

The Tenerife Property & Business Guide



Part of the Spanish Property Guides group | July 2020 Issue 189

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A 5-Minute Guide to Vitamin D: Here's What it is & Why it's so Important

Alejandra Carrasco, M.D., Integrative & Functional Medicine Physician

Unless you live in the tropics year-round or take supplements proactively, chances are you aren't getting enough vitamin D. And despite widespread educational campaigns to raise awareness, vitamin D deficiency persists in more than half of the world's population. Here's a look at what vitamin D is and the important role it plays in the body, as well as how to test your levels and bring them up if they're low (thankfully, it's pretty easy to do!).

What is vitamin D?

Vitamin D is both a vitamin and a hormone essential for healthy bodily function. Often nicknamed "the sunshine vitamin," vitamin D mostly enters our bodies via the sun, which is absorbed by our skin and converted into a usable form by cholesterol. You can also get some vitamin D from specific foods, and vitamin D supplements are popular for people who aren't able to get their fix from sunshine or food (which, it turns out, is a lot of us).

What does vitamin D do?

While all nutrients play a crucial, symbiotic role in maintaining health, vitamin D is especially important as it is essential for nearly every single bodily system and function including the musculoskeletal, gastrointestinal, renal, endocrine, and cardiovascular systems.* Here's a look at how it affects each one:

1. It helps support thyroid health.

Vitamin D plays a crucial role in thyroid health as it regulates the production of thyroid hormones, which help protect you from thyroid diseases and maintain a healthy weight, mood, sleep cycle, and immunity.* Certain thyroid hormones also play a role in keeping your hair, skin, and nails youthful and strong.

2. It promotes a healthier pregnancy.

Pregnancy, birth, and

carrying for a new baby require an increased amount of stress hormones, sleep deprivation, and stamina. This puts a huge strain on the body's hormonal balance and nutrient reserves, which often results in a compromised thyroid and adrenals. If I could give one piece of preventive advice for a healthy postpartum recovery, it would be to take care of your thyroid before, during, and after your pregnancy—and getting enough vitamin D is a great place to start.

3. It supports immunity.

Optimal vitamin D levels have been shown to positively affect the innate and adaptive immune system in a variety of ways including boosting genetic expression of white blood cells, helping the immune system adapt and ward off infection, and managing inflammation.* There is reason to believe that supplementing with vitamin D could help reduce the risk of COVID-19, but more research needs to be done.

4. It reduces adverse health conditions caused by inflammation.

While some inflammation can be a good thing—like the protective swelling that occurs after a physical trauma—chronic inflammation is problematic, as it causes body breakdown. (Inflammation is now recognized as a causal factor in nearly every chronic condition, from heart disease to depression.)

5. It enhances gut health.

Vitamin D has been shown to play a crucial role

in promoting beneficial gut bacteria, which, in turn, has a positive effect on metabolism.* Further, a variety of studies have shown vitamin D plays a key role in the health of the gut mucosal lining, acting as an anti-inflammatory, anti-infective, and immune booster to protect against viruses and other pathogens.

6. It promotes healthy bones.

You probably already knew this one, but what makes vitamin D good for your bones? The answer lies in the way it helps us absorb calcium, the structural element of our bones.* In the small intestines, vitamin D works to shuttle the calcium we consume from food into the bloodstream. Maintaining adequate calcium and vitamin D levels throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis.

7. It plays a role in healthy genetics and gene expression.

Vitamin D has been shown to be responsible for up to 3% of what's known as "gene transcription," the process in which your inherited genes are expressed or activated.* In other words, vitamin D plays one of the most essential roles in nourishing your body, protecting your genes, preventing acute and chronic disease, and maintaining your overall health.

How to get more vitamin D.

A quick way to up your vitamin D intake is to get more unfiltered, unprotected sunlight each day (see

below for more on this). But if you live in a place where the sun isn't shining year-round or work a job that requires you to spend a lot of time inside, this can be a challenge. In that case, you may need to supplement. I suggest choosing a vitamin D3 supplement, and working closely with your doctor to monitor your levels.

Some foods also contain vitamin D, such as shiitake and button mushrooms (leave mushrooms in the sun to elevate their vitamin D levels), mackerel, sockeye salmon, cod liver oil, sardines, and eggs, but chances are you aren't consuming them in high enough quantities to meet all of your nutritional requirements.

Vitamin D and sun exposure.

There are many healing benefits of the sun, but is there a right way to get vitamin D, especially in the summer? In my experience as a physician and based on the current research, moderate sun exposure is best. Therefore, I recommend getting some unprotected sun exposure every day based on the Vitamin D Council's recommendations for your skin type, location, etc., as follows, and to never let your skin burn. **Then be sure and protect yourself with a nontoxic sunscreen:**

Those with very light to light skin likely need 10 to 15 minutes of unprotected sun exposure. Those with naturally tan skin can take unprotected sun for 15 to 20 minutes. While those with darker skin can safely take one to two hours of unprotected sun exposure.



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156.000€ **2 bed, 2 bath apartment**

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Santa Cruz, Toscal

695.000€ **2 bed, 2 bath penthouse**

Los Cristianos

146.500€ **1 bed, 1 bath apartment**

Las Chafiras

139.000€ **2 bed, 1 bath apartment**

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NEW!

STUDIO - GOLF DEL SUR

RENTAL INVESTMENT!

Spacious studio apartment based on a well located holiday complex in the heart of Golf del Sur. Ideal as a holiday home, budget winter base or as a rental investment. The complex has three community pools, reception area, pool bar, cafeterias and local bars as well as a small but well stocked supermarket. There are good parking facilities and it is within easy reach of all local amenities.

Ref: GOLF01623
Price: €99,000 (approx. £90,000)

NEW!

2 BED APARTMENT - LOS CRISTIANOS

IDEAL HOLIDAY HOME!

A well presented two bedroom, two bathroom apartment on a popular holiday complex. This is a top floor apartment with stunning coastal views from the large terrace. The property has two large double bedrooms, master with ensuite, and a second guest bathroom. Open plan kitchen, comfortable size lounge and dining area with access directly onto the terrace. Air-conditioned and fully furnished.

Ref: LC00592
Price: €189,950 (approx. £172,500)

NEW!

2 BED APARTMENT - GOLF DEL SUR

PERMANENT LIVING!

A great opportunity to purchase a well-maintained, West facing apartment in a quality development, which boasts a generous spread of square metres both internally and externally.... This fully furnished two bedroom, two bathroom duplex apartment is light and bright and would suit either permanent living or a fabulous holiday home. Option to purchase an underground parking space.

Ref: GOLF01619
Price: £174,000 (approx. €191,500)

NEW!

3 BED TOWNHOUSE - ALDEA BLANCA

TURNKEY PROPERTY!

This is an immaculate independent villa found in the residential area of Aldea Blanca. The outside tiled patio area includes a private plunge pool to cool off during those balmy summer days and ample area for dining alfresco. If you are looking for a little bit of luxury away from the busy hustle bustle of the popular tourist areas but close enough to still enjoy then this property is a must view.

Ref: OUT01149
Price: €265,000 (approx. £241,000)

NEW!

3 BED DUPLEX - AMARILLA GOLF

WINTER RETREAT!

This spacious duplex apartment is split over two floors and gives excellent flexibility for comfortable living. It is located within Amarilla Golf and takes full advantage of its position beside the Golf Course and with open views to the coast. Ideal as a permanent home or a winter retreat! Large living areas, independent kitchen multiple terraces and patios, double bedrooms and private garage.

Ref: AMG00551
Price: €319,000 (approx. £290,000)

EXCLUSIVE

3 BED VILLA - CHAYOFA

STUNNING INDEPENDENT VILLA!

This immaculately presented independent villa has been completely renovated to a modern style throughout. Natural light fills the property inside and the beautiful terrace and private pool outside takes advantage of the wonderful Tenerife climate. There is a spacious lounge and dining area, a high quality open plan kitchen and three double bedrooms which all have ensuite bathrooms. Perfect!

Ref: OUT01135
Price: €640,000 (approx. £582,000)

NEW!

5 BED VILLA - CALLAO SALVAJE

VILLA WITH HEATED POOL!

This fully renovated detached villa is located in a quiet cul-de-sac in a pleasant residential area of Callao Salvaje. Enter via private electric gates to a large driveway, private garden and beautiful heated pool with patio area. The villa is stylish and modern with open plan living arrangement and with five bedrooms and four bathrooms including a master ensuite bathroom. An excellent property!

Ref: CS00165
Price: €695,000 (approx. £632,000)

EXCLUSIVE

4 BED VILLA - SAN EUGENIO ALTO

REMARKABLE SUNSETS!

Everything about this fabulous detached villa exudes quality. Bespoke Teak furniture designed by the current owner of the property and imported directly from Thailand is a theme throughout the whole property. Comfortable living areas are found both inside and outside. A private pool and sun terrace with panoramic views of Costa Adeje with remarkable sunsets to enjoy all year round.

Ref: LA01860
Price: €840,000 (approx. £763,500)



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1 BEDROOM APARTMENT - AMARILLA GOLF



A wonderful opportunity to become the proud new owner of an extremely well-appointed ground floor, one bedroom apartment, boasting a peaceful location, golf course views and a West facing terrace, thus guaranteeing glorious sunny afternoons. The complex features three communal pools all of which are heated in the cooler months of the year and there is a nice selection of amenities within walking distance.

Ref: AMG00552

Price: €139,000 (approx. £126,500)

2 BEDROOM APARTMENT - TORVISCAS ALTO



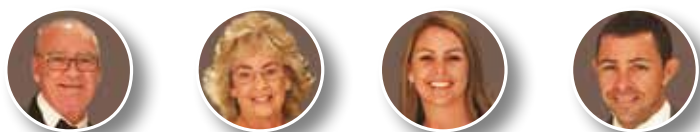
This high quality two bedroom apartment has arguably some of the most breathtaking panoramic views to the Atlantic Ocean you will find! Located in a residential development, ideal as a permanent home or winter base. There is a fully fitted modern kitchen, a spacious and bright lounge with dining area leading to the fantastic 30m2 terrace large enough to dine outdoors as well as relax in the sun! The property is sold fully furnished.

Ref: LA01875

Price: €210,000 (approx. £191,000)



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RESIDENTIAL PROPERTY SALES

Over €350,000

Golf Costa Adeje, Villa

€2,300,000

5 bed · Located in one of the prime locations in the south of Tenerife, this five bedroom villa is a fantastic property to own. Situated on the Adeje Golf course and just a ten minute walk to La Caleta, this property offers something for every member of the family. Whether you decide to read a book in the reading gallery, play a game of cards at the card table, w... For full information see website or contact:
Ref: LUX0254 | Tenerife Island Rentals and Buy Tenerife | 922 797 438

Roque del Conde, Villa

€1,950,000

7 bed · Belfin Property is proud to present for sale this fabulous 7 bedroom villa with fantastic views to the coast and the ocean! Finished in 2009, it was completely refurbished, fully furnished and decorated in 2017 for holiday rental with a proper AV holiday rental permit. This villa occupies a plot of 835 square meters situated in the popular urban... For full information see website or contact:
Ref: V431-BP | Tenerife Belfin Properties | 692 146808

Abama Golf Resort, Villa

€1,540,000

2 bed · A limited collection of 12 magnificent detached homes, each with private pool deck, Villas del Tennis offers the utmost in privacy and the most breathtaking views. Adjacent to the Annabel Croft Tennis Academy, encircled by the brilliant Dave Thomas golf course, Villas del Tennis will appeal to those who demand the best-of-the-best. Some villas comprise of t... For full information see website or contact:
Ref: 7105 | Clear Blue Skies SL | 922 714 772

Torviscas Alto, Villa

€1,350,000

3 bed · Off plan opportunity to purchase a spacious contemporary villa with private pool in the quiet Roque del Conde area of Torviscas. The villa forms part of the Villa16 project comprising of 16 detached luxury villas enjoying breath-taking views over Costa Adeje. A modern living space distributed over 2 floors and offering a fully equipped open plan kitchen a... For full information see website or contact:
Ref: 7638 | Clear Blue Skies SL | 922 714 772

Playa Paraiso, Villa

€1,349,000

3 bed · Magnificent villa with its own private pool and a large terrace overlooking the ocean. This villa has 3 double bedrooms with fitted wardrobes, 2 bathrooms, toilet. The main floor has the kitchen, living room, 2 bedrooms, 1 bathroom, 1 toilet and storage. On the first floor you will find is the master ensuite bedroom with a beautiful terrace with spectacul... For full information see website or contact:
Ref: 7699C | Clear Blue Skies SL | 922 714 772

Abama Golf Resort, Townhouse

€1,280,000

3 bed · Recently completed luxury residence in the exclusive area of Abama Golf. Forming part of the new development known as Casas del Lago (The Lake Houses) this stylish home offers comfortable living in a beautiful surrounding.

This 3 bedroom, 3 bathroom property is presented in a cool, modern stylish with interesting design choices throughout. There is a spac... For full information see website or contact:
Ref: 7664 | Clear Blue Skies SL | 922 714 772

Playa Paraiso, Villa

€1,250,000

7 bed · Beautiful villa located on the residential area of Playa Paraiso. This villa has been built on a plot of approx 1.200 m2 so it offers a very large outside area. The villa comprises of five double bedrooms with fitted wardrobes (master ensuite with jacuzzi bath) plus an

Torviscas Alto, House

€845,000

4 bed · Location: Residential Area ♦ Views: Sea, Mountain ♦ Rooms: Hall/Entrance, Independent Kitchen, Lounge and dining area, Fitted wardrobes, Family Bathroom, Games room ♦ Quality: Quality construction, Furnished, Well presented, Spacious accommodation, Rustic style ♦ Features: Private swimming pool, Jacuzzi, Satellite system ♦ Outside: Sunny Terrace, Large G... For full information see website or contact:
Ref: 4V3135 | Hofman Estates | 922 777 747

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Ref: 7514 | Clear Blue Skies SL | 922 714 772

Los Cristianos, Villa

€1,180,000

4 bed · An immaculate, exclusive and top quality villa in a recently completed residential complex. The villa has been redesigned by its sole owner, converting one of the dining rooms into a separate apartment with its separate kitchen, living room, bedroom and separate bathroom. What makes this setup, perfect for guests or friends. The property is sold fully fur... For full information see website or contact:
Ref: 7487 | Clear Blue Skies SL | 922 714 772

Arona, House

€895,000

5 bed · Luxury Country-Villa with Pool, Bodega and Panoramic Sea View.
Ref: 20140396 | A1 Real Estate & Property Consultants | 922 729395

Armenime, House

€888,000

3 bed · This fantastic villa is situated near the GOLF COURSE of Adeje. Set on 3 floors with unobstructed views. 2 beds with

San Eugenio Bajo, Villa

€800,000

5 bed · Detached villa in San Eugenio: 5 double bedrooms 4 bathrooms of which 2 en suite, entrance hall, kitchen, laundry, private pool of 12 square meters. 3 terraces one of them 96 square meters with 360 degree view. The house overlooks the sea and is a 7-minute walk from Bobo Beach and the Casino. It has a jacuzzi for 6 people and parking for 2 cars with autom... For full information see website or contact:
Ref: V403-HP | Tenerife Belfin Properties | 692 146808

La Tejita, Villa

€780,000

3 bed · Location: Quiet location, Close to the coast, Close to the beach ♦ Close to: Shops, Transport, Town, Restaurants/Bars/Cafes, Coast, Beach, Airport ♦ Views: Pool, Garden ♦ Rooms: Bathroom, Ensuite, Fitted wardrobes, Lounge and dining area, Galley Kitchen, Store rooms, Hall/Entrance ♦ Quality: Modern, Furnished, Charming property, Quality construction ♦ F... For full information see website or contact:
Ref: 3V3419 | Hofman Estates | 922 777 747

Las Rosas, Villa

€735,000

4 bed · Fantastic three storey

full information see website or contact:
Ref: CHA0441 | Tenerife Island Rentals and Buy Tenerife | 922 797 438

Las Americas, Apartment

€720,000

2 bed · The Terraces of Abama is the ultimate luxury development in the Canary Islands. It has been especially designed and created offering the concept of true exclusivity as is befitting of the luxury Abama brand. Clear Blue skies are happy to present for sale the second phase of development which shall be divided into three terraces, each containing a selectio... For full information see website or contact:
Ref: 5484 | Clear Blue Skies SL | 922 714 772

Abama Golf Resort, Apartment

€720,000

2 bed · This gorgeous apartment is situated on the 3rd line of Abama Terraces, with panoramic views to the resort and the ocean. There are 2 spacious bedrooms, 2 bathrooms, built in wardrobes, an open plan modern kitchen and a large terrace which is partially covered. Buying in Abama Terraces you can enjoy all the facilities from the resort as: 24 hour reception... For full information see website or contact:
Ref: ROA2212 Sharon | 2nd Home Tenerife |

Torviscas Alto, House

large Jacuzzi. Spacious office and storage. Garage for 2 cars. Panoramic views to coast.
Ref: Sunil | MK Properties | 922 751 / 630 994991

El Duque, Apartment

€679,000

2 bed · Two bedroom apartment with modern design, high quality and the best location, in the very center of El Duque for sale. This apartment has two bedrooms, two bathrooms, one guest toilet, a patio, an open plan kitchen and a large terrace with pool offering splendid views to Costa Adeje and the ocean. The perfect holiday home and investment opportunity! Baobab... For full information see website or contact:
Ref: RD2081 Sharon | 2nd Home Tenerife |

Playa de la Arena, House

€630,000

5 bed · REDUCED PRICE FOR THIS BEAUTIFUL VILLA! This large villa is situated in the popular residential area of Jardin del Sol, on the coast of Tacoronte in the North of Tenerife. Prestigious location with some of the best views you can get on the island! This villa is built on 2 floors on a 1000 m2 plot and has a massive 520 m2 of built area! On the first flo... For full information see website or contact:
Ref: V409-BP | Tenerife Belfin Properties | 692 146808

Los Cristianos, House

plan lounge with feature ki... For full information see website or contact:
Ref: V425-BP | Tenerife Belfin Properties | 692 146808

Golf del Sur, House

€599,000

3 bed · Immaculate villa on the exclusive Alamos Park development of Golf del Sur. This spacious villa offers bungalow style living and consists of a separate fully fitted kitchen, spacious lounge diner and large conservatory/2nd lounge. The master bedroom benefits from fitted wardrobes, a large en-suite bathroom with sauna and Jacuzzi unit, the second bedroom al... For full information see website or contact:
Ref: 5984 | Clear Blue Skies SL | 922 714 772

Golf del Sur, House

€599,000

3 bed · Location: Close to the coast, Popular urbanisation ♦ Close to: Airport, Coast, Restaurants/Bars/Cafes, Medical Facilities, Shops, Transport ♦ Views: Mountain, Sea ♦ Rooms: Hall/Entrance, Independent Kitchen, Lounge and dining area, Fitted wardrobes, Family Bathroom, Ensuite, Bathroom, Office ♦ Quality: Furnished, Charming property, Rustic style, Spaciou... For full information see website or contact:
Ref: 3V3003 | Hofman Estates | 922 777 747

Golf del Sur, House

€595,000

4 bed · Villa on one level (400m2) with 4 bedrooms 3 bathrooms, 2 living rooms, very large, heated indoor pool, gardens and much more at a bargain price.
Ref: Alamos Park | MK Properties | 922 751 / 630 994991

Torviscas Alto, House

€595,000

4 bed · Superb family villa on four levels in an exclusive, sought after area of Torviscas Alto with breathtaking, panoramic coastal views which must be seen to be appreciated. This well-kept property pays great attention to detail in both its large fully-fitted kitchen and stylish lounge which leads onto the patio with private pool. The master bedroom is en suite... For full information see website or contact:
Ref: 1020 | Clear Blue Skies SL | 922 714 772

Palm Mar, House

€595,000

4 bed · Awaiting description.
Ref: 86-374 | Dr Stange International | 922 793271

Callao Salvaje, House

€595,000

3 bed · Location: Quiet location ♦ Close to: Transport ♦ Views: Pool, La Gomera, Sea, Garden ♦ Rooms: W. C., Bathroom, Fitted wardrobes, American Style Kitchen, Store rooms, Hall/Entrance ♦ Quality: Newly built, Modern, Good condition, Unfurnished, Charming property, Quality construction ♦ Features: Private swimming pool, Double Glazing ♦ Outside: Garden, Sunny... For full information see website or contact:
Ref: 3V3306 | Hofman Estates | 922 777 747

Golf del Sur, Semi-Detached House

€599,500

7 bed · Belfin Property is proud to offer for sale this superb investment opportunity, consists of recently completed 7 bedroom villa with a built surface of 252 m2, on a spacious plot of 1,000 m2, with a 9m x 6m private swimming pool. Ground floor consists of 4 bedrooms all with en-suite wet room style bathrooms and a huge 65 m2 open

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dressing room, 2 baths, 1 toilet, 2 living-lounges (fireside), Library, ample hall, large kitchen with dining, patio canario, garage, pool and much more. Such an exclusive property does not come often on the market. Sold furnished.
Ref: 86-330 | Dr Stange International | 922 793271

property located in a very peaceful area close to Las Galletas. On the ground floor of this property there is a large indoor barbecue area with kitchen, wash room and WC with access to the wrap around terrace. There is a small courtyard for outdoor dining that leads to a self contained apartment which can also be accessed from the m... For

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€695,000

4 bed · Offering delightful views this detached Andalusian style villa is situated in a prestigious area of San Eugenio Alto. Spread over 3 floors the property boasts a large living area comprising of an independent fully fitted and equipped kitchen, utility area, lounge with dining area and shower room on the ground floor, upstairs there are 3 double bedrooms (o... For full information see website or contact:
Ref: 7147 | Clear Blue Skies SL | 922 714 772

Torviscas Alto, Villa

€695,000

4 bed · Location: Central, Close to amenities, Popular urbanisation, Residential Area ♦ Close to: Medical Facilities, Coast, Restaurants/Bars/Cafes, Transport ♦ Views: Sea, Mountain, La Gomera ♦ Rooms: Hall/Entrance, Store rooms, Independent Kitchen, Dining room, Lounge and dining area, Attic, Fitted wardrobes, Dressing room, Bathroom, Family Bathroom, Office, ... For full information see website or contact:
Ref: 4V3396 | Hofman Estates | 922 777 747

San Eugenio Alto, House

€690,000

3 bed · Luxury house with 3 bedrooms 3 bathrooms, independent kitchen, bright lounge, large private garden, terrace and

€630,000

3 bed · Fully furnished 3 bed, 3 bath townhouse near the sea front with pool and gardens. The property measures: Int. 200sqm., Ext. 150sqm.
Ref: 3TH2896 | Hofman Estates | 922 777 747

San Eugenio Alto, House

€600,000

5 bed · Location: Residential Area, Quiet location ♦ Views: Sea, La Gomera ♦ Rooms: Utility room, Fitted wardrobes, Lounge and dining area, Independent Kitchen, Hall/Entrance ♦ Quality: Spacious, Rustic style, Good condition, Furnished ♦ Features: Security shutters, Security system, Satellite system, Private swimming pool, Heated swimming pool, Air conditioning... For full information see website or contact:
Ref: 5V3128 | Hofman Estates | 922 777 747

Golf del Sur, Semi-Detached House

€599,500

7 bed · Belfin Property is proud to offer for sale this superb investment opportunity, consists of recently completed 7 bedroom villa with a built surface of 252 m2, on a spacious plot of 1,000 m2, with a 9m x 6m private swimming pool. Ground floor consists of 4 bedrooms all with en-suite wet room style bathrooms and a huge 65 m2 open

Aguilas del Teide, House

€562,000

3 bed · Beautiful 3 bedroom, all with fitted wardrobes, 3 bathroom (all en-suite) + w. c., fully furnished Villa for sale in popular area in the south of Tenerife. There is a large



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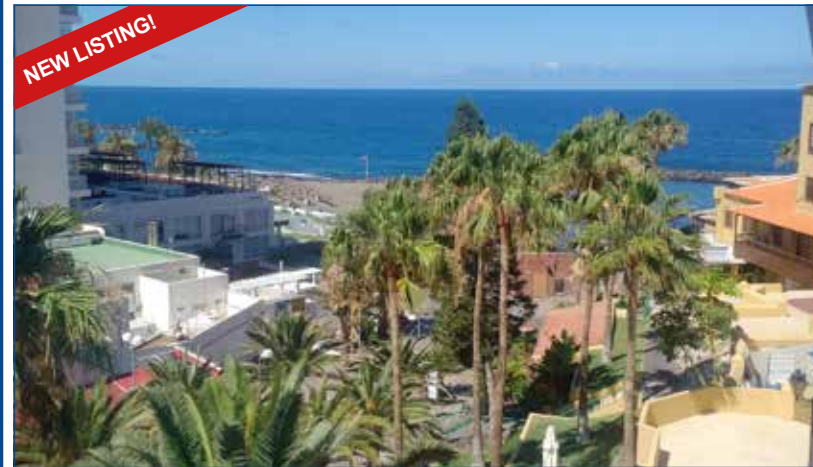
NEW LISTING!

Beautiful, fully furnished, 1 bed, 1 bath apartment with parking space and storeroom in a well-kept residential complex with pool and lifts. The property has an independent fitted kitchen, utility room, spacious lounge/dining room and a balcony with afternoon sun. Very peaceful location in a cul de sac. Excellent value for money!

€88,000

AP123-BP

LAS AMERICAS, PUEBLO CANARIO



NEW LISTING!

Lovely, fully furnished, 5th floor apartment in sea front complex with pool. The property has an open plan kitchen, lounge/dining area and lovely sunny terrace with sea views. A holiday letting licence has been applied for.

€290,000

AP210-HP

SAN EUGENIO ALTO, HOLIDAY VALLEY



Lovely, fully furnished, 2 bed, 1 bath bungalow in sought after complex with pool. The property sits on a good sized corner plot and has a large lounge-diner, American-style fitted kitchen and private sunny terrace with sea views.

€295,000

BU203-BP

ARONA, FINCA



Finca with 5 bed, 3 and a half bath country house. The property is made up of various buildings and a main house with landscaped gardens, gazebos, chill-out areas, various terraces and patios.

€1,190,000

F104-HP

EL MADRONAL, LOS GIRASOLES



REDUCED!

Fantastic modern style 4 bed, 3 bath (1 en suite) villa with private pool. The property has a large (50sqm) lounge/dining area, open plan fitted kitchen, private garden/pool area and parking/storeroom. Extras include aircon. A great family home.

€495,000

V418-BP

FANABE ALTO, BALCON DE FANABE



NEW LISTING!

Lovely 3 bed 2 bath (+WC) townhouse in nice residential location. The property has a balcony, spacious living-dining room, beautiful terrace with extraordinary views and beautiful sunsets, independent kitchen, 2-car garage with direct access to the house.

€385,000

TH307-HP

BUZANADA, LARGE FAMILY HOME



NEW LISTING!

Large, fully furnished, 5 bed, 2 bath family home on 3 levels in popular Canarian town. The property has a large lounge/dining area, open plan kitchen, balcony, terrace, roof terrace and garage. Lovely sea and mountain views from the 100sqm roof terrace.

€270,000

VH108-BP

EL MEDANO, LA MARETA



REDUCED!

Fully furnished, 3 bed, 2 bath luxury corner townhouse in small sea front complex. Originally a 3 bed 2 bath property, but the 3rd bedroom has been converted into a walk-in wardrobe. Lovely tranquil location beside one of the best beaches in Tenerife.

€299,000

TH305-AG

PALM MAR, LUXURY VILLA WITH POOL



REDUCED!

Beautiful, fully refurbished modern 4 bed, 3 bath (all en suite plus WC), villa with own pool on a 500sqm plot overlooking the village and the sea. The property has a large lounge/dining area, American style kitchen, large sunny terrace.

€980,000

V415-BP

ROQUE DEL CONDE

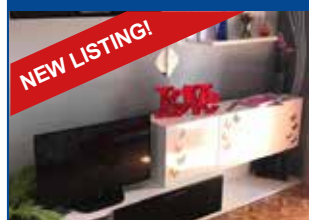


Lovely and spacious 2 bed, 2 bath (1 en suite) townhouse situated in residential area with beautiful sea views. The property enjoys 2 good-sized terraces and a private closed garage.

€265,000

TH205-HP

LAS AMERICAS, ALTAMAR



NEW LISTING!

Spacious (78sqm) fully furnished and refurbished 2 bed, 2 bath townhouse on popular residential complex with pool in central Las Americas. The property has a lounge/dining area, open plan fitted kitchen and 2 sunny terraces

€195,000

TH206-HP

LOS CRISTIANOS, PLAYA GRACIOSA I



NEW LISTING!

Lovely, fully furnished 2 bed, 1 bath apartment on sought after complex with pools close to the sea front. The property has a large lounge/dining area, refurbished kitchen and bathroom, utility room, and two large sunny terraces.

€331,000

AP215-AG



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Costa del Silencio, Amarilla Bay

Well-maintained, fully furnished, 1 bed, 1 bath (60sqm with 12sqm terrace) ground floor apartment in popular sea front complex with pool.

Com. Fees: €110 per 2 months.

Ref: 58-0520

€99,000



Costa del Silencio, Costa Sol

Lovely fully furnished 2 bed, 1 bath apartment on sea front complex with pool and children's pool. This ground floor apartment (63sqm) has a lounge/diner, semi-separate kitchen and huge (116.96sqm) sunny terrace.

Ref: 19-1019

€220,000



Costa del Silencio, Coral Mar

1 bed, 1 bath apartment in need of refurbishment. Sunny 22sqm terrace. Open kitchen. Part-furnished. Complex with pool, close to all amenities.

Ref: 46-0220

€105,000



Costa del Silencio, San Miguel

Beautiful 3 bed, 2 bath detached villa on large 1426sqm plot. The property has an open kitchen, spacious living room, and is accessed via a private path and has a separate garage.

Ref: 52-0320

€595,000



Costa del Silencio, Los Geranios

Beautiful 1 bed apartment of 40sqm located on the 1st floor with 15sqm terrace overlooking swimming pool. Direct access from the terrace to the large roof terrace (20sqm).

Ref: 18-1019

€129,900



Costa del Silencio, Balcon del Mar

Fully furnished, well-maintained 1 bed, 1 bath first floor apartment on this sought after, sea front complex with beautiful pool and sunbathing terraces. The property enjoys lovely sea views and has a lounge/diner, open plan kitchen and a sunny terrace.

Ref: 50-0320

€155,000



Costa del Silencio, Amarilla Bay

Very nice, fully furnished, 1 bed, 1 bath ground floor poolside apartment on popular sea front residential complex with pool. The property has a lounge/diner, renovated kitchen and sunny 12sqm terrace/garden. Extras include internet access.

Ref: 57-0520

€119,000



Costa del Silencio, Parque Don Jose

Nice 1 bed, 1 bath ground floor apartment on this sought after complex with lovely pool area. In very good condition! 25sqm sunny terrace. Community Fees: €137 / month.

Ref: 53-0320

€145,000



Costa Adeje, Apartment

Beautiful, fully furnished, 2 bed, 1 bath apartment (70sqm total) in a well maintained and quiet complex with pool. The property has a lounge/diner, sep. kitchen, laundry room, and a 10sqm South-West-facing terrace with beautiful sea views. Extras incl. a parking space and storeroom.

Ref: 1484-0519

€235,000



Palm Mar, La Artenita

Beautiful, fully furnished 2 bed, 1 bath apartment in sought after complex with rooftop pool enjoying spectacular, panoramic sea views! The property has a lounge/dining area, open plan kitchen, sunny terrace, parking space and storeroom.

Ref: 1315-0917

€220,000

C.C. El Trebol, Local 37,
Avda. J. A. Tavo,
COSTA DEL SILENCIO,
38630, Tenerife.

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Property | 922 703 725

El Galeon, Townhouse

€420,000

4 bed · Beautiful four bedroom property located on the La Capitana complex in El Galeon. On the ground floor there is a large living room, kitchen, bedroom and bathroom and on the upper floor there are three good sized bedrooms and two bathrooms, the master bedroom is ensuite. Although located on a complex with community pool, this property feels like a detached ... For full information see website or contact:
Ref: PUE0402 | Tenerife Island Rentals and Buy Tenerife | 922 797 438

Los Realejos, Villa

€420,000

6 bed · Villa with its own large plot of urban and rustic land in Zamora Los Realejos in the north of Tenerife. The property has a large house, an independent apartment, attic, wooden pool house, swimming pool, out buildings, large water tank and 7,500 m2 of land (2,000 m2 is building land if required) wooden ceilings throughout. There is a large kitchen dining ... For full information see website or contact:
Ref: J2450CV | Agata's Real Estate |

Palm Mar, House

€418,000

4 bed · Awaiting description.
Ref: 84-303 | Dr Stange International | 922 793271

El Galeon, Apartment

€415,000

3 bed · One bedroom apartment for sale at Baobab. Situated on the top floor, modern apartment with large terrace and views to the ocean and also the skyline of Costa Adeje. The price includes high quality and modern furniture. In this apartment you will find state of the art materials and a very practical layout with an equipped kitchen with island, a bathroom wi... For full information see website or contact:
Ref: ROA3197 Sharon | 2nd Home Tenerife |

Puerto de La Cruz, Apartment

€409,000

2 bed · For sale: residential development of design apartments in the heart of Puerto de la Cruz, surrounded by all kinds of services and close to the sea. The complex, after its development, will be surrounded by a public free urban park. All the apartments have large windows with large terraces, kitchens furnished with appliances and a private closed garage. Bo... For full information see website or contact:
Ref: R1490A-BH | Agata's Real Estate |

Palm Mar, Townhouse

€408,000

3 bed · We are happy to offer for sale a house in Corazones de Palm Mar, in a quiet urbanization near the sea and all the infrastructure with bars, restaurants, supermarkets, hairdressers and gym. It is close to La Rasca Natural Reserve with trails and natural pools. Ideal for lovers of nature and sports. House is very sunny with private pool facing south, parkin... For full information see website or contact:
Ref: S1246 | FRINA Tenerife SL - Property Sales | 922 085 191

Amarilla Golf, Villa

€405,000

4 bed · Green South Villas 9 exclusive detached villas in Amarilla Golf on sale! Green South Villas residential project, comprising 9 exclusive detached villas in Amarilla Golf course in south Tenerife, is one of the most beautiful settings for playing golf on the shores of the Atlantic Ocean while enjoying breathtaking views of the Teide mountains. Situated just... For full information see website or contact:

Ref: C6405V | Agata's Real Estate |

Roque del Conde, Townhouse

€399,950

4 bed · Lovely, spacious, fully furnished and equipped 4 bed, 4 bath (2 en suite) semi-detached townhouse with own swimming pool in quiet, sought after complex situated close to amenities. The property, which enjoys lovely sea and La Gomera views, has a lounge/diner, independent fully fitted kitchen, terrace/garden, and double garage. A very nice family home.
Ref: S-04 1395 | Tenerife Prime Property | 922 703 725

San Eugenio Alto, House

€399,000

3 bed · Beautiful detached villa in San Eugenio with spectacular sea views. The property has 3 bedrooms with fitted wardrobes and 2 complete bathrooms, one with bath and the second one with shower. Also there is a fully fitted kitchen, a utility room, a guest toilet and a large living room with lots of natural light and splendid views over Costa Adeje. The villa ... For full information see website or contact:
Ref: ROA3069 | 2nd Home Tenerife |

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- ✓ Functional Recovery
- ✓ Electrotherapy

Ma Milagros Sancho Martin, Col. No: 117 Carretera General Guaza, No 9, GUAZA Monday - Friday 9am - 1pm, 3pm - 6pm

3 bed · Beautiful detached villa in San Eugenio with spectacular sea views. The property has 3 bedrooms with fitted wardrobes and 2 complete bathrooms, one with bath and the second one with shower. Also there is a fully fitted kitchen, a utility room, a guest toilet and a large living room with lots of natural light and splendid views over Costa Adeje. The villa ... For full information see website or contact:
Ref: ROA3069 | 2nd Home Tenerife |

Costa del Silencio, House

€395,000

3 bed · This recently renovated house with high quality is located in a quiet area, but is attractive due to its accessibility and the nearby beach. The property is divided in two floors. The ground floor has a spacious lounge with access to the sunny terrace. The kitchen is modern and has all the necessary accessories. In total there are three bedrooms, one que... For full information see website or contact:
Ref: ROA31040 | 2nd Home Tenerife |

Roque del Conde, Townhouse

€395,000

4 bed · We are pleased to offer a lovely fully equipped townhouse in complex Alto de Roque in Roque del Conde. This townhouse of 156 m2 is prepared to welcome a family for a holiday, longer stay or as an investment. The living room offers a large space with comfortable sofa beds and a dining The modern architecture in combination with the palm trees provides an i... For full information see website or contact:
Ref: D1242 | FRINA Tenerife SL - Property Sales | 922 085 191

Amarilla Golf, Villa

€395,000

4 bed · Green South Villas 9 exclusive detached villas in Amarilla Golf on sale! Green South Villas residential project, comprising 9 exclusive detached villas in Amarilla Golf course in south Tenerife, is one of the most beautiful settings for playing golf on the shores of the Atlantic Ocean while enjoying breathtaking views of the Teide mountains. Situated just... For full information see website or contact:
Ref: C6395V | Agata's Real Estate |

Icod de Los Vinos, Villa

€395,000

6 bed · This property is located in a very quiet area of Icod de los Vinos, Northern Tenerife. It could be ideal for holiday rental as there are

numerous sleeping accommodations and three separate apartments. The main house has 3 bedrooms, two bathrooms and a spacious living room. All bedrooms have fitted wardrobes and bright light through the large windows. A... For full information see website or contact:
Ref: R3450V | Agata's Real Estate |

La Caleta, Apartment

€392,295

3 bed · This lovely ground floor apartment with 3 bedrooms and 2 complete bathrooms is situated in a lovely complex in the picturesque fishing village of La Caleta, surrounded by a nature reserve and only 300 metres from the sea. A

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- ✓ Neurodynamic Techniques
- ✓ Functional Recovery
- ✓ Electrotherapy

Ma Milagros Sancho Martin, Col. No: 117 Carretera General Guaza, No 9, GUAZA Monday - Friday 9am - 1pm, 3pm - 6pm

garage and a store room are included in the price. The complex also has a spa, gymnasium, swimming pool and sauna as well as a putting... For full information see website or contact:
Ref: NC3004 | 2nd Home Tenerife |

Amarilla Golf, House

€390,000

4 bed · For sale 9 attractive detached villas in Green South Villas, Amarilla Golf. It has an emblematic design. To build these properties, natural materials have been used that are in harmony with the surrounding landscape. The design of the villas and how they fit into their location creates an atmosphere of tranquility that will allow you to enjoy their terrac... For full information see website or contact:
Ref: ROA4135 | 2nd Home Tenerife |

Amarilla Golf, House

€390,000

4 bed · Belfin Property is proud to present this new luxury development located on the south coast of Tenerife at the Amarilla Golf urbanization. Just 9 brand new detached villas are available for discerning buyers, at exceptional prices. Green South Villas enjoy spectacular views of the golf course and the mountains. Each villa has four bedrooms, three bathrooms... For full information see website or contact:
Ref: V428-BP | Tenerife Belfin Properties | 692 146808

Chio, Townhouse

€390,000

7 bed · We have a wonderful investment opportunity for someone dreaming of owning a rural property in the south of Tenerife. Located in the charming village of Chio, Guia de Isora sits this seven bedroom property divided into two buildings, in the main house there are six spacious bedrooms, two bathrooms, kitchen and a large living, dining area. The smaller indep... For full information see website or contact:
Ref: S1054 | FRINA Tenerife SL - Property Sales | 922 085 191

Los Realejos, Finca

€389,000

3 bed · Price reduced! House with a lot of potential with almost 10,000m2 of a rustic land. Can be rented out to be cultivated as a plantation. House has lovely sea views and is very well connected to the highway. Call me for details or

more pictures please. Please contact Agata's Real Estate team for any details. The offer is subject to errors, price changes, omissions... For full information see website or contact:
Ref: A2450C | Agata's Real Estate |

Callao Salvaje, Villa

€378,000

3 bed · Detached House in Callao SalvajeA fantastic spacious and detached villa in Callao Salvaje, in a very quiet area. With a total plot of 220 m2 and a living area of 87 m2. Well maintained villa, has 3 bedrooms and 2 bathrooms, all equipped (furnished and decorated), brand new and with good quality. The exterior has a spacious terrace that surrounds the house... For full information see website or contact:
Ref: C6378V | Agata's Real Estate |

Torviscas Alto, House

€375,000

2 bed · With the opening of CC Gran Sur, Torviscas Alto has now become one of the most attractive areas, just outside Las Americas. Resid. complex with lovely pool area* Bung. with 2 bedroom and 2 bathrooms (1 ensuite)*Sun all day *Unique views of Las Americas, Atl. and La Gomera. This beautiful property will be sold furnished with garage space and store room.
Ref: 85-306 | Dr Stange International | 922 793271

Arona, Apartment

€375,000

4 bed · This surprisingly spacious apartment in Los Cristianos is very comfortable and situated just a few steps away from the "playa de las Vistas" beach, many shops and restaurants. Its layout also offers many possibilities. In the apartment there are 4 bedrooms, 2 bathrooms, 2 kitchens, a laundry room, a large living room with dining area, a 15 m2 terrace on t... For full information see website or contact:
Ref: ROA4078 | 2nd Home Tenerife |

La Orotava, Villa

€370,000

4 bed · This property is located in a quiet and peaceful area in La Orotava at 10 minutes from Puerto de la Cruz by car. The house has amazing sea views from many rooms of the villa. On the 506 square meter plot, the 124sqm house is located and a 40sqm independent apartment. The house itself has 3 bedrooms and 1 bathroom. The apartment has a living/bedroom and ba... For full information see website or contact:
Ref: R2390V | Agata's Real Estate |

Currencies Direct

Call Donna in our Los Cristianos office +34-922 971 781 or Carol on +34-687 906 607

Vilafior, Finca

€370,000

Estate in Vilafior (near the trevejos area) of 50,000m2 with production + subsidy and project approved by the council for the construction of more than 1500m2 of warehouse, visitor center, Bodega or restaurant. The grape subsidy is over 3500€ per year. The grapevines are not yet producing 100% (usually given at 3 or 4 years) the vines are currently 3 year... For full information see website or contact:
Ref: D1175 | FRINA Tenerife SL - Property Sales | 922 085 191

Playa Paraiso, Apartment

€367,500

3 bed · We offer for sale this spacious 100m2 apartment in the complex Ocean Garden in Playa Paraiso. The property is in very good condition and newly renovated (2019). The apartment has 85m2 and is located on the fifth floor. It comprises three double bedrooms, two bathrooms, an open American style kitchen and a living room with direct access to the balcony of 1... For full information see website or contact:
Ref: S1045 | FRINA Tenerife SL - Property Sales | 922 085 191

Roque del Conde, House

€365,000

4 bed · Magnificent house on corner plot. 4 bedrooms, 3 bathrooms. Lounge, dining area, independent kitchen, garage for 3 cars. Large terrace and private garden. All with excellent views. Complex with pool.
Ref: Corner | MK Properties | 922 751 / 630 994991

Buenavista del Norte, Villa

€365,000

3 bed · Beautiful country house in Buenavista del Norte in the north of Tenerife. This well presented property is over two floors, very spacious with two reception rooms, two kitchens, roof terrace with glorious views and all surrounded by well kept pretty gardens with many fruit trees. There is also an

Studio 4 Decor

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outside kitchen, conservatory (winter garden) and large Aver... For full information see website or contact:
Ref: J3380V | Agata's Real Estate |

Amarilla Golf, Villa

€360,000

2 bed · Immaculate, open plan, two bed, two bath (one en-suite) villa with air conditioning, driveway, gardens front and rear, private swimming pool and large entertainment area. Close to the golf course.
Ref: 2059 | Homes & Away | 922 737 044

Alcala, Finca

€350,000

1 bed · Location: Quiet location, Rural location. Views: Mountain, Sea, La gomera. Additional: Development possibilities, Viewing recommended. Rooms: Bathroom, Lounge and dining area, American style kitchen. Quality: Rustic style. Outside: Various gardens, Various terraces, Garden, Sunny terrace. Parking: Off street parking.
Ref: 406-F1 | Island Estates | 922 790 767

Alcala, Finca

€350,000

1 bed · Location: Quiet location, Rural location. Views: Mountain, Sea, La gomera. Additional: Development possibilities, Viewing recommended. Rooms: Bathroom, Lounge and dining area, American style kitchen. Quality: Rustic style. Outside: Various gardens, Various terraces, Garden, Sunny terrace. Parking: Off street parking.
Ref: 406-F1 | Island Estates | 922 790 767

Vilafior, Rural Property

€350,000

3 bed · Reduced by 35,000€! This beautifully restored Canarian house

is situated in the village of Vilafior which is on the edge of the pine forest leading to Mount Teide and approximately 30 minutes drive to the coast. The property is over 350 years old and has been tastefully restored to a high standard but in keeping with the rustic style. It has three bedroom... For full information see website or contact:
Ref: MAS0082 | Tenerife Island Rentals and Buy Tenerife | 922 797 438

Palm Mar, Apartment

€350,000

Fantastic and spacious penthouse for sale in Palm-mar with large living area, fitted kitchen, 2 double bedrooms and 2 bathrooms, 2 large terraces with nice pool and sea views. Price includes a parking spaces. The residential complex has an heated pool and is located close to the sea.
Ref: RP237 | 2nd Home Tenerife |

Palm Mar, Apartment

€350,000

2 bed · Location- Quiet location- Close to shops- Residential area- Close to the coast- Close to transport- Central- Exclusive development- Close to amenities- Gated community- Close to restaurants/bars/cafesViews- La gomera- Pool- SeaAdditional- Viewing recommendedRooms- Bathroom- Fitted wardrobes- Lounge and dining area- W. c.

Quality- Built to a high standard... For full information see website or contact:
Ref: 504-D2 | Island Estates | 922 790 767

€349,999 - €250,000

Costa del Silencio, House

€340,000

6 bed · Large house in popular area of Costa del Silencio which is on 3 floors. There are 6 bedrooms, 3 bathrooms, separate fitted kitchen, lounge, various terraces, patios and large car port. This property needs some tlc but has lots of potential to be a fabulous family home.
Ref: S-06 1314 | Tenerife Prime Property | 922 703 725

Palm Mar, Apartment

€330,000

2 bed · Beautiful, bright and spacious two bedroom, two bathroom apartment on the modern Las Olas complex which stands at the entrance to Palm Mar. A short walk takes you to the sea front and all of the amenities that this up and coming village has to offer. There are two terraces, one that overlooks the swimming poolThe property is sold fully furnished and the ... For full information see website or contact:
Ref: PMSR0051 | Palm Mar Sales and Rentals | 677-623713 | 671-129558

Granadilla, Detached House

€329,000

4 bed · Gorgeous family home situated in Granadilla de Abona, boasting stunning open air spaces with mountain and seaviews. The two-story property is built on 140m2, of an overall area of approximately 205m2. The residence consists of four double bedrooms, two of which have en-suite bathrooms, plus two separate bathrooms. There is an



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JULY OFFERS!

Windsor Park, San Eugenio Alto

1 bedroom apartment with large terrace and sea views.
€158,000 Ref: N1359

Castle Harbour, Los Cristianos

Studio apartment.
€135,000 Ref: A403

Las Flores, San Eugenio

Studio apartment with sea views.
€159,950 Ref: A423

Villamar, San Eugenio

FRONT LINE!

1 bedroom, 1 bathroom apartment.
€320,000 Ref: N1390

Parque San Eugenio, San Eugenio

2 bed, 1 bath bungalow with garden and roof terrace.
€249,000 Ref: T1124

Parque Cristina, San Eugenio Alto

OPPORTUNITY!

Beautiful 2 bedroom, 1 bathroom apartment in this exclusive residence. The property is spacious and light and has a very large, private terrace with fabulous sea views. The complex benefits from a heated swimming pool and sunbathing terrace.
£215,00 Sterling Ref: T1192

PROPERTIES ARE IN DEMAND! WE OFFER A FREE VALUATION!

SPECIAL OFFER: ENERGY EFFICIENCY CERTIFICATES PLEASE CALL US FOR MORE INFORMATION!

Panorama, San Eugenio Alto

Fantastic opportunity to acquire a 1 bedroom, 1 bathroom penthouse apartment on this front line complex. The property is in a prime position and has lovely sea views from the terrace. The complex benefits from a reception, parking, heated swimming pool, pool bar and restaurant.
€205,000 Ref: N1346

Palo Blanco, San Eugenio

2 bedroom, 1 bathroom bungalow.
€275,000 Ref: T1179

Santa Maria, Torviscas

1 bedroom apartment with large terrace.
€199,950 Ref: N1385

Villas Tagora, San Eugenio Alto

3 bedroom, 3 bathroom semi-detached villa.
€450,000 Ref: I1313

Roque del Conde, Torviscas Alto

Detached villa on plot of 800m2.
€1,200,000 Ref: I1209

Bungalow, Chayofa

2 bedroom, 1 bathroom bungalow with terrace and garden with games room, wine cellar.
€295,000 Ref: T1196

Translators available for any other languages.



Tel: 922 724 110 • Sales: Lynne: 699 250 870 Rachel: 608 573 443
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 Mobile: 625 950 517



Calle Tagara,
 Jardin Botanico
 Local 8
 ADEJE



OPPORTUNITY OF THE MONTH!

ADEJE, LAS TORRES	ADEJE, EL GALEON	CHIMICHE	PLAYA SAN JUAN
Very nice, spacious, fully furnished, 2 bed, 2 bath duplex (on 2 floors) apartment with living room, kitchen, sunny terrace and a parking space. Centrally located in great position close to all amenities. A perfect home!	Lovely 3 bed, 2 bath duplex apartment with 2 large terraces and a garage in the exclusive Parque Galeon complex with community pool. A great opportunity!	2 bedroom house in quiet village. Roof terrace, patio. Lots of potential. Great views.	Fantastic 3 bed, 3 bath house (300sqm living area on a 500sqm plot) with private pool, lots of outside space with terraces and BBQ area. Amazing views of the sea, La Gomera, and mountains (and from the terrace you can even see Mount Teide!).
Ref: 1094 €179,000	Ref: 1142 €370,000	Ref: 1141 €95,000	Ref: 1144 €425,000

**We cover the whole of the South ...
 That's why we have two Offices (in Adeje and Alcala!)**

**PROPERTIES WANTED FOR RENT
 CLIENTS WAITING!**

<p>Playa Paraiso</p> <p>Wonderful 2 bed, 2 bath (master en suite) duplex apartment in Adeje Paradise with several pools and a playpark. The property is in very good condition and has a terrace with beautiful sea views.</p> <p>Ref: 1139 €325,000</p>	<p>La Escalona (Vilaflor)</p> <p>REDUCED!</p> <p>Finca with 4 bed, 1 bath house with living room and kitchen. Unfurnished. In addition, it has a terrace, swimming pool, patio and gardens with fruit trees, sea views and a 2-car garage.</p> <p>Ref: 939 €198,000</p>	<p>Adeje</p> <p>One bed Apartment of 70m2 with big bathroom, living room and kitchen, big terraces and sea views. Complex with pool.</p> <p>Ref: 1122 €140,000</p>	<p>Los Abrigos</p> <p>Beautiful 2 bed, 2 bath front line villa with terraces in a fantastic residential area. Fully furnished and equipped. 600sqm plot.</p> <p>Ref: 1098 €500,000</p>	<p>Tejina de Isora</p> <p>REDUCED!</p> <p>Suitable for complete reform. 95sqm house on 752sqm urban plot with 2 two bedrooms, kitchen and living room. Potential to extend or add an annex.</p> <p>Ref: 1092 €220,000</p>	<p>Puerto Santiago</p> <p>Great 10,00sqm finca with fruit trees in Los Gigantes. 80sqm house with avocado trees and beautiful sea views. Lots of potential.</p> <p>Ref: 723 €360,000</p>
<p>El Roque (San Miguel)</p> <p>REDUCED!</p> <p>Lovely, tastefully decorated 2 bed, 1 bath independent house (86sqm on plot of 213sqm), all on one level. The property has a large living room with open plan kitchen, garden, terrace, parking, and a roof terrace.</p> <p>Ref: 1127 €275,000</p>	<p>Las Americas</p> <p>Beautiful bungalow in the quiet complex of Las Flores with pool, located second line to the sea. This property has beautiful views from its terrace and living room.</p> <p>Ref: 1137 €380,000</p>	<p>Adeje</p> <p>REDUCED!</p> <p>Spacious and bright 3 bed, 3 bath villa with living room, kitchen, garden and terraces, plus small, separate studio. Fantastic views. Quiet location.</p> <p>Ref: 792 €550,000</p>	<p>Guia de Isora</p> <p>REDUCED!</p> <p>Great 4 bed, 2 bath house with kitchen, garden, terrace and BBQ area, in quiet location. Wonderful views.</p> <p>Ref: 316 €275,000</p>	<p>Tejina de Guia</p> <p>Fully furnished 3 bed, 2 bath detached house with living/dining area, kitchen, 3-car garage and wonderful terraces with incredible views. Ready to move into!</p> <p>Ref: 817 €320,000</p>	<p>Taucha</p> <p>Beautifully presented 3 bed, 3 bath (+WC) house with interior patio and awesome sea views.</p> <p>Ref: 317 €255,000</p>

bedroom, 2 bathroom duplex bungalow on the sought after complex of Parque San Eugenio.
Ref: T1182 | Tenerife Properties | 630 372702

Guia de Isora, Townhouse
€268,000

3 bed · If you are looking for real Canarian living then this large three bedroom house in the popular village of Guia de Isora may be ideal. Comprising 200m2 of internal space over two floors, on the ground floor there is the main access to the house, a garage for three cars and the third bedroom with its own bathroom, upstairs is the living area with two bedrooms... For full information see website or contact:

Ref: D1056 | FRINA Tenerife SL - Property Sales | 922 085 191

Las Americas, Apartment
€267,500

2 bed · Fabulously located spacious 2 bedroom apartment on Parque Santiago II in Playa las Americas. Situated just 50m away from one of the best beaches on the South coast of Tenerife. Internally this spacious apartment consists of 65m2 of living accommodation being distributed as, large lounge with semi independent modernised kitchen off, 2 bright and airy double ... For full information see website or contact:

Ref: 41957 | Crown Property Services | 922 176 883

Llano del Camello, House
€266,900

3 bed · Spacious 3/4 bed, 2 bath townhouse with front and rear terrace and large integrated garage on residential complex. Ideal family home!

Ref: 1935 | Homes & Away | 922 737 044

Golf del Sur, House
€265,000

3 bed · Reduced by 10,000 Euros - 3 bedroom Bungalow with lovely views to the golf course, mountains and partial sea. This property is part furnished, has a fully fitted kitchen and utility room, lounge, 2 bathrooms, various terraces and off road parking. Totally refurbished.
Ref: 1842 | Tenerife Properties | 630 372702

Roque del Conde, Duplex
€265,000

2 bed · We offer for sale that penthouse of 75m2 in Roque del Conde, Troviscas Alto. The apartment consists of two bedrooms, two bathrooms, an open kitchen and a living room that reaches the terrace of 35m2 with incredible views of the Ocean. There is a parking space and storage. The community fee is 100€ per month (excl. water and electricity).
Ref: S1146 | FRINA Tenerife SL - Property Sales | 922 085 191

El Medano, Duplex
€265,000

2 bed · 265.000€ Duplex con terraza mas azotea privada y VISTAS AL MAR. Vivienda de 2 dormitorios dobles y 2 baños, se encuentra el residencial Los Martines que cuenta con piscina, zona de juegos infantil y pistas de paddle. Se trata de un dúplex con azotea privada y vistas inmejorables. Frente a la playa del Cabezo y a 10 minutos caminando del centro de El Mé... For full information see website or contact:
Ref: CP2081 | Crown Property Services | 922 176 883

Amarilla Golf, Apartment
€265,000

3 bed · A beautifully presented apartment situated on the first floor with lift access. The property comes fully furnished and consists of an independent galley style kitchen with utility room, lounge, dining area, three bedrooms and two bathrooms plus two terraces, one

overlooking the golf course and sea and the other with pool and mountain views. Private lockab... For full information see website or contact:

Ref: 7077C | Clear Blue Skies SL | 922 714 772

Chayofa, Townhouse
€265,000

2 bed · We offer for sale this house of 212m2 in Chayofa. The house has three bedrooms converted into two, one bathroom, a kitchen, living room and a 66m2 terrace with large garden and sea view. There are two

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private garage spaces with access to the house. The house is sold partially furnished. Community fees are 28€ per month.
Ref: S1153 | FRINA Tenerife SL - Property Sales | 922 085 191

El Duque, Apartment
€265,000

2 bed · Modern well presented upper floor, 2 bedroom apartment on the quiet residential complex "Bellamar" in Playa Fanabe. Internally the apartment is presented in 1st class condition throughout and is being sold part furnished with quality items. Bellamar is a popular complex for many different nationalities, situated in a very desirable area in Playa Fanabe wh... For full information see website or contact:
Ref: 41306 | Crown Property Services | 922 176 883

El Duque, Apartment
€265,000

2 bed · We offer for sale this beautiful apartment of 86m2 in the complex El Tesoro del Galeon, Adeje. The apartment consists of two bedrooms, one bathroom, a separate kitchen, living room and a big terrace of 15m2 with seaweiv. The complex offers a swimming pool, sauna and gym.
Ref: S1157 | FRINA Tenerife SL - Property Sales | 922 085 191

Callao Salvaje, Apartment
€264,000

2 bed · Renovated two bedroom apartment located in the popular complex of Sueno Azul in Callao Salvaje. The property has been upgraded including new plumbing and electrics and comprises of an entrance hall, quality fully fitted kitchen with modern electrical appliances, spacious lounge with dining area, master bedroom with ensuite bathroom, second double bedroom,... For full information see website or contact:
Ref: 7562C | Clear Blue Skies SL | 922 714 772

Playa Paraiso, Apartment
€263,000

2 bed · Beautiful, fully furnished 2 bed, 1 bath 1st floor apartment on sought after complex with heated pool and children's play area. This spacious property enjoys sea and mountain views, has a lounge/dining area, American-style fitted kitchen, large sunny terrace and a secure garage space and storeroom. Lifts throughout the complex. Community fees €57/month.
Ref: S-02 1401 | Tenerife Prime Property | 922 703 725

Arafo, Semi-Detached House
€262,995

4 bed · Modern 4 bedroom house for sale in Arafo Tenerife. This property is a totally reformed finca

that was originally a home and stables for the animals. now lovingly re-developed by the current owners into a modern family home or weekend retreat. The property comprises 4 separate bedrooms and one family bathroom, a massive kitchen which includes a dining area... For full information see website or contact:
Ref: 33095 | Crown Property Services | 922 176 883

Granadilla, Canarian House
€262,500

3 bed · Belfin Property offers for

2 bed · We are happy to offer for sale a very nice two bedroom apartment on the popular complex of Island Village in San Eugenio. Consisting of 2 double bedrooms, 1 bathroom, open plan kitchen, spacious lounge and front terrace that benefit from all day sunshine. There are bars, shops, restaurants and local water park close by.
Ref: 7507C | Clear Blue Skies SL | 922 714 772

Chayofa, House
€260,000

3 bed · Complex "Las Lomas", high-standing, with partial ocean views. Detached house with two floors furnished. On the first floor there is a toilet, kitchen, living room and terrace of about 47.50 m2. On the upper floor, we find three bedrooms and a bathroom. In the basement, there is the garage with direct access to the house with capacity for two cars and an a... For full information see website or contact:
Ref: 3CDP0020 | Canarian Dream Properties | 922 793 960

El Roque, Townhouse
€259,995

2 bed · Lovely character property in El Roque near San Miguel de Abona Tenerife.
Ref: 34270 | Crown Property Services | 922 176 883

Playa Paraiso, Apartment
€257,800

3 bed · Nice corner apartment in the complex El Horno overlooking the sea. A new and high quality resort in one of the best places in the South of Tenerife. ideal for families. Close to shops and restaurants.
Ref: 3CDP0013 | Canarian Dream Properties | 922 793 960

Alcala, Townhouse
€255,000

**Call Donna in our Los Cristianos office
 +34-922 971 781 or Carol on +34-687 906 607**

a lovely little terrace at the front of the house and at the entrance there's a wintergarden. The kitchen is independent and has a utilityroom with washing facilities and a shower. The livingroom is very spacious and light an... For full information see website or contact:
Ref: 39670 | Crown Property Services | 922 176 883

Playa Paraiso, Apartment
€261,000

2 bed · We have an exclusive 60m2 apartment for sale in the El Horno complex, Playa Paraiso. It is distributed in two bedrooms, a bathroom, a semi-independent kitchen and a terrace of 16 m2 overlooking the sea and the pool. The complex has a communal pool (heated). It is sold furnished with parking space included. Community fees are € 73 per month. IBI is € 354.
Ref: S1207 | FRINA Tenerife SL - Property Sales | 922 085 191

Playa Fanabe, Apartment
€260,000

3 bed · Spacious 3 bedroom apartment situated on the popular residential complex "Oasis del Fanabe" Sold fully furnished with quality items and there is also a private garage included in the price COMPETITIVELY PRICED FOR QUICK SALE 260,000 EUROS.
Ref: 41555 | Crown Property Services | 922 176 883

San Eugenio Bajo, Apartment
€260,000

swimming pool. There is also a balcony off the upstairs bedroom. This property needs to have some refurbishing done, it is in a complex with easy off road pa... For full information see website or contact:
Ref: S-02 1150 | Tenerife Prime Property | 922 703 725

Santa Ursula, Villa
€250,000

2 bed · Reduced price! This attached house is located in one of the most exclusive areas of Santa Ursula; La Quinta. Puerto de la Cruz can be reached in less than 10 minutes by car from here. The property has 2 bedrooms, a garage, a large communal swimming area and beautiful sea views and views on the Mount Teide. The community costs are only €36. Please contact ... For full information see website or contact:

Ref: R4250V | Agata's Real Estate |

Cueva del Viento, Finca
€250,000

3 bed · Spacious Canarian house with garden and sea views. It has 3 bedrooms. Approx. 1200m2 land with many fruit trees and additional annexed land. At around 600 meters above sea level. Property tax approx. 100eur. Please contact Agata's Real Estate team for any details. The offer is subject to errors, price changes, omission and/or withdrawal without notice. Pr... For full information see website or contact:
Ref: A3215C | Agata's Real Estate

San Eugenio Bajo, Bungalow
€249,000
€249,999 - €150,000

2 bed · Charming 2 bedroom, 1 bathroom bungalow located on the sought-after and very centrally situated complex of Parque San Eugenio. This gated, residential complex benefits from having 2 x entrances, one on Avenida de Los Pueblos and the other that leads out onto the walkway that takes you directly down into Torviscas and through to the beach. This is a quiet... For full information see website or contact:
Ref: T1124 | Tenerife Properties | 630 372702

Torviscas Bajo, Apartment
€248,000

1 bed · Lovely, fully renovated and furnished 1 bed, 1 bath 4th floor apartment on popular holiday complex with pool, located close to the sea front and all amenities. The property, which enjoys sea views, has a lounge/diner, an open plan kitchen and a large, sunny, south west-facing terrace. The complex has a 24-hour reception, pool bar and restaurant.
Ref: S-01 1397 | Tenerife Prime Property | 922 703 725

Studio 4 Decor
NEW STORE NOW OPEN!
 ACROSS THE ROAD FROM OUR OLD ONE
 IN LOS ABRIGOS
 SEE OUR MAIN ADVERT ON PAGE 34

Arico, Detached House
€246,000

3 bed · Peaceful, tranquility, calm... Words that can describe this great detached house located in Arico Viejo, a small village, 15 minutes away from the South Airport. It consists of two Detached houses, one situated on the top floor and another one located at the bottom, built on a 130 sq. meter land that can be used as a small farm, build

a swimming pool or l... For full information see website or contact:
Ref: ARV032-246 | RD Properties | 922 732 862

El Duque, Apartment
€245,000

1 bed · ♦ Location: Close to amenities, Gated community, Popular urbanisation, Touristic Area, Quiet location ♦ Close to: Restaurants/Bars/Cafes, Transport, Shops ♦ Views: Sea, Mountain ♦ Rooms: Hall/Entrance, Independent Kitchen, Fitted wardrobes, Bathroom, Shower room, Office ♦ Quality: Quality construction, Furnished, Immaculate condition, Spacious accomodatio... For full information see website or contact:
Ref: 1A3458 | Hofman Estates | 922 777 747

El Madronal, Apartment
€240,000

2 bed · ♦ Location: Residential Area, Popular urbanisation, Gated community, Close to amenities ♦ Close to: Restaurants/Bars/Cafes, Schools ♦ Views: Pool, Sea ♦ Rooms: Store rooms, Utility room, Fitted wardrobes, Independent Kitchen ♦ Quality: Quality residence, Well presented, Good condition, Furnished ♦ Features: Sun blinds ♦ Outside: Sunny Terrace ♦ Parking: U... For full information see website or contact:
Ref: 2A3325 | Hofman Estates | 922 777 747

Los Cristianos, Apartment
€240,000

1 bed · Presenting a bright and spacious ground floor apartment situated in a well-maintained residential complex located in Los Cristianos. The total plot boasts a fantastic 233sqm, in which you will find an apartment consisting of a kitchen, a living/dining area, a double bedroom and a bathroom. The family room allows access straight to the private, sunny terra... For full information see website or contact:
Ref: LC822-PT240 | RD Properties | 922 732 862

Los Cristianos, Apartment
€240,000

2 bed · Centrally located only 30 metres from the beach, Playa de las Vistas. This two bedroom apartment is sold fully furnished and the price includes a garage for two cars and private storeroom.
Ref: PMSR0018 | Palm Mar Sales and Rentals | 677-623713 | 671-129558

Los Olivos, House
€240,000

3 bed · Fabulous seafront complex! This complex is located on the beautiful beach front near Los Abrigos, only 5 minutes drive from the motorway. Small complex with only 17 townhouses/semi-detached villas. Each one has 3 bedrooms, 2 bathrooms, separate

Torviscas Bajo, Apartment
€239,950
1 bed · Location: Touristic area, Close to shops, Close to the beach,

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EXCLUSIVE

2 BEDROOM APARTMENT - EL GALEON, ADEJE



RESIDENTIAL AREA



This bright and well presented two bedroom apartment is ideally located in the heart of the pleasant residential area El Galeon which forms part of the pretty Canarian Town of Adeje. If you prefer to be in a more residential area yet still close to all amenities and Costa Adeje, this apartment is ideal as a permanent home, winter base or a long term rental investment. Private garage included.

Ref: OUT01148

Price: €199,950 (approx. £180,000)

MUST SEE

Townhouse in Roque del Conde



- Roque del Conde, Torviscas Alto
- 4 bedroom, 3 bathroom
- Private Pool
- Ref: D1242
- Price: 395,000€

Amazing townhouse located on a large corner plot. The house is 156 m2 and offers 4 bedrooms with fitted wardrobes and 4 bathrooms. There are a separate equipped kitchen and a large living space with sofa beds and a dining area. Moreover, are several sunny terraces and

Sea View Plot with Project in La Caleta



- Plot: 2.500 m2
- Building license
- No building obligation
- Ref: D1253
- Price: 1,500,000€

This land in La Caleta is 2.500m2 and has a building project of a villa of 375m2 with a basement of 185m2. Nevertheless, the basement can be extended to up to 1.000m2. The current project is a modern villa however, there is no building obligation on the plot.

frina@tenerife-property.com +34 670 636 004 +34 617 29 48 03

www.tenerife-property.com CC Puerto Colón, 1st Floor, local 213, 38660 Adeje

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ALDEA BLANCA



Refurbished bungalow with 2 large bedrooms, modern kitchen, sunny terrace, communal pool.

Ref: C1957 €159,000

OCEAN PARK, SAN EUGENIO



1 bed apt with shower room, fitted wardrobes, lounge-diner-modern fitted kitchen, large terrace with awning. Communal pool. Easy walking distance from the beaches & all amenities nearby.

Ref: B1850 €190,000

VILAFLO



Very attractive 350 year old Canarian village house, totally renovated to a high standard. 3 bed, 2 bath, on 1.000 m2 plot.

Ref: D1230 €299,000

NEW DEVELOPMENT!

INSIGNE, ROKABELLA
***** LUXURY VILLA *****



- Single family villas with private pool
- 3 bedrooms all with en suite bathrooms
- Open plan kitchen and dining area
- Private entrance and lift
- Private garage
- Air conditioned

Ref: D1842 from €849,000

LOS NARANJOS, SAN EUGENIO ALTO



Luxury 3 bed apt with open plan kitchen, diner, spacious lounge, large terraces with gazebo, jacuzzi & sunbathing area. Closed garage. Communal pool.

Ref: D1847 €550,000



NEW CASHBACK CAMPAIGN FOR EXPATRIATE CUSTOMERS!

SAN EUGENIO ALTO



Stunning detached villa with constructed area of 695 m2 situated in elevated position with amazing views. Must be seen!

Ref: D1876 €1,950,000



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Villa, Roque del Conde



Large 3 storey villa with stunning views and a lift inside!

Price: €1,900,000 Ref: 7900



Abama, Terrazas de Abama



Stunning two bedroom, two bathroom, ground floor property with sea views in the prestigious resort of the Terrazas de Abama.

Price: €750,000 Ref: 15136

Torviscas Bajo, Sunset Harbour



Studio for sale with lift access. Spacious studio with large terrace with stunning sea views overlooking Fañabe beach and La Gomera.

Price: €230,000 Ref: 16619

Santa Maria, Torviscas Playa



Third floor 1 bedroom apartment (lift access) with double balcony and stunning sea views. Reduced for a quick sale.

Price: €199,000 Ref: 11248

Lagos de Fañabe, Playa Fañabe



Top floor one bedroom, air conditioned apartment on front line holiday complex close to bars, restaurants, shops and walking distance to the beach.

Price: €249,000 Ref: 7826

Amarilla Golf, Sun Bay Villas



Lovely, light airy duplex on a plot of 59 duplexes situated on the new development of Sun Bay Villas located on Amarilla Golf

Price: €295,000 Ref: 13333

Las Carabelas, Torviscas Bajo



Las Carabelas is the hidden gem of Torviscas. 2 bed (both double), 2 bath duplex apartment (1 with bath, the other with walk-in shower).

Price: €350,000 Ref: 7595

Terrazas del Duque II, Bahia del Duque



Lovely 1 bed, 1 bath apartment in prestigious resort.

Price: €299,000 Ref: 15367

Playa Fanabe, Villas de Fanabe



Stunning two bedroom one bathroom garden apartment in the prestigious complex of Villas Fañabe in Costa Adeje.

Price: €340,000 Ref: 15321

El Duque, Villas del Duque



Beautiful 4 bedroom, 3 bathroom townhouse in this prestigious residential complex. Recently refurbished with high quality materials, with airconditioning throughout.

Price: €610,000 Ref: 13965

Avda. Ernesto Sarti s/n, Pueblo Torviscas, local M2, COSTA ADEJE 38670

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 M:(0034) 683 190 977
 info@rdproptiestenerife.com



Calle Luis Alvarez Cruz,
 nº6, Edf Bahia Azul, Local 8C
 Las Galletas - Next to post office

EL FRAILE



€112,000

Ref: EF001-112

Spacious (92sqm) 3 bedroom, 1 bathroom in quiet area – the secure complex has a lift and underground car park with a space allocated to each apartment. The property has a living/dining room, independent kitchen and sunny balcony. Next to the sea front and all amenities.

FANABE



€140,000

Ref: F-OD145

Recently renovated and refurbished, 1 bed, 1 bath ground floor apartment on popular residential complex with pool and children’s playground. The property, wheelchair-friendly throughout, has a lounge-diner, fully equipped kitchen and wonderful 30sqm sunny terrace. Close to the beach and all amenities.

COSTA DEL SILENCIO



€169,000

Ref: CDS061-AM169

Fantastic 1 bed, 1 bath apartment in front line complex with pool and south-facing uninterrupted sea views. The property has a spacious lounge/diner, American-style kitchen and a large sunny terrace, plus a parking space. Close to all amenities and Las Galletas.

LAS ROSAS



€198,000

Ref: LR781-CG198

Beautiful semi-detached 2 bed, 2 bath duplex (114sqm on two floors) in popular Canarian village. The property has 2 living rooms (one of which could be converted into a 3rd bedroom), an independent fully equipped kitchen, a large upstairs terrace with laundry area, and a parking space for two cars.

LAS GALLETAS



€199,000

Ref: LG971-EE189

Lovely, fully furnished, 2 bed, 1 bath, 3rd floor apartment. The property is an apartment building with lift and underground parking, has a lounge/dining area, open plan kitchen and a spacious balcony. Ready to move in, and, for those considering an investment buy, the property has a good rental yield.

COSTA DEL SILENCIO



€139,000

Ref: CDS521-A157

Fantastic, fully furnished, 2 bed, 1 bath apartment on popular complex with pools, gym and children’s play area. This 1st floor property has a lounge/dining area, an independent fitted kitchen, a sunny terrace and a secure parking space. Close to the sea front and all amenities.



VYM CANARIAS – July 20

Luxury Villa in Abama



Truly magnificent large villa located on a beautiful 1,872m2 plot, with a construction of 858m2. It would be much better to visit then talk about!

€3,900,000

Ref: VS6874DN

Villa in La Caleta Golf



Modern villa with a unique design and high quality on the plot of land of 2.536m2. Living area 286m2, located on two floors and 4 bedrooms, each with its own bathroom. Private pool and garden.

€2,800,000

Ref: VS6859DN

La Caleta Golf, Sunset Golf Villas



Villa with 3 bedrooms, 3 bathrooms, kitchen, patio, living room and a garden with pool. Plot of land 317m2, surface of villa 144m2. Ocean view. Garage in the complex.

€755,000

Ref: VS6935D

Playa de las Americas, Playa Honda



Apartment in the center of Las Americas on the second floor. It consists of 1 bedroom with fitted wardrobe, open plan kitchen with a living room and a terrace.

€169,000

Ref: VS6857D

La Caleta, Magnolia Golf Resort



Luxury apartment with a large terrace and a garden with mountain and ocean view. 3 bedrooms, 2 bathrooms, open-plan kitchen with a living room. Fully furnished.

€650,000

Ref: VS6826D

Los Cristianos, Parque Tropical



Luxury apartment fully reformed with 2 bedrooms, 2 bathrooms, modern open-plan kitchen with living room, double terrace with access from all the rooms. Living area 85m2, terrace 25m2.

€299,000

Ref: VS5504D

Sueño Azul, Callao Salvaje



Opportunity!!! Penthouse! Fully reformed 3 bedrooms apartment with fantastic ocean view. 2 bathrooms. Total area 185m2 Living area 74m2. Great location.

€320,000

Ref: VS6875DE

Playa de las Americas, Viña del Mar



Apartment with 1 bedroom, bathroom, living room and kitchen. Total area 45m2. Pool and parking in the complex. Ideal investment.

€190,000

Ref: VS6590D

San Eugenio Bajo, Ocean Park



Apartment with ocean view. 1 bedroom with wardrobe, bathroom, American-style kitchen with living room and spacious terrace. Parking and pools in the complex

€249,000

Ref: VS6963DN

Agua Viva, Callao Salvaje



Top front line apartment near the beach. Large terrace with sea view. 1 bedroom, 1 bathroom, living area and kitchen. Swimming pool in the complex

€170,000

Ref: VS6980DE

Playa Paraiso, Paraiso del Sur



Fantastic ocean view. Apartment with 1 bedroom, bathroom, open-plan kitchen and terrace with beautiful views of the ocean and La Gomera island.

€165,000

Ref: VS6887DE

Golf del Sur, Green Park



Spacious penthouse with 1 bedroom (with built-in wardrobe), open-plan kitchen with living room, terrace overlooking the complex, pool and ocean. Pool and the garden in the complex

€100,000

Ref: VS6943D

Principal Office: C.C. Victoria Tenerife Sur, Local 1, C/ Republica de Panama, 1, LAS AMERICAS, 38660, Adeje



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Email: info@vymcanarias.com · Web: www.tenerifecenter.com

Playa Paraiso: 922 713 395, email: playaparaiso@vymcanarias.com

Callao Salvaje: 922 717 663, email: callaosalvaje@vymcanarias.com

San Eugenio: 922 715 185, email: saneugenio@vymcanarias.com

Golf del Sur: 922 455 874, email: golfdelsur@vymcanarias.com

El Duque: 922 547 611, email: elduque@vymcanarias.com



bathroom. The main room has twin beds, a separate dining table and sofas. Within the spacious kitchenette are a four-ring cooker, a fridge, microwave and essential... For full information see website or contact:

Ref: EST0490 | Tenerife Island Rentals and Buy Tenerife | 922 797 438

Chayofa, Studio

€99,950

Location: Exclusive development, Quiet location, Close to restaurants/bars/cafes, Close to shops. Views: Pool. Additional: Viewing recommended. Rooms: Lounge and dining area, Bathroom, Fitted wardrobes. Quality: Modern, Spacious, Well presented. Outside: Sunny terrace. Community facilities: Satellite television, 24 hour security, Sun terrace, Gardens, Swi... For full information see website or contact:

Ref: 541-S | Island Estates | 922 790 767

Golf del Sur, Apartment

€99,750

1 bed · Fully refurbished and furnished 1 bed, 1 bath apartment with air conditioning, newly fitted kitchen and refurbished bathroom. This apartment is on the 3rd floor and there are lifts throughout the complex. Views from the terrace onto the community swimming pool.

Ref: S-01 1343 | Tenerife Prime Property | 922 703 725

Los Abrigos, Apartment

€99,000

2 bed · Price just reduced! Bright spacious raised ground floor apartment, 2 bedrooms, 1 bathroom, living room and separate fitted kitchen. Ideal as first home, for holidays or as investment. Good location close to the sea, to the main street and shopping area. Low community fees. Lift in the building.

Communal roof terrace. To be sold furnished.

Ref: KV0227 | Tenerife Alizes Properties | 922 738653 / 626 274040

Los Abrigos, Apartment

€99,000

3 bed · 2/3 bed top floor apartment in central San Blas location.

Ref: 2056 | Homes & Away | 922 737 044

Costa del Silencio, Apartment

€95,000

1 bed · Apartment in the Palia don Pedro complex, Costa del Silencio. It consists of a bedroom, kitchen, living room, bathroom and terrace overlooking the garden. The apartment is on the first floor and

is a balcony that gets afternoon sun. Very tranquil location ... For full information see website or contact:

Ref: AP123-BP | Tenerife Belfin Properties | 692 146808

Las Galletas, Studio

€85,000

♦ Location: Second line to the beach, Touristic Area, Residential Area, Close to amenities, Central ♦ Close to: Town, Transport, Shops, Schools, Medical Facilities, Harbour, Coast, Beach, Restaurants/Bars/Cafes ♦ Views: Sea ♦ Rooms: American Style Kitchen ♦ Quality: Furnished ♦ Outside: Sunny Terrace ♦ Parking: Street parking ♦

Ref: OS3468 | Hofman Estates | 922 777 747

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the complex is well maintained and has a pool.

Ref: S988 | FRINA Tenerife SL - Property Sales | 922 085 191

Valle de San Lorenzo, Apartment

€88,000

1 bed · Beautiful 1 bedroom apartment in a good and well kept residential complex in the town of Valle San Lorenzo. The apartment consists of a independent and fully fitted kitchen with a utility room, a spacious lounge/dining room, a good sized bedroom with fitted wardrobes and a bathroom. There

La Escalona, House

€80,000

Plot of land of 4.700 m2 for agricultural purposes with water tank, including a plot of urban land of 150 m2 to build a house on it. Fantastic opportunity for those who like to enjoy the countryside and/or do some farming. Connections for water and electricity next to the plot.

Ref: 5725 | Clear Blue Skies SL | 922 714 772

Costa del Silencio, Apartment

€80,000

Ground floor studio apartment

being sold fully furnished with lounge, American style fully fitted kitchen and an enclosed terrace made into bedroom area.

Ref: S-00 1358 | Tenerife Prime Property | 922 703 725

El Fraile, Apartment

€79,900

2 bed · Fabulous bright and spacious one-bedroom apartment located in the municipality of Arona, specifically in the town of El Fraile, with easy access to the main road, with all the services nearby, and very close to the beach of Las Galletas and El Palmar. The apartment consists of 55m2, distributed in a living room, a fully equipped kitchen, a bathroom with ... For full information see website or contact:

Ref: EF57-CE79 | RD Properties | 922 732 862

El Fraile, Apartment

€74,000

2 bed · Lovely apartment for sale in El Fraile. The apartment consist of two bedrooms, one of which is a double room and the other a single, a bathroom, a large living room and a fully equipped kitchen. The apartment also has a balcony. This property is spread across a total area of 53 sqm and will be sold fully equipped. Located just 50 meters from Las Galletas ... For full information see website or contact:

Ref: EF56-GC74 | RD Properties | 922 732 862

El Fraile, Apartment

€69,000

1 bed · Completely renovated studio and fully furnished with a modern touch, this is a fantastic apartment measuring 32sqm, with plenty of natural light giving you the sensation of a much larger space. The apartment consists of a living room, kitchen, one bedroom and a bathroom. It is strategically

positioned on the second floor overlooking the sea, in the El Fra... For full information see website or contact:

Ref: EF07-CO75 | RD Properties | 922 732 862

Ref: CDS86-GP79 | RD Properties | 922 732 862

El Fraile, Apartment

€56,000

1 bed · REDUCED FROM 79.000€ Bright apartment in El

Currencies Direct

Call Donna in our Los Cristianos office
+34-922 971 781 or Carol on +34-687 906 607

Golf del Sur, Studio

€69,000

Studio for sale in Green Park, Golf Del Sur. The property consists of a kitchen, a bathroom with bathtub, a space for a double bed and a living room that leads out to a cozy terrace. The apartment is ready to be finished in every detail. Do not hesitate to conta... For full information see website or contact:

Fraile, centric zone, close to the sea and all the services. This apartment is located on the ground floor, in a very quiet area, of 52 sqm, consists of a bedroom, a full open kitchen, a living room, a bathroom and a patio. The apartment is ready to enter and is finished in every detail. Do not hesitate to conta... For full information see website or contact:

Ref: EL05-LC79 | RD Properties | 922 732 862

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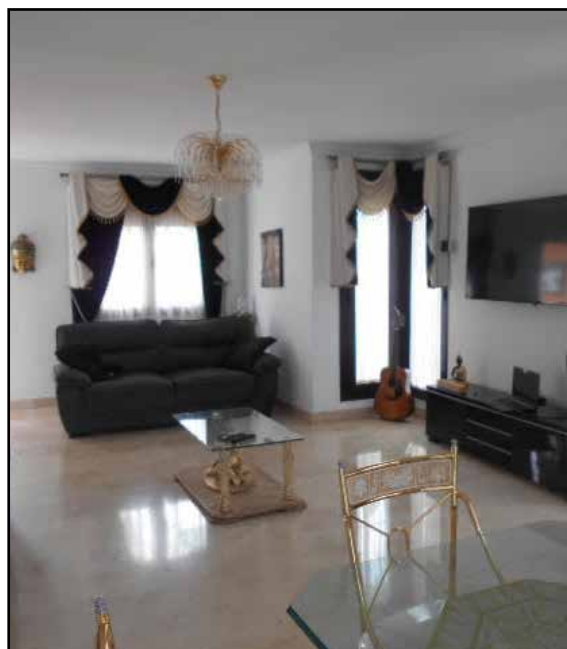
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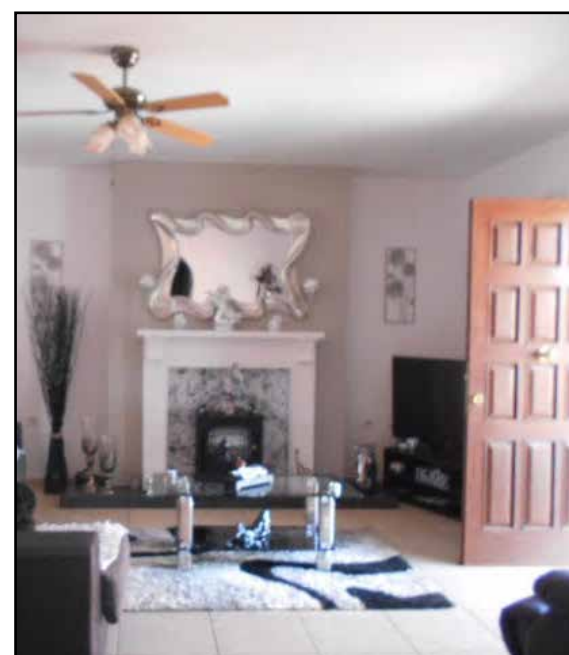
AMARILLA GOLF, PALM RIDGE



Spacious, fully furnished, 4 bed, 3 bath detached villa overlooking Amarilla Golf course with private garden, drive, and roof terrace with panoramic sea and mountain views. A truly ideal family home!

€370,000 REF: 2034

CHARCO DEL PINO, VILLA



Detached, fully furnished, 3 bed, 2 bath villa with garage and private pool in lovely Canarian village. The property has a lounge/dining area, fully fitted kitchen, roof terrace with sea and mountain views, off-road parking and a large private garden.

€315,000 REF: 1475

Tenerife Prime Property

Golf del Sur, Terrazas de la Paz



3 available: 2 requiring renovation, one fully refurbished. 1 bed, 1 bath ground floor apartments overlooking Golf del Sur golf course on popular residential complex with nice pool areas. The properties have a lounge/diner, open plan kitchen area, and large, sunny terrace and garden. Located close to San Blas Commercial Centre.



1A3341

FROM €109,000



PROPERTIES IN ALL AREAS REQUIRED FOR LONG TERM RENTAL - CLIENTS WAITING!

Amarilla Golf, Pinehurst 1 bed



Lovely, fully refurbished, unfurnished 1 bed, 1 bath 2nd floor apartment on complex with pool and bar/restaurant. The property enjoys views over the golf course to the sea, has a lounge/dining area, American-style fitted kitchen and a terrace which can be closed off to create additional living space.

S-01 1400

€132,000

Golf del Sur, Alamos Park



Lovely, fully furnished, 4 bed, 3 bath villa with independent 3 bed apartment private pool, and with gardens and games area. This substantial property (280sqm built on a 1,000sqm plot) exudes quality and has too many extras to list here. Close to shopping, bars and restaurants, and the sea front walkway to Los Abrigos.

S-07 1404

€599,995

Amarilla Golf, Fairways Club



Lovely, fully renovated, furnished and equipped, 1 bed, 1 bath apartment on popular, sought after holiday complex with beautiful pool and pool bar area. The property has a lounge/dining area, American-style kitchen and a sunny terrace.

S-01 1405

€135,000

Golf del Sur, Las Adelfas I

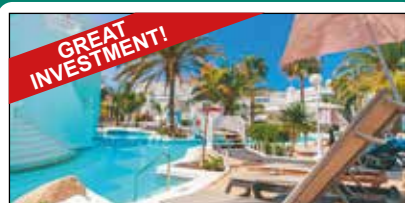


Spacious, fully furnished 2 bed, 2 bath (1 en suite) house on popular holiday complex with heated pool and restaurant and located close to all amenities. The property has a lounge-diner, independent fitted kitchen, front garden, large rear garden and terrace and a private, sunny rooftop terrace with excellent views.

S-02 1396

€249,950

Fañabe, Lagos de Fañabe



Beautiful, fully furnished 1 bed, 1 bath apartment on sea front, 'Touristic' complex with 3 pools, just 70 metres from the beach. The property has a lounge/diner, open kitchen, sunny terrace and private parking. Holiday occupancy is 60%+ (at c€500/€950 per week).

S-01 1379

€290,000

Los Cristianos, Parque Tropical II



Large, part-furnished, 2 bed, 2 bath duplex apartment in sought after complex with lovely pool area. The property has a lounge/diner, American-style kitchen, small front garden and a large terrace off the lounge overlooking the pool. Needs minor refurbishing.

S-02 1150

€250,000

Torviscas Alto, Los Altos del Roque

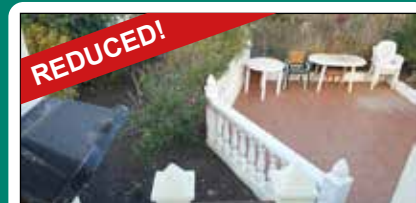


Well-presented, fully furnished 1 bed, 1 bath ground floor apartment on popular residential complex with pool and sunbathing terraces. The property, in an elevated position with no one above, has a lounge-diner, open plan kitchen, a sunny terrace overlooking the pool and a parking space in the underground garage.

S-01 1363

€140,000

Golf del Sur, Las Adelfas II



Spacious, part-furnished 2 bed, 2 bath corner villa with large roof terrace in sought after complex with pool. The property has a lounge/dining area, American-style fitted kitchen and a wraparound terrace which enjoys lovely sea, mountain and golf course views.

S-02 1342

€241,995

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Tenerife Prime Property

San Miguel de Abona, Finca



Stunning finca with beautiful, fully furnished, 4 bed, 3 bath (master en suite with dressing room) villa with private heated pool and fully equipped gymnasium. Located just off the main road between Las Chafiras and San Miguel, the property (accessed via electric gates and a long drive, has a spacious lounge/dining area, fully equipped, separate luxury kitchen, utility room, various sunny terraces with lovely sea and mountain views, a car port and double garage, plus off road parking for 10 cars, all surrounded by lovely mature gardens. Extras include BBQ area with light and power, water features, self-contained guest apartment with bodega, an artist's studio/office, and a separate plot of 2,000sqm with planning permission for the construction of log cabins/stables.

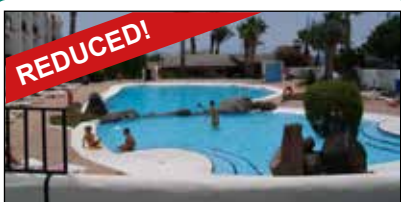
S-04 1409

€1,260,000



PROPERTIES IN ALL AREAS REQUIRED FOR LONG TERM RENTAL - CLIENTS WAITING!

Amarilla Golf, Pinehurst

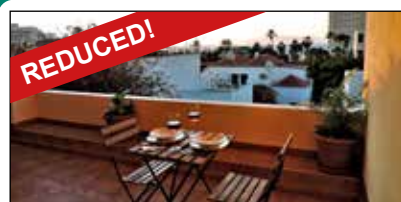


Beautifully decorated, fully furnished, 2 bed, 1 bath ground floor apartment on popular complex with pool, close to all amenities. This spacious (77sqm) property has a lounge/diner, American-style kitchen and a large sunny terrace overlooking the pool and gardens. Com. Fees €306 every 2 months.

S-02 1384

£160,000 Sterling

Playa de las Americas, Jacaranda



Lovely, spacious, fully refurbished, 3 bed, 1 bath penthouse apartment with sea views on popular holiday complex with pool, close to all amenities and just 100 metres from the beach. The property has a lounge/dining area, American-style fitted kitchen and large sunny terrace.

S-03 1398

€288,000

Golf del Sur, Winter Gardens



Lovely 2 bed, 2 bath (1 en suite) apartment on popular complex with pool and pool bar, and bowling green. Tastefully furnished with separate, fully equipped kitchen, small utility room, and a large lounge leading with good-sized terrace off.

S-02 1352

€235,000

Los Cristianos, Dinastia

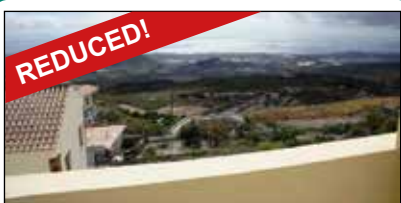


Beautiful, fully furnished, ground floor 2 bed, 2 bath (1 en suite) apartment with an exceptionally large terrace. This apartment is very tastefully furnished and has a fully equipped kitchen. There are lifts throughout the complex and there is a community swimming pool and pool bar.

S-02 1348

€285,000

San Miguel, El Roque



Spacious, fully furnished, 4 bed, 3 bath (1 en suite) house on a plot of 750m2 with large lounge, separate fully fitted kitchen, games room and two roof terraces. This is a lovely family home in a quiet Canarian village.

S-04 1335

€299,950

Amarilla Golf, Augusta Park



Beautiful, ground floor 1 bed, 1 bath apartment being sold fully furnished. There is a lounge, fully equipped kitchen, a/c, electric shutters over windows and an 8m2 terrace. Heated community pool.

S-01 1354

£142,000 Sterling

Roque del Conde, Los Altos del Roque



Lovely, spacious, fully furnished and equipped 4 bed, 4 bath (2 en suite) semi-detached townhouse with own swimming pool in quiet, sought after complex situated close to amenities. The property, which enjoys lovely sea views, has a lounge/diner, independent fully fitted kitchen, terrace/garden, and double garage.

S-04 1395

€399,950

San Eugenio Alto, Island village



Very nice, fully furnished and equipped studio apartment on popular holiday complex with lovely heated pool and close to all amenities. The property has a lounge/sleeping area, American-style fitted kitchen and good-sized, sunny terrace with sea views. Community fees €75 per month

S-00 1402

€134,950

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SAN EUGENIO ALTO
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REF: LA01860

€840,000

922 714 700



SANTIAGO DEL TEIDE
BED & BREAKFAST



REF: 756

€560,000

607 933 052



VILAFLO

3 BED, 2 BATH TOWNHOUSE



REF: D1230

€350,000

922 719 925

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SANTA MARIA DEL MAR, TORVISCAS BAJO
2 BED, 2 BATH APARTMENT



REF: LA01851

€299,950

922 714 700



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COSTA DEL SILENCIO
3 BED APARTMENT



REF: 955-1213

€299,000

922 783 066



AMARILLA GOLF, SUN BAY VILLAS
3 BED, 3 BATH VILLA



REF: VS6904BS

€277,000

922 787 210



Tenerife Properties

LAGOS DE FANABE, PLAYA FANABE
1 BED, 1 BATH APARTMENT



REF: 7826

€249,000

922 715 788



Tenerife Properties

PARAISO II, PLAYA PARAISO
3 BED, 2 BATH APARTMENT



REF: 12382

€239,000

922 715 788



PALM MAR

1 BED, 1 BATH APARTMENT



REF: PMSR0071

€199,950

677 623 713

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Tenerife Properties
 SANTA MARIA DEL MAR, TORVISCAS BAJO
 1 BED, 1 BATH APARTMENT



REF: 11248 €199,000

922 715 788

tropicalcountryhouse
 LA ESCALONA
 4 BED, 1 BATH FINCA



REF: 939 €198,000

607 933 052

alliancegroup
 HOFMAN ESTATES
 GARDEN CITY, SAN EUGENIO BAJO
 1 BED, 1 BATH APARTMENT



REF: 1A3461 €195,000

922 777 747

VYM Canarias
 CALLAO SALVAJE
 2 BED, 2 BATH APARTMENT



REF: VS2461DE €195,000

922 787 210

Tenerife Properties
 ROQUE DEL CONDE
 2 BED, 1 BATH APARTMENT



REF: T1177 €189,500

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Belfin Property S.L.
 SAN EUGENIO ALTO
 2 BED, 1 BATH APARTMENT



REF: BU204-BP €189,000

692 146 808

Tenerife Properties
 SAN EUGENIO ALTO
 2 BED, 1 BATH BUNGALOW



REF: T1194 €179,000

630 372 702

TENERIFE PROPERTY SHOP S.L.
 PUEBLO PRIMAVERA, GOLF DEL SUR
 2 BED, 2 BATH DUPLEX



REF: GOLF01619 £174,000

922 714 700

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Belfin Property S.L.
 OLIMPIA, SAN EUGENIO BAJO
 APARTMENT



REF: ST112-HP €145,000

692 146 808

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PROPERTY

FAIRWAYS CLUB, AMARILLA GOLF
1 BED, 1 BATH APARTMENT



REF: S-01 1405

€143,000

922 703 725



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Sales & Rentals

COSTA DEL SILENCIO
1 BED, 1 BATH APARTMENT



REF: 1322-1017

€139,000

922 783 066

Tenerife Properties

OASIS, SAN EUGENIO ALTO
1 BED, 1 BATH APARTMENT



REF: N1373

€129,000

630 372 702

VYM Canarias
REAL ESTATE

TORVISCAS ALTO, MIRADOR DEL SUR I
STUDIO



REF: VS5875DE

€125,000

922 787 210

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PROPERTY

LAS GALLETAS
1 BED, 1 BATH APARTMENT



REF: S-01 843

€110,000

922 703 725

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GOLF PARK, GOLF DEL SUR
1 BED, 1 BATH APARTMENT



REF: S-01 1388

€100,000

922 703 725

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your agent

CHAYOFA
STUDIO



REF: S1244

€99,950

922 085 191



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Sales & Rentals

COSTA DEL SILENCIO
2 BED, 1 BATH APARTMENT



REF: 41-0120

€99,950

922 783 066



EL PARADERO, LAS AMERICAS
STUDIO



REF: 81-252

€99,000

922 793 271

BARGAINS

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Belfin Property S.L.
GREEN PARK, GOLF DEL SUR
 1 BED, 1 BATH APARTMENT



REF: ST111-AG €99,000

692 146 808


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EL FRAILE
 2 BED, 1 BATH APARTMENT



REF: EF57-CE79 €79,900

922 732 862


HOFMAN ESTATES
LAS GALLETAS
 STUDIO



REF: OS3468 €85,000

922 777 747


tropicalcountryhouse
ALDEA BLANCA
 1 BED, 1 BATH APARTMENT



REF: 717 €80,000

607 933 052


RD PROPERTIES
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EL FRAILE
 2 BED, 1 BATH APARTMENT



REF: EF57-CE79 €79,900

922 732 862


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BAJAMAR
 1 BED, 1 BATH APARTMENT



REF: R465A €65,000

689 770 170

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GOLF DEL SUR, LOS ALAMOS

Price: €599,995



Magnificent, fully furnished and equipped, 4 bedroom - all en suite - villa, plus independent 3 bedroom, 1 bathroom apartment (with own entrance) comprising own heated swimming pool, al fresco dining area, gardens and games area in this exclusive location.

This substantial property (280sqm

built on a 1,000sqm plot) exudes quality, with 'wet room' style granite-floored shower/bathrooms throughout and really too many 'extras' to list here.

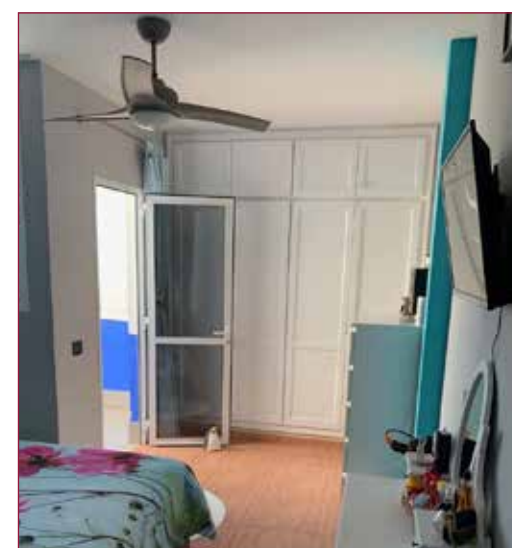
Close to the San Blas Commercial Centre's excellent shopping, bars and restaurants, the sea front walkway to the popular fishing village of

nearby Los Abrigos, championship golf courses at Golf del Sur and Amarella Golf and myriad water sports including the wind-surfing paradise of El Medano, there is so much for people to do. The 'South' airport is less than 10 minutes away as are the popular resorts of Los Cristianos and Las Americas.

For more information, or to arrange a viewing, please call: 649 038 622

FOR SALE IN THE VILLAGE OF SAN MIGUEL

Price: €120,000



Part-furnished, fully renovated to a high standard, 2 bed (both double), 1 bath (with modern 'walk-in' shower), 2nd floor apartment in popular Canarian village. The property has a spacious lounge/dining area with newly glazed patio door, an American-style fully fitted kitchen, a small front balcony plus a rear balcony with stunning views of the coastline.

The village offers an excellent range of amenities - Doctors, chemists, schools and shops and is only a short drive to the TF-1 motorway, the coast and excellent shopping centres of Las Chafiras and Granadilla.

For more information, or to arrange a viewing, please call: 629 048 529

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Second wave fears drive volatility in currency markets!

Staying on top of the latest currency news can help you time your transfers more effectively, so find out what you should be looking out for over the next couple of weeks...

The past fortnight has been marked by some notable volatility in currency markets, amidst growing concerns that we face a coronavirus resurgence.

During this time, we've seen GBP/EUR slump from 1.11 to 1.09 and EUR/GBP climb to 0.91. Meanwhile,

GBP/USD has plunged from 1.25 to 1.22, whilst EUR/USD has traded between \$1.11 and \$1.13.

Fresh coronavirus outbreaks in countries like China and Germany, as well as a startling spike in cases in the US, has rocked currency markets through the second half of June, amid fears of a second wave of infections.

This has been particularly damaging for the pound. The currency has had to contend with Brexit concerns and the Bank of England's announcement of more stimulus while growing

increasingly sensitive to market sentiment.

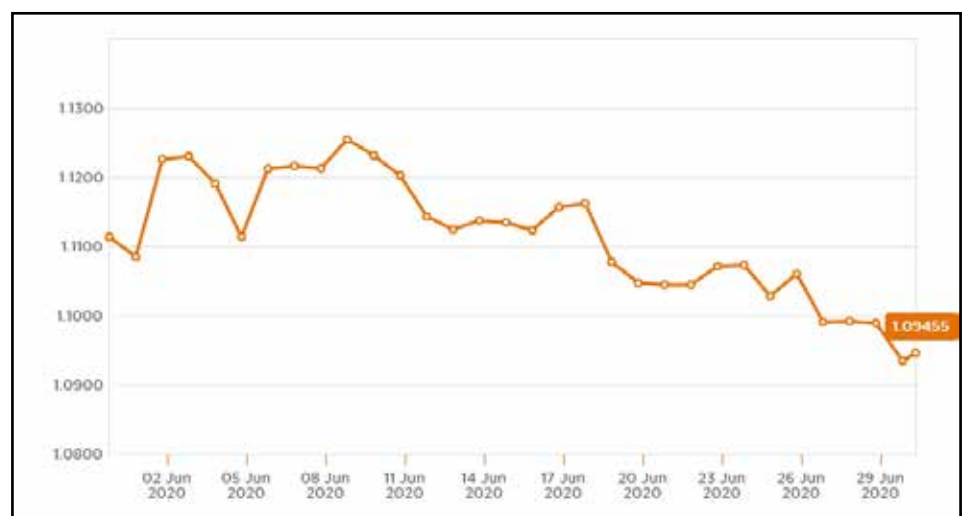
Despite the rise in coronavirus cases setting back plans to reopen the US economy, the US dollar has actually strengthened over the last two weeks as second wave fears have kept the safe-haven currency in strong demand.

Meanwhile, the euro has fluctuated in recent weeks, with Europe's solid progress towards eradicating the coronavirus being offset by the EU's failure to reach an agreement on a recovery fund, as well as the threat of a transatlantic trade war.

What do you need to look out for?

Looking ahead, it's likely the pound will remain on the back foot going forward so long as Brexit progress remains limited and the UK's coronavirus figures remain elevated.

For EUR investors the focus at the start of July will be whether EU leaders are able to agree on the



terms of the coronavirus relief fund, with further delays likely to undermine the single currency.

Finally, with coronavirus concerns continuing to weigh on market sentiment it's likely we will see the US dollar remain well supported over the coming weeks, although any gains could be tempered as political risks begin to grow.

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Wear a Mask, But Act as if it Doesn't Work!

By Harriet Hall, M.D.



Masks have been proven to reduce the spread of COVID-19, but instead of believing the evidence and following public health guidelines, many people have turned mask wearing into a political statement. They are refusing to wear masks for reasons that are laughable. Rejecting masks is selfish: it means they don't care if other people get sick and die.

As I write this on June 29, 2020, we are in the midst of a global pandemic with a scary, rapidly spreading new virus that we don't understand very well yet. Globally, 10,199,798 have become infected and 502,947 have died, for a 4.93% death rate. In the U.S., 125,928 people have died out of 2,564,163 infections, for a 4.91% death rate. The bad news is that the actual number of infected people is very likely much higher, inasmuch as testing has been hit and miss, so that means the death rate may not be so high. Nevertheless, the raw number of deaths is a staggering figure and everyone is, or ought to be, worried

about getting COVID-19. What can you do to prevent catching the disease?

The rational response would be to listen to expert advice and follow the best public health precautions to minimize the risk of catching or spreading COVID-19, which includes frequent handwashing, remaining isolated as much as you can, social distancing when out in public, and wearing a mask around others. But this relatively simple advice has morphed from a public health recommendation to a political hot-button issue. Medical experts recommend masks, for example, but the President sets a bad example by refusing to wear one. Medical authorities recommend social distancing, but people are still crowding together in many settings, and many of them are not wearing masks. Where this has happened in places that began to reopen in May, most notably Florida, Arizona, and California, COVID-19 has come roaring back. Here are some reasons why wearing

masks is important.

Surgeons Wear Masks

Surgeons wear surgical masks for many hours a day, day after day. They don't have any trouble breathing. They are well trained. They know they have to keep their meticulously scrubbed and gloved hands sterile. They know they can't touch their eyes or their faces and must not touch the mask. If it needs adjusting, they get a nurse or technician to do it for them. If something itches, they know they mustn't scratch; they ask someone who is not scrubbed in to scratch it for them. They tolerate these minor annoyances not for their own personal benefit, but for the benefit of others. They know the precautions are necessary to minimize the risk of infection in the patients they are operating on.

I wonder how mask refusers would react if their surgeon wanted to perform major surgery on them without wearing a mask. Can you imagine the reaction if a surgeon said, "This is America and I am free to not wear a mask in surgery if I don't feel like it!" Hopefully mask deniers would realize that would not be a good idea, but I'm not so sure they would.

Surgeons themselves were slow to adapt. In the not so "good old days," they operated in street clothes with no gowns or gloves, and with unwashed hands. Sometimes the street clothes were visibly filthy or even blood-stained. When Ignaz Semmelweis (1818–1865) discovered that doctors had been causing puerperal fever, they refused to believe they were at fault. They had been going directly from autopsies to the wards, where they touched obstetrical patients, transmitting the deadly bacteria. No wonder they resisted Semmelweis: they didn't believe in germs (the germ theory of disease wasn't established until long after his death). Handwashing was shown to reduce mortality to less than 1%, but they refused to believe the evidence. A frustrated Semmelweis had a nervous breakdown and died in a mental institution.

Surgeons didn't start consistently wearing gowns until 1901, caps un-

til 1930, gloves until 1937, and masks until 1937. Today, no one in medicine is a mask denier. Not only because they have pledged an oath to "first, do no harm," but also because they understand the principle of freedom: that the freedom for me to swing my fist ends at your nose. People should be free from other people's germs where possible, and that is why masks and social distancing are advised.

Advice from the WHO

The World Health Organization (WHO) website has instructive videos showing how to wear a mask. They advise cleaning hands both before putting the mask on and after taking it off, not touching the mask, making sure it fits properly without gaps, and removing it by the ear loops while leaning forward and avoiding any contact with the front of the mask. They cover proper storage and cleaning of re-usable masks, and they remind viewers that the mask alone will not guarantee protection, and people must still follow social distancing and handwashing recommendations. They explain that prolonged use of masks does not cause CO₂ intoxication or oxygen deficiency. This has been tested; despite the fears of some in the public, blood oxygen and CO₂ levels are not affected by wearing masks. Masks should not be worn while exercising, because sweating can make the mask wet, which can interfere with breathing and promote the growth of microorganisms.

The WHO also dispels a number of myths: the virus is not spread by house flies, mosquitos, or 5G networks. It can't be cured or prevented by alcohol, bleach, adding pepper to your soup, sun exposure, hot weather, hot baths, cold weather, snow, hand dryers, garlic, rinsing the nose with saline, antibiotics, vaccines for flu or pneumonia, or any specific medications. UV lamps should not be used to disinfect the hands or skin.

Masks are Effective

The Philadelphia Inquirer reported on June 24 that in the 16 states that recommend but do not require wearing masks in public, new cases of COVID-19

had risen by 84% in the previous two weeks, while in the 11 states that mandated wearing masks in public, new cases had fallen by 25%. That's only one data point, but it is consistent with information from other sources. It is inescapably true that masks do work to reduce the rate of transmission. The evidence is clear, no matter how much some people want to deny it.

It is difficult to get reliable data because of the variety of masks in use and the variations in the way they are used. Perhaps the greatest problem is that so many people wear them wrong. We see people with the mask pulled down to expose the nose, essentially wearing a "chin mask." Since COVID-19 is not transmitted by chins, how could they expect that to do any good? There are even people who must think the virus is transmitted via the Adam's apple, since their surgical masks only cover that area. We see people touching the outside of their masks, removing them to talk to others, touching their face and eyes, and entering close-packed crowds without wearing their masks. If people don't use masks consistently and properly, the protection vanishes. Studies have counterintuitively found more virus on the outside of the mask, so it is particularly important to avoid touching that area.

A systematic review of 19 trials supported the benefits of community mask wearing by well individuals. Another systematic review and meta-analysis was published in *The Lancet*. It reviewed 172 studies and found good evidence to support social distancing, wearing masks in public, contact tracing, and eye protection. They commented, "Face mask use could result in a large reduction in risk of infection."

Countries that required masks early on had fewer cases. A new study, not yet peer-reviewed, looked at coronavirus mortality and death rates in 194 countries and found that in countries where masks were mandated and culturally accepted, the per capita coronavirus mortality increased by 8% per week, compared to 54% per week in other countries where mask wearing was less prevalent.

In an encouraging report,

two Great Clips hairstylists who tested positive for COVID-19 and wore masks did not pass it on to any of their 140 customers.

Wearing masks in public is twice as effective if masks are worn by everyone rather than only after symptoms appear. And "even homemade masks made from cotton t-shirts or dishcloths can prove 90% effective at preventing transmission."

A model developed by the University of Washington's Institute of Health Metrics and Evaluation predicts that 33,000 fewer people will die by October 1 if 95% of the U.S. population wears masks in public spaces.

Hierarchy of Masks

A comparison of masks found that the N95 equivalent mask blocked more than 95% of all particles, as expected. The surgical mask was around 40% effective, with the dental masks coming in at around 60%. Cotton masks were around 30% effective and cotton handkerchiefs ranged from 2% (one layer) to 13% (four layers).

Early mixed messages confused the public. Advice to only use N95 masks when treating sick patients was based on the fact that personal protective devices were in short supply and should be reserved for those who needed them most. That is no longer an issue. When we learned that asymptomatic people could carry the virus and infect others, everyone was encouraged to wear masks not for their own benefit, but to protect others. And they do also provide some protection for the wearer.

How is the Virus Transmitted?

The coronavirus can last on metal surfaces for 5 days, on wood for 4 days, on plastics for 2–3 days, on stainless steel for 2–3 days, on cardboard for 24 hours, on copper for 4 hours, on aluminum for 2–8 hours, on glass and ceramics for up to 5 days, and on paper from minutes to days. That doesn't necessarily mean they will cause an infection, but it's a good idea to regularly clean and disinfect common surfaces. Wearing a mask will not protect

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Continued from page 36

you from virus on surfaces, and it is not an excuse to slack off on hand washing.

As far as we know, no-one has gotten COVID-19 from food or drinking water. In restaurants and crowds, the risk is from other people, and it increases with the length of exposure. The risk is greatest for droplet transmission through the air, which can happen even when asymptomatic people don't know they are infected.

Conspiracies and Fallacies

Some of the arguments people make to justify mask refusal are almost comical.

A sheriff in Washington State pushed back against the governor's mandate to wear masks, saying, "Don't be a sheep. Why are people going and trying to take away our First Amendment rights?" You might be a sheep if you only wore a mask because you wanted to mimic what everyone else was doing; you are not a sheep if you wear a mask because you know it reduces transmission and you want to protect yourself and others.

The argument about taking away our First Amend-

ment rights is common, and it is laughable. Here is what the Constitution's First Amendment actually says: "Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the Government for a redress of grievances." In the coronavirus pandemic, Congress has not made any laws; the restrictions about assembly, social distancing, mask wearing, and religious services were mandated by state and local governments, not by Congress. So there has been no violation of the First Amendment.

The need for quarantine in a disease outbreak trumps everything else. Other considerations pale in comparison with the need to prevent avoidable deaths. Federal quarantines may be established by executive order to prevent interstate spread; otherwise quarantine authority rests with state and local governments. Citizens have rights, but they also have responsibilities, such as isolating themselves and wearing masks to protect others.

Some have argued that

the rules interfere with their right to worship; but they don't. They only make it safer for people to attend religious services, and of course you can worship at home, with others via Zoom or Skype, or in churches practicing proper social distancing. Others say the rules will interfere with their right to vote, but that's not true either. Most states have vote-by-mail options, and there's no reason that practice couldn't be extended to all states as a rational response to the pandemic.

One woman said she wouldn't wear a mask for the same reason she doesn't wear underwear: "things need to breathe." No, your lungs need to breathe; your skin doesn't. If she really believed what she says, why would she wear clothes at all?

Palm Beach County voted unanimously to require the use of face masks in public spaces, sparking an eruption of angry residents. 52 people testified, almost all against masks; and the video went viral. One woman said, "You literally cannot mandate somebody to wear a mask knowing that mask is killing people." Masks don't kill people. One can only wonder where that misinformation came from. If masks kill

people, wouldn't surgeons be dying like flies?

Some protestors called it "the devil's law" and said people who follow it are going to be arrested. "They want to throw God's wonderful breathing system out the door." But of course, masks don't do anything to interfere with the breathing system. The mask wearer breathes normally; all the mask does is filter out some of the infective droplets to protect other people. "Every single one of you is going to be punished by God. You can not escape God."

Another woman compared the law to Nazi Germany's treatment of the Jews: "we were forced to wear a gold star, told to get on a box car to be taken to a safe place...This is not about health, this is about submission." They shared conspiracy theories about a "communist dictatorship" that is "brainwashing people." The distancing requirement is "military protocol." "You're trying to get people trained so when the cameras, the 5G comes out, we gotta get scanned, we gotta get temperatured. Are you insane? All of you should be in a psych ward." And, predictably, since he supposedly engineered the pandemic so that he can implant a chip into people's

bodies when they are eventually vaccinated, "Why is Bill Gates not in jail?"

"Keep listening to the TV brainwashing you from birth." There was talk of the Deep State and pedophiles. There was denial: "There's not enough [COVID-19] to make it a pandemic." They want to "put masks on your face to keep us from breathing oxygen, to get us to become sickly." "I want to know who is getting paid off and where is the mandate coming from." The comments were rife with vitriol but lacking in evidence. Meanwhile, COVID-19 cases in Florida increased to record levels.

History Repeats

Mask resistance is nothing new. In the 1918 flu epidemic, masks were mandated. Most people complied, but many complained that masks were uncomfortable, and some even poked holes in them so they could smoke! Mayors and other prominent people were photographed not wearing masks. Communities that implemented stronger health measures overall fared better than those that didn't.

Mask refusers sound like petulant children: "I don't wanna wear a mask. You can't make me. You're not

the boss of me." When I see someone not wearing a mask, it says to me "I don't care about other people. If you get sick and die, that's not my problem."

The Bottom Line

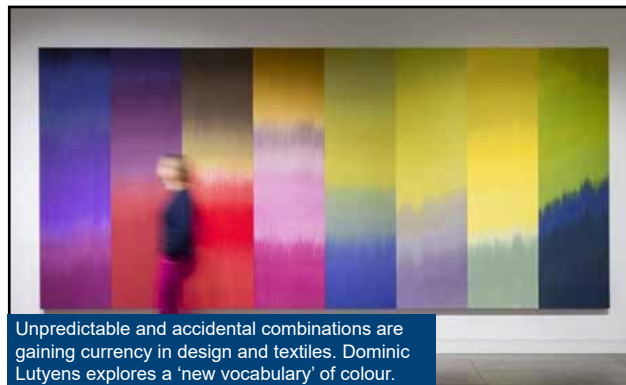
Dr. Steven Novella says we should all wear masks in public; but we should learn to wear them properly, and we should act as if the mask does not work. I couldn't agree more!

About the Author

Dr. Harriet Hall, MD, the SkepDoc, is a retired family physician and Air Force Colonel living in Puyallup, WA. She writes about alternative medicine, pseudoscience, quackery, and critical thinking. She is a contributing editor to both Skeptic and Skeptical Inquirer, an advisor to the Quackwatch website, and an editor of sciencebasedmedicine.org, where she writes an article every Tuesday. She is author of *Women Aren't Supposed to Fly: The Memoirs of a Female Flight Surgeon*.

Her website is skepdoc.info

What you didn't know about colour



Unpredictable and accidental combinations are gaining currency in design and textiles. Dominic Lutyens explores a 'new vocabulary' of colour.

Colour touches us all in different ways – we each tend to favour some over others, perhaps because they trigger emotional reactions or memories. We react to colour viscerally and subjectively – it's hard to explain why we like a particular hue. But it also appeals to us collectively, which is why colour trends in fashion and the home have such a strong hold on

us. Some colour trends are generational, and seem to be inspired by specific artists or design movements. Others last for five years or more: the hottest hue in recent years has been so-called 'millennial pink' – seen in countless cool bars, hotels and restaurants – although this trend is finally tailing off.

Colour trends go in cycles. There have been pe-

riods when colour was banished from our homes and wardrobes, as was the case in the minimalist 1990s. For years, however, colour has reasserted itself in our homes, although it's hard to know why. Natural colours, in particular all permutations of green, are popular now – a reflection, maybe, of our concern for sustainability. Green is often cited as everyone's favourite colour after blue. But what triggered the rediscovery of bright colours? In fashion, maybe our fascination with the red-carpet dress, with A-listers wearing eye-catching outfits, has given flamboyant colours a new-found cachet. Or possibly Wes Anderson's hit movie *The Grand Budapest Hotel* unleashed a lust for saturated colour?

And colour trends were once taken for granted with cast-iron certitude. In fashion, these helped to mark the rigid segmentation of the year into quarterly seasons – spring, summer, au-

turn and winter.

Today many successful designers prefer to work outside rigorous colour systems, following their own taste in colour

In other areas, such as graphic design, product design and homeware, the Colour of the Year is an annual institution embraced by several companies. It has long been associated with Pantone, a printing company founded in New York in the 1950s, famous for its Pantone Matching System (PMS), a standardised colour reproduction system that allows manufacturers in different locations to refer to its range of numbered colours to ensure colours match exactly.

Launched in 2000, its zeitgeist-capturing Colour of the Year is based on trend-forecasting research conducted by the Pantone Colour Institute. Its choice for 2020 is 'Classic Blue', a calming ultramarine shade



Hella Jongerius believes in the 'intimate', 'subjective' power of colour, pictured is her Vlinder design for Vitra

described as a 'universal favourite'.

European colour notation systems include Sweden's NCS, which provides designers, manufacturers, retailers and customers with accurate colour-matching, and German company RAL, used for powder-coating and plastics.

But today many successful colourists and designers prefer to work outside these rigorous systems, following their own taste in colour or challenging the standardisation of colour widely used by industry, which, they argue, delimits and impoverishes the palette of colours we see

around us in everyday life. Dutch designer Hella Jongerius, for example, constantly experiments with colour, and displayed the fruits of her research at the exhibition *Breathing Colour* at London's Design Museum in 2017.

"I aim to create a new colour vocabulary... as a reaction to the globalised industry of flat colours," she tells BBC *Designed*. Berlin-based Jongerius develops colours for the furniture company Vitra, and created products for her exhibition that presented colour in fresh ways, shedding light

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on their mutability. One of these, her Colour Catcher, comprises sheets of fold-



Dutch designer Hella Jongerius is aiming to create a 'new vocabulary' of colour

ed coloured paper; shadows and reflections hitting its different planes resulted in each one acquiring an individual tone. Another idea was a formulation of 16 shades of black created without resorting to carbon. "Instead, I used hand-crafted pigments including ultramarine green, cobalt green, natural amber, ruby red and magenta," she says. "If industry replaced carbon with another black pigment [it] would have a revolutionary effect on our visual landscape. It would change hundreds of the colours found in the indus-



In woven textiles, colours interplay in the warp and weft, giving them a changeability

trial palette."

"The all-encompassing RAL, Pantone and NCS colour systems offer millions of colours categorised, structured and sorted for us," she continues. "As a tool, this can be helpful for designers and architects but how can we ever intimately relate to colour and its subjective effect in this scenario?"

Indeed, the colour-forecasting industry original-



Ptolemy Mann's artworks in woven textiles explore unusual colour combinations

ly sprang from practical needs, according to Justine Fox, co-founder with Carolina Calzada Oliveira of Calzada Fox, a Lon-

don-based consultancy. "We develop colours for our clients beyond forecasting and aesthetics – they're designed with functionality in mind, whether it's brand awareness, sustainability or community-building."

"One of the first colour-forecasters was Carlin, founded in Paris in 1947," says Fox. "After World War Two, Americans were cut off from France and couldn't get information about trends from Paris showrooms. So some retailers got together and started creating colour forecasts for the US and

other countries. There's no doubt colour systems have a practical value. The theory is that companies as far-flung as Shanghai and London can be sure to choose the same specific shade. But when the likes of Pantone and trend-forecasting firm WSGN, which has its own colour system Coloro, choose their colours of the year, they don't create a new colour. They can pluck it from their existing ar-

chive of colours. They also hold a lot of information about people's consumer tastes, and base their colour choices on that. Essentially, the Colour of the Year idea is a PR exercise."

"A growing concern for sustainability is seeing a big change in the colour-forecasting industry," says Calzada Oliveira. "We've noticed that fashion and product designers are increasingly emulating the automotive industry – forecasting colours five or 10 years ahead rather than the more ephemeral two to five years ahead. A growing number of consumers are buying fewer clothes – for example, buying a piece from a favourite label's collection, then gradually building up a wardrobe by selectively buying pieces from subsequent collections."

Traditional, fixed-colour palettes are set to become less common, with designers experimenting with more organic manufacturing processes and materials, such as bacterial dyes. But, as London-based textile designer Lindsay Hanson notes, the uptake of these on a mass level is negligible: "Bacterial dyes are emerging. They're great as they use very little water and no chemicals. Some companies intend to commercialise them. But this is a challenge because industry and consumers prefer clothes with hues that are affordable. Natural dyes can't be used to produce clothes at scale. And the most common colours I've witnessed bacteria produce are blue, indigo, purple, pink and red but not green, orange, yellow, black, brown and grey. Natural dyes also fade over time, so they end up in the pastel range. That sets limitations on designers."

Many designers believe colours only come into their own when juxtaposed with others – the antithesis of the colour of the year notion, which focuses on one hue in isolation. One of Calzada Fox's projects illustrates this – last year it helped Edinburgh-based paint company Craig & Rose to develop a new paint range showcased during the London Design Festival in the form of an immersive installation comprising panels painted different shades that formed a sequence of spaces visually interconnected by

openings cut into the panels. Avoiding any hierarchical arrangement of colours, the installation highlighted how the colours interacted.

'In-between colours'

A similar layering approach is adopted by Italian colourist Giulio Ridolfo, who has worked for many years for Danish upholstery fabrics company Kvadrat and has also advised Vitra and Italian furniture brand Moroso on colour. Indeed, in the field of woven textiles, designers often freely experiment with colour.

Picture8

Caption: Italian colourist Giulio Ridolfo creates colour combinations for fabric company Kvadrat

Kvadrat is one company that ploughs its own furrow on the colour front: "We don't visit trade fairs or observe trends, partly because our production is too slow. On average we bring out eight upholstery fabrics a year, although some are re-colourings of old fabrics," says Stine Find Osther of Kvadrat. "We're lucky that we work with creative people, including external designers, who have their own ideas." Kvadrat, which was founded in 1968, was originally most famous for its two-tone, wool and viscose upholstery fabric Hallingdal by Nanna Ditzel, which daringly interwove zingy pink with green and red with yellow.

Giulio Ridolfo is influenced by the rich, subtly changing autumnal landscape of Friuli in northern Italy where he is from, and also by art and cinema

A new book, *Materialising Colour: Journeys with Giulio Ridolfo*, by design writer and curator Jane Withers, explores his working process, which is mainly influenced by the rich, subtly changing autumnal landscape of Friuli in northern Italy where he is from, and also by art and cinema. He admires filmmakers Pier Paolo Pasolini and Derek Jarman and the layering of colours in the work of artists JMW Turner and Paul Klee, which he says create "vibrancy". While Ridolfo's eye dominates the book, this also recounts milestones in the history of colour theory. It ranges from Isaac Newton's demonstration that a beam of light penetrating a prism separates into seven colours to the discovery by French chemist Michel-Eugène Chevreul that how a



Dutch designer Hella Jongerius is aiming to create a 'new vocabulary' of colour

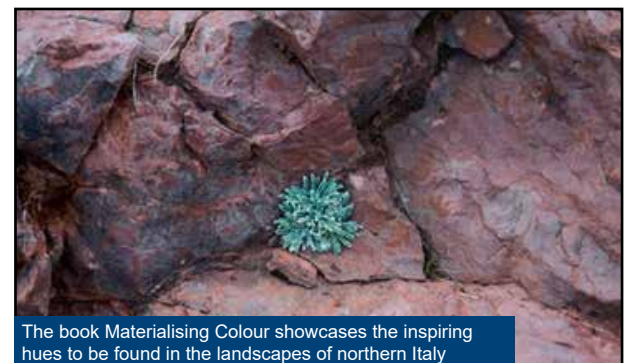
colour is perceived is influenced by the other colours surrounding it.

"While industrial manufacture strives for stability and uniformity, Ridolfo introduces subtle changeability and what he describes as 'in-between' colours," writes Withers in the book. "Giulio doesn't use colour in isolation," she adds. "It's always part of a narrative – how it relates to cultural context, nature... In terms of the material itself, Giulio uses different threads to compose the colour of a textile, which gives it an unusual richness."



Consultancy Calzada Fox develops colours with functionality in mind

When weaving fabrics, the lengthwise warp yarns are held stationary in tension on a frame or loom while the transverse weft is drawn through and inserted over and under the warp. One of Ridolfo's signature fabrics for Kvadrat is *Remix*, which comes in 72 colourways. It's made by taking two woollen melange yarns, each containing up to three colours mixed at different percentages,



The book *Materialising Colour* showcases the inspiring hues to be found in the landscapes of northern Italy

which create subtly irregular shading. Seen from afar the fabrics' colours look monochrome but, in close-up, reveal colour contrasts.

The starting point for Ridolfo's designs are moodboards in rich shades such as crimson, eau-de-nil and rust, that create a collage of anything from twigs, stones and dried flowers, to postcards, fabric swatches, ribbons, even toothbrushes. "While Nanna Ditzel's colours were definite, Giulio's keep changing," says Find Osther. "There are different coloured fibres in the warp and weft, which create the intertone colours."

For UK-based woven textile design duo Wallace Sewell, the interplay of the warp and weft opens the

door for creativity and unpredictable colour combinations. Strongly influenced by artist Johannes Itten, who taught at the Bauhaus, they are known for their geometric designs for throws, cushions, blankets and rugs with surprising colour combinations.

They have created a moquette fabric for the upholstered seating in London Transport trains, including a complex design for the Elizabeth Line (Crossrail).

This teams a bold purple with beige, white and two shades of grey, plus ac-

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Design duo Wallace Sewell are influenced by the geometry and distinctive colours of the Bauhaus

cents of red, blue, brown and aqua, all referencing tube and DLR lines that the new line intersects with. “To date, all the tube-line moquettes featured only four colours but we were allowed to bend the rules and include more,” says co-founder Emma Sewell. “How we combine colours is a mix of decision and accident. We clearly decide on the colour of the warp but when the weft colours are selected and put across the warp colours,

there’s a fair amount of chance involved. We can’t

predict how warp and weft will look together as we use so many colours for both.”

As far as I’m concerned there is no such thing as a bad colour combination – Ptolemy Mann.

Looking to the future, the nascent technologies being investigated by Hanson and others are challenging the prescriptive, reductive approach to colour en-

dorsed by the mainstream textiles industry — and are proposing a more sustainable model of consumption in the fashion world. While studying at Central Saint Martins, Hanson initiated her ongoing research project, Digitised Material. This uses digital technology along with 2D materials such as super-strong, flexible graphene and artificial opals that mimic photonic crystals (natural crystals found in insects, such as on butterfly wings and



Woven textile artist and colour consultant Ptolemy Mann embraces secondary hues in her work

plants).

The non-pigmented opals assume a particular colour when light hits them — a phenomenon called structural colour. Her research suggests that the opals and graphene can be fused to make a power grid that is concealed within clothing. Its wearer can then change its colours and patterns in infinite ways, via an app on their smartphone. “The ability to change colours and patterns like this could offer an alternative to syn-



In her book, author Jane Withers writes about colour inspiration and processes

thetic dye and reduce the volume of new garments produced by manufacturers and owned by consumers,” says Hanson. And Sussex-based woven textile artist and colour consultant Ptolemy Mann, who recently created artworks for a restaurant at Tate Modern in London, is equally ambivalent about standardised colour systems and the Colour of the Year tradition. “I think it can help designers

and companies navigate through colour choices, and the Pantone system helps us to communicate colours globally,” says Mann, who embraces bold yet sophisticated secondary colours, such as green, pink, violet and turquoise in her work. “But I’m not keen on selecting one colour and saying it’s the colour of the year. Colour needs context. And as far as I’m concerned there is no such thing as a bad colour combination.”

Air Conditioning Wasn’t Invented to Provide Comfort to Human Beings

By Vaclav Smil

Its original purpose was to enable factory processes, but now an ever-larger part of the world’s hottest regions is adopting it.

Air conditioning was devised not for comfort but for industry, specifically to control temperature and humidity in a colour printing factory in Brooklyn. The process required feeding paper into the presses a number of times, once for each of the component colours, and the slightest misalignment caused by changes in humidity pro-

duced defective copies that had to be thrown away.

In 1902 the factory’s operators asked Willis Haviland Carrier (1876–1950) to help, and he deployed coils supplying 211 kilowatts of cooling to maintain a temperature of 27 °C and a relative humidity of 55 percent. Half the cooling was furnished by cold well water, half from mechanical refrigeration based on evaporative cooling—the principle of which had been worked out in the 18th century by several scientists, notably Benjamin Franklin.



The system was not a complete success, but Carrier continued his work, eventually publishing the first chart relating temperature, humidity, and the way people perceived these qualities—part of an engineering discipline now known as psychrometrics. In 1906, he obtained his first patent (U.S. Patent 808,897) for the “Apparatus for Treating Air,” and in 1911 he presented his paper, “Rational Psychrometric Formulae,” a lasting foundation for designing efficient air-conditioning systems.

At first, air conditioning was mainly used in the textile, printing, film, and food-processing industries. In the 1920s department stores and movie theatres began to offer it. In 1932 came a limited run of the first individual window units, a type that Philco-York brought to market in 1938—though non-essential A/C installations were temporarily banned during the war.

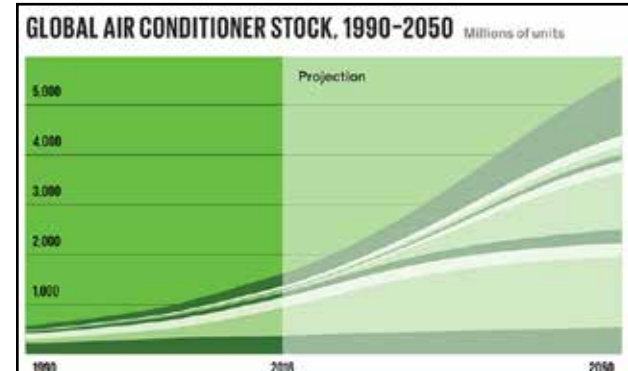
It took almost another three decades before half the households in the United States had A/C. By 1990, that rate reached 70 percent; now it exceeds 90 percent.

Large-scale migration from the Snowbelt to the Sunbelt drove the adoption, and afterwards household air conditioning began its northerly diffusion. Electricity-generating compa-

nies saw their peak production move from the winter months to the summer. Today, U.S. generation at utility-scale facilities is significantly higher in July than in January. In 2018 the difference was about 10 percent [PDF], and in 2019 it was 15 percent.

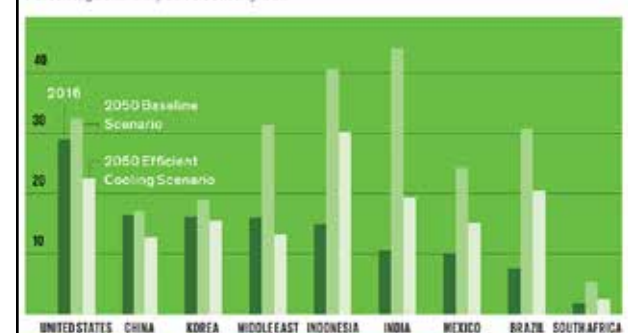
By 2019 there were more than 1.6 billion units in operation around the world, more than half of them in China and the United States. But this was just the beginning: In 2018 the International Energy Agency predicted a coming “cold crunch” driven by a combination of three key factors: Incomes will continue to rise in the emerging economies, where one of the first spending choices is for a window A/C unit. Global warming will gradually raise summer temperature peaks and increase the number of hot spells. Finally, populations will rise, with more than 90 percent of the increase taking place in the hotter places, such as Africa, the Middle East, and southern Asia.

There’s a lot of growth potential here. Fewer than 10 percent of the nearly 3 billion people who live in the warmest places now have air conditioning in their homes, compared with 90 percent in the United States and Japan. If air conditioning were provided to the more than 200 million inhabitants of Ut-



(From left to right) UNITED STATES, CHINA, JAPAN AND KOREA, EUROPEAN UNION, INDIA, INDONESIA, MEXICO, BRAZIL, MIDDLE EAST, REST OF WORLD

SHARE OF COOLING IN ELECTRICITY SYSTEM PEAK LOADS



Source: International Energy Agency Air conditioning stands to rise markedly in emerging economies, many of which have notably hot weather [top]. Cooling takes an ever-larger share of electric capacity, but more efficient air-conditioning units could make a big difference.

tar Pradesh, a single state in India whose average summer temperature is far higher than that in Florida, this would require at least twice as much electricity as the cooling demand in the United States, with its 330 million people. And because coal-fired generation provides a large share of the electricity in India, China, and Indonesia, the spread of air conditioning will greatly increase Asia’s

emissions of carbon dioxide.

Rising temperatures, rising incomes, and growing populations make the rapid growth of air conditioning unstoppable. All we can do is to moderate that growth rate by better urban planning, smarter building design, and enforcement of strict efficiency standards for new A/C units.

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With thanks to Emma Swain, Motorworld, Tenerife



Whether you have been driving for years, are an occasional, or new driver, you will no doubt have picked up some bad driving habits. Of course, we all have bad habits in all parts of our lives but some driving habits can be very costly - not only with fines but with regard to the points system too. Some habits are serious and hard to break and

This is one I am sure everyone will recognise. When you are approaching a junction or passing through one and do not indicate your intentions, beware, because if you are caught, and there are many more camera cars and unmarked police vehicles around nowadays, you could incur a fine of €200. The reason for in-



often you don't even realise that your bad habit is wrong because you have done it for so long without any consequences! We are going to point out some of the most common ones that no doubt all readers will recognise!

Indicating your intentions

dicators is quite obvious to most people. They are there to be used to let other road users know what we are intending to do. When you fail to use your indicators we are potentially posing a risk not only to ourselves but to other road users who are unaware of our intentions. We have all played the guess which



way I'm going game, some sadly with costly consequences. The best thing to do is ALWAYS use your indicators, even if other drivers around you do not.

Not respecting the Priority of Pedestrians

If you fail to respect the priority of a pedestrian you are again running the risk of a fine of €200 and potentially having 4 points recorded on your Licence. This however depends on the potential risk to those involved. It is very interesting to note that, in the eyes of the law, pedestrians take preference over drivers. Something that will I am sure come as a surprise to many drivers. Pedestrians are apparently the most vulnerable of all road users, and, in the event of an accident or incident it will almost always be the pedestrian which will come off worst, as they will have no protection - hence the need for this law.

Failure to allow an overtaking vehicle to return to their lane

Driving very close behind a vehicle and/or not allowing sufficient safety gaps can result in a fine and loss of points if caught. We are all too aware that many drivers provide

safety gaps for such circumstances, only to find another driver pulling in front of them and closing any safety gap that had been allowed. Again, this carries a fine of €200 and a loss of four points from your licence. The reasoning behind this is that overtaking is considered one of the most dangerous manoeuvres any vehicle can carry out (other than perhaps sharp emergency stops).

When we move into the path of oncoming vehicles and a collision occurs, depending on the speed be-



same as hitting a solid object like a brick wall at 100 kilometres per hour! Ouch! We have all seen these



a vehicle from returning to the right side of the road, one wonders why?

Unnecessary Lane Changing

Changing lanes without respecting a vehicle that is already in that lane also carries a fine of €200. Zig-zagging between lanes (seen quite often here in Tenerife) will result in a fine of, again €200 but may be considered as reckless driving, which would incur a fine of €500 and a loss of 6 points from one's Licence.

In normal circumstances traffic will run smoothly until such time as a road becomes congested or when an accident has occurred. We all know that constantly changing lanes impedes the flow of traffic, causes delays and of course



types of accidents and sadly they appear to be happening more frequently, often due to the lack of care of one, or both drivers or sheer recklessness.

It is therefore imperative that when overtaking you consider the speed you are travelling at and that of any oncoming traffic and that you make this manoeuvre in the shortest possible time. We can see quite clearly that preventing an overtaking vehicle from returning to the right side of the road can put many lives at risk, however many drivers do just that and block

can be dangerous depending on the situation. When you cause another vehicle to deviate from its normal course, speed or direction, it means that YOU have become a hazard to other road users, which in itself is a potential danger.

We are all so often in a rush to get from A to B, but it really is better to arrive a little late than potentially not at all. Be patient, Tenerife Drivers!

BE WARNED!

Failure to observe the following could cost you a FINE, AND/OR a LOSS OF POINTS on your Driver's Licence!

- INDICATING YOUR INTENTIONS
- NOT RESPECTING THE PRIORITY OF PEDESTRIANS
- FAILURE TO ALLOW AN OVERTAKING VEHICLE BACK INTO ITS LANE
- UNNECESSARY LANE-CHANGING

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The Tenerife Property and Business Guide

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ENERGY PERFORMANCE CERTIFICATES IN SPAIN

JULY 2020 UPDATE

Since June 2013 the total number of Energy Performance Certificates carried out in the Canaries stands at approximately 239,172, with some 1,414 being registered over the month of June this year. This is 15% less than last month and is the least number recorded since the introduction of EPC's. The low numbers reflect the impact COVID-19 has had on the real estate market in terms of the reduction in

number of property sales and lettings.

Now, with lockdown lifted and more freedom of movement around the Spanish territories and Europe, hopefully the tide will turn and we will start to see a gradual increase in the number of Certificates registered on a monthly basis.

For those of you who are not aware of Energy Performance Certificates (EPCs), they

were introduced in Spain and its dependencies by Royal Decree on 5th April 2013. This Law requires that, from 1st July 2013, an EPC must be obtained by the owner whenever a domestic or commercial property is Built, Sold or Rented.

Selling your property

From 1st July 2013 property owners are required by law to present an Energy

Performance Certificate when a property is placed on the market and prior to any advertising. When the property is sold, the Notary will need to see the EPC, termed the Certificado de Eficiencia Energética in Spain.

Renting your property

Either you or your agent, must obtain an EPC. An agent will not be legally allowed to offer or advertise your property for long term letting without one. Where a property has already been let prior to 1st July 2013, no EPC is required until one tenant leaves and the property is offered for long term rental again. If your property was built after 2007 you should already have an EPC provided by the seller. If you only rent your property out on a short term basis, for less than 4 months of each year, you may not need to have an EPC. If you are the tenant your landlord or

the letting agent should be able to show you the EPC for your property.

The EPC contains:

Information about a property's energy use and typical energy costs, and recommendations as to how you may be able to reduce energy use and

How to arrange an EPC:

If you are selling or renting out property, you will need to engage an Accredited Assessor, who will visit your property to inspect and then produce and register your properties Energy Performance Certificate.



save money.

An EPC allocates an Energy Efficiency Rating, ranging from 'A' (most efficient) to 'G' (least efficient). The Certificate, registered with the Canarian Government is valid for 10 years.

If you have any questions, or wish to arrange for me, Philip Wright, to carry out your energy Performance Certificate please call me on 667 757 323.

July 2020

DOG OF THE MONTH

Pims



Pims is a really lovely dog who has been in the kennels for 5 years. He is great with people, children, cats and other

dogs – a really super dog who deserves a lovely home!

With the economic impact of COVID-19 we

know that this will have a knock-on effect on the animals, who will suffer more and more, so now, more than ever, we really need kind-hearted people to come to visit the Refuge and give these amazing dogs a chance. Might YOU be willing to change this little dog's life around?

The Centro de Proteccion Animal de Tierra Blanca is located off Junction 15 of the TF-1 by the restaurant Los Chasneros, just 200 metres above the TF-1. They don't ask for adoption fees, only a donation of food and some photos to let them know how your new pet is getting on in his/her new home. Please call Rachel on 629 031 273 for more information.

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Long Term Rentals

OVER €2,000 p/m

Palm Mar, Apartment

€P.O.A

2 bed · Beautiful 2 bedroom/2 bathroom apartment with front terrace and large roof terrace overlooking the village and coastline of Palm-Mar, very special property!

Ref: VKT2RP213AC | 2nd Home Tenerife |

Palm Mar, Apartment

€P.O.A

2 bed · A beautiful house with two bedrooms, several sunny terraces, quiet in Palm-mar, in a beautiful complex with swimming pools. Unique opportunity!

Ref: VKT2RP214AC | 2nd Home Tenerife |

Los Cristianos, Townhouse

€2,000

3 bed · Fantastic townhouse in the brand new residential complex of luxury Portonovo in Los Cristianos, 3 bedrooms 3 bathrooms, 4 terraces, Jacuzzi, private garage, kitchen, living room of 50m². Very bright, brand new! € 2000 water and electricity apart. Available now!

Ref: VR6964D | Vym Canarias | 922 787 210

€1,999 - €1,000 p/m

San Eugenio Alto, Apartment

€1,800

3 bed · Cozy three bedroom apartment with a private jacuzzi in prestigious area of Caldera del Rey. The apartment consists of

three bedrooms, two bathrooms, kitchen connected with a living area and terraces with amazing sea views. The complex is located in a very quiet area, less than 400 meters from the Great Water Park of Siam Park, and the shopping centre Siam ... For full information see website or contact:

Ref: VLT3CR | 2nd Home Tenerife |

Los Cristianos, Apartment

€1,700

3 bed · Luxury apartment for rent in the centre of Los Cristianos, just 5 min walk from the beach. Completely renovated to high standard, the apartment consists of three bedrooms, two bathrooms (one with a shower, one with a bath), fully equipped kitchen (dishwasher, washing machine), living area with the access to the balcony. The guests can use a communal terrace... For full information see website or contact:

Ref: VLT3CRISTIANOS | 2nd Home Tenerife |

Los Cristianos, Townhouse

€1,650

3 bed · Three bed, three bath town house with large lock-up garage and trastero, overlooking the ocean. Water and electricity bills not included. Available mid August 2020.

Ref: 1984 | Homes & Away | 922 737 044

La Caleta, House

€1,600

3 bed · Spacious newly decorated townhouse, modern style, lounge, separate kitchen, laundry room, there is a large living area with a private terrace with barbecue on the ground floor and two bedrooms with a bathroom upstairs. Balcony with swimming pool and partial sea views. Located within the walking distance from the shopping centre Gran Sur, 10 min by car from... For full information see website or contact:

Ref: VLT3OF16 | 2nd Home Tenerife |

Puerto de La Cruz, Villa

€1,500

4 bed · This beautiful villa built in 1991 is located in one of the best developments in the quiet area of Puerto de la Cruz, El Durazno. The house is distributed on three floors. The ground floor consists of a terrace with a garden at the entrance of the house, a spacious living room, a bathroom, a bedroom and the kitchen with access to the garden. The upper floor... For full information see website or contact:

Ref: IR1500V | Agata's Real Estate |

Golf del Sur, Apartment

€1,400

2 bed · Luxury spacious, two bed, two bath south facing apartment in sought after location with garage space and stunning views Available from October 2020.

Ref: 2101 | Homes & Away | 922 737 044

Los Cristianos, Apartment

€1,300

3 bed · This brand new furnished apartment is situated in one of the seacoast complexes of Sotavento, near El Medano. It comprises of 3 double bedrooms with built-in wardrobes, 2 bathrooms (main ensuite), living room with balcony, separate fitted kitchen, utility room. Includes a parking space and a storage room in underground safe garage. On site facilities: poo... For full information see website or contact:

Ref: KV0231 | Tenerife Alizes Properties | 922 738653 / 626 274040

Golf del Sur, Bungalow

€1,300

3 bed · Lovely 2 bed-2 bath bungalow with linked self contained 1 bed apartment, on popular complex with pools, bar restaurant and close to the golf courses and main amenities. The main house has 2 double bedrooms, 2 bathrooms, separate fitted modern kitchen with utility room, large terrace overlooking the communal pool, private parking for 2 cars, all equipped a... For full information see website or contact:

Ref: KV0203 | Tenerife Alizes Properties | 922 738653 / 626 274040

Torviscas Alto, Villa

€1,200

2 bed · We offer for long-term rent. Beautiful bungalow with private pool in the complex "Island

Village" (4). It consists of two bright and spacious bedrooms (one of them has access to the terrace with a swimming pool), two bathrooms, an open-plan kitchen with a dining room and a living room that leads to a terrace with ocean views. The house is fully furnished ... For full information see website or contact:

Ref: VR6831D | Vym Canarias | 922 787 210

Puerto de La Cruz, Apartment

€1,200

1 bed · We offer this modern luxury apartment in Parque Lotos, La Paz in Puerto de la Cruz. It consists of a living room connected to the kitchen, a bathroom with a shower, a bedroom and a spacious terrace with views. The apartment is on the 3rd floor of the building that has the community pool and a lift. The luxury apartment building with its unique architecture... For full information see website or contact:

Ref: IR1200A | Agata's Real Estate |

Golf del Sur, Apartment

€1,100

1 bed · Large fourth floor, one bed apartment with sea views on prestigious complex. Available for a minimum of six months.

Ref: 1749 | Homes & Away | 922 737 044

Playa Paraiso, Apartment

€1,000

2 bed · Long term rental. Beautiful apartment on the ground floor in the complex Ocean Garden, Playa Paraiso. New, fully furnished and equipped with everything necessary. Two bedrooms with fitted wardrobes, two bathrooms, open plan kitchen with living room and large terrace. Complex with swimming pool, elevator, garden. The beach is only 200 meters away. Also near... For full information see website or contact:

Ref: VR5528D | Vym Canarias | 922 787 210

La Tejita, Apartment

€1,000

1 bed · Bright 1 bed, ground floor apt for rent in NEW building in La Tejita. Has spacious garden. Large bedroom leading to chill-out terrace. 3 months only Pets allowed. Water and electric bill excluded. Close to shops and transport, just a 5 min walk down to the sunny beach, 5 min drive to surfers El Medano beach and only a 10 min drive to the south airport

Ref: LAPR1077 | Los Abrigos Properties | 922 170021

€999 - €650 p/m

Golf del Sur, Bungalow

€900

2 bed · This beautiful 2 bedroomed duplex bungalow has been completely refurbished to high standards, and it comes completely furnished and equipped. It comprises of 2 double bedrooms, 1 ensuite

bathroom, 1 shower room downstairs, 1 shower room upstairs, living room opening to a sunny terrace, built-in design kitchen, and a small terrace upstairs for more private... For full information see website or contact:

Ref: KV0230 | Tenerife Alizes Properties | 922 738653 / 626 274040

San Eugenio Alto, Apartment

€850

2 bed · Lovely, furnished or unfurnished, 2 bed, 2 bath apartment on lovely modern complex with heated pools. The property has an open plan lounge/diner with American-style fitted kitchen, and a large sunny terrace. No pets please. Electricity and water bills extra. Located close to all amenities, shops, bars, restaurants, and Siam Mall. Deposit required: Unfu... For full information see website or contact:

Ref: JB001 | John Black | 616 251 271

Amarilla Golf, Apartment

€850

2 bed · Beautiful property, recently refurbished, ideal for retired couples. Sea and mountain views, in walking distance from bars and restaurants. Just a 10 mins walk to Marina San Miguel. Pool in complex. Definitely worth a view!

Ref: 2062 | Rentals in Tenerife | 606 284883

Amarilla Golf, Apartment

€795

2 bed · Well-appointed, two bed duplex apartment on residential complex with heated pool.

Ref: 1986 | Homes & Away | 922 737 044

La Tejiita, Duplex

€790

2 bed · Beautiful 2 bed/2 bath duplex on 1st floor with terrace. First floor: bathroom and double bedroom. Second floor: shower/toilet, American kitchen with living room leading to terrace with seaviews, double bedroom. Close to shops and transport, just a 2 min walk down to the sunny beach La Tejiita, and only a 10 min drive to the south airport. Bills extra. Pet... For full information see website or contact:

Ref: LAPR1073 | Los Abrigos Properties | 922 170021

Amarilla Golf, Apartment

€775

1 bed · Beautifully appointed, spacious one bed garden apartment with two terraces in quiet location, near the Golf course. Wi-Fi access included. Water and electricity bills included up to 50€ per month.

Ref: 2083 | Homes & Away | 922 737 044

Los Abrigos, Apartment

€730

3 bed · Beautiful 3 bed 1st floor apt for rent on the coast with sea-views. Separate kitchen, living room, good sizes bedrooms, quiet community. Balcony leading from 1 of the bedrooms. Close to shops and transport, 5 min walk down to the sunny beach and only a 10 min drive to the south airport. Bills excluded. Available from mid of March 2020 until mid. of October... For full information see website or contact:

Ref: LAPR976 | Los Abrigos Properties | 922 170021

Costa del Silencio, Apartment

€700

2 bed · Lovely two bed, one bath apartment on well-maintained complex.

Ref: 1744 | Homes & Away | 922 737 044

Playa Fanabe, Apartment

€700

1 bed · We offer a long-term rental apartment in the complex "Lagos de Fañabe", Costa Adeje. The first line of the ocean. The apartment consists of one bedroom, a bathroom, an American-style kitchen and a

the south airport. Bills excluded
Ref: LAPR1081 | Los Abrigos Properties | 922 170021

Los Abrigos, Apartment

€660

1 bed · Lovely 2 bed 2 bath, American kitchen, Balcony with

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terrace with garden views. Very well maintained complex with swimming pools, pool bar, hairdresser, restaurant and much more.

Ref: VR6995D | Vym Canarias | 922 787 210

Los Abrigos, Apartment

€690

2 bed · Lovely 2 bed ground floor apartment on seafront with fantastic views. Balcony, 2 bathrooms, american kitchen. Sat tv dish on shared roof terrace, lift in building. Garage and storeroom. Bills exclusive. Small pets allowed.

Ref: LARP539 | Los Abrigos Properties | 922 170021

Costa del Silencio, Apartment

€675

1 bed · *Available from 6th September 2017 for 6 months*Spacious, south facing, well furnished one bed apartment with large terrace on popular complex. Close to all amenities.

Ref: 1785 | Homes & Away | 922 737 044

Los Cristianos, Apartment

€675

2 bed · Two bedroom apartment located on the seventh floor of Castle Harbour. Two double bedrooms with fitted wardrobes, shower room, living room with American style kitchen. UK TV channels and wifi available from reception. The balcony has views to the sea, pool and Guaza mountain. Large swimming pool and sun terraces, restaurant and pool bar on site, laundrette... For full information see website or contact:

Ref: AP0458 | Tenerife Island Rentals and Buy Tenerife | 922 797 438

Amarilla Golf, Apartment

€675

1 bed · Spacious, ground floor, one bed apartment on popular complex with communal pool. Water and electricity bills included up to 40€ per month.

Ref: 2026 | Homes & Away | 922 737 044

San Isidro, Apartment

€670

1 bed · Cosy 1 bed 2nd floor apt with a ocean views, open kitchen. Private roof terrace of 5m2 with lockup washroom. Lift. Close to shops and transport, just a 5 min drive to the sunny El Medano beach, and only a 5 min drive to

fantastic sea views, garage space with private lock up, community roof terrace, small apartment block, Beach 5 mins school 5 mins shops and transport 3 mins. Airport south 15 mins small animals allowed

Ref: LAPR502 | Los Abrigos Properties | 922 170021

Golf del Sur, Apartment

€660

1 bed · This 1 bed, 1 bathroom apartment is on the beautiful complex of Aguamarina. Close to the sea, marina, bars, shops and restaurants. Fully furnished to a very nice standard. Ideal for a retired couple. Lift and pool in building. No pets allowed.

Ref: 1080 | Rentals in Tenerife | 606 284883

Callao Salvaje, Apartment

€650

1 bed · Front line apartment near the beach of Callao Salvaje. There is a large terrace with sea view and the sun from early morning. The apartment has 1 bedroom, 1 bathroom, a kitchen and a spacious living area, it is totally refurbished and with new modern furniture. There is a swimming pool in the complex and a private access to the beach. Situated near all to... For full information see website or contact:

Ref: VR5013D | Vym Canarias | 922 787 210

Las Americas, Apartment

€650

1 bed · Nice 1 bedroom apartment in the touristic complex Las Floritas situated on the second floor with the terrace overlooking the swimming pool. Centric area close to all touristic services and the beach. Good option for rent or for personal use for holidays.

Ref: VR6996D | Vym Canarias | 922 787 210

Los Abrigos, Apartment

€650

1 bed · Bright modern newly refurbished 1st floor apartment for rent in heart of Los Abrigos. Stunning seaviews. Balcony. Bills included. No pets. Available from 1st of May 2020

Ref: LAPR1062 | Los Abrigos Properties | 922 170021

Playa Paraiso, Apartment

€650

1 bed · Long term rental apartment on the first line of the

ocean in the residential complex "Mirador del Sur", Playa Paraiso. Nice fully furnished apartment with a double bedroom with built-in wardrobe, a full bathroom, a fully equipped kitchenette with a living room and a terrace overlooking the ocean. Living area of 45 m2. 8 m2 terrace. Well maintained complex... For full information see website or contact:

Ref: VR0025 | Vym Canarias | 922 787 210

Golf del Sur, Apartment

€650

1 bed · Modern Luxuriously furnished ground floor Apartment, poolside apartment in this sought after development overlooking the marina and close to the golf courses. Bright sunny lounge, with fully equipped American kitchen. Fully furnished. Large terrace overlooking heated pool. Lift in Building, Free Wifi, safe. Uk English TV Channels, Water and electricity ex... For full information see website or contact:

Ref: LAPR549 | Los Abrigos Properties | 922 170021

Under €650 p/m

Amarilla Golf, Apartment

€625

1 bed · Second floor one bed apartment on popular complex with swimming-pool.

Ref: 1462 | Homes & Away | 922 737 044

Golf del Sur, Apartment

€600

1 bed · Beautiful penthouse, 1 bed 8th floor apt with sea views. Open kitchen. Good size balcony facing south-east. Spiral case leading to private roof terrace. Lift in the building. Two communal heated swimming pools. close to shops and transport, Airport South 15 mins. Bills inc. up to €50. Available 7th of July 2020 till

Dec 12th pets allowed

Ref: LAPR1080 | Los Abrigos Properties | 922 170021

Playa Paraiso, Apartment

€600

1 bed · Long term rental. Fully furnished and equipped with everything necessary, apartment, in the complex "Marina Palace", Playa Paraiso. The apartment has a double bedroom with a built-in mirrored closet, a bathroom with a bathtub, an open plan kitchen with a living room and a terrace from which there is an entrance from the bedroom and the living room. Comple... For full information see website or contact:

Ref: VR6917D | Vym Canarias | 922 787 210

Los Abrigos, Apartment

€600

2 bed · Modern 2 bed 1 bath Apartment in Los Abrigos , American kitchen, Balcony, close to shops transport school and beach, Airport south 15 min. No pets or Children

Ref: LAPR1084 | Los Abrigos Properties | 922 170021

Torviscas Alto, Studio

€600

Beautiful studio in the Island Village Heights complex in San Eugenio. Fully equipped Bills included up to 50€ per month Very well located Available from June 1.

Ref: VR5973D | Vym Canarias | 922 787 210

Los Abrigos, Apartment

€550

2 bed · Lovely bright modern 2 bedroom Apartment on the top floor, lift , situated in the heart of los Abrigos, 5 mins Beach 15 mins South Airport, close to shops and transport, garage space included,

Ref: LAPR872 | Los Abrigos

Properties | 922 170021

Los Abrigos, Apartment

€500

Bright spacious 1 bedroom apartment, in the centre of Los Abrigos, close to main amenities and only a few minutes walk to the port and the sea. Living with American kitchen, 1 double bedroom, 1 bathroom, internal patio, equipped and furnished. First floor, no lift. Bills extra. Pets not allowed.

Ref: KV0224 | Tenerife Alizes Properties | 922 738653 / 626 274040

Costa del Silencio, Apartment

€500

1 bed · AVAILABLE TO START RENTING FOR LONG TERM FROM JUNE 2019 One bed apartment centrally located within walking distance to all local amenities, the apartment has a fully fitted American style kitchen, bathroom on ground level, stairs leading to a double size bedroom, also a second bedroom created with 2 x single beds, there is a pool on this complex and inclu... For full information see website or contact:

Ref: AP0296 | Tenerife Island Rentals and Buy Tenerife | 922 797 438

Las Rosas, Apartment

€480

Very cosy rustic style studio in grounds of a large house but with its own entrance. Comprises of lounge, kitchen, bathroom and some outside space. Ideal for someone looking for complete peace and tranquility. Available from beginning of June 2020.

Ref: 00 1173 | Tenerife Prime Property | 922 703 725

Real Estate Finder
Properties for more than 20 years!

<p>NEW Estate Agency Located in the Los Gigantes area. Trading since Nov 2014 with healthy accounts. Office of 159m2 with reception area, working areas and conference room. In the rear is a training/study/canteen area with staff toilets. €74,000 5038T</p>	<p>Prominent Café Bar Ground floor of Puerto Colon. Opened in October last year but car accident has forced owner to close. Significant monies were spent on reforming. All legal paperwork and opening licence in place. €99,000 5031T</p>	<p>Fish & Chip Shop Located Costa del Silencio with great reputation island wide for it's freshly cooked food and it's hospitality. Accounts and leg paperwork in place. Fantastic reported exceptional purchases for the money. €45,000 5032</p>
<p>Car Leasing Established business trading 9 years based in the south offering long term and holiday rentals. Full legal contract in place recognised by the police. The sale includes 20 cars. Excellent earnings trading all year round. €140,000 5019T</p>	<p>Popular Restaurant Located in the grounds of a popular holiday/residential complex. Great rapport with a close by hotel who hold their welcome meetings here. Earnings are good and prove able. €85,000 5006T</p>	<p>Cafe Creperie Great location and popular. All year round. Low overhead Purchase price will include all fixtures and fittings. Good reported earnings. €62,000 4074</p>

Restaurants • Bars •

Call Donna in our Los Cristianos office
+34-922 971 781 or Carol on +34-687 906 607

Tenerife Prime Property

Tel: 922 703 725 / 627 230 360

Email: carolhale.tpp@gmail.com

Web: www.tenerifeproperty.com



SAN EUGENIO ALTO, BAR/RESTAURANT

An excellent opportunity to take over the Traspaso on this popular established Restaurant in an excellent location. Successfully trading for many years as a family business with repeat customers and over 50 5* reviews on Trip Adviser, fully licenced. The sale price includes fixtures and fittings. Currently run by 1 person with opening hours of 2-11pm 5 days per week there is an excellent opportunity for a couple, and to expand the business further. Healthy accounts available on request.

€75,000

Ref: B-116



LAS GALLETAS, BAR/CAFE

Highly popular, profitable and fully legal sea-front bar/cafe in the attractive and vibrant seaside fishing village of Las Galletas This ready-to-walk-in-and-take-over business can accommodate up to 40 persons inside space and outside. The cafe operates excellent working hours (approx 9.00am - 5.00pm daily, 6 days per week) and has a highly loyal customer base (English, Dutch, Belgian, French, Italian, Spanish etc) both residential and holiday-makers from nearby Costa del Silencio and Ten Bel. The owners, who have built the business from scratch have decided to retire. Accounts available.

€75,000

Ref: B-111



LOS ABRIGOS, VETS & GROOMING PARLOUR

Lovely, modern, fully equipped and alarmed Vet's on the main street in Los Abrigos. Has an Office and Reception area, Treatment area and Grooming parlour (Monthly rent just €450) was refitted at a cost of €25.000 in 2019. The replacement cost of all equipment would currently be in excess of €60.000. Opening Hours 10.0am - 2.00pm and 4.00 - 8.00pm, Saturdays 10.00am-1.30pm. Current contract expires in 2021 but will be renewed.

€120,000

Ref: B-118

Business Section

OVER €350,000

Tenerife South, Manufacturing business

€4,000,000

Are you looking for a sound investment in the Canary Islands? We are excited to offer you the opportunity to invest in a highly reputable and well-established manufacturing company, which occupies an unrivaled position of being a world leader in its industry! The company, which has been successfully established since 25 years, is specialized in the in... For full information see website or contact: Ref: 1545 | FRINA Tenerife SL - Business Sales | 922 085 191

Guaza, Apartment Block

€1,500,000

If you want to invest in this building, give it a face-lift, dedicate it to rentals, or re-sell this is the building for you, the options are endless. This building will revenue a high profit and a rapid return on your investment. The building itself is in perfect condition, it has been built in the beautiful "Canarian" style with elegant cornices, it has... For full information see website or contact:

Ref: GB3-G1X5 | RD Properties | 922 732 862

Cabo Blanco, Hotel

€890,000

6 bed · Location: Central, Touristic area, Close to amenities, Close to restaurants/bars/cafes, Close to shops, Exclusive development, Quiet location. Views: La gomera, Sea. Additional: Development possibilities, Viewing recommended. Rooms: American style kitchen, Bathroom, Hall/entrance, Lounge and dining area. Quality: Good condition, Tastefully decorated, Furn... For full information see website or contact:

Ref: 407-HT6 | Island Estates | 922 790 767

San Eugenio Alto,

€630,000

Large freehold for sale, located in a complex in San Eugenio Alto. The local used to be a supermarket but is empty today and would need refurbishment before it can reopen as another business or supermarket. Details: The premises are spacious 585m2 plus terrace of 50m2 and a basement of 50m2. Ref: 2293 | FRINA Tenerife SL - Business Sales | 922 085 191

Golf del Sur, Empty Local

€577,000

In need of TLC, large commercial property with separate apartment above the premises. Ref: 1948 | Homes & Away | 922 737 044

El Galeon,

€367,500

♦ Location: Central, Close to amenities ♦ Additional: Investment opportunity, Development possibilities ♦. Ref: C3074 | Hofman Estates | 922 777 747

Las Chafiras, Fully Equipped

Local

Additional: Viewing recommended. Rooms: Store rooms, Bar, Bathroom. Quality: Tastefully decorated, Traditional features, Bright, Well presented, Furnished, Good condition, Spacious. Features: Many special features. Outside: Large terrace. Parking: Parking nearby, Parking available. Ref: 464-C | Island Estates | 922 790 767

€349,999 - €250,000

Las Americas,

€336,000

A busy restaurant and pizzeria for sale freehold. The interior measures 74m2 and exterior is 50m2 with a seating capacity of 60. It has 4 full time staff and has the opening hours of 3pm to 11pm.

Ref: E100 | Tenerife Properties | 630 372702

Las Americas,

€325,000

Freehold of a bar for sale with a kitchen. 40m2 storage room and 2 toilets. Seats 40 and has air-conditioning and all project/paperwork.

Ref: E289 | Tenerife Properties | 630 372702

Palm Mar,

€297,163

- Well finished properties, with exceptional building materials and modern fittings.- Private garages and parking space are available in the complex. Also lots of parking space outside the complex.- Easy access, almost all on one level, with big passage ways which lead to each property, and to the lovely pool surrounded by plants and flowers.- Lovely poo... For full information see website or contact:

Ref: NPL01 | 2nd Home Tenerife |

Las Americas, Empty Local

€285,000

♦ Location: Touristic Area, Close to the Harbour, Close to the coast, Close to the beach, Close to amenities, Central ♦ Close to: Transport, Shops, Harbour, Coast, Beach ♦ Features: Air conditioning, Adapted for wheelchairs ♦. Ref: 0C3276 | Hofman Estates | 922 777 747

Torviscas Bajo, Supermarket

€275,000

FRINA Tenerife offers for sale this busy supermarket in Torviscas Bajo. It has been running for 2 years and has a good reputation. The customer profile is both tourists and locals. The location secures a lot of footfall and there is not a lot of direct competition in the area. The supermarket is spacious 100m2 and well-equipped.

Ref: 2320 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos,

€271,000

Local for sale freehold with bathroom, air conditioning, blinds, alarm, safe, furnished and including telephone lines. The property has large windows and natural light.

Ref: E089 | Tenerife

Properties | 630 372702

Puerto de Santiago, Car Leasing/Rental Business

€267,000

New on the market is this Car Rental for sale in Puerto Santiago, which is sold as a leasehold or a freehold. Furthermore, the business sells Tenerife excursions and the office has an ATM, which both provide to the healthy income. Premises of the Business for SaleYou find the main office centrally in Puerto Santiago and a fully equipped workshop close by... For full information see website or contact:

Ref: 2233 | FRINA Tenerife SL - Business Sales | 922 085 191

Playa Paraiso, Fully Equipped Local

€250,000

If you are looking for a well-established and easy-to-run business, you cannot miss this store for sale in a busy complex of Playa Paraiso. This store sells everyday products like snacks, drinks and sun lotion but also toys and quality suitcases and bags of brands like Valentino and Guess. The business shows a healthy income and especially the profit on b... For full information see website or contact:

Ref: 2237 | FRINA Tenerife SL - Business Sales | 922 085 191

Playa San Juan, Bar/Cafe

€225,000

This Traspaso Cafeteria for sale is located in Playa San Juan where it opened a year ago. It is known for an international menu offering brunch, burgers, Spanish specialties and a large variety of homemade bread and pastry. Moreover, it is popular due to its lovely location on the seafrent. Premises of the Traspaso Cafeteria for Sale The inside pre... For full information see website or contact:

Ref: 2298 | FRINA Tenerife SL - Business Sales | 922 085 191

San Eugenio Bajo,

€200,000

Leasehold for a cafe/bar with 26 tables and current opening hours of 10am-10pm. Ref: E251 | Tenerife Properties | 630 372702

Golf del Sur, Bistro

€199,950

Freehold cafe/bistro available with captive market in exclusive holiday complex. All fixtures and fittings included. Ref: 2051 | Homes & Away | 922 737 044

Icod de Los Vinos,

€190,000

Shop Premises for sale with an internal area of 150m2, empty shop unit in the spanish village of Icod, built in two levels, great location just off the main street. It has toilets and an interior patio. Very good condition. Easy access.

Ref: COM552 | The Property Gallery | 922 719925 / 922 719889

Las Galletas, Excursion Business

€190,000

FRINA Tenerife offers this well-established water excursion for sale that is known for all-inclusive whales & dolphins experiences. Besides for whale watching the trips include open bar, refreshments, swimming, snorkeling, and a great atmosphere. The boat is fully licensed for tourist and whale excursions and have the yellow (blue) flag too. Furthermore, ... For full information see website or contact:

Ref: 2246 | FRINA Tenerife SL - Business Sales | 922 085 191

Costa Adeje,

€185,000

We are pleased to offer this great opportunity to own not only local but also a prospective business! Local of 135m2 distributed over two floors and with a private terrace in front. There is a possibility to buy only the local or local together with the equipment and all licences. Contact us for more details!

Ref: VS5780D | Vym Canarias | 922 787 210

Las Americas, Bar/Cafe

€169,000

New on the market is this profitable British Bar for sale, which is located in Las Americas, Tenerife. It has been established for more than 25 years and shows a more than healthy income. The owners only sell to retire after many successful years, so if you are looking for a healthy business with a proven income you cannot miss this. IT is the perfect ... For full information see website or contact:

Ref: 2306 | FRINA Tenerife SL

€157,500

For sale with FRINA Tenerife is this freehold local in Las Americas, which can be turned into a bar, café, shop or office. Today the freehold is empty, and it will need a refurbishment and a license to open. This empty freehold local for sale is 73 m3, has a toilet and electricity installed but needs a refurbishment. The local is located in the center of ... For full information see website or contact:

Ref: 2073 | FRINA Tenerife SL - Business Sales | 922 085 191

Tenerife South, Estate Agent

€152,000

For sale with FRINA Tenerife is this Real Estate Business established for more than 20 years in the south of Tenerife and registered as an SL. If you dream of entering the property market of Tenerife this is a safe way to a strong position. Today the business is run by the owners and 2 employees.

Included In The Estate Business For Sale Besides from, a st... For full information see website or contact: Ref: 2112 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Americas,

€150,000

Centro Commercial, Terranova. Playa de las Americas. 48 m2 Local with 90 m2 Terrace all ready set up for a BAR, fully equipped and ready to open. Option of a FREEHOLD also for 240.000 a LEASEHOLD IS 16.000a 5 YEARS

RENEWABLE. 1.200 a PER MONTH RENT. Ref: COM483 | The Property Gallery | 922 719925 / 922 719889

San Eugenio Bajo,

€150,000

Freehold - A travel agents for sale in a busy shopping area. The rent is 1,800 euros per month and the sale includes the computers and office equipment. 45,000 Euros for the leasehold.

Ref: E237 | Tenerife Properties | 630 372702

Tijoco Bajo, Empty Local

€150,000

A spacious freehold local in a brand new building. Parking space included in the subterranean garage, the main room is 76.85m2 with another interconnecting room of 72m2 (store room) Terrace of 10m2 with sea views.

Ref: 7337 | Clear Blue Skies SL | 922 714 772

€149,999 - €100,000

San Eugenio Bajo,

€147,500

Popular Entertainment Bar for sale in the busy area of San Eugenio.

Ref: E261 | Tenerife Properties | 630 372702

Golf del Sur,

€140,000

INVESTOR ALERT! A fantastic unique opportunity to acquire 2 fabulous commercial properties in an extremely well maintained development in Golf Del Sur that offers a mixture of holiday

makers and residents and with an extremely busy bar/ restaurant in close proximity, there is also a certain amount of "foot traffic" for you to be able to tap into, for whate... For full information see website or contact:

Ref: GOLF01440 | Tenerife Property Shop | 922 714700 / UK: 0871 871 6131

Costa Adeje, Bar/Cafe

€140,000

This leasehold café in Adeje serves a large variety of international homemade dishes and pastry, which makes it popular for breakfast, lunch, dinner and take away. It is located centrally in Adeje town and the clients are both residents and tourists. Today the owner does not work here, hence this is a great business to buy whether you want an investmen... For full information see website or contact:

Ref: 2299 | FRINA Tenerife SL - Business Sales | 922 085 191

Golf del Sur, Excursion Business

€139,000

FRINA offers for sale this Tenerife Jetski Business, which is located in Gold del Sur. Golf del Sur is a great location for a jetski business since you have plenty of tourists year-round however, you have less competition and much lower rent than in the bigger harbours in Tenerife South. The business includes 6 new Jetski of the brands Seadoo, Yamaha and ... For full information see website or contact:

Ref: 2307 | FRINA Tenerife SL - Business Sales | 922 085 191

Callao Salvaje, Restaurant

€135,000

FRINA Tenerife offers for sale this lovely restaurant in Callao Salvaje. It is in a good location, the terrace even offers sea view. The restaurant has a good reputation and many returning customers, it has been established for 3 years. The menu is international food and the customer profile is mainly tourist.

Ref: 2321 | FRINA Tenerife SL - Business Sales | 922 085 191

Puerto Colon, Charter Yacht

€129,500

These 3 charter boats for sale rent out to tourists for private charters. Each of the boats can be rented from 1 to 6 hours, depending on the clients wish. Moreover, the boats can be rented with or without a private captain. This is a fairly easy business to run since many clients prefer going out on their own. The Charter Boats for Sale There are ... For full information see website or contact:

Ref: 2220 | FRINA Tenerife SL - Business Sales | 922 085 191

Costa del Silencio,

€125,000

1 bed · Beautiful 1 bedroom apartment with 2 terraces of 7.20 sqm facing West. The apartment is in excellent condition, fully furnished and located in a very nice aparthotel

FRINA Tenerife

business & property agent

+34 670 636 004 · +34 617 294 803

Calle Colón, 1st Floor, local 213, Puerto Colón, 38660 Adeje

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- Business Sales | 922 085 191

Las Americas,

€159,000

Warehouse: Large with cellar, three offices, two toilets, one new large freezer room, 12m2 cold storage, linear shelves, furniture, fully equipped to start the activity. Local rent 1.700 per month (been established for 10 years).

Ref: Com536 | The Property Gallery | 922 719925 / 922 719889

Las Americas,

The Tenerife Property & Business Guide

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Ref: 1448-1218 | Tenerifehome.com | 922 783066

Puerto Colon, Restaurant
 €125,000

New on the market is this Puerto Colon traspaso restaurant for sale with FRINA Tenerife. It is located on the ground floor of Puerto Colon commercial centre which secures plenty of footfall and harbour view. Moreover, the rent is more than fair for this size local and in this location! Premises of the Puerto Colon Traspaso Restaurant The premises are spaci... For full information see website or contact:
Ref: 2279 | FRINA Tenerife SL - Business Sales | 922 085 191

Playa Paraiso, Supermarket
 €125,000

If you are looking for a well-established and easy-to-run business, you cannot miss this minimarket store for sale in a busy complex of Playa Paraiso. This store sells everyday products like snacks, drinks and sun lotion but also lots of childrens toys. This store has two departments, one with bags and suitcases, and another with everyday products, snacks... For full information see website or contact:
Ref: 2316 | FRINA Tenerife SL - Business Sales | 922 085 191

Golf del Sur, Restaurant
 €120,000

FRINA Tenerife is happy to present this well-established restaurant in Golf del Sur. After 9 years in the same hands, the owners have built a good

reputation and enjoys many returning guests - both residents and tourists. It is known for Spanish tapas and British type food. Premises of the Restaurant in Golf del Sur This restaurant is very spacious ... For full information see website or contact:
Ref: 2221 | FRINA Tenerife SL - Business Sales | 922 085 191

Arona, Commercial Property
 €119,000

1 bed · Cozy apartment with 1 bedroom located in Annapurna, a sea front complex with amazing communal pool with sea water and gardens. The residence is located at the entrance of the charming village of Las Galletas. Sold furnished.
Ref: 1376-0418 | Tenerifehome.com | 922 783066

Callao Salvaje, Bakery
 €110,000

This well-established French bakery for sale has been open for almost 7 years and is known for homemade and mouth-watering pastries. The high quality of the product and the fact that it is all homemade secures the owner a high profit and a healthy business. Premises of the Bakery for Sale The premises are spacious 240 m2 and is sold with all the bak... For full information see website or contact:
Ref: 2188 | FRINA Tenerife SL - Business Sales | 922 085 191

Costa del Silencio,
 €109,000

1 bed · 1 bedroom apartment which has been completely renovated situated in an aparthotel. South - East facing terrace with view on the gardens. The complex offers a communal swimming pool and

parking for residents only (access with remote control).
Ref: 1311-0917 | Tenerifehome.com | 922 783066

Arona, Commercial Property
 €109,000

1 bed · This 1 bedroom apartment is located on the 1st floor in Palia don Pedro, an aparthotel with reception, swimming pool (heated in the winter!), animation etc. The apartment has an american style kitchen and is very luminous with direct access to the terrace from the living room. Parking space in the communal parking is included! Community fess: 197€ month, ... For full information see website or contact:
Ref: 08-0819 | Tenerifehome.com | 922 783066

FRINA Tenerife

business & property agent

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Calle Colón, 1ª Floor, local 213, Puerto Colón, 38660 Adeje

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English, Spanish, Dutch, Flemish, German, French, Danish

€99,999 - €50,000

Costa del Silencio, Bar/Cafe
 €89,000

You find this freehold bar for sale in Costa del Silencio, where it has been open for 15 years. The bar is especially popular among British guests, has many regular clients and is especially known for a lovely Sunday Roast and Saturday Night Special. This bar will be a perfect option for a British

couple who wishes to run their own business in Tenerife. P... For full information see website or contact:
Ref: 2162 | FRINA Tenerife SL - Business Sales | 922 085 191

Costa Adeje,
 €85,000

We have been instructed to offer for sale this very successful cabaret bar in Callao Salvaje, considered by many as the destination bar for all that is Callao. If you are not afraid of hard work, like a challenge, have excellent customer service skills, creative thinking and enjoy seeing all your efforts rewarded then this already very profitable cabaret ... For full information see website or contact:
Ref: VS5357D | Vym Canarias | 922 787 210

Los Cristianos, Commercial Property
 €85,000

Commercial premises in the center of Las Americas. The total area is 66m. The office is located on the first floor of a commercial center City Center. The premise has a lot of natural light, it's ideal for the office, beauty center, dentist. Just 5 minutes walk to the beach and big commercial area.
Ref: VS5855DE | Vym Canarias | 922 787 210

Puerto Colon, Empty Local
 €85,000

Large local of 128m2 for sale in Puerto Colon.
Ref: VS3416D | Vym Canarias | 922 787 210

Playa Fanabe, Bar/Cafe
 €80,000

♦ Location: Residential Area ♦ Close to: Town ♦ Quality: Furnished ♦ Features: Air conditioning ♦ Additional: Investment opportunity ♦
Ref: 0C3410 | Hofman Estates | 922 777 747

Golf del Sur, Bar/Cafe
 €80,000

For sale with FRINA Tenerife is this popular English café in Golf del Sur, which is known to serve English breakfast and traditional home cooked British food. The café has great reviews on both Google and TripAdvisor and the owner has been here for more than 5 years. Premises of the English Café for Sale This cozy café measures 40 m2 inside and has ... For full information see website or contact:
Ref: 2186 | FRINA Tenerife SL - Business Sales | 922 085 191

Adeje Town, Fully Equipped Local
 €80,000

1 bed · New commercial premises with a license "take away" on one of the central streets of the city Adeje. The inner area is 36 m2 and 36 m2 - external. Contact us for more information.
Ref: VS6407DN | Vym Canarias | 922 787 210

Playa Fanabe, Commercial Property
 €69,000

For sale a restaurant with all

necessary equipment in the Playa Fanabe area on the 1st line from the beach. Local with kitchen and a bar of 50 m2 equipped with air conditioning. Terrace of about 50 m2 with a capacity of 10/11 tables. Recently refurbished full opening awning. The restaurant also has a ground floor of about 50 m2 with direct access to a pri... For full information see website or contact:
Ref: VS6699D | Vym Canarias | 922 787 210

Fanabe, Bar/Cafe
 €68,500

FRINA Tenerife is happy to offer this Sandwich Café in Fanabe, which is part of a popular and well-known franchise. Hence, it is a great success already and easy to run. Also, this particular

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KEYBOARDS FOR HIRE

café of the franchise has very good reviews on Tripadvisor and Google. Since 2015 the café has been in this amazing location next to the beach, so it is well-established... For full information see website or contact:
Ref: 2280 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Abrigos, Bar/Cafe
 €68,000

This traspaso for sale in Los Abrigos is a very popular bar-café in an excellent location. The business has been established for years and has many regular clients. And it has been open for 6 years and is a well-established business in a good area, which keeps expanding. Premises of the Traspaso for Sale The bar-café is spacious 130 m2 with a good size ki... For full information see website or contact:
Ref: 2266 | FRINA Tenerife SL - Business Sales | 922 085 191

Santa Cruz de Tenerife, Commercial Property
 €67,500

Bar Cafeteria Transfer. It is transferred cafeteria bar with a lot of popularity, the only cocktail bar, grill and tapas in La Palma, fully equipped, including the pepsi-cola tap, sweepes, 7 up. Being well located, centrally located in Santa Cruz de la Palma, on Avenida Maritima, in front of the beach and is fully operational. Inside capacity: 22 people... For full information see website or contact:
Ref: VS6155DN | Vym Canarias | 922 787 210

Torviscas Bajo, Restaurant
 €65,000

Busy and well situated restaurant in Torviscas Bajo area, very close to the Torviscas and Fanabe Beach.
Ref: E333 | Tenerife Properties | 630 372702

Puerto Colon,
 €60,000

Local/office in Terranova, Puerto Colon. Sold unfurnished. The building has a lift.
Ref: COM509 | The Property Gallery | 922 719925 / 922 719889

Los Abrigos,

€60,000
 A busy bar and restaurant for sale in a popular residential resort. The seating capacity is for 70 people and the measurements are, interior 130m2 and exterior 36m2. The rent is 1,440 Euros per month.
Ref: E096 | Tenerife Properties | 630 372702

Las Americas,
 €60,000

Lease hold for sale of a bar located in Las Americas near to El Faro.
Ref: E228 | Tenerife Properties | 630 372702

San Eugenio Alto, Sports Bar
 €60,000

Sports Bar for Traspaso in San Eugenio Alto.
Ref: E296 | Tenerife

Properties | 630 372702

Llano del Camello, Hairdresser's
 €60,000

Hairdresser business transfer in the village of Llano del Camello with the hairdresser licence and esthetic. Contract for rent 850 euros renewable every 5 years. Great opportunity, call us for more information!
Ref: VS4454D | Vym Canarias | 922 787 210

Playa San Juan,
 €59,000

Leasehold for sale of a bar. 48m2 interior and space for 9 tables outside, currently open 11am till 3 pm, 18.30pm till midnight. The square is currently being refurbished with a project costing 2.3 million euros.
Ref: E312 | Tenerife Properties | 630 372702

Las Americas, Empty Local
 €55,000

Commercial premises in the center of Las Americas. The total area is 33m. The place is located on the first floor of the City Center shopping center. Completely renovated, ideal for office, beauty center, hairdresser. Only 5 minutes walk from the "Golden Mile". Expenses not included.
Ref: VS2531 | Vym Canarias | 922 787 210

Golf del Sur,
 €53,000

Freehold commercial premises for sale as investment with a gross return of almost 8% annually. The property is located in the golfing paradise of Golf del Sur in the south of Tenerife, just a few minutes' drive from the airport. The premises are situated on the territory of a luxury time-share and private resort with 184 villas, located just in the middle... For full information see website or contact:
Ref: 1726 | FRINA Tenerife SL - Business Sales | 922 085 191

Golf del Sur, Commercial Property
 €53,000

Freehold commercial premises for sale as an investment in Golf del Sur in the south of Tenerife. This investment brings a fantastic gross return of over

9% annually! The premises are situated on the territory of a luxury time-share and private resort with 184 villas, located just in the middle of a championship golf course. This freehold locale is rented ... For full information see website or contact:

Ref: 1724 | FRINA Tenerife SL - Business Sales | 922 085 191

San Eugenio Bajo,

€52,500

A fully equipped beauty salon for leasehold. The property is 300m2 and has 4 qualified staff. Included in the sale is all the equipment including sunbeds, massage table, all chairs and mirrors, there are 3 showers, 4 toilets including disabled. It is in an excellent location and is air conditioned.

Ref: E104 | Tenerife Properties | 630 372702

Las Americas,

€50,000

Reduced for a quick sale A night bar for leasehold in the busiest part of town within the strip known as Veronica's. Rent including community charges is 1,400 euros per month. The club has bar, DJ booth and dance floor inside and a large terrace outside with tables and chairs for approx 40 people and a portable bar. Open to reasonable offers.

Ref: E107 | Tenerife Properties | 630 372702

Torviscas Bajo,

€50,000

Leasehold of a bar/cafe with kitchen + sports bar for sale with an interior of 100m2 and terrace of 80m2.

Ref: E292 | Tenerife Properties | 630 372702

Tijoco Bajo, Bar/Cafe

€50,000

FRINA Tenerife offers this new traspaso take away cafe in Torviscas Bajo. This is a great little business for a single person or a couple of friends who wish to run a take away

swimwear store in Los Cristianos Tenerife. Due to good connections, the owner can sell popular bikini and swimwear brands with 50-70% discounts! Naturally, this attracts many clients in Tenerife that benefits from sunshine and blooming tourism year-round. Premises of the Business The shop is 50 m2 with showroom, dres... For full information see website or contact:

Ref: 2035 | FRINA Tenerife SL - Business Sales | 922 085 191

UNDER €50,000

Torviscas Bajo, Bar/Cafe

€49,000

We offer for sale this bar in Tenerife that is located in a large resident and hotel complex, which guarantees many new and returning guests. The current owner is British as many of the clients, but you will meet all types of tourists and the so-called swallows in this location. If you are looking for a small bar, which doesn't require any skills in the k... For full information see website or contact:

Ref: 2211 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Beauty Salon

€44,000

♦ Location: Touristic Area, Residential Area, Popular urbanisation, Close to amenities, Central ♦ Close to: Schools, Shops, Town, Transport, Medical Facilities, Restaurants/Bars/Cafes ♦ Rooms: Kitchenette ♦ Quality: Furnished, Well presented ♦ Features: Air conditioning ♦ Outside: Large Terrace ♦ Parking: Parking nearby ♦ Additional: Investment opportunity... For full information see website or contact:

Ref: 0C3445 | Hofman Estates | 922 777 747

Las Americas, Commercial Property

Facilities, Restaurants/Bars/ Cafes, Shops, Schools, Town, Transport ♦ Outside: Terrace ♦ **Ref: 0CL3441 | Hofman Estates | 922 777 747**

Roque del Conde, Supermarket

€35,000

Business for sale. Supermarket in Roque del Conde. Fully equipped reformed commercial premises with three air conditioners and video surveillance. With a license and all necessary documents. Monthly fee - 1800 euros with taxes. Good location in a residential area. It is also possible to buy this commercial premises. The total area of 133 m2.

Ref: VS6750D | Vym Canarias | 922 787 210

Las Americas, Commercial Property

€31,500

For sale Local in Borinquen complex, Las Americas. Area 28 m2, glass showcases, needs a complete renovation, the exit to the reception.

Ref: VS4774D | Vym Canarias | 922 787 210

Las Americas, Bike/scooter Rental Business

€30,000

FRINA Tenerife offers this bike & scooter rental for sale, which has been established for 3 years and is located in a super busy area of Las Americas. This shop offers rentals of bikes, e-bikes, mobility scooters and wheelchairs. The clients are both pedestrians passing by and clients who find the offers online. Included in the business for Sale Th... For full information see website or contact:

Ref: 2185 | FRINA Tenerife SL - Business Sales | 922 085 191

Costa del Silencio, Bar/Cafe

€29,500

If you are looking for a modern and cozy cafe-bar for sale in Costa del Silencio you cannot miss this cafe known for delicious food and Belgium beers. This is a great opportunity for a couple who wishes to relocate to Tenerife and work together. Premises of the Cafe-Bar for Sale The premises are newly refurbished, and the buyer does not have to spend extra... For full information see website or contact:

Ref: 2201 | FRINA Tenerife SL - Business Sales | 922 085 191

San Eugenio Bajo, Bar/Cafe

€28,950

♦ Location: Touristic Area, Close to amenities, Central ♦ Views: Pool. **Ref: 0C3411 | Hofman Estates | 922 777 747**

Costa del Silencio, Pet wash

€25,000

The Self Service is open 6 days a week and the Groom Room is open Tuesday to Friday. Our Pet Services are available 7 days a week, 365 days a year.

€44,000

2 bed - A large local in the Pueblo Canario shopping center, Playa Las Americas, 2nd floor. The space consists of two offices and a service bathroom. This shopping center is located next to the beach in Playa Las Americas. Ref: VS6538D | Vym Canarias | 922 787 210

Adeje Town, Bar/Cafe

€40,000

♦ Location: Central, Close to amenities ♦ Close to: Medical



Call Donna in our Los Cristianos office +34-922 971 781 or Carol on +34-687 906 607

cafe together. Today the menu is Spanish and Italian inspired dishes like pasta, bocadillos and of course coffee, cold drinks, and cocktails. Premises of the Traspaso Take Away Caf... For full information see website or contact:

Ref: 2207 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Swimwear store

€50,000

New on the market is this outlet


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KEYBOARDS FOR HIRE

Good client base. Security system and medicum sized store room at the side of the shop.

Ref: 2080 | Homes & Away | 922 737 044

Costa del Silencio, Commercial Property

€15,750

Restaurant-bar for transfer in Costa del Silencio, Arona. It is located in a tourist area near the sea. It has all the documents, licenses, and certificates, as well as its positive history on Facebook, Tripadvisor, and other public networks. It has capacity for 50 Pax, with an interior area of 81 m2, and a terrace of 40m2. It also has free parking.

Ref: VS6752D | Vym Canarias | 922 787 210

Las Americas, Empty Local

€2,500

If you are looking to build your own bar-restaurant in a prominent location, you will be hard pushed to find a better offer than this local to lease. The owner will give the new tenant a 5-year rental contract and offer a month rent-free to refurb the premises. Premises of the Local to Lease The premises are spacious 180 m2 and used to be a bar, ... For full information see website or contact:

Ref: 2205 | FRINA Tenerife SL - Business Sales | 922 085 191

Puerto Colon, Pub

€P.O.A

This traspaso pub for sale with

FRINA Tenerife is long-established and offers a lovely sea view from the terrace. The current owner had the business for 9 years and it is known for the good terrace and cozy evenings with live music and karaoke. Location & Premises of the Traspaso pub for Sale The business is located in San Eugenio Bajo and the pub measure... For full information see website or contact:

Ref: 2267 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Americas, €P.O.A

Commercial premises for rent or for sale. This property is very well suited for a medical or therapeutic center, fitness... It is available to rent or to buy. The local has 135 m2 in total is situated in a very touristic area in Las Americas, on the promenade. Completely renovated, with air conditioning system, divided into various rooms with toilets/show... For full information see website or contact:

Ref: NPL12 | 2nd Home Tenerife |



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If people are doubting how far you can go, go so far that you can't hear them anymore.

Successful British Bar-Pub



This bar is located in a complex in San Eugenio Bajo and has been open for almost 30 years. The current owners has been here for for 10 years. It has a great reputation, many regular clients and shows a healthy income.

Ref.: 2007

Price: 49,000€

Pool Bar in Las Americas



Reduced

This pool bar located in a complex in Las Americas is a great offer. The inside premises are newly renovated with a large bar and an open kitchen. The terrace is about 45 m2 and has tables for 32 guests, but you could easily put more.

Ref.: 2323

Price: 29,500€

Boutique in Shopping Center



This clothing store is located in a shopping center in Adeje, which is a good location that guarantees plenty of footfall - mainly tourists. The boutique sells women clothes, shoes and bags. The store is 53 m2 including storage.

Ref.: 2322

Price: 20,000€

Cafe in Adeje



Reduced

This café is located in the old charming city Adeje. It is run as a café-bar and serves breakfast, lunch, and snacks. The guests are a mix of tourists visiting Adeje and regulars who lives and works in the area.

Ref.: 2271

Price: 27,500€

Freehold British Pub



After 20 years the owners wish to sell their pub located in Playa Paraiso. It is a classic pub that serves traditional British food like Sunday Roasts, fish & chips, and cold beers. The pub is 50 m2 and has a large terrace of 53 m2

Ref.: 2170

Price: 139,000€

Popular Restaurant-Cafe



Reduced

This restaurant-café is in Fanabe, first line at the beach. It is a well-known and popular concept that attracts both residents and tourists. And it is highly ranked on social medias. **Seller is open to offers for a fast sale!**

Ref.: 2346

Price: 54,000€

Long-established Bar



This well-established and busy bar is located in the heart of Callao Salvaje. It has been open for 5 years and is well-known in the area. The bar is about 50 m2 and fully equipped and furthermore is a terrace of 40 m2.

Ref.: 2331

Price: 35,000€

Bakery & Pastry Company



New

This S.L. company includes a bakery and 2 cafes. The bakery produces mouthwatering bread and pastry to cafes and restaurants in Tenerife as well as their own 2 cafes. The bakery and the 2 cafes are sold as 1 S.L. company.

Ref.: 2353

Price: 570,000€

Freehold Supermarket



You find this busy supermarket in Golf del Sur where it opened 6 years ago and today it shows a healthy income being open 7 days a week from 8:00 to 23:00 and run by 3 employees. The store is 180 m2 and are fully equipped.

Ref.: 2339

Price: 395,000€

Empty Local in Las Americas



The premises are spacious 180 m2 and used to be a bar, but it will need a full refurbishment before it can reopen. The terrace is 40 m2 and has the most amazing sea view. Perfect if you are looking to build your own bar-restaurant.

Ref.: 2205

Price: 2,500€

Profitable Irish Bar



This successful Irish bar has been established for years and shows a healthy income. It comes with a lot of regular clients and offers a lovely beach view from the large terrace. **Seller is open to offers for a fast sale!**

Ref.: 2347

Price: 58,000€

Electronic Store in Las Americas



Reduced

This store is located in a commercial center centrally in Las Americas and sells games, laptops, and smaller electronic accessories. Moreover, the business offers repairs of cell phones and has a variety of secondhand electronics.

Ref.: 2344

Price: 8,000€

Popular Music Bar



Reduced

This popular and long-established music bar in Callao Salvaje its famous for its acts and large parties. It has the full music license in place and can even be open all night long moreover, the rent is only 700€ monthly.

Ref.: 2130

Price: 75,000€

Modern Cocktail Bar

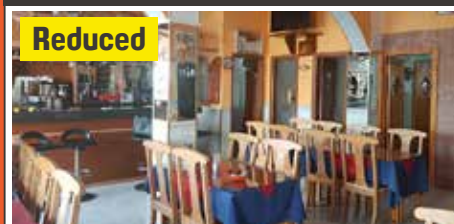


This modern cocktail bar is located centrally in Las Americas / Los Cristianos. The bar is spacious, has a large terrace and is newly refurbished. During daytime it works as a café and during evenings it is cozy a cocktail and lounge bar.

Ref.: 2350

Price: 55,000€

Established Restaurant & Bar



Reduced

This restaurant and bar is located in a large and busy complex in Torviscas Bajo, which secures many guests all year. After 35 years the owner has decided to retire. **Seller is open to offers for a fast sale!**

Ref.: 2348

Price: 35,000€

Luxury Boat Charters



This reputable charter business located in busy in Puerto Colon includes a sailing yacht and a motorboat, which both offers 3-hour excursions to see whales and dolphins but also private charters from 2 hours to full days.

Ref.: 2338

Price: 330,000€

Freehold Pool Bar Investment



New

If you look for a business investment you cannot miss this pool bar for sale. Today the pool bar has a good and stable tenant on a 5-year contract. It is located in a large complex close to Fanabe beach.

Ref.: 2355

Price: 130,000€

Smaller Bar-Cafe



This bar-cafe is located in Fanabe next to resident complexes and offices so it enjoys many local visits daily. It is spacious 70 m2 and has a large terrace as well. Today the bar is open 6 days a week and run by a couple.

Ref.: 2326

Price: 25,000€

Dry Clean & Laundry Business



This business offers dry clean, laundry and house cleaning services in Tenerife South. It has been established for 7 years and the clients counts both private persons and larger complexes and hotels.

Ref.: 2351

Price: 69,000€

Bar Restaurant to Lease



NEW

This bar-restaurant can be leased for a low price now. The business is located in a large resident and hotel complex in Tenerife that guarantees many guests year-round. It is fully refurbished and need no further work.

Ref.: 2352

Price: 10,000€

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