culture soon spread beyond St Michael's Alley, as coffeeshouses replaced tav-

erns as spaces for businessmen to socialise. By 1663, less than a decade after Pasqua Rosee's stall first opened, there were 83

coffeeshouses in London. These early coffeeshouses had an almost exclusively male clientele.

"I think [this emerged from] a desire for men to talk business – whether their business was law or trade or the new science," said Hawley. "Coffeeshouses provided a number of things that taverns didn't."

The king feared that coffee may provoke instigation or the plotting of violence against the throne

In a uniquely egalitarian model of sociability, men gathered around a long table at most coffeeshouses to talk business, but also to discuss news, politics and ideas. The explosion of coffeeshouses across London coincided with the build-up to the early Enlightenment period, and coffeeshouses played a key role in that.

"That mixture of news reading, discussion, sharing of ideas [was] absolutely crucial to the rapid spread of the coffeeshouse during a period of rapid rise of knowledge," Hawley explained. It was also the birthplace of periodical literature in England, where by Hawley said "the coffeeshouse was put on paper" in the form of essays. The periodicals *Tatler* and *The Spectator* were founded in 1709 and 1711, respective-

The first coffee sold in London was from stalls, which eventually transformed into indoor cafes



Coffeeshouses were a staple in the Ottoman Empire, where they developed as spaces for men to meet, relax and trade

erns as spaces for businessmen to socialise. By 1663, less than a decade after Pasqua Rosee's stall first opened, there were 83

According to Morris, the

erns as spaces for businessmen to socialise. By 1663, less than a decade after Pasqua Rosee's stall first opened, there were 83

ly, through collecting stories from the coffeeshops,

Cont. on Page 32



The Prestige Group

Agustin Millares 20, Armeñime, Adeje 38678

Interior & Exterior Sun Blinds

Tenerife's leading specialist in the manufacture, repair and installation of all types of awnings, canopies, interior and exterior blinds - manual or electric.



Outdoor Furniture

We offer a large range of exclusive garden and terrace furniture in a wide variety of styles, designs, fabrics and colours. We also have parasols and cushions.



Roller Shutters, Grilles & Garage Doors

Specialists in the manufacture, repair and installation of industrial and domestic shutters, security grilles and garage doors – electric or manual.



The Prestige Group is a trading name of JAC Enterprises S.L.

Tel: 922-740888

www.theprestigegroup.es

info@theprestigegroup.es

Showroom open
Monday to Friday:
9.00am to 5.00pm
Situated opposite the BP
garage in Armeñime

Cont. from Page 30

which further forged them as the foremost place to learn the latest news.

England's early coffeehouses helped usher in the Enlightenment and birthed periodical literature



However, some thought this open sharing of news and political ideas was a threat to the monarchy. In 1675, King Charles II's ministers attempted to suppress and close down coffeehouses on the grounds of their "evil and dangerous effects". The king feared that coffee may provoke instigation or the plotting of violence against the throne and ordered the "close of coffee-houses altogether", although he later withdrew the ban two days before it was to be put into effect, Brian Cowan writes in *The Social Life of Coffee: The Emergence of the British Coffeehouse*. Beyond London, coffee-

houses proliferated in port cities like Bristol, York and Norwich, where a burgeoning culture of reading and writing within coffeehouses flourished. According to Cowan, coffeehouses became an essential part of the mise-en-scène for understanding the post-Restoration "urban renaissance" in England, as public debate pivotally influenced the development of modern democratic culture and civility. Coffeehouse patrons honed their polite-

ness, as it was believed that gentlemanly conduct facilitated the capacity for the scientific argument. This "bourgeois revolution," Cowan explained, coincided with a "commercial revolution" and uptick in overseas trade.

condoned feminine mannerisms among men – a sentiment that lingered for decades to come. As coffee continued its spread across Europe in the 17th Century, imperialist countries established coffee plantations in their colonies to meet growing demand back home. According to Morris, France became one of the largest producers, planting coffee across Saint-Domingue (modern-day Haiti). By the 1760s, enslaved people on Saint-Domingue produced more than half the world's coffee. As Enlightenment ideas reached Saint-Domingue, enslaved people began calling for their rights, leading to the Haitian revolution and the young, black-majority country's independence in 1804. The emancipation of Hai-

ly 19th Century saw Britain expanding coffee production in Ceylon (Sri Lanka) and India, but an outbreak of rust caused by the fungus *Hemileia vastatrix* destroyed coffee plantations in both colonies over the course of a decade. The plantations were thereby converted to tea growing, cementing the leaf's role as the drink of choice in Britain.

As drinking fads shifted in Britain during the second half of the 18th and early 19th Centuries, so too did coffeehouses, which became more exclusive. Some, such as those around St James' in London, evolved into elite, members-only institutions associated with gambling. "People accused [coffee] of wasting their time, when they should have been

working. People also accused it of being an exotic luxury, wasting the nation's hard currency for product which has no nutritional value. This sort of connection between physiological fear of the effects that coffee was having on British masculinity [became] a vector for hostility to coffee-

houses," said Markman Ellis, a professor of 18th Century studies at Queen Mary University of London. The dramatic decline of coffee consumption in 19th-Century Britain happened just as coffee took off in North America, with Brazil's rise as a crucial coffee producer on the backs of African slave labour. According to Hawley, in Britain "[coffee has] never fully recovered" to the pivotal place it held at its introduction in the 17th-Century British Isles.

While England and its empire largely become tea-drinking societies by the 1820s, the re-emergence of coffee and coffeehouse culture in the UK is undeniable in recent decades. Today, it seems like every British town has an interna-

started serving coffee in the daytime to compete in this relatively novel market.

started serving coffee in the daytime to compete in this relatively novel market.

Coffeeshops are opening as more pubs are closing

"We can date the contemporary coffeehouse moment back to the mid-1990s, that's the moment when it really takes off," Morris explained of the re-birth of the UK's coffeeshop culture, when chains like Costa Coffee and Caffè Nero formed in the UK. "Coffeeshops are opening as more pubs are closing; the number of pubs has gone down, year-on-year, [while] the number of coffeeshops has gone up. In effect, the coffeeshop has sort of taken over as a social space from

They gossiped like women and then when they came home... [were] no good for anything... coffee houses made men impotent

However, in addition to coffee's perceived political threat, it was also believed to be a threat to British masculinity, as some thought coffeehouses

The British established coffee plantations in modern-day Sri Lanka, Kenya, Guyana and elsewhere



houses proliferated in port cities like Bristol, York and Norwich, where a burgeoning culture of reading and writing within coffeehouses flourished. According to Cowan, coffeehouses became an essential part of the mise-en-scène for understanding the post-Restoration "urban renaissance" in England, as public debate pivotally influenced the development of modern democratic culture and civility. Coffeehouse patrons honed their polite-

ness, as it was believed that gentlemanly conduct facilitated the capacity for the scientific argument. This "bourgeois revolution," Cowan explained, coincided with a "commercial revolution" and uptick in overseas trade.

condoned feminine mannerisms among men – a sentiment that lingered for decades to come. As coffee continued its spread across Europe in the 17th Century, imperialist countries established coffee plantations in their colonies to meet growing demand back home. According to Morris, France became one of the largest producers, planting coffee across Saint-Domingue (modern-day Haiti). By the 1760s, enslaved people on Saint-Domingue produced more than half the world's coffee. As Enlightenment ideas reached Saint-Domingue, enslaved people began calling for their rights, leading to the Haitian revolution and the young, black-majority country's independence in 1804. The emancipation of Hai-

ly 19th Century saw Britain expanding coffee production in Ceylon (Sri Lanka) and India, but an outbreak of rust caused by the fungus *Hemileia vastatrix* destroyed coffee plantations in both colonies over the course of a decade. The plantations were thereby converted to tea growing, cementing the leaf's role as the drink of choice in Britain.

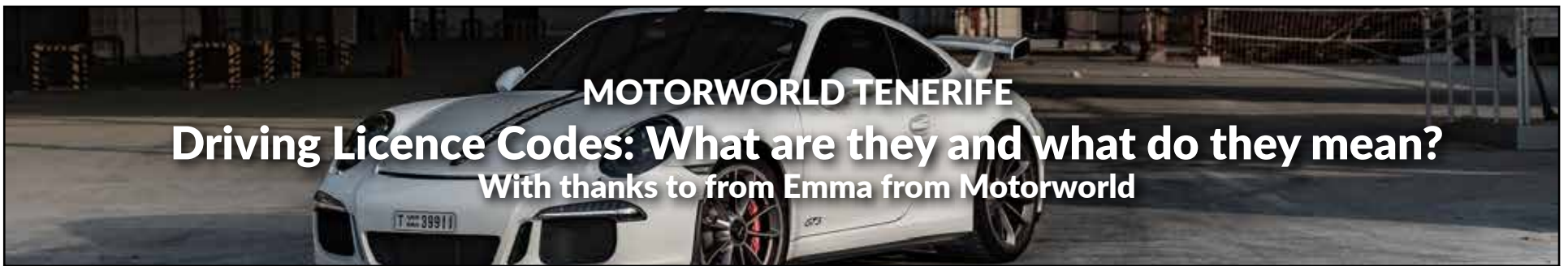
As drinking fads shifted in Britain during the second half of the 18th and early 19th Centuries, so too did coffeehouses, which became more exclusive. Some, such as those around St James' in London, evolved into elite, members-only institutions associated with gambling. "People accused [coffee] of wasting their time, when they should have been

working. People also accused it of being an exotic luxury, wasting the nation's hard currency for product which has no nutritional value. This sort of connection between physiological fear of the effects that coffee was having on British masculinity [became] a vector for hostility to coffee-

the traditional pub." More than 350 years after Pasqua Rosee set up his humble stall in London, it seems that coffeeshops are once again reclaiming their original role as the go-to space for Britons to socialise, spread news and share new ideas.



Today, it seems like every city centre in Britain is filled with international coffee chains



MOTORWORLD TENERIFE

Driving Licence Codes: What are they and what do they mean?

With thanks to from Emma from Motorworld

With many people exchanging their UK licence either for a Spanish one due to Brexit, or because of the legal time limitations in force once a Residencia is granted, it seems important we advise people of the differences between them.

If you already hold a Spanish Licence you may not have noticed that on the reverse there are a variety of Categories and Codes.

We believe that most people either don't take any notice of these, or don't know what they mean, so, if you are not aware of

them (or if any might apply to you) you could potentially face a fine (multa) if you are stopped by a policeman.

The front of your Licence is self-explanatory but for ease we will explain all

- **Item 1:** Your surname(s)
- **Item 2:** Your First, or Christian, name
- **Item 3:** Your Date, and place, of Birth
- **Item 4a:** The commencement date of your Licence
- **Item 4b:** The expiry date

of your Licence

- **Item 4c:** Issuing authority
- **Item 5:** Your DNI/NIE Number
- **Item 6:** Your photograph
- **Item 7:** Your signature (per Application Form)
- **Item 9:** Categories of Vehicles you are permitted to drive

Reverse of Licence:

- **Item 10:** Commencement date of your original licence (not the start date as shown at item 4a if your licence has been exchanged from another country)
- **Item 11:** Expiry date of your licence
- **Item 12:** Codes (known as the 'Hidden Codes', e.g. If the Licence shows Code 01- this means you have to wear corrective lenses and/or eye protection, under the express di-

rections of your Dr), so...

- **Code 01.01:** You must wear glasses
- **Code 01.02:** You must wear contact lenses
- **Code 01.03:** You must wear safety glasses
- **Code 02:** You are required to wear a hearing/communication aid
- **Code 03:** You need a prosthetic/orthotic limb
- **Code 05:** Driving restrictions for medical reasons
- **Code 05.01:** You may only drive in daylight
- **Code 05.02:** You are restricted to drive within a radius of (x) km of your place of residence/region
- **Code 05.03:** You may only drive without passengers (or pillion riders if a motor bike)
- **Code 05.04:** Restricted to maximum speed of (x) kph
- **Code 05.05:** Driving only permitted with passenger



who holds a valid Licence

- **Code 05.06:** Driving allowed without a trailer
- **Code 05.07:** Driving not permitted on Motorways
- **Code 05.08:** No alcohol permitted (ZERO tolerance)

Can we suggest that you check your Licence to see if you have any of the above 'Restrictions', and, for example, if you have an '01' Code and have had an operation that no longer re-

quires you to wear glasses or contact lenses, arrange a new medical and have this submitted to Tráfico to have the restriction removed.

We hope that you have found this information useful and if you require assistance in exchanging your Licence or arranging a for the replacement of a lost or stolen one, please do not hesitate to contact us.



LAS CHAFIRAS

BOOK SHOP

The Bookshop is located at Calle Luciano Bello Alfonso No 5 in Las Chafiras (behind and above Pit Team Sur and the Golf Shop, and opposite Marrero Homes). Books cost just €3.00 but we offer a 'Buy two get one FREE' system and we buy books we don't have for 50 cents each.

We now have more than 10,000 books to choose from, either in the Shop itself, or via the internet (www.laschafirasbookshop.com), where you can 'browse' our inventory and order – we will be happy to deliver to anyone not able to get in.

Should you come to the shop and no one is in, just call us on either 609 714 276 or 627 230 360 – we're never very far away and will get back as fast as we can – while you have a coffee at one of the many cafés nearby!



NOW ONLINE!
www.laschafirasbookshop.com



CLAUDIA JANE
CLEANING
SERVICES

TENERIFE SOUTH

- OUR SERVICES -

- SHORT AND LONG-TERM RENTALS
- HOME CLEANS (WEEKLY/FORTNIGHTLY/MONTHLY)
- HOLIDAY APARTMENTS
- SPRING CLEANS
- AFTER-PARTY CLEAN-UPS

contact claudia.reynolds@hotmail.co.uk or
+44 7896 350 960 for a quote

By Flora Carmichael and Jack Goodman, BBC Reality Checks

Microchips, 'altered DNA' and more

The BBC Reality Check team has looked into some of the most widely shared false vaccine claims - everything from alleged plots to putting microchips into people, to the supposed re-engineering of our genetic code.

'Altered DNA' claims

The fear that a vaccine will somehow change your DNA is one we've seen aired regularly on social media. The BBC asked three independent scientists about this. They said

of the virus's genetic material - or messenger RNA, "Injecting RNA into a person doesn't do anything to the DNA of a human cell," says Prof Jeffrey Almond of Oxford University. It works by giving the body instructions to produce a protein which is present on the surface of the coronavirus. The immune system then learns to recognise and produce antibodies against the protein.

This isn't the first time we've looked into claims that a coronavirus vaccine will supposedly alter DNA.

true that no mRNA vaccine has been approved before now, but multiple studies of mRNA vaccines in humans have taken place over the last few years. And, since the pandemic started, the virus has been tested on tens of thousands of people around the world and has gone through a rigorous safety approval process.

Like all new vaccines, it has to undergo rigorous safety checks before it can be recommended for widespread use.

What are the safety checks for vaccines?

In Phase 1 and Phase 2 clinical trials, vaccines are tested in small numbers of volunteers to check they are safe and to determine the right dose. In Phase 3 trials they are tested in thousands of people to see how effective they are. The group who received the vaccine and a control group who have received a placebo are closely monitored for any adverse reactions - side-effects. Safety monitoring continues after a vaccine has been approved for use.

Bill Gates and microchip claims

Next, a conspiracy theory that has spanned the globe. It claims that the coronavirus pandemic is a cover for a plan to implant trackable microchips and that the Microsoft co-founder Bill Gates is behind it. There is no vaccine "microchip" and there is no evidence to support claims that Bill Gates is planning for this in the future. The Bill and Melinda Gates Foundation told the BBC the claim was "false".

Rumours took hold in March when Mr Gates said in an interview that eventually "we will have some digital certificates" which would be used to show who'd recovered, been tested and ultimately who received a vaccine. He made no men-

tion of microchips. This led to one widely shared article headlined: "Bill Gates will use microchip implants to fight coronavirus." The article makes reference to a study, funded by The Gates Foundation, into a technology that could store someone's vaccine records in a special ink administered at the same time as an injection.

However, the technology is not a microchip and is more like an invisible tattoo. It has not been rolled out yet, would not allow people to be tracked and personal information would not be entered into a database, says Ana Jaklenec, a scientist involved in the study.

The billionaire founder of Microsoft has been the subject of many false rumours during the pandemic. He's been targeted because of his philanthropic work in public health and vaccine development. Despite the lack of evidence, in May a YouGov poll of 1,640 people suggested 28% of Americans believed Mr Gates wanted to use vaccines to implant microchips in people - with the figure rising to 44% among Republicans.

Fetus tissue claims

We've seen claims that vaccines contain the lung tissue of an aborted fetus. This is false. "There are no fetal cells used in any vaccine production process," says Dr Michael Head, of the University of Southampton.

One particular video that was posted on one of the biggest anti-vaccine Facebook pages refers to a study in which the narrator claims is evidence of what goes into the vaccine developed by AstraZeneca and Oxford University. But the narrator's interpretation is wrong - the study in question explored how the vaccine reacted when introduced to human cells in a lab.

Confusion may have arisen because there is a step in the process of developing a vaccine that uses cells grown in a lab, which are the descendants of embryonic cells that would otherwise have been destroyed. The technique was developed in the 1960s, and no fetuses were aborted for the purposes of this research.

Many vaccines are made in this way, explains Dr David Matthews, from Bristol University, adding that any traces of the cells are comprehensively removed from

the vaccine "to exceptional high standards".

The developers of the vaccine at Oxford University say they worked with cloned cells, but these cells "are not themselves the cells of aborted babies". The cells work like a factory to manufacture a greatly weakened form of the virus that has been adapted to function as a vaccine. But even though the weakened virus is created using these cloned cells, this cellular material is removed when the virus is purified and not used in the vaccine.

Recovery rate claims

We've seen arguments against a Covid-19 vaccine shared across social media asking why we need one at all if the chances of dying from the virus are so slim.

die - far higher than three in 10,000, as suggested in the meme. However, Mr Oke adds that "in all cases the risks very much depend on age and do not take into account short and long-term morbidity from Covid-19".

It's not just about survival. For every person who dies, there are others who live through it but undergo intensive medical care, and those who suffer long-lasting health effects.

This can contribute to a health service overburdened with Covid patients, competing with a hospital's limited resources to treat patients with other illnesses and injuries.

Concentrating on the overall death rate, or breaking down the taking of a vaccine to an individual act, misses the point of vaccinations, says Prof



that the coronavirus vaccine would not alter human DNA. Some of the newly created vaccines, including the one now approved in the UK developed by Pfizer/BioNTech, use a fragment

We investigated a popular video spreading the theory back in May. Posts have noted that messenger RNA (mRNA) vaccine technology "has never been tested or approved before". It is

One TikTok user created a video about being "microchipped" and called a vaccine the "mark of the beast"



A meme shared by people who oppose vaccination put the recovery rate from the disease at 99.97% and suggested getting Covid-19 is a safer option than taking a vaccine.

To begin with, the figure referred to in the meme as the "recovery rate" - implying these are people who caught the virus and survived - is not correct. About 99.0% of people who catch Covid survive it, says Jason Oke, Senior Statistician at the University of Oxford. So around 100 in 10,000 will

Liam Smeeth of the London School of Hygiene and Tropical Medicine. It should be seen as an effort by society to protect others, he says. "In the UK, the worst part of the pandemic, the reason for lockdown, is because the health service would be overwhelmed. Vulnerable groups like the old and sick in care homes have a much higher chance of getting severely ill if they catch the virus".

Additional reporting by Kris Bramwell, Olga Robinson and Marianna Spring







Tenerife Insurance Services SL

Cars, Houses, Life, Health, Dental, Funerals, Travel, Boats, Business Premises, Communities, Bars & Restaurants, Savings & Investments and more.....

Tel: 922-735-672





Liberty Seguros




	Third Party	TPFT	Comp
Renault Clio 1.2	209€	210€	270€
Seat Ibiza 1.4	209€	215€	270€
Ford Fiesta 1.6	209€	220€	270€



Cover for Buildings or Contents or BOTH
Prices FROM 94€ per year!
 Covers Claims for Floods, Fires, Robberies, stolen purses, Cash & Public Liability & more.

DKV

SEGUROS MÉDICOS

HEALTH POLICY for RESIDENCIA ELITE cover – no additional payments

SPECIAL OFFER ENDS 31 DEC 2020
 SPECIAL OFFER ENDS 28 FEB 2021

30 yr old – 56€ per mth
 40 yr old – 62€ per mth
 50 yr old – 76€ per mth



GUARANTEED Interest & GUARANTEED Capital

5,000€ - 5% per annum
 10,000€ - 6% per annum
 15,000€ - 7% per annum
 20,000€+ - 8% per annum

Great Prices & Guarantees
 Policies in English, German or Spanish and much more
 (All prices quoted are examples – Terms & Conditions Apply. Policies done to match your requirements)

ALSO - INSURANCE FOR STATIC & WOODEN HOMES – Ask for details!

Calle Clara Toledo Gomez, Local A, LAS CHAFIRAS - info@tenerifeinsurance.biz



Super CHRISTMAS SALE

100mbps download speed - 14.95€ per month*

Get 1 month's FREE internet*, if you

- introduce a friend
- pay 12 months in advance

Tel: 922-735-321

*Terms & Conditions Apply

By Stephen Dowling, BBC Future

THE CHEAP PEN THAT CHANGED WRITING FOREVER

Fountain pens were a stylish statement but messy and impractical. Their replacement was a stroke of design genius perfectly in time for the era of mass production.

On 29 October 1945, the New York City branch of Gimbels department store unveiled a new product. Billions upon billions would follow in its wake.

Gimbels was the first to sell a new kind of ink pen, the design of which had taken several decades to come to fruition. The pens, made by the Reynolds International Pen Company, promised an end to the messy mishaps users of fountain pens encountered – leaking ink, smudges and pooling ink blots.

The new ballpoint pens did away with this, using a special viscous ink which dried quickly and didn't leave smudges. At the heart of it, the rolling ball in the nib – and gravity – ensured a constant, steady stream of ink that didn't smear or leave solid pools



László Bíró was the first to come up with a practical ballpoint, which was easier to use than a fountain pen

of ink on the page.

The new ballpoint was clean and convenient. What it wasn't was cheap.

The new Reynolds ballpoint cost \$12.50 – convert that to 2020 money and it's more than \$180 (£138.50). Today, if you

were buying your pens in bulk, from stack-'em-high superstores, you could end up with more than 1,000 for the same price.

The pen was the first to go on sale in the US, but it was by no means the first ballpoint pen – the head of the US company that made it had in fact discovered a version during a business trip in South America. Its evolution is, in many ways, an example of a game-changing design waiting until outside factors – in this case the rise of plastics and mass-production infrastructure, and a brilliant marketer – allowed it to achieve its full potential.

Loud, then quiet

The creation of the ballpoint pen is usually credited to a Hungarian-Argentinian inventor László Bíró, whose name inspired a catch-all term for modern ballpoints. But it is, in fact, a lot older.

An American, John J Loud, received the first patent for a ballpoint pen back in 1888. Loud, a lawyer and occasional inventor, wanted an ink pen which would be able to write on rougher materials such as wood and leather as well as paper. His masterstroke was the revolving steel ball, which was held in place by a socket. In his 1888 patent filing, he wrote:

"My invention consists of an improved reservoir or fountain pen, especially useful, among other purposes, for marking on rough surfaces-such as wood, coarse wrapping-paper, and other articles where an ordinary pen could not be used."

Loud's pen was indeed able to write on leather and wood, but it was too rough

for paper. The device was deemed to have no commercial value and the patent eventually lapsed.

Various inventors tried to improve on Loud's design in the coming decade, but none were able to take it into production until Bíró in the 1930s. A journalist in Hungary, Bíró used fountain pens daily and was very familiar with their drawbacks.

"He was used to the fountain pen which was very leaky and left ink on your hands and smudged by it," says Gemma Curtin, a curator at London's Design Museum.

The principle at the heart of the ballpoint pen mimics the action of a roll-on deodorant

Simply adding fountain pen ink to a ballpoint pen was not the solution, however. The ink itself needed to be rethought.

László turned to his brother, György, a dentist who was also a talented chemist. László had realised the ink used in fountain pens was too slow to dry and needed something more like the ink used on newspapers. György came up with a viscous ink which spread easily but dried quickly. What's more, the pen used far less ink than the spotting, dripping fountain pens.

"Other people had thought of it before, but it was down to him, working with his brother – who was a good chemist – and getting the texture of the ink right," says Curtin. "It is very like printer's ink, and it doesn't smudge."

The principle at the heart of the ballpoint pen mimics the action of a roll-on deodorant – gravity and the

force applied smear the rolling ball with a continuous stream of ink as the ball rolls along the writing surface. When the pen isn't used, the ball sits tight against the end of the ink reservoir, preventing air entering and drying out the ink. Most often, ballpoint pens run out of ink long before they dry out.

László received a patent for his new pen in Britain in 1938, but World War Two put paid to plans to market his new invention. As László and his brother were Jews, they decided to flee Europe in 1941, and emigrated to Argentina. There, László returned to his new invention, helped by a fellow escapee, Juan Jorge Meyne.

The first "birome", as it

them by the end of the first week

In 1945, two US companies – the Eversharp Co and Eberhard Faber Co – teamed up to licence the new pen for the US market, having spent half a million dollars (\$7.2m or £5.6m in today's money) to sew up the rights to North and Central America. But they were too slow on the draw. American businessman Milton Reynolds was visiting Buenos Aires and was impressed with the new pen – he bought several, and on return to America set up the Reynolds International Pen Company to market a new design.

Crucially, the Reynolds design had enough changes to sidestep László Bíró's patent, and was the first to

almost disposable object, but it's worth taking a step back and appreciating the no-mess simplicity of its operation, says Curtin. "It's one of those design stars that everybody loves."

The first generation of ballpoint pens mimicked the style of fountain pens. They were made of metal and intended to be refilled with ink. The Reynolds pen made a big point out of its ability to write for two years without needing to be refilled, worlds away from the experience of using a fountain pen. Ballpoint pens might not have had quite the bookish cachet of fountain pens, but they were still seen as a desirable object. If you wanted a truly cheap writing implement you used a pencil.



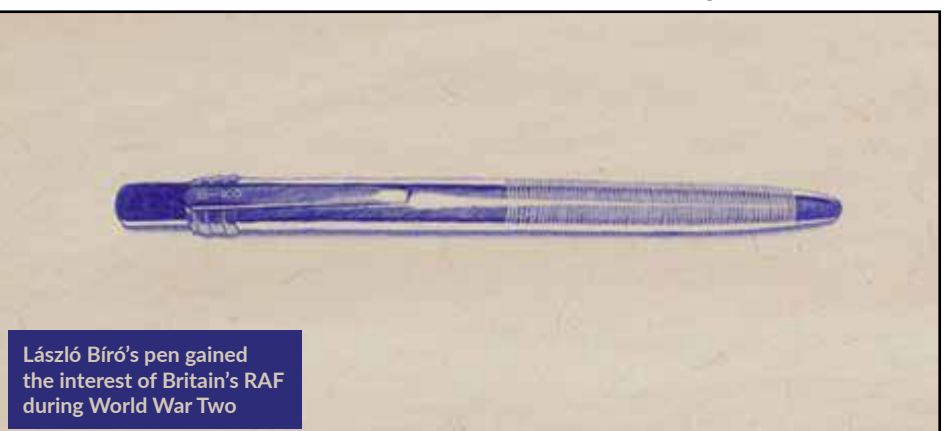
Fountain pens were messy and needed regular refilling

became known in Argentina, was released in 1943, while war was still raging in Europe and the Pacific. The design piqued the interest of the Royal Air Force (RAF), who put in an order for 30,000: the pens were able to be used by aircrew at high altitude unlike fountain pens, which tended to leak because of the pressure changes. Otherwise, the original pen was lit-

go on sale on October of that year. It was, almost instantly, a must-have accessory. As Time magazine reported, "thousands of people all but trampled one another last week to spend \$12.50 each for a new fountain pen", noting that the new pen only needed refilling once every two years. Gimbels had ordered 50,000 of the new pens and had sold 30,000

But this created a problem. So many companies – including Eversharp and the fountain pen maker Parker – jumped on the ballpoint bandwagon that the market became saturated. People bought refills, but they didn't buy more pens.

The masterstroke which would change the ballpoint pen forever came not from the US but from France.



László Bíró's pen gained the interest of Britain's RAF during World War Two

tle-known outside its South American home – the few original models current all hail from Argentina.

Gimbels had ordered 50,000 of the new pens and had sold 30,000 of

them by the end of the first week. According to Time, Gimbels made more than \$5.6m in sales (\$81m or £62m in 2020) from the new pen in the first six months.

The biro might now be regarded as an everyday,

Michel Bich was an Italian-born French industrialist who ran a company making ballpoint pens. "No one understood better than Marcel Bich that po-

Cont. on Page 38



SUPERFAST BROADBAND INTERNET

FREE Access Included!

Options starting at only

29,99€*

/month * (IGIC 32.09€)
* Mobile Plan required. Subject to network coverage.

	50	100	100	300	600	600
	BASIC	BASIC	Fibrenate	BASIC	BASIC	Fibrenate
€/month	€29,99. <small>net 32,09€ tax 36,29€</small>	€39,99. <small>net 42,79€ tax 48,39€</small>	€49,99. <small>net 53,49€ tax 60,49€</small>	€49,99. <small>net 53,49€ tax 60,49€</small>	€59,99. <small>net 64,19€ tax 72,59€</small>	€64,99. <small>net 69,54€ tax 78,64€</small>
Symmetric Speed	50/50MB	100/100MB	100/100MB	300/300MB	600/600MB	600/600MB
Mandatory dT Mobile***	Yes	Yes	Yes	No	No	No
FREE WiFi Router loan included	✓	✓	✓	✓	✓	✓
Line Rental & Maintenance incl.	✓	✓	✓	✓	✓	✓
UNLIMITED FREE National Landline calls incl.*	✓	✓	✓	✓	✓	✓
60 mins FREE National Mobile calls incl.	✓	✓	✓	✓	✓	✓

Terms & Conditions Apply. Please see all the information and details online at www.direct-telecom.es or call 922 711 003

International Packages

PACKAGE	DATA	NATIONAL CALLS	INTERNATIONAL CALLS*	PRICE (INC.IGIC)
dT Mobile Talk International 3GB	3GB	UNLIMITED	UNLIMITED**	10,52€
dT Mobile Talk International 7GB	7GB	UNLIMITED	UNLIMITED**	15,83€
dT Mobile Talk International 15GB	15GB	UNLIMITED	UNLIMITED**	21,13€

Shared Packages - Great for families!

1 Package with 1 price that lets you share the data with up to 3 mobiles!

24 GB SHARED

IGIC 17,60€

More options inbetween available online!

80 GB SHARED

IGIC 39,70€

Unlimited National Calls

Basic Packages

Voice Mini	Mini Combo	POPULARI Fantastic Five
IGIC 4,33€	IGIC 6,10€	IGIC 7,87€
100MB	2 GB	5 GB

Unlimited Packages

9GB Unlimited	POPULARI 23GB Unlimited	30GB Unlimited	50GB Unlimited
IGIC 8,75€	IGIC 13,17€	IGIC 17,60€	IGIC 22,02€
9GB	23GB	30GB	50GB

Unlimited National Calls

Not sure which one is for you? Talk to us! We will help you figure out which package suits you best!

Terms & Conditions Apply, please see all details on our website: www.direct-telecom.es/mobile

Call us on 922 711 003 or send an email to info@direct-telecom.es

C/La Borda 1, Rosa de Los Vientos Local 1 - Adeje - 38670 - S/C de Tenerife

www.direct-telecom.es

Cont. from Page 36

tent 20th-century alchemy of high volume/low cost," ran his obituary in the UK's Independent newspaper when he died in 1994. "To this formula he added the magic catalyst of disposability. He invented nothing, but understood the mass market almost perfectly."

It combined functionality with affordability – Philip Hensher

Bich realised the ballpoints so far had been premium products – an alternative designed to be regularly replaced could be a lot cheaper. Bich acquired a dormant factory near Paris and set about creating his new company, Societe Bic. An advertising executive had suggested the industrialists shorten his surname to create an instantly recognisable three-letter trademark. The company's trademark logo, the Bic Boy, had a smooth featureless orb as a face – a reference to the metal ball in the point of the pen.

"The first ballpoint pens in the UK cost around 55 shillings (£82.50/\$107.50

in 2020 prices)," says Curtin. "One of Bic's biros only cost you a shilling. It combined functionality with affordability."

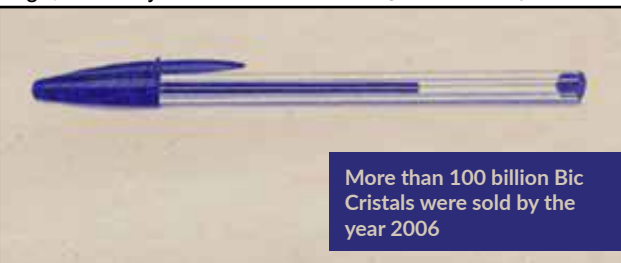
The new pen had an equally dramatic effect on the act of writing itself, says David Sax, the Canadian journalist who wrote the book *The Revenge of Analog*. "The ballpoint pen was the equivalent of today's smartphone. Before then, writing was a stationary act that had to be done in a certain environment, on a certain kind of desk, with all these other things to hand that allowed you to write."

"What the ballpoint pen did was to make writing something that could happen anywhere. I've written in snow and rain, on the back of an ATV and in a boat at sea and in the middle of the night," says Sax. "Biros don't drain batteries, they don't require plugging in in the middle of nowhere, and even the tightest pocket can accommodate them. "It only fails if it runs out of ink," Sax adds.

The ballpoint pen is testament, Sax says, to one of the tenets of "really great design – it almost disappears. If the ballpoint didn't exist and you launched

one today on Kickstarter, it would be the biggest thing ever," he says.

One major reason Bich's cheap and cheerful pen took off was thanks to changes in production techniques. Plastic mass production allowed the new ballpoint pens to be made very cheaply. Over the following decades, the pens have become even cheaper, without compromising on their ability to write. "The basic, cheap example made by Bic works as well as it did 50 or 60 years ago," Sax says.



More than 100 billion Bic Cristals were sold by the year 2006

Produced since 1950, the Cristal has sold in mind-boggling quantities: it notched up 100 billion sales by 2006

Author Philip Hensher, who also runs a creative writing course at Bath Spa University in the UK, wrote a 2012 book on handwriting called *The Missing Ink* in which he praised the

ballpoint pen. He says Bic not only found the way to produce vast quantities cheaply, but crucially hit upon a winning design right from the start. "If you have a product that needs no improvement – only tiny changes have been made to the Bic pens since the 1960s – you probably don't have a lot of overheads."

Produced since 1950, the Cristal has sold in mind-boggling quantities: it notched up 100 billion sales by 2006. It is such an everyday object that its strengths are easy to over-

look.

The hexagonal body makes it easy to grip; the "transparent shaft that allows you to see the ink running out", Hensher says. A tiny hole in the body equalises the air pressure both inside and outside the pen. Then there is the ink, drying in a couple of seconds instead of the 10s of seconds. "To be perfectly hon-

est, the Bic pen is just such a miracle you don't even think about it anymore."

"You have to look, too, at the effect the Bic biro had on Africa," Hensher says. "It was marketed by Bic as something very modern. It really transformed African society. There just wasn't a way for people to write easily before the Bic."

The billions upon billions of cheap ballpoint pens made by various manufacturers since the 1950s have another lasting legacy, however, and this one is less heralded. Their disposable nature has created an enormous amount of plastic waste. More than 1.6 billion are thought to be thrown out every year in the US alone.

"Those 100 billion ballpoint pens sold are probably all still in landfill," says Curtin, noting that in most cases the pens' bodies themselves are perfectly able to be reused again and again. "Just because the ink has run dry, we throw the whole thing out. That's quite strange."

Ballpoint pen manufacturers are aware of this plastic pollution crisis. Bic themselves make a range of pens produced from 74% recycled plastic. More



Marcel Bich was the first to turn the ballpoint pen into a cheap, mass-produced product

producers are promoting the idea of refills for plastic pens, and not just the metal ones that come with premium price tags. Other pen manufacturers have replaced the plastic body with tubes made of cardboard, or metal – the very material the first premium ballpoints were made of more than seven decades ago.

Our digital-first culture might celebrate screen over paper, but Sax believes the cheap ballpoint is here to stay. "When people in the tech world talk about outdated tech, they are never arguing that pens are outdated. Even Mark Zuckerberg and Elon Musk will have a bunch of pens sitting around."

By Jessica Brown, BBC Good Food



Many of us consciously eat a high-protein diet, with protein-rich products readily available, but how much protein do we really need? And does it actually help us lose weight?

We don't need nearly as much protein as we consume

Many of us consciously eat a high-protein diet, with protein-rich products readily available, but how much protein do we really need? And does it actually help us lose weight?

As many countries urge populations to stay at home, many of us are paying more attention to our diets and how the food we

eat can support our health. To help sort out the fact from the fiction, BBC Future is updating some of our most popular nutrition stories from our archive. Our colleagues at BBC Good Food are focusing on practical solutions for ingredient swaps, nutritious storecupboard recipes and all aspects of cooking and

eating during lockdown.

In the early 20th Century, Arctic explorer Vilhjalmur Stefansson spent a collective five years eating just meat. This meant that his diet consisted of around 80% fat and 20% protein. Twenty years later, he did the same as part of a year-long experiment at the New York City's Bellevue Hospi-

tal in 1928.

Stefansson wanted to disprove those who argued that humans cannot survive if they only eat meat. But unfortunately for him, in both settings he very quickly became ill when he was eating lean meats without any fat. He developed "protein poisoning", nicknamed "rabbit starvation". His symptoms disappeared after he lowered his protein intake and he raised his fat intake. In fact, after returning to New York City and to a typical US diet with more normal levels of protein, he reportedly found his health deteriorating and returned to a low-carb, high fat, and high protein diet until his death aged 83.

His early experiments are some of the few recorded cases of high protein intake having extreme adverse effects – but despite soaring sales of protein supplements, many of us are still unsure how much protein we need, how best to consume it, and if too much, or too little, is dangerous.

Despite obesity rates doubling over the past



Supplement brands advise drinking protein shakes after a workout to help the growth and repair of muscle tissue

two decades, we're becoming increasingly conscious of what we're eating. In recent years many of us have swapped white bread for brown and wholemeal bread and full-fat milk for skimmed. Taking centre stage in our health kick is protein, with protein balls, bars and enhanced protein versions of staple products, from cereals to soup, dominating supermarket shelves. And with the global protein supplements market valued at \$12.4bn (£9.2bn) in 2016, it's clear we're buying into the idea that we need as much protein as possible.

But some experts now argue that foods with inflated protein (and prices) are a waste of money.

Protein is essential for

the body to grow and repair. Protein-rich food such as dairy, meat, eggs, fish and beans are broken down into amino acids in the stomach and absorbed in the small intestine, then the liver sorts out which amino acids the body needs. The rest is flushed out in our urine.

Adults who aren't especially active are advised to eat roughly 0.75g (0.03oz) of protein per day for each kilogram they weigh. On average, this is 55g (1.9oz) for men and 45g (1.6oz) for women – or two palm-sized portions of meat, fish, tofu, nuts or pulses.

Not getting enough protein can lead to hair loss,

Cont. on Page 40



The Captain's Table

DECEMBER 2020



To my many past readers and fans, it is wonderful to write my Captain's Table restaurant review again. I feel, after many requests, and in these very difficult times, we should

try to appreciate and support the many restaurants and bars that have opened under the most severe restrictions.

Of course, many of you might ask: Where is open?

Or, Do we have to go to Mars? Now, every month, you will just need to read this column in The TPG through which we can once again read about (and visit!) the many great

eateries of our Island of Eternal Spring!

If you are a restaurant owner in the South (or the North) and are open for business in these difficult times, I would be

pleased to hear from you and pay you a visit to perhaps share a bottle of wine while I tell my hundreds of readers what they are missing!

If you would care to

contact me, I will organize myself to renew or discover your fine establishment. I hope to read about you one day soon in my monthly Captain's Table!



Restaurant Los Abrigos

Many years ago, I wrote a song that was recorded by myself and Frank Sinatra: Ol' Man River. One of the song's most beautiful lines describes the superb fish restaurants in Los Abrigos - a Must Visit for all fish lovers.

Los Abrigos is a lovely fishing village with a beautiful harbour and many superb fish restaurants. When I first arrived in Tenerife many years ago, the road from the TF-1 motorway to Los Abrigos was like driving

on the moon - potholes, bumps, and broken tarmac - but now there is an excellent road into the heart of the village. If you drive right through to the end you will find our highly recommended, superb restaurant in a very nice community, close to the pretty harbour and a wide range of bars and restaurants.

When visiting 'Restaurant Los Abrigos', try to get a table by the window which will allow you to enjoy the lovely sea views - along with the

experience of choosing for yourself the actual fish the chef will prepare especially for you! Everything, from the hot bread, the super sauces, great Canarian potatoes and your choice of fish, will be presented to you superbly. How wonderful to share this experience with a friend or loved one, for a great night out.

We recommend the unique experience of selecting your own fish from the wide variety available - so different to a waiter or waitress putting the

plate in front of you. The restaurant is not hugely expensive for the quality of food and surroundings and, if you love seafood - from lobster to calamari, or salmon to dorada - make sure you don't miss out on this one!

And if you see me (as I visit 'Restaurant Los Abrigos' frequently), please come and join me in a bottle of the superb local wine!

The Captain



20 al 27 | NOV

THE BEST REAL ESTATE OPPORTUNITIES ON THE ISLAND IN ONE SITE

UP TO 45% OFF

THE TIME TO INVEST IS NOW!

www.hotpropertyweek.es

Cont. from Page 38

skin breakouts and weight loss as muscle mass decreases. But these side effects are very rare, and

This figure rises to 39% for those who exercise more than once a week. But more than half of the individuals who use the products (63%) find it difficult to tell whether they're having

they should reach for the supplements and smoothies. Most people get more than their daily recommended allowance from food, says Kevin Tipton, a sport professor of the Uni-

pool John Moores University. "I believe most need more than the recommended daily allowance, and there's good evidence to support this," he says. In this case, he says, a shake can be useful.

Another demographic who can benefit from extra protein? The elderly. That's because as we age, we need more protein to retain muscle mass. But we also tend to eat less protein as we get older because our taste-buds begin to prefer sweet over savoury.

Emma Stevenson, professor of sport and exercise science at Newcastle University, is working with food companies to get more protein into snacks that the elderly are known to regularly buy, such as biscuits. "We need to maintain our muscle mass as we age, because we become less active and frail,"

isn't harmful, many protein supplements are high in carbohydrates called Fodmaps that trigger digestive symptoms like bloating, gas and stomach pain. Stevenson advises reading labels carefully on supplements, bars and balls. "Often, they're very high in calories and contain huge amounts of carbs, often in form of sugar. You shouldn't necessarily think that because it says it's high protein that it's healthy," she says.

Weight loss

Protein has long been linked to weight loss, with low-carb, high-protein diets such as Paleo and Atkins promising to prolong the feeling of fullness. People fail to lose weight often because they feel hungry, and MRI studies have shown that a high-protein breakfast can help stop cravings

55% carbs and 30% fat.

But, of course, upping protein intake alone won't help you lose weight. Choosing lean meat such as chicken or fish is key. Studies also show that eating large amounts of animal protein is linked to weight gain and red meat in particular is linked to an increased risk of cancer as well as heart disease.

Consuming more protein than need is wasteful in terms of money, and it's paid down the toilet

There are, though, healthy proteins which are not meat, such as mycoprotein, which is derived from fungi. Quorn, for example, contains this type of protein, and is high in fibre too.

Researchers now are looking into how this unique



Many people consume sport nutrition products such as protein bars and shakes

largely only occur in those with eating disorders.

Despite that, most of us have long associated protein with building muscle. This is accurate. Strength-based exercise causes a breakdown of protein in the muscle. For muscles to grow stronger, the proteins need to rebuild. A type of amino acid called leucine plays a particularly big part in triggering protein synthesis.

Some experts even argue that not consuming protein post-workout could cause the breakdown of muscle to be higher than the synthesis – meaning there's no net gain in muscle mass. Supplement brands advise drinking protein shakes after a workout to help the growth and repair of muscle tissue, usually in the form of leucine-rich whey protein, a by-product of making cheese.

Many consumers agree. Research company Mintel's 2017 Report found that 27% of Brits use sport nutrition products such as protein bars and shakes.

any effect.

Protein bars are really just candy bars with a bit of extra protein

Indeed, research on the muscle-building power of protein supplements is varied. A 2014 analysis of 36 papers found that protein supplements have no impact on lean mass and muscle strength during the first few weeks of resistance training in untrained individuals.

Over time and if the training becomes harder, supplements can promote muscle growth. However, the paper also concludes that these changes have not been proven over the long term. A 2012 review paper further says that protein "increases physical performance, training recovery and lean body mass"... but for the benefit to be optimal, it should be in combination with a fast-acting carbohydrate.

But even if athletes and gym goers may benefit from a post-workout protein boost, that doesn't mean

iversity of Stirling. "There's no need for anyone to have supplements. They're a convenient way to get protein, but there's nothing in supplements you can't get in food. Protein bars are really just candy bars with a bit of extra protein."

Tipton adds that even among bodybuilders, products like whey protein aren't as critical as they are hyped up to be. "There's too much focus on which supplements to take, as opposed to getting in the gym and working harder. There are so many other variables, such as sleep, stress and diet," he says.

We need to maintain our muscle mass as we age, because we become less active and frail

Most experts agree with Tipton that protein is best consumed in food instead of supplements. But there are some exceptions, such as athletes who find it difficult to hit their daily protein targets, points out Graeme Close, professor of human physiology at Liver-

she says.

Close says the elderly should increase protein intake to around 1.2g per kg body weight.

Fortunately, it's difficult to have too much protein. While we do have an upper limit of protein intake, it's "virtually impossible" to reach, says Tipton. "There are concerns among some dietitians that a high protein diet can hurt the kidneys and bones, but evidence in otherwise healthy people is minimal. It is possible there could be a problem if someone with an underlying kidney [issue] eats high amounts of protein, but the odds of any adverse effects are very low."

If you're trying to lose weight, it's more important to have a high-protein breakfast

But while protein itself

later in the day.

There is sufficient evidence that protein is satiating, says Alex Johnstone of the University of Aberdeen. If you're trying to lose weight, it's therefore more important to have a high-protein breakfast, such as beans on toast or a dairy smoothie, rather than to have supplements.

But she doesn't advocate "Atkins-type" diets and has found that cutting out carbohydrates has adverse effects on gut health (and we now know that maintaining a healthy gut is crucial to many aspects of our health and well-being).

Instead, Johnstone recommends that overweight people eat a high-protein and moderate-carb diet, consisting of 30% protein, 40% carbs and 30% fat – compared to the average diet of around 15% protein,

composition (of both protein and fibre) can affect satiety and insulin levels, which are linked to type two diabetes. One team compared a mycoprotein diet to a chicken diet and found that the insulin levels in those who ate quorn achieved the same sugar control, but needed less insulin to be produced by the pancreas. The risk of consuming too much protein is small, but the bigger risk might just be falling for overpriced products offering us more protein than we need. "Some products labelled as high protein aren't, and they're quite expensive. Anyway, consuming more protein than need is wasteful in terms of money, and it's paid down the toilet," says Johnstone.



Protein balls are often high in calories and can contain huge amounts of carbs



EL PATIO

GARDEN FURNITURE



WE ALSO SUPPLY FURNITURE FOR BARS & RESTAURANTS!



**SITUATED DIRECTLY BEHIND THE BINGO HALL
IN LAS CHAFIRAS**

C/ Argentina, 7, LAS CHAFIRAS INDUSTRIAL ESTATE (San Miguel de Abona)

+34 922 736 203

info@patiosur.com · www.patiosur.com

**Hot Spring Spas
Titanium Heat Pumps
Pool Covers and Rollers
Saunas**



**Designed by BMW Group
Design Works USA.**



Waves have a structure, with parts, like this:

Aqualux Pools and Spas
Calle Daniel Feo Feo, Nave 5, Las Chafiras, Tenerife
Tel: 922 736 944 / Mob: 619 781 924
www.aqualuxspas.eu
Email: aqualuxtenerife@gmail.com

By Matthew Wilson, BBC Culture



THE EYE OF PROVIDENCE: THE SYMBOL WITH A SECRET MEANING?

How has a seemingly straightforward image – an eye set within a triangle – become a lightning rod for conspiracy theorists? Matthew Wilson looks at the history of an ambiguous symbol.

Conspiracy theories thrive on cryptic symbols and covert visual signs. The 'Eye of Providence' – an eye set within a triangle – is one such symbol, associated with Freemasonry but also linked with the apocryphal Illuminati, a secret group of elite individuals allegedly seeking to control global affairs.

The Eye of Providence is a lightning rod for conspiracy theorists because it is very much hidden in plain sight: not only does it appear on countless churches and Masonic buildings worldwide, it also features on the reverse of the American one-dollar bill as well as the Great Seal of the United States.

In truth, it's an uncanny and frankly odd choice for a US symbol of state. The

disembodied eye strongly conveys the sense of a prying authoritarian Big Brother. In combination with the pyramid beneath it, we have emblems suggesting an ancient and esoteric cult. So, what are the origins of the Eye of Providence, why does it fascinate us so much, and why is it frequently connected with the Freemasons and the Illuminati?

Originally the Eye of Providence was a Christian symbol, and the earliest examples of its use can be found in religious art of the Renaissance period to represent God. An early example is Pontormo's 1525 Supper at Emmaus, although the symbol itself was painted on later, perhaps in the 1600s.

It was invented as a sign of God's compassionate watchfulness over humanity

Another key source of the icon was in a book of



The divine eye in Pontormo's Supper at Emmaus (1525) was a later repainting, hiding a three-sided face prohibited by the Counter-Reformation

emblems called the *Iconologia*, published first in 1593. In later editions, the Eye of Providence was included as an attribute of the personification of 'Divine

Providence', ie God's benevolence. As the name of the symbol and its early us-



The eye fascinated Surrealists, with its threshold position between the inner self and the external world - shown here in Magritte's *The False Mirror* (1929)

age suggest, it was invented as a sign of God's compassionate watchfulness over humanity.

Building on the past

Nobody is certain who originally invented it, but whoever did crafted it out of a set of previously existing religious motifs. The triangle was a long-standing symbol of the Christian Trinity of Father, Son and Holy Spirit; sometimes in previous centuries God was even depicted with a triangular halo. The rays of light that are often shown emanating from the symbol are also a pre-existing sign of God's radiance in Christian iconography. But what are the origins of that eerie disembodied eye? God had been depicted in numerous cryptic ways before, such as by a single hand emerging from a



In the Book of Hours, God is depicted with a triangular halo, referring to the Christian Trinity of Father, Son and Holy Spirit

cloud, but not as an eye.

It's fair to say that an eye represented in isolation has its own inherent psychological impact, showing authority and for the viewer implying a sentient watchfulness. You can even see this effect in nature, with some animals having evolved 'eyespot' on their skin to scare off predators. The Surrealist photographer Man Ray summarised the uncanniness of the disembodied eye best when

bolos is the Eye of Horus.

This motif is actually a hybrid of a human and falcon eye, and it includes the bird's dark eyebrow and cheek markings. According to ancient Egyptian mythology, the god-King Horus (often depicted as a falcon, or with a falcon's head) had his eyes cut out in battle with his uncle Set. With the help of Thoth, he later healed his eyes. The Eye of Horus was therefore a protective symbol, often used as an amulet, a sculpture small enough for a person to carry in their pocket as a form of protection.

This and other Egyptian hieroglyphs of isolated human eyes went on to affect European iconography during the Renaissance. At that time, scholars and artists had a fascination with Egyptian writing; the only problem was that they

ly phonetic signs, but in the 1400s and 1500s they were believed to have a much more mystical significance. The symbols in hieroglyphic writing – animals, birds and abstract shapes – were thought to be deliberately mysterious, each one creating meaning through the inspiration of the viewer rather than being part of a linguistic system. They were, so it was believed, open puzzles that contained multiple meanings.

The Eye of Providence is a symbol almost purpose-built to be reinterpreted, and maybe even misinterpreted

This belief had a huge effect on European art. When dictionaries of symbols, such as Andrea Alciati's 1531 *Emblemata* and later Cesare Ripa's *Iconologia* came out, the em-



On the US \$1 bill, the Eye of Providence is above a pyramid of 13 steps, symbolising the original states (Credit: Alamy)

didn't fully understand it, and attempted translations were normally riddled with inaccuracies. One of the most famous appeared in a romance of 1499 titled *The Dream of Poliphilo* where the translation of an Egyptian single eye symbol was 'God'.

Lost in translation

This stemmed from a fundamental misunderstanding of hieroglyphics' original use. Nowadays we know that they are a written language of main-

phasis was on cryptic, often highly complex visual symbols where the viewer is enrolled as a participant in deciphering as well as constructing meanings from them.

As a result, a motif like the Eye of Providence was deliberately esoteric in its appearance. It's a symbol almost purpose-built to be reinterpreted, and maybe even misinterpreted. And this really came to fruition in the late 18th Century.

Cont. on Page 44



Calle Tilena, 19, LAS CHAFIRAS



922 749 664

649 574 851

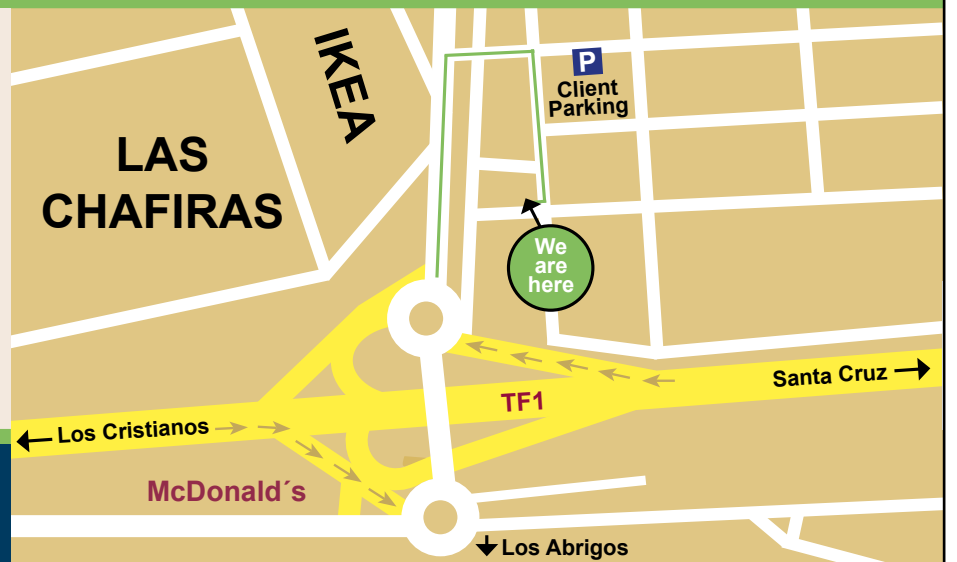
NEW OPENING HOURS

Monday - Saturday
10.00am - 2.00pm

**HUGE RANGE OF
TOP QUALITY
PRE-OWNED FURNITURE**



- ✓ Modern + Classic Furniture + Household items
- ✓ House clearance
- ✓ We Buy Your Furniture For Cash!
- ✓ Delivery/Collection Island-wide



Email: losabrigosauctionroom@hotmail.com
Facebook: Las Chafiras Second Hand Tenerife

NEW MATTRESSES AND BED BASES IN STOCK!



Cont. from Page 42

Three key examples from this period demonstrate an increasing diversity in the symbolism of the Eye of Providence.

In post-revolutionary France, Jean-Jacques-François Le Barbier's 1789 The Declaration of the Rights of Man and of the Citizen featured the text of the radical new declaration with the Eye of Providence at the top. In this case, it has become an instrument of paternalistic reason watching over the newly egalitarian nation.

In Britain in 1794 Jeremy Bentham commissioned the architect Willey Reveley to design him a logo for

his 'Panopticon'— a revolutionary new prison aiming to allow for continual surveillance of each cell. The resulting design prominently included the Eye of Providence – a symbol now of the unblinking stare of judiciary righteousness – surrounded by the words 'Mercy', 'Justice' and 'Vigilance'.

A few years earlier, in 1782 the Great Seal of the United States of America was unveiled. Thomas Jefferson, Benjamin Franklin and John Adams had proposed ideas for the design, but it was Charles Thomson, Secretary of the Continental Congress, who came up with the pyramid and Eye of Providence, among the oth-

er elements of the seal, in collaboration with a young lawyer and artist named William Barton. The unfinished pyramid was intended to symbolise "strength and duration", with 13 levels to represent the 13 original states of America. The Eye of Providence – like the other two examples from the same period in Britain and France – was a conventional symbol for God's sympathetic oversight of this fledgling nation. In none of those examples was Freemasonry involved with the choice of symbol.

So how about the Illuminati? The details of the early years of the original group, founded in Bavaria in 1776 and disbanded in 1787, are relatively obscure. Inconveniently we also don't know how important visual symbols were to the original order. It is true that the Illuminati were inspired by the ideas behind Freemasonry, which had sporadically used the Eye of Providence as a symbol of the Supreme Architect (God), following the lead of many other churches at the time.

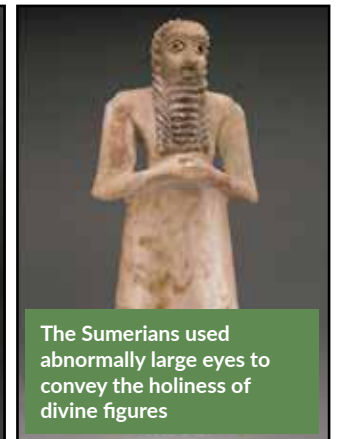
Unfortunately for the conspiracy theorists, the Eye of Providence on the one-dollar bill tells us much more about late 18th-Century aesthetics than it does about the authority of secret elites

However, the Masons didn't use the Eye of Providence symbol widely until at least the late 18th Century, and not before Bentham, Le Barbier, Thomson and Barton had adopted it for their very mainstream purposes. Unfortunately for the conspiracy theorists, the Eye of Providence on the one-dollar bill tells us much more about late 18th-Century aesthetics than it does about the authority of secret elites.

And into our modern



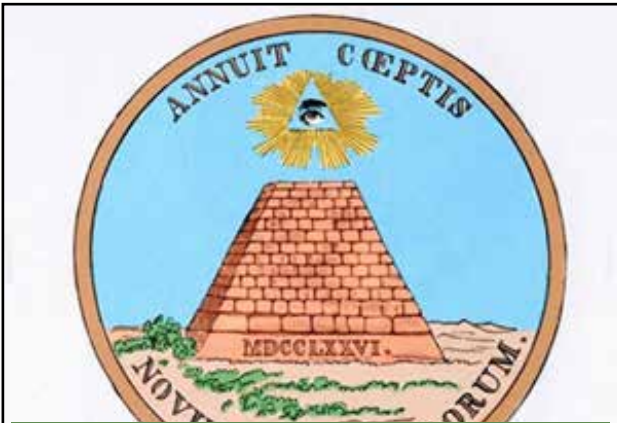
The Eye of Horus - a hybrid of a human and falcon eye - was carried as a form of protection



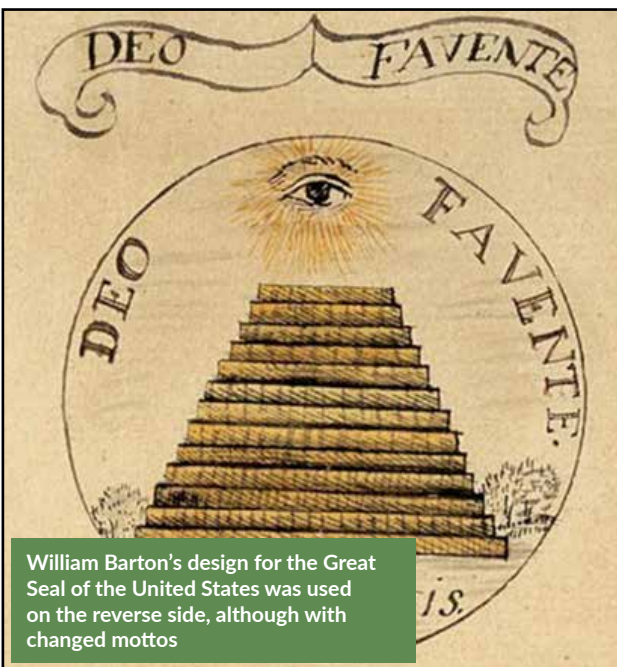
The Sumerians used abnormally large eyes to convey the holiness of divine figures



The Eye of Providence appeared at the top of Jean-Jacques-François Le Barbier's 1789 depiction of The Declaration of the Rights of Man and of the Citizen



The principal national symbol of the US, the Great Seal was first used in 1782



William Barton's design for the Great Seal of the United States was used on the reverse side, although with changed mottos



A rotunda surrounding an inspection tower, Bentham's Panopticon prison was designed to ensure that inmates never knew when they were being watched

age, Madonna, Jay-Z and Kanye West have all been accused of using Illuminati iconography, including the Eye of Providence. But rather than any link to the Illuminati, what each music artist has in common is a

discerning eye for the iconic (and perhaps for provocation) – in visuals as much as in melody. The repeated use of the Eye of Providence – and we can apply this as much to Madonna and Jay-Z as to Bentham,

Le Barbier, Thomson, Barton, the Freemasons, Renaissance artists or pretty much any other individual or group – is proof not of a concerted conspiracy, but of its enduring brilliance as a piece of logo design.

Spanish and English Lawyers

Conveyancing · Inheritance & Wills
 Family Law · Criminal Law
 Civil Litigation & Personal Injury
 Timeshare · Tax & Commercial law

De Cotta Law

T: 922 719 520

E: tenerife@decottalaw.net

C. C. Terranova, Av. de España s/n, Locales 312 y 313

38660 San Eugenio Costa Adeje . Tenerife

www.decottalaw.com



Adeje Farmers Market

**Calle Archajara
Adeje**



**Saturday/Sunday: 8.00am – 2.00pm
Wednesday: 3.00pm – 7.00pm**



CLAUDIA JANE CLEANING SERVICES

TENERIFE SOUTH

- OUR SERVICES -

- SHORT AND LONG-TERM RENTALS
- HOME CLEANS (WEEKLY/FORTNIGHTLY/MONTHLY)
- HOLIDAY APARTMENTS
- SPRING CLEANS
- AFTER-PARTY CLEAN-UPS

contact claudia.reynolds@hotmail.co.uk or
+44 7896 350 960 for a quote

FREE PACKING BOXES FOR ALL LOCAL AND INTERNATIONAL MOVES

UNIVERSAL EXPORTS
U.K. - TENERIFE - U.K.

Let us take the hassle out of your move!

Mobile:
0034 609 528 250

BUSINESS AS USUAL!

VISA
MasterCard

universalexpo52@hotmail.co.uk

The Tenerife Property and Business Guide
 Editor and Publisher:
 Ali JS Gray NIE: X-5323899-C
 trading as Spanish Property Guides
 C/ Luciano Bello Alfonso No 5,
 LAS CHAFIRAS, San Miguel de Abona, 38639

General Enquiries:
 Tel: 922-703725
 E: george.thetpg@gmail.com
 W: thetenerifepropertyguide.com

Office Hours:
 Monday – Friday:
 9.00am – 5.00pm

The Tenerife Property and Business Guide takes all reasonable care to check the contents of every advertisement or article, but cannot accept responsibility for the claims or statements made in them. Also, statements or opinions expressed by contributors do not necessarily reflect those of the Editor or Publisher. Material featured in The Tenerife Property and Business Guide may not be reproduced without the express permission of the Editor. ©2018 The Tenerife Property and Business Guide.

Printed by: Artes Graficas del Atlantico, Gran Canaria

ENERGY PERFORMANCE CERTIFICATES IN SPAIN

DECEMBER 2020 UPDATE

Some seven and a half years have now passed since the legal requirement was brought in for Energy Performance Certificates to be carried out in Spain and it can be seen from the Canarian Government's official register that a total of 247,765 certificates have been duly registered. This means that some 1,785 certificates were

carried during the month of November 2020, almost the same number as last month. However, this total accounts for just 75% of the total number of certificates issued in November 2019. I would suggest that the property rental and sale market is still severely affected by ongoing COVID-19 travel restrictions between countries and the severe

reduction of tourism in the Canary Islands.

Selling your property

From 1st July 2013 property owners are required by law to present an Energy Performance Certificate when a property is placed on the market and prior to any advertising. When the property is sold, the Notary

will need to see the EPC, termed the Certificado de Eficiencia Energética in Spain.

Renting your property

Either you or your agent, must obtain an EPC. An agent will not be legally allowed to offer or advertise your property for long term letting without one. Where a property has already been let prior to 1st July 2013, no EPC is required until one tenant leaves and the property is offered for long term rental again. If your property was built after 2007 you should already have an EPC provided by the seller. If you only rent your property out on a short term basis, for less than 4 months of each year, you may not need to have an EPC. If you are the tenant your landlord or the letting agent should be able to show you the EPC for your property.



The EPC contains:

Information about a property's energy use and typical energy costs, and recommendations as to how you may be able to reduce energy use and save money.

An EPC allocates an Energy Efficiency Rating, ranging from 'A' (most efficient) to 'G' (least efficient). The Certificate, registered with the Canarian Government is valid for 10 years.

How to arrange an EPC:

If you are selling or renting out property, you will need to engage an Accredited Assessor, who will visit your property to inspect and then produce and register your properties Energy Performance Certificate.

If you have any questions, or wish to arrange for me, Philip Wright, to carry out your energy Performance Certificate please call me on 667 757 323.

DOG OF THE MONTH



KIRO

Kiro is a very friendly and energetic dog who loves to play, but walks well with a lead and really enjoys the few walks he gets at the Refuge. He is around 7 years old and you will need to have a licence to adopt him. **Would YOU (or maybe someone you**

know?) like to offer Kiro or any of our other lovely dogs at the Refuge the best Christmas present they could wish for - a home and a family of their own?

The Centro de Proteccion Animal de Tierra Blanca is located off Junction 15 of the

TF-1 by the restaurant Los Chasneros, just 200 metres above the TF-1. They don't ask for adoption fees, only a donation of food and some photos to let them know how your new pet is getting on in his/her new home.

Contact Rachel on 629 031 273 or cpa.tierrablanca@tragsa.es for more information



Opening Hours:
 Mon-Fri:
 10am - 2pm
 Av. Virgen de Guadalupe, 21
 38679 - LA CALETA
 Costa Adeje



Art Gallery LA MUSA
 Paintings, sculptures and inclusive art projects for private homes, hotels and resorts.

Call us any other time to make an appointment:






667 608 083
618 888 897

www.lamusadeaje.com



CANARIAN PROPERTY GUIDE LAUNCHING SOON!

www.canarianpropertyguide.com
facebook.com/canarianpropertyguide



Sebastian & St. James

International Financial Advisers Limited

Speak to us about:

Investments · Pensions · Savings · QROPs

info@ss-ifa.com

+34 711 001 011 (Local Consultant)

+34 711 002 135 (Local Consultant)

+353 (1) 2343171 (International Head Office, Dublin)

+44 (0) 1446 704420 (UK Office)

www.ss-ifa.com

Advice based on integrity, trust & experience.



Sebastian & St. James

International Financial Advisers Limited

Speak to us about:

Investments • Pensions
Savings • QROPs

Advice based on
integrity, trust & experience.

info@ss-ifa.com

+34 711 001 011 (Local Consultant)

+34 711 002 135 (Local Consultant)

+353 (1) 2343171 (International Head Office, Dublin)

+44 (0) 1446 704420 (UK Office)

www.ss-ifa.com

Registered with the FCA no. 582504

Sebastian & St James International Financial Advisers Limited is regulated by the Central Bank of Ireland

Your requests! Our Solutions! Without Surprises!

ADVERTISING AND MARKETING IN TENERIFE

Tenerife Surprise is THE website to get to know the island, whether you want to come for a holiday, or move here permanently, Tenerife Surprise researches, describes and promotes the best professionals on the island to provide solutions for ALL your requests!



Tenerife Surprise is a marketing and advertising company, working online, providing services for any type of businesses in Tenerife. We are ready to help you anytime!



Calle Londres, Local LF-19,
FANABE, 38679, Adeje, Tenerife



Tenerife Surprise
tenerifesurprise



642 796 365/88

www.tenerifesurprise.com | tenerifesurprise1@gmail.com

Long Term Rentals

€1,999 - €1,000 p/m
La Caleta, Apartment

€1,800

3 bed · We are pleased to offer for sale this magnificent luxury apartment with a large terrace and a garden in the complex "Magnolia Golf Resort", La Caleta. This apartment has three bedrooms, two bathrooms, an open-plan kitchen with a living room and a garden terrace with mountain and ocean views. It is for sale with furniture, household appliances and a parkin... For full information see website or contact:

Ref: VR6826D | Vym
Canarias | 922 787 210

Costa Adeje, Townhouse

€1,600

2 bed · SE ALQUILA/FOR RENT - COSTA ADEJE GOLF. This great 2 bed apartment situated in the quiet residential area of Costa Adeje Golf is for long term rental with a minimum of 6 months. Close to La Caleta where you have a choice of good eateries a 5 minutes drive from the elegant Plaza del Duque shopping center and innumerable gourmet restaurants.

Ref: 7024 | All Properties
Tenerife | 922 89 4938

Puerto de La Cruz, Villa

€1,500

4 bed · This beautiful villa built in 1991 is located in one of the best developments in the quiet area of

Puerto de la Cruz, El Durazno. The house is distributed on three floors. The ground floor consists of a terrace with a garden at the entrance of the house, a spacious living room, a bathroom, a bedroom and the kitchen with access to the garden. The upper flo... For full information see website or contact:

Ref: IR1500V | Agata's Real Estate |

Golf del Sur, Apartment

€1,400

2 bed · Luxury spacious, two bed, two bath south facing apartment in sought after location with garage space and stunning views Available from October 2020.

Ref: 2101 | Homes & Away | 922 737 044

Los Cristianos, Apartment

€1,300

3 bed · This brand new furnished apartment is situated in one of the

seacoast complexes of Sotavento, near El Medano. It comprises of 3 double bedrooms with built-in wardrobes, 2 bathrooms (main ensuite), living room with balcony, separate fitted kitchen, utility room. Includes a parking space and a storage room in underground safe garage. On site facilities: poo... For full information see website or contact:

Ref: KV0231 | Tenerife Alizes Properties | 922 738653 / 626 274040

Golf del Sur, Linked House

€1,200

3 bed · Spacious and well furnished three bedroom, two bathroom linked villa on the small Phase one section of Residencial San Blas. There is a garden and large integral garage with room for two cars. The property is available for long term rent now. Monthly rent is 1200

euros with water and electric bills on top. A deposit of 1800 euros is required to secure the... For full information see website or contact:

Ref: PMSR015R | Palm Mar Sales and Rentals | 677-623713 / 671-129558

Puerto de La Cruz, Apartment

€1,200

1 bed · We offer this modern luxury apartment in Parque Lotos, La Paz in Puerto de la Cruz. It consists of a living room connected to the kitchen, a bathroom with a shower, a bedroom and a spacious terrace with views. The apartment is on the 3rd floor of the building that has the community pool and a lift. The luxury apartment building with its unique architectur... For full information see website or contact:

Ref: IR1200A | Agata's Real Estate |

Golf del Sur, Apartment

€1,100

1 bed · Large fourth floor, one bed apartment with sea views on prestigious complex. Available for a minimum of six months.

Ref: 1749 | Homes & Away | 922 737 044

Playa Paraiso, Apartment

€1,000

2 bed · We are pleased to offer this fantastic apartment for sale, in the brand new complex Ocean Garden, Playa Paraiso! Comprising two bedrooms, two bathrooms, open

plan kitchen and living room leading to a terrace overlooking the town of Playa Paraiso and the ocean. The apartment has an air conditioning and garage space in the underground parking. It is situate... For full information see website or contact:

Ref: VR5571D | Vym
Canarias | 922 787 210

La Tejita, Apartment

€1,000

1 bed · Bright 1 bed, ground floor apt for rent in NEW building in La Tejita. Has spacious garden. Large bedroom leading to chill-out terrace. 3 months only Pets allowed. Water and electric bill excluded. Close to shops and transport, just a 5 min walk down to the sunny beach, 5 min drive to surfers El Medano beach and only a 10 min drive to the south airport

Ref: LAPR1077 | Los Abrigos Properties | 922 170021

Los Cristianos, Apartment

€1,000

3 bed · Duplex apartment in the complex Nirvana, Los Cristianos. It consists of 3 bedrooms, 1 bathroom, 1 toilet, american kitchen with living room and dining room, 2 terraces. Surface 84m2. Apartment is renovated and fully furnished. The complex is located in the center of Los Cristianos close to shops, bars, restaurants, cultural center.

Ref: VR5165D | Vym

Canarias | 922 787 210

€999 - €650 p/m

Playa Paraiso, Apartment

€950

2 bed · Beautiful apartment in the newly built Ocean Garden building. The complex has communal swimming pools and green areas. The 80m2 apartment is distributed in 2 bedrooms, 2 bathrooms, living room, kitchen, terrace. With views of La Gomera. The apartment is fully furnished and equipped with everything necessary for a comfortable stay. Installed Internet. € 12... For full information see website or contact:

Ref: VR5322D | Vym
Canarias | 922 787 210

Palm Mar, Apartment

€950

2 bed · DISPONIBLE DESDE 13/12/2019 SE ALQUILA, EL PALM-MAR · Edf. El Mocan · 2 x Dormitorios · 1,5 x Baños · Cocina - Totalmente equipada · Piscinas comunitarias · Concha de Padel · Mascotas (por solicitud) 950€/POR MES + GASTOS Servicios Locales: Supermercado, Banco, Playa, Chringito, Bahía Club de Lujo, Cerca del campo de golf de Los Palos, Farmacia, Transport... For full information see website or contact:

Ref: 8069 | All Properties
Tenerife | 922 89 4938

Palm Mar, Apartment

Tenerife Prime Property

Tel: 922 703 725 / 627 230 360

Email: carolhale.tpp@gmail.com

Web: www.tenerifeproperty.com



Avda Londres 1, Sur y Sol, Local 1
Los Cristianos, Arona 38650

www.tenerifeislandrentals.com
info@tenerifeislandrentals.com



Tenerife Island Rentals & Buy Tenerife

Make OUR team YOUR choice for 2021!
Experience the difference!
Team up with the experts and let us pilot your dream!



Buying Selling Renting Re-styling

Our professional staff can help steer you towards your goal!



Call today or pop in for a chat



**Office: 922 797 438 / 922 751 587
Mobile: (00 34) 673 778 700**



€900
1 bed · VIVIENDA VACACIONAL LEGAL/LEGAL HOLIDAY LET EL PALM-MAR, 38632 ARONA.
Ref: 7409 | All Properties Tenerife | 922 89 4938

Callao Salvaje, Townhouse

€800
2 bed · For rent bright townhouse in Callao Salvaje. It is distributed on two floors. On the ground floor there is a kitchen, living room, large terrace and toilet. On the first floor there are two large bedrooms and a bathroom. There is a terrace on the roof. Quiet residential complex with community pool. Do not hesitate to contact for more information.
Ref: VR7138D | Vym Canarias | 922 787 210

Callao Salvaje, Apartment

€800
2 bed · Apartment with 2 bedrooms and 2 bathrooms situated in the complex Sueño Azul, a quiet residential area in 10 minutes walk from the beach and the shops. Pets are not admitted.
Ref: VR6514D | Vym Canarias | 922 787 210

Las Americas, Apartment

€750
1 bed · Nice 1 bedroom apartment in the touristic complex Las Floritas situated on the first floor with the terrace overlooking the swimming pool. Centric area close to all touristic services and the beach. Good option for rent or for personal use for holidays.
Ref: VR7002D | Vym Canarias | 922 787 210

Costa del Silencio, Apartment

€750
1 bed · *Available for March/April/May* One bed, one bath apartment on a popular complex. Close to all amenities. Weekly clean, linen and towels change included.
Ref: 1775 | Homes & Away | 922 737 044

Golf del Sur, Apartment

€750
1 bed · *Available from mid-February* Spacious one bedroom apartment overlooking the pool on popular residential complex. Quiet location. Water and electricity on top. Pets not allowed.
Ref: 1930 | Homes & Away | 922 737 044

Golf del Sur, Apartment

€725
1 bed · Lovely fully furnished modern 1 bed 1 bath apartment on the 4th floor on street level, American kitchen, 2 community heated pools, CCTV cameras, close to transport shops and 15 mins South airport, beach 5 mins, close to marina. Water and electricity included. Small pets allowed.
Ref: LAPR1090 | Los Abrigos Properties | 922 170021

Golf del Sur, Apartment

€700
1 bed · Beautiful 1 bed, 1 bath 4th floor apt., but entrance on the same level. Large balcony facing 2 communal swimming pools (one of them heated) and Ocean. American kitchen with living room. Close to marina. Just a 2 min walk down to the sunny beach, and only a 15 min drive to the south airport. Lift. Water and electricity included. Small pets allowed.
Ref: LAPR1092 | Los Abrigos Properties | 922 170021

Golf del Sur, Apartment

€700
1 bed · One bed, two bath, second floor spacious apartment situated on popular bowling complex. Elevator.
Ref: 2109 | Homes & Away | 922 737 044

Puerto de Santiago, Apartment

€700
1 bed · We offer an apartment for long term rent in the "Playa de la

Arena" complex, Puerto de Santiago. Very well maintained with a spacious terrace with partial views of the ocean and La Gomera island. The apartment has a corridor with a fitted wardrobe, a full bathroom, an open plan kitchen with a living room and a double bedroom with a fitted wardrobe. Also i... For full information see website or contact:
Ref: VR7100D | Vym Canarias | 922 787 210

Golf del Sur, Apartment

€700
Lovely, modern and bright one bed apartment, in residential complex with heated pool, lift and Wifi access. Situated on the 6th floor, the apartment has a large terrace with side views to the sea. 1 double bedroom with built-in wardrobe, one bathroom, living room with American kitchen, fully equipped and furnished. No pets. Bills extra. Available Sept to ... For full information see website or contact:
Ref: KV0176 | Tenerife Alizes Properties | 922 738653 / 626 274040

Puerto de La Cruz, Apartment

€700
We offer a 50 m2 studio for long term rental in Casa Ikarus, in the area of La Paz. The studio is furnished and equipped, has a large terrace overlooking the Atlantic and the city. The building has an elevator, a room with a coin-operated washer and dryer, and an acclimatized pool with solarium area. The costs of water, electricity and WiFi are include... For full information see website or contact:
Ref: IR700S | Agata's Real Estate |

Palm Mar, Apartment

€700
1 bed · SE ALQUILA LARGO PLAZO/LONG TERM RENTAL EI Palm-Mar, 38632 Arona.
Ref: 7432 | All Properties Tenerife | 922 89 4938

Amarilla Golf, Apartment

€695
1 bed · Fully refurbished, one bed apartment on popular complex with Golf course and Teide views. Wi-Fi included.
Ref: 2040 | Homes & Away | 922 737 044

Costa del Silencio, Apartment

€695
2 bed · *Available from April* Stunning, fully refurbished, converted one bedroom apartment with a mezzanine level which has a double bedroom and en-suite bathroom. Large west facing terrace with golf course, sea and sunset views. Water and electricity bills not included. Pets not allowed.
Ref: 2001 | Homes & Away | 922 737 044

Golf del Sur, Apartment

€675
1 bed · Nicely furnished one bed apartment close to all amenities. Good Sea and Marina views. Available now for long term rental.
Ref: 1226 | Homes & Away | 922 737 044

Golf del Sur, Apartment

€675
1 bed · Lovely partly furnished modern 1 bed 1 bath apartment on the 5th floor. American kitchen, 2 community heated pools, CCTV cameras, close to transport shops

and 15 mins South airport, beach 5 mins, close to marina. Water and electricity included. Small pets allowed.

Ref: LAPR1091 | Los Abrigos Properties | 922 170021

Amarilla Golf, Apartment

€675
1 bed · Spacious, ground floor, one bed apartment on popular complex with communal pool. Water and electricity bills included up to 40€ per month.
Ref: 2026 | Homes & Away | 922 737 044

Amarilla Golf, Apartment

€675
1 bed · Nicely presented, top floor apartment with sunny terrace on popular complex.
Ref: 2065 | Homes & Away | 922 737 044

San Isidro, Apartment

€670
1 bed · Cosy 1 bed 2nd floor apt with a ocean views, open kitchen. Private roof terrace of 5m2 with lockup washroom. Lift. Close to shops and transport, just a 5 min drive to the sunny El Medano beach, and only a 5 min drive to the south airport. Bills excluded
Ref: LAPR1081 | Los Abrigos Properties | 922 170021

Costa del Silencio, Apartment

€650
1 bed · South facing apartment on popular complex close to the pool and a few steps to the sea, San Miguel Marina. sea and all amenities. Wifi included.
Ref: 2119 | Homes & Away | 922 737 044

Playa Paraiso, Apartment

€650
1 bed · Ideal for your second residence, situated in few minutes walk from the beach and the sea, in the complex with big swimming pool. The apartment has 1 bedroom, 1 bathroom, a spacious living room with open kitchen, a terrace overlooking the sea and the resort. There is a new commercial center just in front of the complex. Excellent opportunity to buy an apar... For full information see website or contact:
Ref: VR5020D | Vym Canarias | 922 787 210

Playa Paraiso, Apartment

€650
2 bed · Long term rent. Bright fully equipped apartment in the complex "Sol Paraiso", Playa Paraiso. With two double bedrooms with fitted wardrobes, full bathroom, American style kitchen with living room and terrace. Also included in the price is a garage space and monthly expenses. The complex with a lift and swimming pools is located near restaurants, a superma... For full information see website or contact:
Ref: VR7064D | Vym Canarias | 922 787 210

Playa Paraiso, Apartment

€650
1 bed · Long term rental apartment on the first line of the ocean in the residential complex "Mirador del Sur", Playa Paraiso. Nice fully furnished apartment with a double bedroom with built-in wardrobe, a full bathroom, a fully equipped kitchenette with a living room and a terrace overlooking the ocean. Living area of 45 m2. 8 m2 terrace.

Well maintained complex... For full information see website or contact:
Ref: VR0025 | Vym Canarias | 922 787 210

Playa Paraiso, Apartment

€650
1 bed · One bedroom apartment for rent on the 2d floor in the complex Paraiso del Sur. Completely fitted and equipped. Balcony overlooking the ocean and La Gomera. Complex is situated on the first line and has community pool, close to all the amenities.
Ref: VR7087D | Vym Canarias | 922 787 210

Callao Salvaje, Apartment

€650
1 bed · Fantastic beach front apartment in el Ancla, Callao Salvaje. 1 bedroom, 1 bathroom, Communal pool and parking. Bills are not included. Rental for a season or more.
Ref: VR7172D | Vym Canarias | 922 787 210

Callao Salvaje, Apartment

€600
1 bed · Apartment with 1 bedroom 1 bathroom, living room and large terrace and a storage in Callao Salvaje. Parking space in the garage is included.
Ref: VR6936D | Vym Canarias | 922 787 210

Torviscas Alto, Studio

€600
Beautiful studio in the Island Village Heights complex in San Eugenio. Fully equipped Bills included up to 50€ per month Very well located Available from June 1.
Ref: VR5973D | Vym Canarias | 922 787 210

Los Abrigos, Apartment

€600
2 bed · Modern 2 bed 1 bath Apartment in Los Abrigos .

American kitchen, Balcony, close to shops transport school and beach, Airport south 15 min. No pets or Children
Ref: LAPR1084 | Los Abrigos Properties | 922 170021

Playa Paraiso, Studio

€550
Bright studio for rent on the seventh floor of the Paraiso del Sur complex. Fully furnished and equipped. Balcony overlooking the ocean and La Gomera. Complex with communal pool, located close to all services.
Ref: VR7089D | Vym Canarias | 922 787 210

Puerto de La Cruz, Apartment

€550
1 bed · This furnished apartment is located in one of the most beautiful areas of Puerto de la Cruz, in the famous attraction and beautiful park "Taoro Parque". From this property you can walk to the city center of Puerto de la Cruz in less than 5 minutes crossing this park. Waterfalls, bars and restaurants can be found in this park. The apartment has a bedroom... For full information see website or contact:
Ref: IR550A | Agata's Real Estate |

Las Americas, Studio

€490
Long term rental. Complex "Borinquen", Las Americas. 2nd floor. Studio apartment with a kitchen, a bathroom and a terrace with pool and ocean views. Complex with a bar, pool and parking. Located very close to the beach.
Ref: VR6970D | Vym Canarias | 922 787 210

Las Rosas, Apartment

€480
Very cosy rustic style studio in grounds of a large house but with its own entrance. Comprises of

lounge, kitchen, bathroom and some outside space. Ideal for someone looking for complete peace and tranquility. Available from beginning of June 2020.
Ref: 00 1173 | Tenerife Prime Property | 922 703 725

Los Abrigos, Apartment

€450
Bright 1 bed Apartment on first floor of small building, central Los Abrigos, close to main amenities. 1 bathroom, living with American kitchen, balcony with seaviews. Pets not allowed. Bills extra. Avail from beginning of May.
Ref: KV0222 | Tenerife Alizes Properties | 922 738653 / 626 274040

Los Abrigos, Apartment

€450
Bright spacious 1 bedroom apartment, in the centre of Los Abrigos, close to main amenities and only a few minutes walk to the port and the sea. Living with American kitchen, 1 double bedroom, 1 bathroom, internal patio, equipped and furnished. First floor, no lift. Bills extra. Pets not allowed.
Ref: KV0224 | Tenerife Alizes Properties | 922 738653 / 626 274040

Puerto de La Cruz, Apartment

€450
We offer a studio located in the center of the city of Puerto de la Cruz, in the Martiane area. It is a furnished studio that has 39 m2 and has a room, bathroom and balcony. Water and electricity expenses are included. 1 month deposit and 1 month commission We are a boutique international real estate agency. Our team is speaking English, German, Russian, P... For full information see website or contact:
Ref: IR500S | Agata's Real Estate



VACANT PROPERTY CHECKS / KEYHOLDING

Due to an increase in people asking for **Vacant Property Checks** over the last six months, and our help in averting major property problems recently, we would like to offer this Service at a **Discounted Rate**.

Whether you are away for a week, or for several months, this Service - offering the best value and our personal attention - may be of interest to you.

What does having this Service mean for you? It means that, simply, wherever you are, you will have peace of mind!

Professional Weekly Property Checks:

For more information, please call our office today:
Tel: 922 797 438 / 673 778 700
Email: info@tenerifeislandrentals.com



Tenerife Island Rentals & Buy Tenerife



Call Donna in our Los Cristianos office +34-922 971 781 or Carol on +34-687 906 607



Spanish and English Lawyers

Conveyancing · Inheritance & Wills
Family Law · Criminal Law
Civil Litigation & Personal Injury
Timeshare · Tax & Commercial law

De Cotta Law

T: 922 719 520

E: tenerife@decottalaw.net

C. C. Terranova, Av. de España s/n, Locales 312 y 313

38660 San Eugenio Costa Adeje . Tenerife

www.decottalaw.com

Business Sales | 922 085 191

Fañabe, Bar/Cafe

€68,500

FRINA Tenerife is happy to offer this Sandwich Café in Fañabe, which is part of a popular and well-known franchise. Hence, it is a great success already and easy to run. Also, this particular café of the franchise has very good reviews on Tripadvisor and Google. Since 2015 the café has been in this amazing location next to the beach, so it is well-established... For full information see website or contact:

Ref: 2280 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Abrigos, Bar/Cafe

€68,000

This traspaso for sale in Los Abrigos is a very popular bar-café in an excellent location. The business has been established for years and has many regular clients. And it has been open for 6 years and is a well-established business in a good area, which keeps expanding. Premises of the Traspaso for Sale The bar-café is spacious 130 m2 with a good size ki... For full information see website or contact:

Ref: 2266 | FRINA Tenerife SL - Business Sales | 922 085 191

Golf del Sur, Pizzeria

€65,000

FRINA Tenerife offers for sale this well-established leasehold pizzeria which is located in Golf del Sur and runs very well since the direct competition in this area is very low. It is a take away and delivery pizzeria which offers pasta dishes as well, but there is a proper extractor in the kitchen so you can expand the menu with other snacks like burger... For full information see website or contact:

Ref: 2273 | FRINA Tenerife SL - Business Sales | 922 085 191

La Orotava, Hairdresser's

€60,000

Hairdresser business transfer in the village of Llano del Camello with the hairdresser licence and esthetic. Contract for rent 850 euros renewable every 5 years. Great opportunity, call us for more information!

Ref: VS4454D | Vym Canarias | 922 787 210

Los Abrigos, Restaurant

€59,500

FRINA Tenerife offers for sale this cozy restaurant in Los Abrigos. It is known for international dishes and a lot of fish and seafood. It serves both locals and many

tourists, and is located in the perfect spot, right next to the ocean in the little fishing village. The business has been running for 10 years, and 5 years with the current owner. The rest... For full information see website or contact:

Ref: 2340 | FRINA Tenerife SL - Business Sales | 922 085 191

Golf del Sur, Commercial Property

€53,000

Freehold commercial premises for sale as an investment in Golf del Sur in the south of Tenerife. This investment brings a fantastic gross return of over 9% annually! The premises are situated on the territory of a luxury time-share and private resort with 184 villas, located just in the middle of a championship golf course. This freehold locale is rented ... For full information see website or contact:

Ref: 1724 | FRINA Tenerife SL - Business Sales | 922 085 191

UNDER €50,000

Roque del Conde, Supermarket

€35,000

Business for sale. Supermarket in Roque del Conde. Fully equipped reformed commercial premises with three air conditioners and video surveillance. With a license and all necessary documents. Monthly fee - 1800 euros with taxes. Good location in a residential area. It is also possible to buy this commercial premises. The total area of 133 m2.

Ref: VS6750D | Vym Canarias | 922 787 210

Puerto Colon, Excursion Business

€32,000

This unique excursion boat for sale includes a battery-driven boat which is charged by the sun so, when you live on the island of eternal spring you will never run out of free power. Moreover, the boat is environmentally safe because no noise or pollution will disturb the animals and you can get very close to the animals here. The overheads are very lo... For full information see website or contact:

Ref: 2251 | FRINA Tenerife SL - Business Sales | 922 085 191

Adeje Town, Bar/Cafe

€30,000

This leasehold café for sale with FRINA Tenerife is located in the old charming city Adeje. It is run as a café-bar and serves breakfast, lunch, and snacks. The guests are a mix of tourists visiting

Adeje and regulars who lives and works close by. Also, the menu is a mix of Spanish and English snacks. It is a smaller business, which of a great size for... For full information see website or contact:

Ref: 2271 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Americas, Bike/scooter Rental Business

€30,000

FRINA Tenerife offers this bike & scooter rental for sale, which has been established for 3 years and is located in a super busy area of Las Americas. This shop offers rentals of bikes, e-bikes, mobility scooters and, wheelchairs. The clients are both pedestrians passing by and clients who find the offers online. Included in the business for Sale Th... For full information see website or contact:

Ref: 2185 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Pool Bar

€26,500

Looking for a great little business in Tenerife? Then you cannot miss this long-established Los Cristianos pool bar. It is located in a complex with 170 apartments that house both tourists and residents. And about 70% of the clients are English. The menu is a variety of cold drinks and snacks like sandwiches, burgers, sangria, and cocktails. Premise... For full information see website or contact:

Ref: 2357 | FRINA Tenerife SL - Business Sales | 922 085 191

Costa del Silencio, Pet wash

€25,000

The Self Service is open 6 days a week and the Groom Room is open Tuesday to Friday. Our Pet Services are available 7 days a week, 365 days a year. Good client base. Security system and medicum sized store room at the side of the shop.

Ref: 2080 | Homes & Away | 922 737 044

Costa Adeje, Clothes Shop

€20,000

Now for sale with FRINA Tenerife is this busy clothing boutique in a shopping center in Costa Adeje. The store sells womens clothes, shoes and bags. It is in a good location where it's guaranteed footfall, and the customers are mainly tourists. The store is 53m2 spacious. The interior is clean, well-maintained and equipped. There is also a small storage r... For full information see website or

LAS CHAFIRAS

BOOK SHOP

NOW ONLINE!
www.laschafirasbookshop.com

The Bookshop is located at Calle Luciano Bello Alfonso No 5 in Las Chafiras (behind and above Pit Team Sur and the Golf Shop, and opposite Marrero Homes). Books cost just €3.00 but we offer a 'Buy two get one FREE' system and we buy books we don't have for 50 cents each.

We now have more than 10,000 books to choose from, either in the Shop itself, or via the internet (www.laschafirasbookshop.com), where you can 'browse' our inventory and order - we will be happy to deliver to anyone not able to get in.

Should you come to the shop and no one is in, just call us on either 609 714 276 or 627 230 360 - we're never very far away and will get back as fast as we can - while you have a coffee at one of the many cafés nearby!



contact:

Ref: 2322 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Americas, Hairdresser's

€10,000

Now FRINA Tenerife offers this Las Americas Hair Salon for Sale. The salon is located in a shopping center at the Golden Mile, Las Americas and enjoys many new and returning clients who visit the area year-round. The salon offers both male and female haircuts. If you are a hairdresser who wishes to run your own salon in Tenerife you cannot miss this ba... For full information see website or contact:

Ref: 2374 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Americas, Retail Business

€8,000

FRINA Tenerife brings to the market this electronic store for sale in Las Americas. The main products are games, laptops, game consoles, and smaller electronic accessories. Moreover, the business also offers repairs of cell phones and has a variety of secondhand electronics. Premises of the Electronic Store for Sale The store is 40 m2 and has a ter... For full information see website or contact:

Ref: 2344 | FRINA Tenerife SL -

Business Sales | 922 085 191

Tenerife South, Local

€2,800

FRINA Tenerife offers this large commercial property and showroom to rent. The premises used to be a motorbike showroom and would be perfect for another showroom or store. The premises are spacious 150m2 and have a large terrace/parking area of 100 m2 too. The premises have large display windows, an electrical garage port, and employee toilets.

Ref: 2269 | FRINA Tenerife SL - Business Sales | 922 085 191



SAFE CLEAN

PART OF G.D.A. GROUP S.L.U. Est 1987

PEST CONTROL

For private villas, apartments, complexes, providing sanidad certificates for Bars & Restaurants

CONTROL DE PLAGAS

Desinsectación, desratización y certificados

www.safecleantenerife.net

CLEANING

Professional upholstery & carpet cleaning, sofas, beds

LIMPIEZA

Limpieza de sofás, alfombras, tapizados etc.

e-mail: info@safecleantenerife.net



Las Americas Restaurant



This restaurant has been established for more than 8 years and is located in one of the busiest areas in Las Americas. It is known as a great family restaurant with lovely service and good value for money. The owner would consider offers.

Ref.: 2387

Price: 120,000€

Large Music Bar



Reduced

REDUCED TO SELL! This music bar in Callao Salvaje is well-known and popular for various entertainment like live music, karaoke, pool/billiard nights and much more. Furthermore, it has a large terrace with sea views.

Ref.: 2130

Price: 35,000€

Dry Clean & Laundry Business



This business offers dry clean, laundry and house cleaning services in Tenerife South. It has been established for 7 years and the clients counts both private persons and larger complexes and hotels.

Ref.: 2351

Price: 69,000€

Successful Restaurant-Bar



Reduced

This large and modern restaurant is located centrally in Los Cristianos and is very spacious with a lovely terrace. It has been established for more than 5 years and was fully refurbished before the reopening. It is perfect for all chef.

Ref.: 2333

Price: 99,000€

Cafe & Cocktail Bar



Reduced

This Los Cristianos Snack & Cocktail Bar has a good reputation, is known for its large cocktails and homemade burger sliders that attracts both locals and tourists. The premises are newly renovated and is 76 m2 altogether.

Ref.: 2356

Price: 22,000€

Cozy Las Americas Bar & Cafe



NEW

This bar & cafe is located in Las Americas among hotels and resident complexes, not far from the beach. It was recently refurbished and has a lovely big terrace with an outdoor bar and a cozy inside with booths and a small kitchen.

Ref.: 2393

Price: 47,000€

New Large Pool Bar



This pool bar has tables for 50 guests and is very well-established and placed in a large and popular holiday resort that has hundreds of tourists every month year-round. If you are looking for a solid business, you cannot miss this.

Ref.: 2385

Price: 135,000€

Bakery & Pastry Company



This S.L. company includes a bakery and 2 cafes. The bakery produces mouthwatering bread and pastry to cafes and restaurants in Tenerife as well as their own 2 cafes. The bakery and the 2 cafes are sold as 1 S.L. company.

Ref.: 2353

Price: 395,000€

Lovely Coffee Bar & Cafe



This modern coffee bar is in the old part of Los Cristianos and enjoys plenty of footfall days and evenings. It has been established since 2017, has great reviews on social media and is known for great service and quality coffees.

Ref.: 2368

Price: 50,000€

Large Modern Restaurant



Reduced

REDUCED TO SELL! This large and well-established restaurant in Los Cristianos has been open for several years and has many fixed clients. It was built to high standards, has a large kitchen and is perfect for professional chef.

Ref.: 2291

Price: 30,000€

Bar with Amazing Views



This tapas bar-cafe is located centrally in Las Americas and offers an outstanding sea view. It is 60 m2 with a terrace that has tables for 30 guests who can enjoy the view. If you are looking for view and location you cannot miss this!

Ref.: 2391

Price: 69,000€

Popular Cabaret Bar

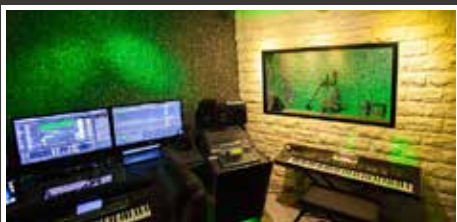


This popular cabaret bar has been established for many years. It is well visited among new and returning tourists and is known for amazing drag shows, singers, and bands. It has tables for 72 guests and the terrace is facing a busy street.

Ref.: 2382

Price: 80,000€

Modern Music Studio

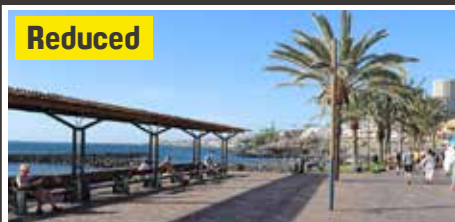


This modern music studio is located in Torviscas. It is 80 m2 and is fully equipped for recording and producing. It was built in 2017 and in excellent condition. Note if you wish to buy it unfurnished for a lower price this is an option too.

Ref.: 2383

Price: 43,000€

First Line in Las Americas



Reduced

This is a rare opportunity to buy a first line café in Las Americas facing the busy promenade. This café is well-established and has a fair rent for this location. It is 40m2 and great for a single person or a couple.

Ref.: 2183

Price: 69,000€

Successful Cafeteria



This Cafeteria in Adeje is the preferred place for breakfast and lunch for residents and workers in the area. It has been established for 18 years and shows a healthy income even though it is only open 5 days a week during daytime.

Ref.: 2390

Price: 69,000€

Luxury Boat Charters



This reputable charter business located in busy in Puerto Colon includes a sailing yacht and a motorboat, which both offers 3-hour excursions to see whales and dolphins but also private charters from 2 hours to full days.

Ref.: 2338

Price: 330,000€

Cafe Leasehold or Freehold



This café is located in Costa del Silencio, has been established for more than 3 years and shows a healthy income. It is a British Café with an international clientele. And is for sale both as a leasehold and a freehold.

Ref.: 2324

Price: 69,000€ / 185,000€

Freehold Bar Investment

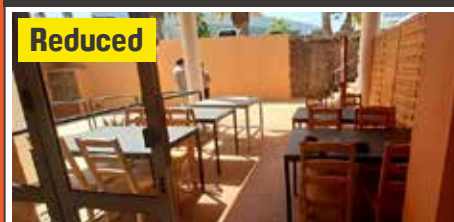


The premises of the freehold are 59 m2 with extractions and toilets installed. It is located in Adeje and is a long-established business in a central location and with good tenants that pay 1,100€ monthly.

Ref.: 2378

Price: 150,000€

Las Americas Pizzeria



Reduced

REDUCED TO SELL! This Pizzeria is located centrally in Las Americas next to the Golden Mile and offers pizzas, and several vegetarian options as well as take away and delivery. It has a fully integrated and equipped kitchen.

Ref.: 2377

Price: 10,000€

Minimarket & Souvenir Shop



This bargain minimarket & souvenir shop is located in a commercial area in Las Americas. It has been running for 3 years and sells a variety of everyday goods, beverages, and souvenirs. Note, the stock is included in the bargain price!

Ref.: 2381

Price: 18,500€