

# The Tenerife Property & Business Guide

mid-June/mid-July 2024  
Issue 236

Tel: 0034 609 714 276 • [george.thetpg@gmail.com](mailto:george.thetpg@gmail.com) • [thetenerifepropertyguide.com](http://thetenerifepropertyguide.com)

LUXURY HOMES

ACTUAHABIT  
ESTATE AGENCY

WE WILL SELL  
YOUR PROPERTY

Playa de la Arena

CONFIDENCE AND EXCELLENCE

+34 620 932 713

+34 613 843 708

[info@acthabit.com](mailto:info@acthabit.com)

[www.acthabit.com](http://www.acthabit.com)



## WE CAN SELL OR RENT YOUR PROPERTY..

### WE HAVE WAITING CLIENTS

[www.tenerifeislandrentals.com](http://www.tenerifeislandrentals.com)



Tenerife Island Rentals  
& Buy Tenerife

SALES - RENTALS  
PROPERTY MANAGEMENT

+34 922 797 438 +34 673 778 700

ESTABLISHED OVER 20 YEARS

REAL ESTATE  
**dp donpiso**  
TENERIFE SOUTH

C. Grande, 57 | 38670 Adeje | Santa Cruz de Tenerife

OVER 35 YEARS OF  
EXPERIENCE

NUMBER 1 IN SPAIN

3000+ PROPERTIES  
SOLD EACH YEAR

RELIABLE &  
PROFESSIONAL



[www.tenerifedonpiso.com](http://www.tenerifedonpiso.com)

822 692 413

722 544 609



El Salto - stunning villa!

Magnificent 5 bed, 5 bath property with heated pool enjoying stunning views and sharing a plot with a smaller, also beautiful, property – a 3 bedroom villa with its own heated pool! Please see Page 16 for more information and photos of these two superb properties!

€1,500,000

Ref: S-08 1527

## LUGGAGE STORAGE - SHOWER FACILITY - LAS AMERICAS



LATE FLIGHT HOME AND ALREADY CHECKED OUT? USE OUR FACILITIES ON  
PARQUE SANTIAGO 2 - CASE € 2,50 / SHOWER € 5,00 (includes storage)

Book in our office on Parque Santiago 2 from 10:30 - 17:00 weekdays



+34 648 408 822

[www.mami2009.com](http://www.mami2009.com) - [info@mami2009.com](mailto:info@mami2009.com)



**SAFE CLEAN**  
PART OF G.D.A. GROUP S.L.U. Est 1987

**PEST CONTROL**

For private villas, apartments, complexes,  
providing sanidad

certificates for Bars & Restaurants

**CONTROL DE PLAGAS**

Desinsectación, desratización y certificados

[www.safecleantenerife.net](http://www.safecleantenerife.net)

+34 609 066 973

+34 627 114 090

**CLEANING**

Professional upholstery  
& carpet cleaning, sofas, beds

**LIMPIEZA**

Limpieza de sofás,  
alfombras, tapizados etc.

e-mail: [info@safecleantenerife.net](mailto:info@safecleantenerife.net)





**Opportunity!**  
**ADEJE CASCO**

**€345,000**

**PENTHOUSE FOR SALE EN ADEJE VILLAGE**



3 bedrooms and 2 bathrooms apartment in Adeje Casco. Spacious terrace 106 m2. Parking included. Total 226 m2.

code (279212)



**LOS CRISTIANOS**

**€225,000**

**APARTMENT FOR SALE IN LOS CRISTIANOS**

Discover this charming apartment located Los Cristianos, just a few steps from the Pepa Food Market and just 10 minutes from the beach.

code ( 284308)



1 beds



1 baths



61 m<sup>2</sup>



terrace



**PLAYA PARAISO**

**€1.555,000**

**VILLA FOR SALE IN PLAYA PARAISO.**

Luxury 5 bedrooms villa with private pool near the sea. Private garage for 3 cars. In front of the Rosa Center shopping center.

code (279315)



5 bed



5 bath



259 m<sup>2</sup>



terrace



**GRANADILLA DE ABONA**



**LA GOMERA**

**€59,000**

**RUSTIC HOUSE IN LA GOMERA FOR SALE**

Cozy rustic house in La Gomera. Located in a quiet village El Chipude, surrounded by picturesque landscapes. Near hiking areas. Perfect for holiday rent or weekend getaways.

code (274213)



1 beds



1 bath



160 m<sup>2</sup>



terrace



**€345,000**

**CHARMING DETACHED HOUSE IN GRANADILLA DE ABONA WITH A LARGE GARDEN AND COZY STYLE**

code (280817)



3 bed



2 bath



612 m<sup>2</sup>



terrace and garden



**ADEJE CASCO**

**€367,000**

**LOVELY SPACIOUS 3-BEDROOM APARTMENT FOR SALE**

Great location in the center of Adeje Casco. Apartment has a large terrace. In the complex you will find beautiful garden areas and a community pool.

code (280897)



3 beds



2baths



84 m<sup>2</sup>



terrace



**€210,000**

**APARTMENT FOR SALE IN THE CENTER OF LOS ABRIGOS, WITH MOUNTAIN VIEWS AND PARKING SPACE**

code ( 283128 )



2 beds



1bath



80 m<sup>2</sup>



terrace



**LOS ABRIGOS**



**SAN EUGENIO**

**€250,000**

**BRIGHT 1 BEDROOM APARTMENT IN SAN EUGENIO FOR SALE**

Code (280146)



49 m<sup>2</sup>



1 bath



1 beds



terrace



**TORVISCAS ALTO**

**€399,000**

**CHARMING APARTMENT IN TORVISCAS ALTO FOR SALE.**  
Spacious 1 bedrooms apartment with frontal sea view. Communal pool in the complex. Great location in front of X-SUR shopping center.

code (282752)



1 bed



1 bath



88 m<sup>2</sup>

terrace



**LOS CRISTIANOS**



**€195,000**

**APARTMENT FOR SALE IN LOS CRISTIANOS**

Modern 2 bedrooms apartment in Los Cristianos. Oasis Boutique Suites complex. Perfect location. Frontal sea view.

code (284155)



55 m<sup>2</sup>



1 beds



1 bath



terrace



**AMARILLA GOLF**

**€550,000**

**VILLA FOR SALE IN AMARILLA GOLF**

Modern semi-detached house with incredible views of the golf course and the sea, has a large garden and community pool.



4 beds



3 baths



318 m<sup>2</sup>

Terrace



**YACO**



**€535,000**

**BRIGHT AND SPACIOUS 4 BEDROOM HOUSE IN YACO**

This property has been completely renovated. Located on a spacious 1,900 m<sup>2</sup> plot, it offers the perfect balance between modern comfort and exterior charm.

code (284479)



307 m<sup>2</sup>



4 beds



2 bath



terrace



Founder and CEO Juan Casanova

**REAL ESTATE**  
**donpiso**

**TENERIFE SOUTH**



office: (+34) 822 692 413 | Juan Casanova: (+34) 618 615 645 24/7

mobile: (+34) 722 544 609 | email: adeje@donpiso.com

www.tenerifesurdonpiso.com

C. Grande, 57 | 38670 Adeje | Santa Cruz de Tenerife

**Free Valuation!**



# TENERIFE PROPERTY SHOP S.L.

G.I.P.E. NO. 3722

Service

Security

  
**EUROPEAN PROPERTY AWARDS**  
 REAL ESTATE  
**LAUFEN**  
 ★★★★★  
 BEST REAL ESTATE AGENCY  
 SINGLE OFFICE  
 CANARY ISLANDS  
 Tenerife Property Shop S.L.

2023-2024

  
**EUROPEAN PROPERTY AWARDS**  
 REAL ESTATE  
**LAUFEN**  
 AWARD WINNER  
 REAL ESTATE AGENCY  
 WEBSITE  
 CANARY ISLANDS  
 tenerifepropertyshop.com  
 by Tenerife Property Shop S.L.

2023-2024

## 1 BEDROOM BUNGALOW - GOLF DEL SUR



A wonderful opportunity to become the proud new owner of a one bedroom bungalow that is waiting for someone to channel their inner interior designer and turn this spacious property into a modern and contemporary masterpiece. The bungalow offers private parking, directly outside the property. The complex is well maintained and offers 4 communal pools, one of which is heated, and one is now a "serenity" pool, which is an adult only environment.

Ref: GOLF01815

Price: **€195,000** (approx. £165,000)

## 1 BEDROOM APARTMENT - GOLF DEL SUR



This top floor apartment, in this extremely well-maintained development, was originally a one bedroom, two bathroom property but the existing owners cleverly created a second sleeping area, so the property can now comfortably sleep 4 people. The apartment benefits from mid-morning sunshine until sunsets and views over the golf course and down to the Atlantic Ocean and up to the mountains. Sold furnished.

Ref: GOLF01816

Price: **€250,000** (approx. £212,000)

## 2 BEDROOM APARTMENT - GOLF DEL SUR



If you are in the market for a two bedroom, two bathroom apartment, situated in an extremely well-maintained development, then this wonderful apartment could be perfect. The property occupies a third-floor position and offers a South West orientation, thus offering sunshine almost all day on the spacious terrace. The property is to be sold furnished and is ready to move into and will make the perfect home.

Ref: GOLF01811

Price: **€265,000** (approx. £224,500)

## 1 BEDROOM APARTMENT - LOS CRISTIANOS




New to the market, a one bed, one bath apartment, fully refurbished to a high standard. Located on the ever popular Castle Harbour complex, Los Cristianos, where you can choose to use the property solely for your own use or, with the complex having a touristic license, it can be an ideal rental investment. Located on the 7th floor accessed by lift, the property offers pool and sea views from the ample terrace area. The interior is bright with modern style furnishings.

Ref: LC00609

Price: **€290,000** (approx. £245,500)

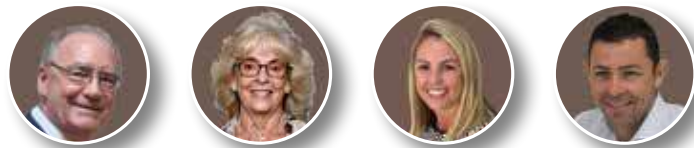

**Buyers contact us EVERYDAY... Call 922 714 700**  
**Register your property For Sale NOW!  681 331 355**


 0034 922 714 700  
 From UK: 0845 862 1634



[www.tenerifepropertyshop.com](http://www.tenerifepropertyshop.com)  
[info@tenerifepropertyshop.com](mailto:info@tenerifepropertyshop.com)

- ✓ Reliability
- ✓ Professionalism
- ✓ Security
- ✓ Service
- ✓ The BEST Portfolio



Two generations of a Family Business · Over 35 Years of Experience  
 Service & Security in your purchase · Professional Indemnity Insurance  
 20 Year Insured Title Deed Guarantee

OUR OFFICE LOCATIONS:  
 CC San Blas - Golf del Sur  
 Las Adelfas I - Golf del Sur  
 CC Puerto Colon - Playa de Las Américas

**2 BEDROOM APARTMENT  
 - GOLF DEL SUR**



As soon as you enter this wonderful two bedroom, two bathroom property, you are instantly impressed by the spacious rooms that roll out before you. There are two terraces on offer, and one has been cleverly enclosed, so in the morning it can be open and let the early sunshine in, whilst you breakfast al fresco and, in the evening, it can provide a nice space to relax and perhaps read a book, whilst enjoying a cool drink. Sold with 2 underground parking spaces.

Ref: GOLF01813

Price: **€325,000** (approx. £275,500)

**2 BEDROOM SEMI-DETACHED  
 - GOLF DEL SUR**



Tenerife Property Shop are pleased to be able to offer this recently renovated property in the sought after development of San Miguel Village located in an idyllic, elevated position offering views out to the ocean. The house offers a real sense of tranquility with bright, spacious rooms. The large lounge, kitchen and dining areas are all open plan but on split levels. There is also a communal heated seawater pool just a short stroll away.

Ref: GOLF01799

Price: **€495,000** (approx. £419,500)



**SEE WHAT OUR CLIENTS SAY ABOUT US**



Lee, Laurence, Angela and all of the team at TPS made the purchase of our property in Golf Del Sur very straightforward and painless. Their advice and guidance from beginning to end of the purchase process was invaluable.

**Their advice and guidance ..... was invaluable.**

Raymond C



Just want to say a huge 'Thank you' to Damian and his team at Tenerife Property Shop. We recently purchased our first holiday home in Tenerife and were so fortunate to have met Damian. The whole process was so daunting ...

**Just want to say a huge 'Thank you'**

...  
Cathy & Colin H



Neil and Silvia from Tenerife Property Shop helped me every step of the way to ensure selling my property was done as smoothly and professionally as can be done. Highly recommend, fantastic service. Sharon T...

**Highly recommend, fantastic service.**

Sharon T



Having decided to buy in Tenerife knowing nothing about the property market I needed above all else a partner in the process that I could trust. I concentrated on researching agencies rather than properties initially and working with Damian at Tenerife Property Shop is the best decision that I could ...

**This is an exceptional company ...**

Kevin B



Very helpful: went the extra mile -- even taking me to the notary offices to complete the sale. Everyone I spoke to was helpful and friendly. Michelle N...

**Very helpful ...**

Michelle N



**VISIT OUR WEBSITE TO VIEW MORE TESTIMONIALS**



**FROM OUR HAPPY VENDORS & PURCHASERS !**



*We don't make promises. We give GUARANTEES!*

Find us on



ClearBlueSkies 



# CHOOSE CLEAR BLUE!

At Clear Blue Skies, we're here for you whether you're buying, selling, already a Tenerife resident or planning to spend time on our beautiful island. With our extensive portfolio of around 200 listings and top-notch marketing, we'll help you achieve your objectives. Count on our professional service and friendly team to guide you every step of the way. Let's make your Tenerife dreams a reality!

This month we have featured a small selection of some of our newest properties available for sale, which we hope you find inspiring. However, to explore our complete range of listings, please visit our website at [clearbluetenerife.com](http://clearbluetenerife.com).

For real-time updates on our latest properties, we recommend following us on Facebook (see QR code to right).



Please contact us if you're considering selling your property in Tenerife, we would be delighted to have a friendly and no-obligation chat with you. Feel free to call, email, send us a message or drop by our office in Playa Fañabé. We look forward to assisting you!



#### CHOICE OF 2 ONE BEDROOM APARTMENTS IN VICTORIA COURT, LOS CRISTIANOS

Both these wonderful apartments have balconies that overlook the beautiful pool area of this lovely holiday complex. These properties can be rented through the onsite management company or can be used solely for personal use making them highly desirable and versatile.

REF 8610 8609 280.000€ & 290.000€



#### ATTRACTIVE ONE BEDROOM APARTMENT, LA FINCA, CHAYOFA

A delightful first floor property with sea and complex views. Wonderfully spacious, bright and being sold inclusive of furnishings.

REF 8604 220.000€



#### SPACIOUS ONE BEDROOM APARTMENT, PARQUE MARGARITA, LOS CRISTIANOS

EXCLUSIVE TO US! This superb property enjoys fabulous on-site facilities included a heated pool and pool bar and is surrounded by a huge variety of bars and restaurants. Very nicely presented and for sale including furnishings, this is a great opportunity!

REF 8602 249.950€



**LOVELY TWO BEDROOM APARTMENT, MAREVERDE, TORVICAS BAJO**  
 EXCLUSIVELY FOR SALE WITH US - A light, bright and modern apartment situated on a fantastic complex with winter-heated pool and pool bar. Great location within walking distance of a selection of Costa Adeje's favoured beaches.

REF 8606 350.000€



**CONTACT US**

Call: 00 34 922 717 779

info@clearbluetenerife.com

www.clearbluetenerife.com

C.C. Fañabé Plaza 129, Playa Fañabé, Costa Adeje 38660



Get in touch to discuss buying or selling a Tenerife property with us



**BEAUTIFUL TWO BEDROOM APARTMENT, OCEAN GARDEN, PLAYA PARAISO**  
 EXCLUSIVE TO US! A stunning property, located on the 3rd floor of this modern complex, enjoying incredible sea views from the spacious balcony. Master en-suite, fitted wardrobes, secure designated parking, fantastic furniture included - this is going to sell quickly so don't delay!

REF 8616 375.000€



**AGENTE INMOBILIARIO  
 INSCRITO EN EL RAIC  
 REAL ESTATE AGENT  
 REGISTERED IN RAIC**



Gobierno de Canarias  
 Consejería de Obras Públicas,  
 Transportes y Vivienda

Nº RAIC00000111A

Válido hasta 22/12/2028



Your trusted agent  
Since 2007



**Urb. Tamaide, Costa del Silencio**  
 ⇒ Beautiful semi-separated house with 3 bedrooms (2 double) & 2 bathrooms; 2 levels  
 ⇒ Built on a plot of 173m<sup>2</sup>  
 ⇒ 2 terraces of which one can be used as a parking space  
**Price: 365.000€ Ref. 209-0323**



**Atlantic View, Costa del Silencio**  
 ⇒ 2 bedroom apt. of 63m<sup>2</sup>  
 ⇒ Terrace of 9m<sup>2</sup> with pool view, facing South-East  
 ⇒ Sold furnished  
 ⇒ Garage space is included!  
**Price: 229.000€ Ref. 259-0324**

**Balcón del Mar, Costa del Silencio**  
 ⇒ Nice 1 bedroom apartment on the 1<sup>o</sup> floor  
 ⇒ West facing balcony of 8m<sup>2</sup> with lateral sea view  
 ⇒ In very Good condition and sold furnished  
**Price: 210.000€ Ref. 222-0723**



**Atlantic View, Costa del Silencio**  
 ⇒ 1 bedroom apt. of 47m<sup>2</sup> with a terrace of 10m<sup>2</sup>  
 ⇒ Located on the ground floor  
 ⇒ The property needs to be renovated  
 ⇒ Heated pool & easy parking  
**Price: 179.000€ Ref. 250-0324**

**Testimony of one of our recent clients:** "Very friendly people with the best service you can imagine! Tenerifehome doesn't stop after the sale went true, you can always count on them afterwards. If you want to be relaxed and chill than for sure use them to guide you to your place in Paradise." P.B.



[www.tenerifehome.com](http://www.tenerifehome.com) info@tenerifehome.com +34 922 783 066 +34 627 688 607

Av. J.A Tavio, C.C. El Trébol L37, 38630 Costa del Silencio, S/C de Tenerife



Tenerifehome\_salesrentals

**FOR SALE DUPLEX PENTHOUSE  
 WAS ~~€ 739.000~~ NOW € 665.000  
 WWW.TENERIFEPROJECTS.COM  
 EI PASO RESIDENCIAL - LAS VISTAS BEACH  
 4 BEDROOMS - 2 BATHROOMS - 2 BALCONIES  
 HIGH QUALITY RENOVATION - HIGH END  
 FURNITURE INCLUDED IN SALE PRICE  
 STUNNING VIEWS- 3RD FLOOR - NO LIFT (YET!)  
 FOR A VIEWING:  
 CALL +34 648 408 822 (WHATSAPP)**







# PALM MAR SALES & RENTALS

**ALL ASPECTS OF PROPERTY MANAGEMENT SALES  
& LONG TERM RENTALS**

Tel: 0034 677 623 713 / 0034 671 129 558 • email: info@palmmarsalesandrentals.com • www.palmmarsalesandrentals.com

## Palm Mar, Los Balandros

**NEW ON THE MARKET**



Bright and spacious 1 bedroom, 1 bathroom 2nd floor apartment overlooking the swimming pool. The property is sold part-furnished and the price includes secure underground parking and a storeroom.

**Price: €215,000**

**WE ARE ALWAYS LOOKING FOR NEW PROPERTIES FOR SALE AND LONG TERM RENTAL**

### Palm Mar, Laderas del Palm Mar



Bright and Spacious 1 bedroom apartment situated on the second floor overlooking the pool. Sold fully furnished, price includes a very large enclosed garage.

**€275,000**

### Palm Mar, Los Balandros



Spacious one bedroom apartment with a sunny aspect on the second floor of the complex facing the pool. The property is sold fully furnished and the price includes secure underground parking and a storeroom.

**€215,000**

### Palm Mar, Los Balandros



Spacious 2 bedroom, 2 bathroom apartment on the first floor of the complex with sunny aspect. The price includes a secure parking space and storeroom. Sold unfurnished

**€259,500**



24 Years of Experience in Tenerife South



SILVANA STRACCIA  
Owner



LIAM O'REILLY  
Sales Executive



GIAN FRANCO RODRIGUEZ STRACCIA  
Web Management











LINDA O'REILLY ANDERSON  
Sales Executive



MILADY ORTIZ DE LA ROSA  
Executive Secretary



JAKUB WOZNIAK  
Sales Executive

<p><b>Ocean View ( San Eugenio )</b></p>  <p><b>EXCLUSIVE</b> Permitted V.V</p> <p>Ref: 5RA71517 Price: 122.000€ 1 Bedroom, 1 Bathroom Interior: 41 Mts, NO BALCONY</p>	<p><b>Santa María (Torviscas)</b></p>  <p><b>EXCLUSIVE</b></p> <p>Ref: 5R7171 Price: 185.000€ Studio, 1 Bathroom - Interior: 35 Mts, Balcony: 8 Mts</p>	<p><b>Windsor Park (San Eugenio)</b></p>  <p>Permitted V.V</p> <p>Ref: 5RB9245 Price: 390.000€ 2 Bedrooms, 2 Bathrooms Interior: 62,82 Mts, Terrace: 23 Mts</p>	<p><b>Club Paraíso (Playa Paraíso)</b></p>  <p>Permitted V.V</p> <p>Ref: 5RA7165 Price: 220.000€ 1 Bedroom, 1 Bathroom Interior: 50 Mts, Balcony: 5 Mts</p>
<p><b>El Morro ( Chayofa )</b></p>  <p><b>EXCLUSIVE</b> Permitted V.V</p> <p>Ref: 5RB1037 Price: 249.000€ 2 Bedrooms, 2 Bathrooms Interior: 87,12 Mts, Balcony: 12 Mts</p>	<p><b>Villas de Fañabe ( Fañabe )</b></p>  <p><b>EXCLUSIVE</b></p> <p>Ref: 5RA8989 Price: 259.000€ 1 Bedroom, 1 Bathroom Interior: 37,50 Mts, Terrace: 11,40 Mts</p>	<p><b>Las Vistas ( Chayofa )</b></p>  <p>Ref: 5RC1050 Price: 1.750.000€ 3 Bedrooms, 2 Bathrooms Garage, Interior: 124,69 Mts, Terraces : 65,61 Mts</p>	<p><b>Club Atlantis ( Pto Colón )</b></p>  <p><b>EXCLUSIVE</b> Permitted V.V</p> <p>Ref: 5RA7160 Price: 399.000€ 1 Bedrooms, 2 Bathrooms Interior: 75 Mts, Terrace: 25 Mts</p>

**Wyndham Residences – Golf del Sur**



**Studios, 1 and 2 Bedrooms Fully Refurbished Apartments**

**Prices From: 175.000€**  
5% Guaranteed Returns Available

**Ramada Residences Costa Adeje**



1 and 2 Bedrooms Fully Refurbished Apartments

**Prices From: 265.000€**

**5% Guaranteed Returns Available**

web@wadyproperties.com (+34) 606 951 884

C.C.Aguamarina Local 24, Puerto Colón, Costa Adeje, 38660, Santa Cruz de Tenerife



Established  
1979

Tenerife Properties



## The Original British Estate Agency Established in 1979

ENGLISH / ESPAÑOL / FRANÇAIS / ITALIANO - 608 573 443

### Casablanca, Torviscas Alto



Stunning 2 bedroom, 2 bathroom penthouse apartment for sale in this friendly complex. A spacious and bright property with an open kitchen, fitted and modern, A welcoming living space that opens onto the terrace. Both bedrooms are of good size with natural light – the master having an ensuite and access onto the terrace. The bathroom is large and refurbished with a fitted bathtub. The double terrace is an immense size, sunny and has beautiful views to the sea. Outdoor dining furniture perfect for Al Fresco living too. Casablanca is a quiet and well-kept complex with a large communal pool and lifts! This property is also sold inclusive of a garage space.

€399,000

Ref: T1301

### Land, Fasnia



Opportunity to acquire 2 plots of land (total 26,000m2) with a house and cave. In a beautiful, rural area with

€200,000

Ref: T1305

### Residencial Elena, Chayofa



Stunning 3 bed corner linked chalet, well presented with a private pool, garage and views to the sea.

€675,000

Ref: I1477

### Marina Primavera, San Eugenio Bajo



1 bed, 1 bath apartment with a bright living space, a large terrace with sea views and a comm. pool.

€275,000

Ref: N1596

### El Camison, Las Americas



Brilliant 1 bed apt, refurbished to a high standard with a large terrace and communal pool.

€325,000

Ref: N1595

### Sunset Bay, Torviscas Bajo



Beautiful 3 bedroom, 2 bathroom apartment in popular complex. Lovely large living room with tons of natural light and space to relax. The kitchen is American style, fitted and fully equipped for your immediate use; there is a ceramic hob and has recently been refurbished. The three bedrooms each have fitted wardrobes, light, space with a vanity. There is a very large, south-facing terrace and patio with an immense amount of space to enjoy the sun, gather as a family etc. This complex has two large pools, 1 of which is heated, shops, restaurants and is near to lots of entertainment and less than a 5 minute walk from the beachfront. This apartment would make an excellent holiday home and/or investment property.

€339,950

Ref: I1443

### Ocean Park, San Eugenio



Spacious and bright 1 bed apartment with terrace overlooking the communal pool.

€219,000

Ref: N1405

### Tinerfe Garden, San Eugenio Bajo



Great 2 bedroom bungalow. Wheelchair friendly.

€375,000

Ref: T1310

### Villa, San Eugenio Alto



We are thrilled to present this stunning 5 bedroom, 3 bathroom villa on one level. Out front of the property you will find a terrace with sea views and a zen energy, a carport, and the main entrance of traditional Spanish style. The living room is large with two seating areas, a space for dining and access to both the front terrace and pool. The kitchen is separate, fitted and is connected to a large pantry/utility room with a washer and dryer. All bedrooms are of good size, natural lighting, some with refurbished ensuite bathrooms and another currently used as an office. The main bathroom is spacious with a fitted bathtub and white tiles. The terrace is large and finished with modern tiles, space for relaxing, enjoying the sun and a beautiful private pool.

€750,000

Ref: I1482

### Roque del Conde, Torviscas Alto

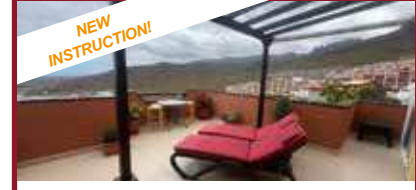


Bright and spacious 2 bedroom corner apartment; large bedrooms, terrace, views to the sea/pool.

€295,000

Ref: T1318

### Casablanca, Torviscas Alto



Great 2 bed apt. with refurbished interior and terrace looking towards the sea with comm. pool.

€420,000

Ref: T1314

### Villa, San Eugenio Alto



Luxury villa for sale with a separate apartment. 6 large bedrooms, lavish finishes, private pool.

€1,995,000

Ref: I1473

### Townhouse, Abades



Lovely 2 bed, 2 bath townhouse with outdoor space. Short distance to the sea and great for a family.

€270,000

Ref: T1311



Translators available for any other languages.



Tel: 922 724 110  
Sales: Lynne: 699 250 870  
Rachel: 608 573 443  
www.tenerifeproperties.net  
lynne@tenerifeproperties.net



Local 3, C.C. Palo  
Blanco, San Eugenio,  
Adeje 38660,  
Playa de las Americas



Tel: 922 703 725  
Mobile: 619 180 888

C/ Luciano Bello Alfonso No. 5,  
1st Floor, Office C,  
LAS CHAFIRAS  
38639 Santa Cruz de Tenerife



### Miraverde - El Madronal 550.000€

**REDUCED!**



An amazing, rare opportunity to purchase this 2 bedroom, 2 bathroom spacious private bungalow, ideally situated in this quiet private residential area, close to all amenities. This spacious property has sea views, ample outside space and presents a blank canvas of opportunities. Viewing is essential to see what's on offer here.

### Teneguia II, PARQUE DE LA REINA 325.000€



Refurbished three and a half bedroom Penthouse apartment with amazing 65m<sup>2</sup> roof terrace. Featuring independent modern, brand new fitted kitchen, utility room, three double bedrooms, two bathrooms, and office/bedroom on the top floor that joins the newly tiled sunny roof terrace with sea and mountain view. The property is located in a community with swimming pool and gardens and comes with a private parking space, all accessible by lift. Available to view now!

### El Salto - GRANADILLA 1.500.000€



Two stunning properties sold together! Large five bedroom mansion with open plan ground floor ideal for entertaining, with separate, fitted and equipped kitchen, snooker/games room, leading to the large tiled garden with pool, bar area, and stunning views to the coast. This property would be highly desirable on the holiday letting market. The second property is a modern, converted three bedroom Canarian house with private heated pool. Recently rebuilt to the highest standard.

### Private Villa, LA CALETA 1.595.000€



A truly unbeatable location. This stunning villa is located in the perfect spot, right in the heart of La Caleta, with the ocean front walkway just on your door step. This spacious property offers four double bedrooms, the master en-suite. Bathroom, independent kitchen, utility room, dining room, large lounge leading to a private outside dining area with sea views. Amazing roof terrace with panoramic sea and mountain views. Front and back garden and direct access to the beautiful community swimming pool.

Tel: 922 719 643  
 Fax: 922 781523  
 Mobile: 607 933 052  
 Mobile: 625 950 517



Calle Tagara,  
 Jardin Botanico  
 Local 8  
 ADEJE

**OPPORTUNITIES OF THE MONTH!**

SANTA CRUZ	FASNIA	LAS AMERICAS	TEJINA DE ISORA
<p><b>REDUCED!</b></p> <p>Luxury apartment, 95sqm, offers 3 bedrooms and 2 bathrooms. Every detail has been meticulously selected to ensure maximum quality, from the furniture to the top-notch finishes. Close to Mercado de Africa.</p>	<p>Nestled on the first line of the beach, this spacious (108sqm), ground floor apartment in Los Roques de Fasnía has 4 bedrooms and 2 bathrooms and enjoys direct access to the beach. Exclusive parking adds to the convenience.</p>	<p>Charming 50 sqm 1 bed, 2 bath duplex in the heart of Las Americas. Perfect for young people or as an investment opportunity. Features include a terrace, living room and kitchen. Close to amenities.</p>	<p>Exclusive 2,977sqm rustic estate with lovely views, a 20 sqm timber cabin, beautiful gardens, and fruit trees. Equipped with solar panels for water and electricity. Surrounded by fresh air and spectacular landscapes—a perfect retreat!</p>
<p>Ref: 1269      €305,000</p>	<p>Ref: 1322      €290,000</p>	<p>Ref: 1323      €220,000</p>	<p>Ref: 1324      €165,000</p>

**With almost 20 years working in this business, we understand the land and the people! If YOU would like a piece of land and some space, WE can help! Call us!**

**PROPERTIES WANTED FOR RENT**  
**CLIENTS WAITING!**

CHIRCHE	VERA DE ERQUES	GUIA DE ISORA	GUIA DE ISORA
<p>450sqm Plot of urban land with potential to build a property on 2 floors of up to 200sqm. Part sea view.</p>	<p>Wonderful finca with fruit trees, vineyard and a small 1 bed, 1 bath house.</p>	<p>Finca - 10,000m<sup>2</sup> of natural beauty with 220 olive trees yielding award-winning olive oil, plus an array of fruit trees. This haven offers two furnished homes, each with independent entrances.</p>	<p>Finca with 4 independent houses with total living space of 380sqm. Panoramic Views: Wake up to views that will take your breath away. The estate, spanning 16,000sqm offers stunning panoramas of the sea and majestic mountains.</p>
<p>Ref: 1295      €47,000</p>	<p>Ref: 1289      €300,000</p>	<p>Ref: 1321      €2,100,000</p>	<p>Ref: 1307      €750,000</p>
SANTIAGO DEL TEIDE	ALCALA	GUIA DE ISORA	TIJOCO BAJO
<p>This 3 bed, 3 bath home, on a 300m<sup>2</sup> plot, offers room for expansion, including the addition of a second floor. The property combines luxury and comfort and features a garage, private pool, garden, and terraces with stunning views.</p>	<p>Unique opportunity! Spacious house for renovation in exclusive area. Stunning 80,000sqm finca with eater tanks and greenhouses and a 170sqm house surrounded by villas. Spectacular views and just 200 meters from the sea and close to the beach.</p>	<p>Suitable for reform - charming Canarian property with extensive land surrounding the home with gardens and entertaining areas in the middle of nature.</p>	<p>A unique property with lots of potential! With 13,000sqm of land featuring olive groves and orchards and a 120sqm main house and a quaint 30sqm cottage, positioned less than 300 meters above sea level and enjoying panoramic views with lots of space.</p>
<p>Ref: 1317      €350,000</p>	<p>Ref: 1319      €900,000</p>	<p>Ref: 1267      €130,000</p>	<p>Ref: 1310      €546,000</p>

T: (0034) 922 732862  
 M:(0034) 683 190 977  
 info@rdpropietiestenerife.com

Calle Luis Alvarez Cruz,  
 nº6, Edf Bahia Azul, Local 8C  
 Las Galletas - Next to post office



**LOS ABRIGOS**

**NEW ON MARKET!**



Location! Location! Location! One of four properties in a building situated in this lovely, sleepy coastal village, and just 10 metres away from the harbour!  
 Fabulous Attic style 2 bed, 2 bath apartment, recently completely renovated with uninterrupted sea views and with a private roof terrace with panoramic sea and mountain views. This property is located in a small building of only 4 apartments, 1 on each floor, currently with no community fees, and, as an added bonus, there is a storage room below which is included in the price. The building itself has been fully renovated, with many extras. Close to harbour and town centre with all amenities. The property is undergoing its final touches and will be ready to hand over towards the end of June 2024.

€360,000

LA360-2

**LOS ABRIGOS**

**NEW ON MARKET!**



Location! Location! Location! – One of four properties in a building situated in this lovely, sleepy coastal village, and just 10 metres away from the harbour!  
 Lovely 2 bed, 1 bath plus toilet apartment, recently completely renovated and located in a small building of only 4 apartments, 1 on each floor, currently with no community fees. As an added bonus, there is a storage room below which is included in the price. The building has been renovated completely with many extras.

€195,000

Ref: LA195-0

**LOS ABRIGOS**

**NEW ON MARKET!**



Location! Location! Location! One of four properties in a building situated in this lovely, sleepy coastal village, and just 10 metres away from the harbour!  
 Lovely ground floor 1 bed apartment, recently completely renovated and located in a small building of only 4 apartments, 1 on each floor, currently with no community fees. The building itself has been fully renovated with many extras. Enjoy the tranquillity of the village yet be only a short walk to some of the best fish restaurants overlooking the harbour as well as all the usual amenities found in any town. The property is undergoing its final touches and will be ready to hand over towards the end of June 2024.

€165,000

Ref: LA165-A

**LOS ABRIGOS**

**NEW ON MARKET!**



Location! Location! Location! One of four properties in a building situated in this lovely, sleepy coastal village, and just 10 metres away from the harbour!  
 Fabulous first floor 1 bed, 1 bath apartment with a balcony, recently completely renovated and located in a small building of only 4 apartments, 1 on each floor, currently with no community fees. As an added bonus, there is a storage room below which is included in the price. The building itself has been completely renovated with many extras.

€195,000

Ref: LA195-1

Tel: 922 703 725  
Mobile: 619 180 888

C/ Luciano Bello Alfonso No. 5,  
1st Floor, Office C,  
LAS CHAFIRAS  
38639 Santa Cruz de Tenerife



REDUCED!

Ref: S-05 1380

€940,000

## Oroteanda Baja, Luxury 5 Bedroom Villa, €940,000



Stunning, fully furnished and equipped, 5 bed, 3 bath (master en suite) detached villa with heated pool on 2,000sqm plot. This spacious property has a huge terrace to the front which can accommodate up to 8 cars, and a private garden/terrace with lovely sea views to the rear with BBQ area, jacuzzi, orchard and various seating areas.

There is a large lounge/dining area, an open plan, fully equipped fitted kitchen and garage for 4 cars with direct access. One of the bedrooms is situated in such a way that it could easily be converted into a separate studio, or gran-

ny flat. Extras include air-con and central heating throughout, and solar panel heating for hot water and the pool.

This large Villa is very well situated in a small, very central village, located between the airport and the southern resorts of los Cristianos and Playa de las Américas. With nearby property very popular as exclusive holiday let's this property has fantastic potential as a letting investment. Its rare to find such a large property on a very large plot with sea views in such an excellent location. Call now, come see for yourself!



Tel: 922 703 725  
Mobile: 619 180 888

C/ Luciano Bello Alfonso No. 5,  
1st Floor, Office C,  
LAS CHAFIRAS  
38639 Santa Cruz de Tenerife



## El Salto - Two stunning villas!



Ref: S-08 1527 €1,500,000



Two beautiful villas sharing the same plot in this outstanding, quiet southern location. An ideal opportunity

to, perhaps, own a stylish modern home and a highly desirable property to rent on the holiday market. The

main property, offering lovely views, has five double bedrooms, five bathrooms, an open plan ground floor with

American-style fitted kitchen, snooker room, guest WC and a large lounge/dining room, plus a large heated swim-

ming pool - ideal for entertaining.

The second property is a 3 bedroom home also with a

private heated pool and has been refurbished to the highest of standards. Viewing is highly recommended.







TENERIFE PROPERTY SHOP S.L.

G.I.P.E. NO. 3722

Service

Security

**NEW & EXCLUSIVE**

**2 BEDROOM APARTMENT - AMARILLA GOLF**



**TOP FLOOR PROPERTY**

A wonderful and rare opportunity to become the proud new owner of a two bedroom, two bathroom, top floor apartment. This unique property is situated within a well-maintained development, providing access to three heated communal pools, communal TV and WIFI. The apartment boasts two terraces, both of which offer views, the North facing terrace looks over the Amarilla Golf fairways and up to Mount Teide, and all the villages and towns in between.

Ref: AMG00632

**Price: €260,000** (approx. £220,500)

info@tenerifepropertyshop.com



(0034) 922 714 700 / From UK: 0845 862 1634

**3 Bed duplex in San Eugenio**



Duplex with three bedrooms and three complete bathrooms, NEW with impressive views of the coast and the sea/La Gomera, high-quality materials. Kitchen with pantry, living/dining room, and three terraces (all with views) of 24, 48 and 42m2 respectively. fitted wardrobes.

Ref.: D1301

**Price: 820,000€**

**2 Bed in Torviscas Bajo**



This 2-bedroom apartment is the perfect opportunity to live in one of the most desirable areas of Tenerife. The total area is 62m2 with 2 modern bedrooms and a well-appointed bathroom. The living-room is connected with the kitchen. Moreover, is a lovely private balcony with partial sea view.

Ref.: D1306

**Price: 310,000€**

**3 Bedroom Townhouse**



Townhouse in very good condition in Piedra Hincada, 3 bedrooms, 3 bathrooms, Master bedroom with sea views. Large kitchen, living room, interior patio, terrace, garage and solar panels. South facing, 128m2 in total. 5 minutes from the beach and the highway, a very quiet area.

Ref.: D1296

**Price: 250,000€**

**House outside Santiago del Teide**



Land of 1128m2 with a house of 50m2 that can be expanded. Located in Retamar that is a neighborhood that belongs to the municipality of Santiago del Teide, it is located about 3 kilometers from the Town Hall, and at an altitude of 800 from sea level.

Ref.: D1304

**Price: 126,000€**

**Sea view 2 Bed in Los Cristianos**



Exceptional property centrally in Los Cristianos, just 500 meters from the sea that offers breathtaking views of the sparkling ocean from every window. Newly renovated with generously-sized bathroom, American-style kitchen with open living room, sea views and 2 bedrooms. A must-see!

Ref.: D1300

**Price: 275,000€**

**House in Santiago del Teide**



Rustic house for sale in the center of the town of Tamaimo, Urban estate of 472m2 with 116m2 built. The house has two bedrooms, a bathroom, kitchen, large living room, adjoining porch. Outside, it has a patio with a barbecue and an orchard with fruit trees.

Ref.: D1287

**Price: 231,000€**

**2 Bed in Santiago del Teide**



For sale in Los Gigantes, municipality of Santiago del Teide is this apartment with 2 bedrooms complete bathroom, large terrace with stunning views of the sea and the port of Los Gigantes. 79m2 in total (16m2 terrace). Located on the second floor.

Ref.: D1298

**Price: 275,000€**

**Plot for sale in Roque Vento**



Rustic/Agrarian plot of land for sale in the area of La Florida, Valle San Lorenzo, Arona, total M2 of the plot 3,237, with views of the coast/sea, easy access from the main road to Valle San Lorenzo. 10/15 minutes from Los Cristianos and Playa de las Americas.

Ref.: D1303

**Price: 45,000€**

frina@tenerife-property.com

+34 683 479 245

+34 922 085 191

www.tenerife-property.com

CC Puerto Colón, 1<sup>st</sup> Floor, local 213, 38660 Adeje

**FRINA Tenerife**  
Business & Property Agency

**3 BEDROOM TOWNHOUSE IN SAN MIGUEL**

**NEW LISTING!**



Spectacular 3 bedroom Townhouse situated in a quiet but central position in the popular town of San Miguel de Abona on a well maintained complex. It is a bright and spacious property that is built over three storeys, with panoramic views of the surrounding area and ocean from both the terrace and balcony to the rear. It also has a high quality finish throughout with the added bonus of air conditioning, a double garage with electric doors, as well as a good size store room too.

€360,000

REF: DOSM02

**2 BEDROOM DUPLEX APARTMENT IN AMARILLA GOLF**



A 2 x bedroom duplex, Mountain views and a heated community pool on a fantastic complex can only mean Fairways Club in Amarilla Golf... We have an opportunity to purchase a 2 x bedroom apartment on two floors, on the ground floor you'll find an open planned kitchen, living area which leads to your peaceful garden with beautiful Mount Tiede views, along with the fairways of Amarilla Golf.

€245,000

REF: DOFC19

**2 BEDROOM APARTMENT IN LAS AMERICAS**



Located in the heart of Playa de las Américas and with direct access to the seafront promenade, the H10 Las Palmeras is surrounded by spacious subtropical gardens and this is your chance to become the proud owner of a two bedroom apartment on the sixth floor where the views are simply out of this world, along with the sound of the waves lulling you to sleep, makes this apartment your very own slice of heaven.

€479,000

REF: DOH10

**1 BEDROOM APARTMENT IN GOLF DEL SUR**



An opportunity to purchase a one-bedroom bungalow on the popular complex- 'The Palms' in Golf del Sur. This property is more spacious than your typical one bedroom property and a blank canvas to be transformed into a place you can call home or a superb holiday rental investment. Entering the property, you'll find the hallway and spacious double bedroom that is complete with built in wardrobes and access to an East facing terrace, where you can enjoy the morning sunshine.

€195,000

REF: DOPLM79

**1 BEDROOM APARTMENT IN AMARILLA GOLF**



A spacious one-bedroom ground floor apartment with a lovely south facing private garden overlooking the beautiful gardens of the Fairways Club complex, therefore peaceful and absolutely bliss delivering sunshine throughout the day, enjoy your own little slice of paradise with a good-sized bathroom and a open planned living room. The property is situated inside the complex and is located in San Miguel de Abona the Fairways Club complex fea-

tures a restaurant, heated pool, bar and mountain views. The apartment offers free private on-site parking. The nearest airport is Tenerife Sur Airport, 5 km away with restaurants and bars in walking distance, a must see and a fantastic opportunity to purchase this ground floor apartment in Amarilla Golf. This apartment comes sold as seen. IBI: 201.87€ / year Communal fees, including water: 160.00€/ month

175,000€

REF: DOFC604

# *SELLING?*

*WE SELL SOONER, RATHER  
THAN LATER!*

*IF YOU'RE THINKING OF  
SELLING, GET IN TOUCH WITH  
ISLAND PRIME PROPERTY!*



adam@islandprimeproperty.com

(0034) 645 142 144

[www.islandprimeproperty.com/sell-my-property](http://www.islandprimeproperty.com/sell-my-property)



## TENERIFE SOUTH REAL ESTATE ASSOCIATION

**Symbol of:  
SECURITY AND TRUST**

**"Supporting Associated Real Estate Companies Since 2015 in Tenerife South"**



TENERIFE SOUTH REAL ESTATE ASSOCIATION



recognizes Tenerife South Real Estate Association  
for its work ethic and commitment to good  
Real Estate practices



Inmobiliaria  
Estate Agent  
Immobilien

Where do  
you  
Want to  
live®



REF. 86-391 DETACHED VILLA IN CALLAO SALVAJE €875.000,=

This property sits on a plot of 600 m2 (construction: 252 m2) and comprises:

Ground floor	First floor	Second floor
<ul style="list-style-type: none"> <li>• Utility room</li> <li>• Workshop</li> <li>• Pool machinery</li> <li>• Garage for one car</li> <li>• One parking space on plot</li> </ul>	<ul style="list-style-type: none"> <li>• Spacious bedroom</li> <li>• Guest toilet</li> <li>• Walk-in wardrobe Bathroom</li> <li>• Huge terrace</li> <li>• Private pool</li> </ul>	<ul style="list-style-type: none"> <li>• 2 bedrooms</li> <li>• 2 bathrooms (one en suite)</li> <li>• American kitchen</li> <li>• Utility room</li> <li>• Dining lounge</li> <li>• Spacious living lounge</li> <li>• Backyard</li> <li>• Large terrace</li> </ul>

The villa is situated in a quiet urbanisation with no main traffic passing by, its first and second floors have stunning panoramic views of the Atlantic, and, because of its unique position the villa offers sun all day.

The property needs reforms but has great potential (e.g. a private pool could be added in the backyard, and the existing pool could be transformed into a jacuzzi. In addition, another 2 bedrooms could be added to the property without external construction).



VIEWING BY APPOINTMENT ONLY

## SALES OFFICE

C.C. Parque Cristobal, local 1, Avda. Rafael Puig Lluvina 15  
Playa de Las Américas, E-38660, Arona, S/C de Tenerife, Islas Canarias

CORSTIAAN JOHN BOS: +34 649 957 267



ERIKA CENKIENE: +34 639 135 818



# The Limitations of AI



A few weeks ago Professor Barry Smith delivered a lecture in Turin, based on his book *Why Machines Will Never Rule the World*.

It was a Monday night. During his talk, Smith casually observed that Nvidia's strong stock performance was a symptom of AI's hype and compared it to the infamous tulip mania. In 2023, he remarked, the AI industry spent 17 times more on chips than it brought in in revenue. The following Thursday, and then again on Friday, Nvidia's stocks dropped substantially in value (they have since regained much).

Stock-picking is not a game philosophers necessarily want to play, and that applies to Smith too. But the Nvidia swing came perhaps as less of a surprise to his audience than to others. The AI debate is a battleground between those who expect unprecedented productivity gains and those who see it as a harbinger of the world of Terminator—the second being a bigger army. In these heated discussions, Smith and his co-author, Jobst Landgrebe, may be alone in claiming the middle ground.

Smith, a renowned authority in ontology, and Landgrebe, a polymath and a former AI entrepreneur, do not deny the progress of narrow (or weak) AI and its impact. But they take a contrarian approach to both the extreme enthusiasm and the over-the-top fears that seem to mark the AI debate. For Smith and Landgrebe, machines will not think—nor will they aim to take our place and, indeed, rule the world. Plots that are good for science fiction are not necessarily a good de-

scription of technological developments, nor should they guide public policy: as it happened in the European Union, or the State of California, which rushed to regulate artificial intelligence assuming it to be an existential threat for humanity.

**To understand Smith and Landgrebe's argument, it is important to dig into some of the categories they use.**

Narrow AI refers to those artificial intelligence systems that are designed to perform specific tasks in what Smith and Landgrebe call a "logic system." In their realistic understanding, "system" is a word that applies both to organic and artificial realities. In basic terms, a system is "a set of elements standing in inter-relations." But the dynamics of such inter-relations can vary sharply. A "logic system" is one whose behaviour can be predicted using "propositions of mathematics linked together by logical relations." In particular, a logic system satisfies four conditions, clearly articulated by Smith and Landgrebe:

1. "The system behaviour can be explained by reference only to one of the four fundamental interactions of gravity, electromagnetic force, and the weak and strong nuclear force."

2. "The system behaviour of interest is dominated by a single homogeneous and isotropic force in such a way that the effects of the other interactions are so small, in the context of the modelled aspect, that they can be neglected."

3. "In each system there are groups consisting of elements of the same type" which interact with each other in identical manner. "For example, in the solar system, the sun and the planets can be seen as a

group of elements (of type: lump of matter) which interact via gravitation."

4. "The boundary conditions of the system can be assumed to be fixed without invalidating the model."

This suggests that a logic system has its own equilibrium and is not evolutionary. It resembles a closed environment, in which experiments can be performed with the confidence that each observed effect can be traced back to a clear cause. The "application of the differential calculus in physics and engineering" has been so successful that it made people forget that "the class of systems with all four of these properties is rather small." Indeed, "the overwhelming majority of systems in the universe, and even of systems that we encounter in our daily lives, are what we shall learn to identify as complex systems."

For so-called "general AI" to exist, and then for computers to be able to emulate and go beyond the sort of intelligence humans show, we should be able to model "complex systems"—like, for example, the human brain. "All complex systems are such that they obey the laws of physics," and yet "for mathematical reasons we cannot use these laws to analyse the behaviours of complex systems because the complexity of such systems goes beyond our mathematical modelling abilities." Physical systems such as the weather can be seen as complex, and so can organic systems such as our digestive or neurological systems. Smith and Landgrebe also consider "hybrid" systems such as the New York Stock Exchange or traffic. Such systems cannot be modelled to yield the kind of clear-cut, mathematical forecasts that

can be used in technological applications.

If the only thing Hollywood screenwriters can do is recycle 1960s comic book heroes sprinkled with contemporary political correctness, they may fear AI will take their job. But machines' creativity will never top their programmers' creativity. One case in point is the long-awaited promise of self-driving cars. "In 2010, at the Shanghai Expo, General Motors had produced a video showing a driverless car taking a pregnant woman to hospital at breakneck speed and, as the commentary assured the viewers, safely." But predictions of driverless cars flooding the market and putting all taxi and Uber drivers out of business so far proved over-optimistic.

The enthusiasts for self-driving cars neglect the difference between logic and complex systems highlighted by Smith and Landgrebe: Consider ... the case of models for self-driving cars. Algorithms used here are adequate where the software is able to model the sensory input deriving from traffic events through sensors (camera, radar, lidar, sonar) in such a way that it reacts to this input, given the destination, at least as well as (or, realistically, better than) the average human; otherwise self-driving cars will cause more accidents than cars driven by humans, and this will be deemed unacceptable.

Complex systems often correspond to layers of different interrelated sets of elements, that is: systems. The human body can be seen as a series of correlated systems. Complex systems are those wherein it is not so easy to connect one effect to one specific cause; they are the theatre of multi-causal events. Attempts to model them typically end up resembling a simple system, and if the elements to be modelled are carefully identified and properly accounted for, such models can be helpful for limited and modest predictions. But it's difficult to do that, so a model of a complex system is often a paradigmatic case of "pretence of knowledge."

Smith and Landgrebe's arguments appeal to readers of Mises, Hayek, and the Austrian school economists. The two authors are themselves well acquainted with the so-called economic calculation debate and

the teachings of the Austrian school. The economy is, in their view, a quintessentially complex system.

Economics can be used to make pattern predictions, of the kind that are useful to decision makers, but not to predict precise events to the fullest degree. For example, setting a price ceiling usually causes the supply of the good to decline. Yet "no economist can quantify such effects exactly in advance (and it is even hard to do this in hindsight, given the many mixed effects in the real-world economy). This is because no economic model can exactly predict any single economic quantity for any selected time or time interval in the future, whether this be the price of a good or the excess capacity of a production method." This does not depend on the amount of data available to sketch such a prediction, but rather on the nature of the economic system itself—which is a complex one, affected by a number of actors who cannot, to quote Adam Smith, be arranged with as much ease as the hand arranges the different pieces upon a chess-board.

In this regard, Smith and Landgrebe spoke the same language as the Austrian school. Indeed, "the first economist to realise this was Ludwig von Mises in his 'economic calculation argument.'" There are similarities between the grand debate that pitted Mises and Hayek against Oskar Lange and Abba Lerner, to mention only the most relevant combatants. The Austrian economists emphasised the cognitive limits of what is possible for the human mind: the market allows all actors to take advantage of dispersed knowledge and to adapt to change, but it does so in a piecemeal way, with hardly any promise of "perfection" in its working. The social scientist is at best an observer of human interactions, able to take note of them and make qualified and precarious predictions based upon certain regularities. Yet, humans' behaviour and preferences change and adapt in ways that cannot be predicted with rigorous certainty.

Their socialist opponents acknowledged some of the virtues of the market, but maintained that they could be replicated and improved through central planning boards which could learn from experience, while also

setting clear targets for themselves. Markets could be mimicked without the means of production being in private hands and, hence, without the sweeping inequalities that capitalism brought with itself. This of course assumes that real markets can be described through a series of equations and that it would suffice to replicate them, to achieve what a market economy does, without its shortcomings. Hayek's famous rebuke highlighted what we tend to call "data," and assume as such, things that are not "given" at all. Competition is a discovery procedure in which new knowledge emerges continuously, and prices convey bits of such knowledge to economic actors, affecting and being affected at the same time by their actions.

The fact that Hayek's opponents seemed not to understand his argument was sort of a puzzle, as he strove to understand the workings of the constructivist mind. In his later work, Hayek himself distinguished between "simple phenomena," to be understood as those in which the outcomes generated by applying a stimulus into a system could be predicted, and complex phenomena. The latter are those in which the elements that make the system up do not interact in a linear fashion and in which the elements and the ways in which they interact are too vast to be comprehended by scientific observers. At best, in complex phenomena, the scientist can understand some general principle that governs the interaction of various elements—but cannot make a rigorous forecast. This is evident in the case, evoked by Smith and Landgrebe, of setting a price ceiling.

The Turin audience's questions to Smith were not that different than those Mises would have received, some eighty years ago. Smith made the point that general AI is impossible, because we cannot effectively model the human intelligence that it is supposed to mimic. He emphasised that it is not just a matter of feeding ChatGPT with more material—and that the current practice of feeding it with more AI-generated material is hardly improving its answers. He frequently resorted to the example of chatbots, not a happy experience of AI for most of us. Indeed, he and Land-

Continued on page 24

# The Prestige Group

Agustin Millares 20, Armeñime, Adeje 38678

## Interior & Exterior Sun Blinds

Tenerife's leading specialist in the manufacture, repair and installation of all types of awnings, canopies, interior and exterior blinds - manual or electric.



## Bioclimatic Pergolas

Available in a choice of colours, these made to measure aluminium pergolas have a fully watertight louvred slat roof, which can be oriented between 0° and 135°. Additional options include lighting, heating, speakers and side panels.



## Outdoor Furniture



We offer a large range of exclusive garden and terrace furniture in a wide variety of styles, designs, fabrics and colours. We also have parasols and accessories.



## Roller Shutters, Grilles & Garage Doors

Specialists in the manufacture, repair and installation of industrial and domestic shutters, security grilles and garage doors – electric or manual.



Showroom open Monday to Friday:

9.00am - 4.00pm

Situated opposite the Repsol petrol station in Armeñime

Tel: 922-740888  
www.theprestigegroup.es  
info@theprestigegroup.es

Continued from page 22

write that "conversation machines are doomed to failure" because "productive language is a creative act which cannot be emulated mathematically because mathematical models of natural processes represent in every case stable and repetitive laws." In his talk, Smith emphasised that wanting something is crucial for all human conversations (let it be the student seeking

knowledge from the professor or two traders who want to exchange something for something else) and there is no way to teach a machine to want something.

Yet the audience repeatedly tried to bring him to admit that if only we had more calculating capacity, or could feed AI with more or "better" knowledge, general AI could be achieved. Similarly, Mises would have been asked if the problem was not that planners sim-

ply lacked a computer powerful enough to connect all the bits of partial knowledge that could be collected through the economy.

Why Machines Will Never Rule the World is a complex book (though Smith expresses its core arguments in lively talks). It was published two years ago and its reception was not as enthusiastic as it deserves, largely because its message disappoints everyone.

The book indirectly chal-

lenges the current common wisdom by which no investment in AI is big enough, as there is a quasi-infinite potential for development. If the game is not developing general AI, but improving narrow AI, one suspects that such investments signal irrational exuberance more than careful calculation. We may be in the AI equivalent of the Dot-Com era: lots of useful applications will come out of it, but the bubble at some point

has to burst.

It also proves that the AI scare is missing the point. Narrow AI will certainly improve productivity in some areas and will displace jobs, as innovation typically does. But ChatGPT won't be the next Saul Bellow nor Perplexity the new Allan Bloom. Machines, tomorrow as today, are tools activated and programmed by humans—who own the creative part of the process. Of course, if the only thing Hollywood

screenwriters can do is recycle 1960s comic book heroes sprinkled with contemporary political correctness, they may fear AI will take their job. But machines' creativity will never top their programmers' creativity.

Such a sober account is clearly disappointing, as humans tend to divide between those who believe in miracles and those who enjoy being frightened about everything else.

# Suzanne Lenglen: The world's first global sporting celebrity

By Clare Thorp, Culture and Lifestyle Journalist



After the French Open unveiled a new roof for their court named after Suzanne Lenglen – its concertina-style design inspired by her pleated skirts – a look at the 1920s athlete who blazed a trail for modern sports stars.

As the rain lashed down in the first week of this year's French Open championship, it wasn't long before tennis fans got a look at the brand-new roof on Stade Roland Garros' Court Suzanne-Lenglen, the tournament's second biggest stadium. Featuring canvas fabric that unfolds slowly across the court like a concertina, the structure has some unusual architectural inspiration – the

famous pleated skirts once worn by the court's namesake.

Talking about the design, architect Dominique Perreault explained: "I wanted to pay tribute to tennis, but also tennis during the Suzanne Lenglen era... and the fashion of that time." Today, many spectators seated under the roof

might know little about the player who inspired it other than her name – yet a century ago, Lenglen was not only the most celebrated tennis player in the world, but one of the most famous women, too. An icon of the Jazz Age who brought a radical new style to tennis, both on and off the court, she changed sport – and



Lenglen's pleated skirts have influenced tennis fashion since, as seen in Zendaya's outfit on the Challengers promotional tour

fashion – forever.

Tennis and fashion have long had a close relationship, and tennis style is in the spotlight again – helped by Luca Guadagnino's film *Challengers*, which had Loewe creative director Jonathan Anderson as costume designer, and its star Zendaya wore a succession of tennis-inspired looks for her promotional tour. The #tenniscore aesthetic is all over TikTok, and fashion houses are snapping up players to front their campaigns.

Former on-court rivals Roger Federer and Rafa Nadal appear together in a new Louis Vuitton advert. Italian player and Australian Open champion Jannik Sinner is a brand ambassador for Gucci. Spaniard Carlos Alcaraz – who beat Novak Djokovic in last year's thrilling Wimbledon final – has appeared in Calvin Klein and Louis Vuitton campaigns. British star Emma Raducanu has a contract with Dior, while Coco Gauff graced the cover of *US Vogue* this year. But no player did more to grow the relationship between tennis and fashion than France's Suzanne Lenglen.

Born in Paris in 1899, Lenglen first picked up a tennis racket at the age of 11, and quickly showed a talent for the game. Seeing her potential, her father became not just a pushy parent, but a ruthless and demanding coach, making her practice for hours, and berating her for every mistake.

By 15, Lenglen had won the World Hardcourt Championship, but her career was curtailed by World War One. When tennis resumed in 1919, she was fully ready to make her mark – and she did it in some style. That year, aged 20, Lenglen played Wimbledon for the first time and easily made her



Lenglen was the first tennis World Number one, winning eight Grand Slam singles titles

way through to the final, where she faced 40-year-old Brit – and seven-time defending champion – Dorothea Douglass Chambers. The contrast couldn't have been starker: it was a clash of old new v new, tradition v progress, pre-war v post-war. At this point, the standard attire for female tennis players included a corset and a petticoat, but Lenglen wore neither. Instead, she stepped on to the court – in front of King George V and Queen Mary – wearing a short-sleeved pleated dress, the hemline of which fell just below her knee, exposing the top of her rolled down silk stockings as she played. It was a stark contrast to the ankle-length skirt and high-necked blouse of her opponent. Even her suntan was radical.

**When officials stopped her bringing in her hip flask, she had her father throw sugar cubes soaked in cognac from the stands instead**

"People were absolutely horrified because she clearly wasn't wearing a corset," says Elizabeth Wilson, author of *Love Game: A History of Tennis, from Victorian Pastime to Global Phenomenon*. "Her whole appearance was in complete contrast

to the Edwardian norm as it were, and people found it shocking and obscene." The press called it indecent, but soon every female player would be following her lead.

Besides, Lenglen was too busy winning to care – not only that 1919 Wimbledon final, but five of the next six as well (she withdrew from the tournament in 1924 for health reasons). Dominant barely begins to cover her achievements, with Lenglen only losing one singles match – and three sets of tennis – in seven years. She scooped Olympic gold and twice won the "triple" (singles, doubles and mixed doubles) at the French Open. So impressive was her streak it even inspired a line in Ernest Hemingway's 1926 novel *The Sun Also Rises*, in which one character "probably loved to win as much as Lenglen".

Lenglen's aggressive, physical style of play was much more akin to the male players of the time, her overhead serve then unheard of for a female player. Her acrobatic, often balletic moves were made all the easier by her outfits. She wasn't afraid to show passion and personality on the court, either. Sport-

Continued on page 26



# Studio 4 Decor



**Studio4Decor in Los Abrigos offers affordable interior design solutions to make your property stand out from the crowd. From simple, effective room re-vamps to entire property transformations, we specialise in curtains, voiles, blinds, bespoke headboards, sofas, furniture, amazing artwork and soft furnishings.**

**Our helpful team is on hand to help you achieve the look you are aiming for and to work within your budget. Please call Michael or Gill on (0034) 922 749 793 or email us at [info@studio4decor.net](mailto:info@studio4decor.net).**



0034 711 048 315

[studio4decor.com](http://studio4decor.com)

## LAS CHAFIRAS BOOK SHOP

Find us at Calle Luciano Bello Alfonso No 5 in Las Chafiras (behind Pit Team Sur)



609 714 276

10K+ books available.  
Buy 2 books, get one FREE!

## US dollar jumps as US payrolls smash expectations



**Staying on top of the latest currency news can help you time your transfers more effectively, so find out what you should be looking out for over the next couple of weeks...**

### Latest currency news

Movement in the currency market has been a little erratic over the past couple of weeks, amid political uncertainty and central bank speculation. During this period, we've

seen GBP/EUR rise from €1.17 to €1.18, while EUR/GBP slipped from £0.85 to £0.84. At the same time, GBP/USD traded between \$1.26 and \$1.28, while EUR/USD climbed to \$1.09 before retreating to \$1.07.

### What's been happening?

Trade in the US dollar has been mixed over the past couple of weeks. USD demand was weak at the end of May in response to disappointing US GDP and inflation figures. Before a hotter-than-expected

US payrolls report eased Federal Reserve interest rate cut expectations and propelled the 'greenback' higher.

Positive Eurozone data and European Central Bank (ECB) rate cut bets pulled the euro in two directions at the end of May. A hawkish rate cut from the ECB then revived EUR demand at the start of June as the bank signalled it was unlikely to pursue another cut immediately. Meanwhile, the pound has been left to tread water over the past couple of weeks amid a lull in domestic economic data and limited surprises in the UK election race.

### What do you need to look out for?

Looking ahead, the immediate focus will be on the Fed's latest interest rate decision. No policy changes are expected this week, but could some hawkish forward guidance from the bank help to

propel USD higher?

For GBP investors, the publication of the major parties' election manifestos may drive movement in the pound. With a particular focus on Labour's fiscal plans as the expected government in waiting.

Meanwhile the fallout from the European elections could infuse volatility into the euro in the coming days, particularly after French President Emmanuel Macron called snap elections.

At Currencies Direct, we're here to talk currency whenever you need us, so get in touch if you want to know more about the latest news or how it could impact your currency transfers. Since 1996, we've helped more than 430,000 customers with their currency transfers, just pop into your local Currencies Direct branch or give us a call to find out more.

+34 922 971 781

[canaries@currenciesdirect.com](mailto:canaries@currenciesdirect.com)  
[www.currenciesdirect.com](http://www.currenciesdirect.com)

Continued from page 24

ing her signature blunt bob and red lips, she sipped brandy between sets to calm her nerves. When officials stopped her bringing in her hip flask, she had her father throw sugar cubes soaked in cognac from the stands instead. "Her success, her style, and her charismatic persona arrived at a point when people were craving a distraction from their lives and the state of the world," says artist and illustrator Tom Humberstone, who was so captivated by Lenglen's story he based his first graphic novel, *Suzanne*, on her life.

The French press – delighted to have something to celebrate after the war – called her *Notre Suzanne* (our Suzanne) and, famously, *La Divine* (The Goddess). Lenglen had box-office appeal – the popularity of her matches was one of the reasons Wimbledon moved to a larger venue in 1922 – and brought a legion of new fans to the game. "Suzanne made women's tennis undeniable," Humberstone tells the BBC. "She was the biggest name in tennis at the time and arguably the biggest name in sport."

#### Winning in style

But it was her fashion that was most revolutionary of all. "The fact that women were playing in tight-fitting whalebone corsets hampered their ability to play freely, and was detrimental to their health,"



After Williams wore a catsuit at the French Open, French Tennis Federation President Bernard Giudicelli said that Roland Garros would introduce a dress code

says Humberstone. "By eschewing the corset in favour of free-flowing, androgynous dresses, she made it possible for women to play the sport with freedom – while also paving the way for the 1920s flapper aesthetic." Lenglen's trademark sleeveless dresses were the work of French designer Jean Patou, then a rival of Coco Chanel, who turned the tennis star into his muse. It certainly paid off – between 1919 and 1924, the fashion house's revenue increased thirtyfold. According to the Patou website, the designer wanted to "free women from the restrictive clothing imposed on them".

The simple, loose designs that Lenglen wore on the court weren't that different from those she wore off it, reflecting a blurring of the boundaries between sportswear and fashion. Lenglen appeared in a 1926 fashion shoot for *Vogue*, with the maga-

zine writing: "her Jean Patou sports costumes are correct and chic on the court and after the game". Everyone wanted a piece of Lenglen's style. "There would be cut-out dress patterns in the *Daily Mirror*," says Wilson. "So she really was influential in that way."

As well as the dresses and, later, the famous pleated skirts, Lenglen was known for wearing pastel-coloured cardigans during the pre-match warm-up, as well as white unisex canvas sneakers and her signature headband, often adorned with a diamond pin, dubbed the Lenglen bandeau. She'd frequently arrive to her matches wearing an ermine fur coat or stole. At a time when women were starting to flout societal expectations and norms, the bold and independent Lenglen became a poster girl not only for a new way of dressing, but for a different kind of life. "She wasn't genteel," Wilson tells the

BBC. "She was this extraordinary person who wasn't married and didn't have children, who just played tennis all the time and flaunted about being famous and going to balls and dinners and all the rest of it. So in a way she was an outlier."

**Lenglen mixed with European royalty and Hollywood stars but commanded just as much, if not more, attention as any of them**

Sport took on a new importance after the war. "It got imbued with all these ideas of heroism, strength and courage," says Wilson. With the rise of sport as entertainment, the biggest athletes found themselves on the front as well as the back pages. "Before Lenglen, the concept of sporting celebrities didn't really exist," says Humberstone. "She came along at the nexus point where sport started to explode in popularity after the first World War, and a large part of that was Suzanne herself. She was at the centre of this sea change."

Lenglen mixed with European royalty and Hollywood stars but commanded just as much, if not more, attention as any of them. In 1926, a contest in Cannes against rising US star Helen Wills – seen as her biggest rival, even though they'd never played each other before – was dubbed the Match of the Century, with tickets changing hands for extortionate prices, and

those unable to get inside the venue climbing nearby trees to get a glimpse of the action. Lenglen, once again, triumphed. If Lenglen were playing today, her success on court would translate to tens of millions in prize money. As it was, tennis was then still an amateur sport, with those who chose to earn money from it barred from most major tournaments, including Wimbledon. In 1926, Lenglen – who hit out at the elitism of an amateurs-only rule that favoured the wealthy – decided to turn professional and embark on a lucrative US tour, calling the move "an escape from bondage and slavery". In fact, cast out from prestigious events and widely criticised for her decision, it was the beginning of the end of her career. It also meant she never competed at Stade Roland Garros, which only became the site for the French tournament in 1928.

In the 1930s she worked in a fashion store and later as the director of a French tennis school, but aged 39, she died suddenly of pernicious anaemia, three weeks after falling ill. Today, as well as both a court and a walkway named in her honour, a statue of Lenglen stands in the grounds of Roland Garros, and the women's singles trophy is known as the Coupe Suzanne Lenglen.

"On the court, I think it's hard to overstate what she did for bringing attention to the women's game," says Humberstone. As for fashion, Suzanne made the

tennis court the new catwalk. "The athletic wear of one week would become the formal wear of the next." The glamour of Lenglen's era feels long-gone. Luxury fashion houses might be dressing players off-court, but sponsorship deals with big sportswear brands means they arrive for matches wearing logo-ed hoodies, rather than fur coats. Players with the same sponsor can even end up in exactly the same outfit, making it hard for viewers to distinguish who they're watching – never an issue with The Goddess.

But Lenglen's spirit can still be felt every time a player feels inspired to push the boundaries and express themselves on court. "We just have to look at the controversy over Serena Williams's catsuit [Williams was banned from wearing her black superhero-style outfit at future French Open tournaments after appearing in it during the 2018 French Open] to find parallels to the sort of controversy that Lenglen's revolutionary fashion choices would provoke," says Humberstone.

Lenglen's lasting impact on the game – from changing the way women dressed and how aggressively they played to putting women's tennis in the spotlight and paving the way for female sport superstars – is undeniable. As Humberstone says: "All of the things we take for granted about modern sports stars, we can trace back to Suzanne Lenglen."



Concrete is perhaps the most commonly used building material in the world.

With a bit of tweaking, it could help to power our

homes too.

On a laboratory bench in Cambridge, Massachusetts, a stack of polished cylinders of black-coloured concrete sit bathed in liquid and entwined in cables. To a casual observer, they aren't doing much.

## The cement that could turn your house into a giant battery

By Tom Ough

But then Damian Stefaniuk flicks a switch. The blocks of human-made rock are wired up to an LED – and the bulb flickers into life. "At first I didn't believe it," says Stefaniuk, describing the first time the LED lit up. "I thought that I hadn't disconnected the external power source, and that was why the LED was on. "It was a wonderful day. We invited students, and I invited professors to see, because at first they didn't believe that it worked either."

The reason for the excitement? This innocuous, dark

lump of concrete could represent the future of energy storage.

The promise of most renewable energy sources is that of endless clean power, bestowed on us by the Sun, wind and sea. Yet the Sun isn't always shining, the wind isn't always blowing, and still waters do not, in megawatt terms, run deep. These are energy sources that are intermittent, which, in our energy-hungry modern world, poses a problem. It means that we need to store that energy in batteries. But

batteries rely on materials such as lithium, which is in far shorter supply than is likely to be needed to meet the demand created by the world's quest to decarbonise its energy and transport systems. There are 101 lithium mines in the world, and economic analysts are pessimistic about the ability of these mines to keep up with growing global demand. Environmental analysts note that lithium mining uses a lot of energy and water, which nibble away at the environmental benefits of switching to renewable

energy sources in the first place. The processes involved in extracting lithium can also sometimes lead to toxic chemicals leaking into local water supplies.

Despite some new discoveries of lithium reserves, the finite supply of this material, the over-reliance on just a handful of mines around the world and its environmental impact have driven the search for alternative battery materials. This is where Stefaniuk and his concrete come in. He and his colleagues

Continued on page 28



Bank of Spain  
registration No. 6716

# Sending money to or from Spain?

We're fully authorised as an e-money firm to operate in Spain and guarantee no receiving charges in any Spanish bank - giving you peace of mind and making your money go further.

Trust us with your transfers and benefit from great exchange rates, award-winning service and 24/7 payments.

**NO RECEIVING CHARGES**  
in any Spanish bank!



## Let's talk currency Tenerife

Calle Oregon 5, Residencial los Seres,  
Local 6, Los Cristianos,  
Arona, Tenerife, 38650

canaries@currenciesdirect.com  
+34 922 971 781

Find out more at [currenciesdirect.com](http://currenciesdirect.com)

© Currencies Direct Ltd, One Canada Square, Canary Wharf, London E14 5AA, United Kingdom. Registered in England & Wales, No.: 03041197. Currencies Direct Ltd is authorised by the Financial Conduct Authority as an Electronic Money Institution under the Electronic Money Regulations 2011. Our FCA Firm Reference number is 900669.

Our EU services are provided by Currencies Direct Spain.

© Currencies Direct Spain, E.D.E., S.L., Avenida del Mediterráneo, 341, 04638 Mojácar, Almería, Spain. Registered in the Commercial Registry of Almería under the Spanish tax ID number B04897930. Currencies Direct Spain, E.D.E., S.L. is authorised by the Bank of Spain as an Electronic Money Institution under Law 21/2011 of 26 July and Royal Decree 778/2012 of 4 May. Our registration number with the Bank of Spain is 6716.



Continued from page 26

at Massachusetts Institute of Technology (MIT) have found a way of creating an energy storage device known as a supercapacitor from three basic, cheap materials – water, cement and a soot-like substance called carbon black.

Supercapacitors are highly efficient at storing energy but differ from batteries in some important ways. They can charge much more quickly than a lithium ion battery and don't suffer from the same levels of degradation in performance. But supercapacitors also release the power they store rapidly, making them less useful in devices such as mobile phones, laptops or electric cars where a steady supply of energy is needed over an extended period of time.

Yet according to Stefaniuk, carbon-cement supercapacitors could make an important contribution to efforts to decarbonise the global economy. "If it can be scaled up, the technology can help solve an important issue – the storing of renewable energy," he

says. He and his fellow researchers at MIT and Harvard University's Wyss Institute for Biologically Inspired Engineering, envisage several applications for their supercapacitors.

One might be to create roads that store solar energy and then release it to recharge electric cars wirelessly as they drive along a road. The rapid release of energy from the carbon-cement supercapacitor would allow vehicles to get a rapid boost to their batteries. Another would be as energy-storing foundations of houses – "to have walls, or foundations, or columns, that are active not only in supporting a structure, but also in that energy is stored inside them", says Stefaniuk. But it is still early days. For now, the concrete supercapacitor can store a little under 300 watt-hours per cubic metre – enough to power a 10-watt LED lightbulb for 30 hours.

The power output "may seem low compared to conventional batteries, [but] a foundation with 30-40 cubic metres (1,060-1,410 cubic feet) of concrete could be

sufficient to meet the daily energy needs of a residential house", says Stefaniuk. "Given the widespread use of concrete globally, this material has the potential to be highly competitive and useful in energy storage."

#### Cement production is responsible for 5-8% of carbon dioxide emissions from human activity globally

Stefaniuk and his colleagues at MIT initially proved the concept by creating cent-sized 1V supercapacitors from the material before connecting together in series to power a 3V LED. They have since scaled this up to produce a 12V supercapacitor. Stefaniuk has also been able to use larger versions of the supercapacitor to power a handheld games console. And the research team are now planning to build larger versions, including one up to 45 cubic metres (1,590 cubic feet) in size that would be able to store around 10kWh of energy needed to power a house for a day. The supercapacitor works due to an unusual property of carbon black – it is highly conductive. This means that when carbon black is combined with cement powder and water, it makes for a kind of concrete that is full of networks of conductive material, taking a form that resembles ever-branching, tiny roots.

Capacitors are formed of two conductive plates with a membrane in between them. In this case, both plates are made of the carbon black cement, which were soaked in an electrolyte salt called potassium chloride. When an elec-



The researchers at MIT are working on scaling up their carbon cement supercapacitor so it can be used in a number of different applications

tric current was applied to the salt-soaked plates, the positively-charged plates accumulated negatively charged ions from the potassium chloride. And because the membrane prevented charged ions from being exchanged between the plates, the separation of charges created an electric field. As supercapacitors can accumulate large amounts of charge very quickly, it could make the devices useful for storing excess energy produced by intermittent renewable sources such as the wind and solar. This would take the pressure off the grid at times when the wind is not blowing, nor the Sun shining. As Stefaniuk says, "A simple example would be an off-grid house powered by solar panels: using solar energy directly during the day and the energy stored in, for example, the foundations during the night."

Supercapacitors are not perfect. Existing iterations discharge power quickly, and are not ideal for steady output, which would be needed to power a house throughout the day. Stefa-

niuk says he and his colleagues are working on a solution that would allow their carbon-cement version to be tuned by adjusting the mixture, but they will not disclose the details until they have finalised the tests and published a paper.

There could be other issues to overcome too – adding more carbon black allows the resulting supercapacitor to store more energy, but it also makes the concrete slightly weaker too. The researchers say any uses that have a structural role to play as well as energy storage would need to find an optimum mix of carbon black. And while carbon-cement supercapacitors could help to reduce our reliance on lithium, they come with their own environmental impact. Cement production is responsible for 5-8% of carbon dioxide emissions from human activity globally, and the carbon-cement needed for the supercapacitors would need to be freshly made rather than retrofitted in existing structures.

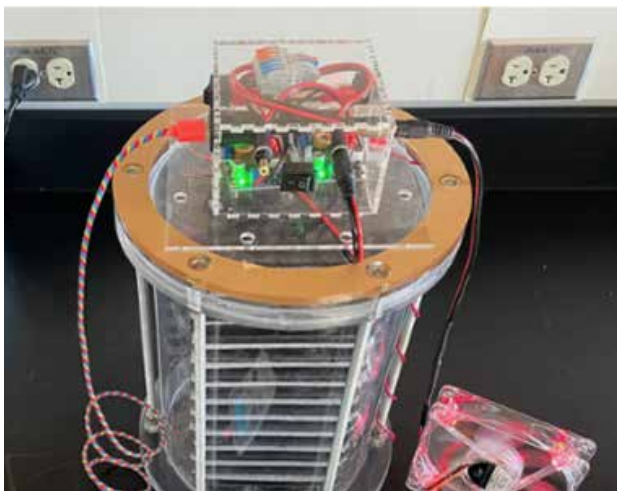
Nevertheless, it seems to be a promising innova-

tion, says Michael Short, who leads the Centre for Sustainable Engineering at Teesside University in the UK. The research "opens many interesting potential avenues around the use of the built environment itself as an energy storage medium", he says. "As the materials are also commonplace and the manufacture relatively straightforward, this gives a great indication that this approach should be investigated further and could potentially be a very useful part of the transition to a cleaner, more sustainable future."

But more research will be needed to move this from the laboratory into the real world. "Often, new discoveries are problematic when considerations are made to move from lab or bench scale to wider deployment at larger scales and volumes. This can be due to manufacturing complexities, resource scarcities, or sometimes due to the underlying physics or chemistry. Desirable properties occurring at smaller scales may reduce or even vanish when attempts are made to make it larger."

But there may be a way of overcoming the problem of environmentally-unfriendly cement, adds Short. His colleagues at Teesside University are already working on low-emissions cement that is made from the by-products of the steel and chemical industries.

Projects such as low-emissions cement and energy-storing concrete raise the prospect of a future where our offices, roads and homes play a significant part in a world powered by clean energy.



Damian Stefaniuk has been able to use a carbon cement supercapacitor to power a handheld gaming device

## Find thousands more properties on thetenerifepropertyguide.com





## Tenerife Insurance Services SL

Cars, Houses, Life, Health, Dental, Funerals, Travel, Boats, Business Premises, Communities, Bars & Restaurants, Savings & Investments and more.....

Tel: 922-735-672

Do you have a CAR or HOUSE policy

due SEPTEMBER – DECEMBER 2024?

Let us give you a **FREE QUOTE**

3 months before it is due

And **GET 50€ OFF**

No minimum premium required!



Terms & Conditions apply

[https:// www.tenerifeinsurance.biz](https://www.tenerifeinsurance.biz)

e-mail: [info@tenerifeinsurance.biz](mailto:info@tenerifeinsurance.biz)

Calle Clara Toledo Gómez, Local A, LAS CHAFIRAS, 38639, San Miguel de Abona

# 1984: How did the Isle of Jura help shape Orwell's masterpiece?

By Craig Williams and Chris Diamond, BBC Scotland News



George Orwell - his most famous work *Nineteen Eighty-Four* celebrates 75 years in print on Saturday

George Orwell's *Nineteen Eighty-Four* was published 75 years ago.

It is the story of Winston Smith, an obedient citizen in an oppressive future state who slowly rebels against the system. The book is a powerful study of totalitarianism and its effect on the individual. It takes place in a future world of war, poverty, rationing and absolute state control. Every action, word and even thought is monitored and controlled by the leader, 'Big Brother', and 'The Party'. It was written in a world ripped apart by fascism and against the backdrop of the early days of the Cold War and the spread of communism.

The novel is set in a part of Britain re-imagined as Airstrip One, in a state called Oceania. It is a rainy, filthy place, crumbling and battered, and almost entirely devoid of colour, warmth or comfort. But it was written in an isolated

and beautiful corner of the Isle of Jura as the author, afflicted by the tuberculosis which would soon kill him, sought to escape the noise, smog and damp of London, and get his warning to the world completed before he ran out of time.

Richard Blair turned 80 in May. A retired businessman, he has spent the past few decades minding the legacy of his father, Eric Arthur Blair - known to readers the world over as George Orwell. Rich-

ard was adopted by Orwell in 1944. His new mother died little less than a year later, leaving father and infant son alone together. In the years following the end of the war in 1945, Orwell - finally well-off from the success of his novel *Animal Farm* after years of poverty - looked after Richard with the help of his family and a housekeeper.

But after a visit to Jura in September 1945, he began planning to move there. He returned to the island repeatedly over the



Barnhill became home to Orwell and his family in 1947

ard was adopted by Orwell and his first wife Eileen O'Shaughnessy just weeks after he was born in

coming two years, bringing with him his extended family including his sister Avril and her partner. He final-

ly fulfilled his wish to decamp to the island full time in April 1947.

The house they rented, Barnhill, sits in the north of the island. It was barely habitable. Shabby, damp, cold and alone at the end of more than four miles of single track path. Yet Richard has nothing but happy memories of his time there. His father was pleased with the move, too. "It was a nice house. A bit rough and ready, but for him it was a lovely place to go to. Remote, certainly. It was, as he described it to friends, a 'most un-get-at-able place,'" he says. Richard credits his aunt with making the place habitable. "Without her it would have been very difficult for my father to have survived properly. She was very practical and a good home-maker. So she got the house comfortable. As



Barnhill stands in the north of Jura, miles from the main road

warm as one could expect it to be made."

Much has been made of the often harsh Hebridean climate and whether Jura was the best place for a man suffering from tuberculosis. It has even been suggested that living there in such spartan circumstances may have contributed to the grim tone of *Nineteen Eighty-Four*. Journalist Alex Massie, who is a regular visitor to the island, is sceptical. "Orwell's decision to live in the Hebrides - a long, long way away from London at a time when he was suffering from poor health - has created this vision of the sort of doomed novelist writing himself to death at the end of the world," he says. "That is a very romantic vision obviously, but it's not one that bears very much scrutiny. In certain respects Jura was a healthier place to live than London. And so it was not some sort of mad or suicidal sojourn. "It happened to be Jura that he went to, but almost anywhere that was isolated and rural would have sufficed be-



Richard Blair has fond memories of his time on Jura

cause what he wanted was peace."

That certainly corresponds with Richard's memories. "I loved it. It's a wonderful island and for a kid it was just total freedom. Unlike London, on Jura you could just open the back door and off you went. There were thousands of acres of land you could walk over," he says. While the young Richard was enjoying the scenery

and lumps of venison that came from the estate from time to time. "From that point of view we lived extremely well, if simply," he says.

Orwell continued writing, though his health was deteriorating. At the end of 1947 he was hospitalised at the sanatorium in Hairmyres Hospital, then in the countryside outside Glasgow, but now in the new town East Kilbride. When he returned to Jura in the summer of 1948 he was only just well enough to work on the book for which he would become most celebrated. He completed it just before Christmas and the Blair clan left Barnhill for the final time in January 1949. *Nineteen Eighty-Four* was published five months later. The following January, Orwell died after an artery burst in his lungs. He was 46.

*Nineteen Eighty-Four* is a book whose reputation has grown and grown. Controversial from the moment it was published, it was unpopular with many on the left who were unhappy with what they saw as an attack on communism. But it sold and kept selling. An ac-



The BBC adapted the novel to acclaim in 1954

just started. "Once he had established the garden, so he was growing vegetables, that was obviously of paramount importance for food. Because obviously it was the days of rationing and getting food was really difficult. "We actually had a very good lifestyle. We had access to fish, to lobsters, to crabs. We had access to meat in the form of rabbits

claimed BBC production in 1954 brought it to a wider audience, and it gradually made its way onto college and school courses around the world. It has now sold more than 8 million copies, been adapted many times for stage and screen, and, in what can be seen as the ultimate measure of its power, was banned in the

Continued on page 32



The Paps of Jura are the starkly beautiful Hebridean island's most distinctive feature



## Tenerife Insurance Services SL



### FUNERAL PLANS



### Cremation/Burial

It often comes as a welcome relief to all, to have a plan. A plan provides peace of mind for you and family members, they know your wishes are being respected and they can focus on having a meaningful celebration of your life. You choose, a burial or cremation, a large open ceremony or a close and more personal event.

A pre-paid plan lets you pay for your funeral in advance, saving your family stress and expense when you die. In Spain the funeral is done in a few days, unlike in the UK and other countries where the service can take many weeks to organise. These plans can be paid over a period of time or in full when the policy is taken out. Alternatively, when under 70 years of age you can pay for a plan that increases each year as you get older. This way you don't need to find a lump sum to pay for the policy.

Other advantages of having a plan – With everything paid for, there is no language barrier, the funeral service is paid for directly by the company, once they are made aware of your passing, plus these plans pay out much quicker than if you are waiting for an advance from a Life Policy.

Give us a call to discuss your requirement and the options available – we are here to help.

#### Payment Plan Options :-

- Pre-paid Single Premium policy – for 70+ year olds
- Annual Premium that increases with age, until 70
- Premium that changes every 5 years, until 70

#### Standard & Optional Covers

- Funeral Planning Service
- Repatriation
- Advice on drafting a will
- Erasure of digital signature  
Social media, e-mails etc.
- Worldwide travel Assistance – Accident & Dental cover



QUIERO CUIDARME MÁS – APP: offers a wide variety of services

[https:// www.tenerifeinsurance.biz](https://www.tenerifeinsurance.biz)

Tel: 922-735-672

e-mail: [info@tenerifeinsurance.biz](mailto:info@tenerifeinsurance.biz)



APP for mobile  
and laptop  
NOW AVAILABLE!

*...looking after your Digital World!*

- Great OFFERS on Fast Internet connection (English and Spanish +)
- Great Mobile Phone deals (agents of Lobster Mobile)
- Top quality TV programmes/series from around the world
- Excellent local support (English and Spanish +)

Call us on  
**922 736 728**  
quoting: TPG

WATCH LIVE UK TV NOW

W: [act-tenerife.com](http://act-tenerife.com) Mon/Fri: 9AM - 5PM

Continued from page 30

Soviet Union until 1988.

But as the book reaches its 75th anniversary, its greatest influence may be in how it changed the way we speak and think. In that way, it has come to mirror the very themes the book explores. "Big Brother", "Groupthink", "Thought Police", "Thought Crime", "Room 101", even the description "Orwellian". The book has left us with a rich legacy of words and ideas to describe the power of the state, totalitarianism, the role of technology and what it is to live in a surveillance culture.

For writer and film critic Hannah McGill, much



*Nineteen Eighty-Four has been adapted for both stage and screen*

of its power comes from its predictions. "Sometimes I do think you get a sort of miracle of prescience with a certain piece of work, where it happens to hone in on a few ideas that prove to just really predict the preoccupations of the coming age," she

says. "One thing that the book predicted correctly is that we now live in a society far, far more dominated by technology in ways that Orwell could not imagine, because nobody could. "You only have to look at the role of the telescreen in *Nineteen Eighty-Four*

and the fact that you now have this medium which is entertainment, propaganda, advertising and surveillance all at the same time."

For Alex Massie, the book's influence goes way beyond its success as an imaginative work. He says: "It's a book that many people think they know a lot about even if they haven't actually read it and that's quite unusual. "And what makes *Nineteen Eighty-Four* quite distinct and a monumental achievement in certain ways is that you can have strong views about it without having read it." For Richard, his father's greatest work remains prescient for the



*Orwell's image remains a potent symbol of protest today*

warnings it gives us about the world we continue to live in. For him, it remains relevant in the age of spin and modern technology. "Any sort of situation where you are being fed disinformation, which can come from either left or

right, which can come from whatever organisation wants to put it out there. "They want to guide you down the path they want to take you. And I would suggest that is what has become 'Orwellian'".

## Why MPs love to hate the register of interests

By Dr Seth Alexander Thévoz, parliamentary historian



*Houses of Parliament, Westminster*

The register of members' interests for the House of Commons turns 50 today.

Few MPs will be celebrating. Politicians have long shuddered over a document that provides fertile ground for journalists from which to dig out stories. The register – and the declarations within it – have cost more than a few MPs their careers. Plenty of other MPs and even PMs have come a cropper as a result of what is, and isn't, in the register: Rishi Sunak is just one of the more high-profile figures to end up in hot water after being accused of failing

to fill the register out fully.

While politicians dislike the register, its existence is good news for the rest of us. It's easy to take it for granted that those we elect to represent us in parliament should declare their interests, but things haven't always been this way. Plenty of other MPs and even PMs have come a cropper as a result of what is, and isn't, in the register

For centuries, 'parliamentary sovereignty' reigned supreme. In practice, this often meant that parliament stood wholly unaccountable – even to the voters – for there was no 'need to know' whether MPs were taking shareholder dividends from arms dealers, or wholly supported by trade unions. When-

ever this was queried, MPs could claim 'parliamentary privilege', then as now an elastic term.

Into this cozy scene came an outsider: the journalist Andrew Roth. A refugee from the McCarthyite witch-hunts in the United States, Roth's background was in naval intelligence, and he was a keen amateur psychologist. Working as a parliamentary correspondent, in 1953 he couldn't work out why the Labour MP Richard Stokes took such a strong pro-Arab line when his party colleagues were mostly pro-Israeli. Eventually, he realised that Stokes' company directorship, selling oil pipelines across Arab countries, was just one example of a plethora of MPs'

undeclared company directorships, shareholdings and sponsorships.

With little press interest in covering these, Roth privately published his own register: the first edition of *The Business Background of MPs* launched in 1957, the proofs literally cut-and-pasted together on a typewriter. Subsequent parliaments would see new editions published. When Roth had difficulties with libel threats, friendly MPs like Philip Noel-Baker and Willie Hamilton would read out excerpts on the floor of the Commons – protecting the contents under parliamentary privilege.

While Roth pressed for an official register, the issue was dismissed as a crackpot scheme. This changed with the scandal of the architect John Poulson in the early 1970s, and the revelation that his corrupt practice had kept 'tame' politicians on its payroll, from the Labour council leader T. Dan Smith to the Conservative home secretary Reginald Maudling. 'It's just a few bad apples' gave way to 'something must be done'.

The register of members' interests, long campaigned for, owes its existence to the unique circumstances of the hung parliament of March to September 1974. The incoming Labour government lacked a majority and was looking for 'quick wins' involving no public expenditure – and preferably which would disproportionately embarrass Conservative MPs, who were much more likely to hold company directorships.

Many of the issues debated in 1974 remain surprisingly topical. MPs were

divided between those like Peter Shore, who insisted that MPs' financial affairs were a private matter, and those like Brian Walden, who insisted that MPs should have nothing to hide.

Yet the fateful resolution of the House of 22 May 1974 that brought the register into existence was not the end of the matter. MPs tried to have the register strangled at birth. Resistance to filling out the mandatory new forms led to the first register not being compiled until 1975. Subsequent editions of the register were blocked for another five years, by the improbable alliance of Michael Foot and Enoch Powell. They were united in leading backbench rebellions, claiming parliamentary sovereignty extended to MPs' financial affairs – even after the House had decreed otherwise.

MPs like Neil Hamilton joked about properly declaring a biscuit Margaret Thatcher's government resurrected the moribund register in 1980. However, this resuscitation came at a cost. Categories were watered down, alongside their enforcement. There is a direct parallel here to another innovation of the first half of the 1970s, the parliamentary expenses regime, and how MPs in the 1980s were told to 'spend it, boys' as a perk of the job. Here, too, there was no mechanism for enforcement.

By the late 1980s, the register had become something of a joke, with reams of undeclared financial interests: Roth's 1988 revelation that the lobbyist Ian

Greer was paying a stable of 'tame' MPs like Sir Michael Grylls, who weren't declaring these payments, foreshadowed the 'cash for questions' scandal of the early 1990s. By the time of the Major government, a string of financial scandals stood testament to the emasculation of the register. All the while, MPs like Neil Hamilton joked about properly declaring a biscuit.

What salvaged the register was John Major convening the committee on standards in public life in 1994, and Lord Nolan's *Seven Principles of Public Life*, released in the committee's first annual report the following year. The late 1990s saw a range of public institutions, including the civil service and the House of Lords, instigate far-reaching rule changes that were all aimed at embedding those seven principles. This included introducing the House of Commons' first enforcement mechanisms, with the 1995 establishment of a parliamentary commissioner for standards. Rules were still flouted – Ted Heath continued to refuse to properly disclose payments from Chinese state-owned companies – but a formal mechanism existed to hold him to account.

The New Labour years saw fresh challenges. On the one hand, there was a broad consensus that the Nolan regime offered the best hope for moving on from the scandals of the Major years. On the other, this came with an assumption that such rules were only for Tories to observe,

Continued on page 34



**If you are selling your property in Spain and moving overseas, you could save money through our repatriation service.**

We understand that navigating the currency markets can be difficult, especially when you are busy making preparations to move to a different country. That's why our expert team are on hand to provide you with as smooth an experience as possible for your cross-border international payments. We offer great rates and you could also save money on typical Spanish bank charges through our local draft deposit service.

We've been dealing in foreign exchange since 1979 and know what we are doing. So we could help to look after your currency, whilst you focus on other practicalities.

Speak to your local moneycorp representative to discuss how you may benefit from our tailored service.

To open your free international payments account, call the team today on **+34 952587657**.  
Please quote **The Tenerife Property Guide**.  
Alternatively, for more information, please email **costadelsoloffice@moneycorp.com**

Moneycorp Technologies Limited (company number 612120) is registered in Ireland. Moneycorp is a trading name of Moneycorp Technologies Limited which is authorised by the Central Bank of Ireland under the European Communities (Electronic Money) Regulations 2011 for the provision of Electronic Money and Payment services and with the Central Bank of Ireland for the provision of designated investment business under European Union (Markets in Financial Instruments) Regulations 2017 (firm reference number C184118).

moneycorp 



[www.moneycorp.com](http://www.moneycorp.com)

**LAS CHAFIRAS BOOK SHOP**



Find us at Calle Luciano Bello Alfonso No 5 in Las Chafiras (behind Pit Team Sur)

**10K+ books available.**  
**Buy 2 books, get one FREE!**

Spanish and English Lawyers

Conveyancing · Inheritance & Wills  
Family Law · Criminal Law  
Civil Litigation & Personal Injury  
Timeshare · Tax & Commercial law

**De Cotta Law**

T: 922 719 520

E: [tenerife@decottalaw.net](mailto:tenerife@decottalaw.net)

C. C. Terranova, Av. de España s/n, Locales 312 y 313

38660 San Eugenio Costa Adeje . Tenerife

[www.decottalaw.com](http://www.decottalaw.com)

Continued from page 32 and a string of Labour MPs fell foul of the commissioner's rulings. This was further complicated by the piecemeal nature of Nolan

reforms for parliamentarians and ministers, leading to a 'twin track' of separate rules, and ministers arguing – with some success – that they should be exempt

from both sets.

Recent years have seen a sustained assault waged on compliance with the rules, and the damage wrought under Boris Johnson's premiership has yet

to be fully processed. The Owen Paterson case – in which the Tory MP was accused of breaking lobbying rules, something he denied – saw an attempt by MPs to retrospectively rewrite

the rules. Some saw this as a bid by politicians to let off one of their own. If so, it failed: the backlash was swift. Paterson – and Boris Johnson, who had attempted to defend his Tory

colleague – paid a heavy price. Time will tell whether that was a turning point for the future of the register of members' interests.

# What happens when you take too much caffeine

By Jessica Brown, Freelance Journalist, for BBC Future



Caffeine is an active ingredient in some of the world's favourite drinks and has a powerful effect on humans. What happens if you take too much?

It is there naturally in your morning coffee and cup of tea or added to your favourite energy drink and many popular soft drinks. For many of us, a slug of caffeine can give our bodies and brains a much needed boost if we are feeling a little sluggish. But recently, a brand of lemonade on sale in the US was discontinued amid accusations its caffeine content was dangerously high, despite reportedly being within the country's recommended daily intake of caffeine for adults. It has

raised questions about just how much caffeine is too much, and does it matter where we get it from? While there's a vast number of studies showing that some caffeinated drinks have health benefits, there's still some uncertainty around how we should be consuming it.

## How caffeine affects the body

There are many crucial functions at play in our bodies all the time, including heart rate, blood flow and sleep-wake cycles. Many of these affected by adenosine – a chemical that occurs naturally in your body, and whose job it is to make us tired at the end of the day. "Adenosine is one of the naturally produced substances in the body to cause a quieting of activity in various organs

that are under stress or in need of lowering energy demand," says Kenneth Jacobson, chief of the molecular recognition section at the National Institute of Diabetes and Digestive and Kidney Diseases in the US. Adenosine receptors are found on the outer surface of many cells in the body, he says, and they react to variable levels of adenosine near the cell to send a command inside the cell to lower its level of activity. This promotes sleep in the heart, kidneys, immune system and other tissues. When we consume caffeine, it's quickly absorbed into our bloodstream, where it out-competes adenosine by preventing it from connecting to these receptors and doing its job. This is why consuming caffeine can make us feel more awake and alert.

Caffeine can also boost levels of other neurotransmitters like dopamine and adrenaline, which can make you feel more stimulated, says Damian Bailey, professor of physiology at the University of South Wales in the UK. "The brain is like a big muscle," Bailey says. "It needs to perform things, and dopamine, adrenaline and caf-

feine all stimulate it."

## Health benefits of caffeine

There's a huge body of evidence around caffeine's effects on our health – particularly coffee, since this is one of the biggest contributors of caffeine in the diets of most populations. An umbrella review analysing more than 200 meta-analyses in 2017 found that drinking three to four cups of coffee a day was more often linked to health benefits rather than harm, and that studies finding harmful associations could be explained by the higher proportion of coffee drinkers that also smoke. However, one area where things may get a bit nuanced is heart health. One population study of almost 19,000 people found that, while drinking more than two cups of coffee a day was

ateur cyclists found it can improve physical performance by up to 1.7%. Caffeine has also been associated with a decreased risk of several forms of cancer, heart disease and type 2 diabetes. Coffee – but not tea – has consistently been found to protect against depression, and there's also evidence that adenosine's antagonists, including caffeine, that block adenosine receptors, are beneficial for the ageing brain, says Jacobson. "Caffeine itself, and other more potent, synthetic caffeine-like molecules, have been studied clinically and shown to be beneficial in humans with neurodegenerative diseases, including Alzheimer's dementia," he says.

In fact, research has associated caffeine consumption with up to a 60% reduced risk of developing Alzheimer's. One explana-

tion for this is that caffeine improves blood flow to the brain, says Bailey. The brain burns a huge amount of fuel, he says – despite only weighing around 2% of our body weight, it accounts for more than a quarter of our body's entire energy requirements. "But while caffeine's ability to increase blood flow to the brain is a good thing, this can also trigger headaches, so caffeine is a risk factor for migraine sufferers," he says.

While coffee is best known for its caffeinated properties, tea is a strong contender, too. "Strongly brewed black and green tea can pack quite a punch as far as caffeine is concerned," says Bailey.

There are potential health benefits to replacing some coffee with tea was better than drinking just coffee

One study that followed more than half a million coffee drinkers over two decades found that people who drank filtered coffee – which involves brewing coffee more slowly through a filter – had lower rates of arterial disease and death compared to



Research has shown that people who consume filtered coffee had lower rates of arterial disease

linked to a higher risk of death from heart disease among people who already had high blood pressure, this wasn't the case among those with healthy blood pressure.

## Coffee – but not tea – has been consistently found to protect against depression

And in a review of evidence, scientists say that, while moderate coffee consumption can lower the risk of death, high blood pressure and heart failure, there was no clear effect found on coronary heart disease risk. Studies show that coffee can also have an effect on how well we exercise. One study of am-

tion for this is that caffeine improves blood flow to the brain, says Bailey. The brain burns a huge amount of fuel, he says – despite only weighing around 2% of our body weight, it accounts for more than a quarter of our body's entire energy requirements. "But while caffeine's ability to increase blood flow to the brain is a good thing, this can also trigger headaches, so caffeine is a risk factor for migraine sufferers," he says.

## What does coffee do to your body?

Coffee has also been associated with healthy compositions of gut microbes, partly thanks to the bioactive polyphenol and alkaloid compounds – of which caffeine is one – it con-

Continued on page 36



Coffee is the world's most popular drink, but a typical dose of caffeine varies widely

**Hot Spring Spas  
Titanium Heat Pumps  
Pool Covers and Rollers  
Saunas**



**Designed by BMW Group  
Design Works USA.**



**Aqualux Pools and Spas**  
Calle Daniel Feo Feo, Nave 5, Las Chafiras, Tenerife  
Tel: 922 736 944 / Mob: 619 781 924  
www.aqualuxspas.eu  
Email: aqualuxtenerife@gmail.com

# MOTORWORLD

## POST-PURCHASE EXTRAS

I'm sure that everyone finds, sometimes, after finding the car of our dreams there just 'something' missing?

This could be reversing beepers, a camera to assist us when parking, parking sensors, or perhaps a better radio that has Bluetooth ..... the list really is endless.

Often, we hesitate asking the garage if any of these things are possible, or maybe we just think they would be too expensive?

Here we are going to look at what options are available here in Tenerife, which will not be as

comprehensive a list as it would be in the UK, but, nonetheless, they are available.

### **Parking sensors**

With these fitted a car 'senses' its surroundings and makes them the most widely used of the new car technologies. The sensors are mounted on the bumpers, and they detect the distance of obstacles (e.g. posts, other vehicles, even shopping trolleys!) from the extremities of the car, and deliver an audible beep which gradually becomes louder the closer you get. Some systems are now combined with an in-car screen showing which part of the car is closest to the object, al-

lowing for a safer, more accurate manoeuvre. It's generally possible to fit these sensors to most cars/vans helping avoid unnecessary bumps and scratches to your vehicle.°

### **Reversing/360° cameras**

These are a step-up from parking sensors, with some vehicles now featuring a rear-facing camera - mounted high and pointing slightly downward, showing obstacles far more clearly than the rear-view mirror can. These gadgets use a wide-angle lens to give you a broad field-of-view to the rear of the car, with images relayed to the driver, usu-

ally by a screen mounted in the dashboard, and often feature guidelines which show the direction of the car based on the current steering angle and its proximity to obstacles. This is especially useful for those who have difficulty in reversing into tighter spaces or parallel-parking. 360° cameras are generally fitted as standard on new high-end vehicles such as BMWs, Porsches and Range Rovers but it is also possible to fit one on more modest models. This particular accessory allows you to view more accurately the space available and the position of the wheels, and often will avoid any risk of doing serious damage



to your lovely car!

### **Car Stereos**

I doubt that there are many drivers who are not happier than when they are driving along singing to their favourite song (albeit out of tune!). However, many cars offer a pretty basic stereo, as well as small speakers, so the quality of the sound is often mediocre. Many people like to lis-

ten to music from their phones/iPods or similar via Bluetooth but clearly the stereo must be compatible.

So, to make your driving experience less stressful, more enjoyable and therefore you a happier driver, why don't you consider installing one of the above?

**For more information contact Emma at Motorworld.**

Continued from page 34

those who drank no coffee, or unfiltered coffee. The researchers conclude that this might be because of the caffeine.

In the first known study to look at the effects of substituting coffee with tea, researchers found that there are potential health benefits to replacing some coffee with tea compared to drinking just coffee. The researchers conclude that men who get between a third and one half of their daily caffeine intake from coffee had the lowest risk of death, and women who drank just coffee, or up to 40% tea, had the lowest risk of death – but those who drank more tea than this were at an increased risk of death. Another more recent trend is the use of caffeine in energy drinks – a vague term for caffeinated soft drinks that contain other ingredients including sugar and other stimulants, such as guarana. These seeds contain around four times more caffeine than coffee beans, and the combination of other natural chemicals in guarana seeds may heighten its stimulant effects over caffeine alone.

### Caffeine levels build up in the blood stream after 20 minutes, and it takes about an hour for 'peak caffeine' – Damian Bailey

Studies show that the some of the most popular caffeinated energy drinks in the UK and US contain between 75 and 160mg of caffeine, but some contain as much as 500mg of caffeine. "Energy drinks often contain other stimulants like B vitamins, L-carnitine, L-theanine, and glucuronolactone," says Alex Ruani, doctoral researcher of nutrition science education at University College London. "When combined, all these things can upset many body systems, including the brain and the heart. Long term this can cause cardiac harm such as hypotension and arrhythmia, and neurological disturbances like panic at-



Energy drinks often combine caffeine with other stimulants such as B vitamins, L-carnitine, L-theanine, and glucuronolactone

tacks and seizures."

#### Timing it right

Whether you consume caffeine to stay alert through meetings or in an attempt to improve your stamina in the gym, the time of day seems to matter. "Caffeine levels build up in the blood stream after 20 minutes, and it takes about an hour for 'peak caffeine'," Bailey says. "Caffeine helps muscles to contract more powerfully, and increases our tolerance to fatigue, so it can boost performance quite considerably if taken one hour before exercise." When you first wake up in the morning, some researchers recommend waiting for 90 minutes to two hours before having your first cup of coffee. Their reasoning is that in the first couple of hours after waking up, adenosine bound to the receptors on the outside of your cells will gradually clear, leaving the way clear for caffeine to bind more effectively. However, other researchers dispute the validity of this idea and say there is little scientific evidence to support it.

But while caffeine enters the gut quite quickly, its effects can take hours to wear off. Scientists recommend having your last 'dose' of caffeine eight hours and 48 minutes before you go to bed.

#### When is caffeine not advised?

National guidelines in the UK, and the US, advise limiting caffeine to 200mg per day when pregnant. However, in an analysis of 37 studies, 32 of the studies found that caffeine significantly increased risk of adverse pregnancy outcomes, which can include the mother developing gestational diabetes or preeclampsia, or restricted

growth of the foetus. This is because caffeine easily crosses the placenta. Researchers have found that, for miscarriage and stillbirth, there's an increased risk for each increment of 100mg, and low birth rate from 10mg per day. Caffeine also passes through breastmilk to breastfeeding babies, says Jack James, professor at Reykjavík University in Iceland. "Although the caffeine concentration in infant blood is lower than that of the mother, it's important to note that infants are unable to metabolise caffeine," he says.

### Not only can caffeine effect how difficult it is to get to sleep, but it may also affect how much deep sleep you get

Exposing babies to caffeine this way can cause them to feel caffeine withdrawal symptoms, James says.

"It has been firmly established that caffeine interferes with sleep in adults and that regular consumers become physically dependent, evidenced by a wide range of disruptive withdrawal effects," he says. These symptoms, he adds, can occur as soon as six hours after abstaining from caffeine, especially among daily caffeine consumers, and symptoms can include headaches and irritability. "While there has been little study of caffeine-induced withdrawal symptoms in infants, we may assume that any such effects paralleling those experienced by adults are likely to be disruptive," he says.

And not only can caffeine effect how difficult it is to get to sleep, but it

may also affect how much deep sleep you get, says Ruani. There is also evidence showing that adenosine has anti-inflammatory effects against immune and inflammatory disorders. "Those might be conditions where reducing caffeine intake would be appropriate, after consulting a medical professional," Jacobson says.

#### How much is too much caffeine?

There are no guidelines in the UK specifically, but the European Food Safety Authority EFSA advises healthy people to drink no more than 400mg per day, and no more than 200mg in a single drink. Generally, the consensus seems to be that drinking between 200 and 300mg of coffee per day is better than not drinking it at all, Bailey says. But recommendations can be rather futile when we don't know how much caffeine is in any given drink, and the content is so variable, he adds. If we assume that there are 100mg in a cup of coffee, 400mg is four cups of coffee per day – but, Bailey says, four flat whites would be well over the 400mg limit. This is because different bean varieties, the amounts of coffee grounds used and the preparation of the drink itself can all have an effect.

### A moderate intake of around two or three cups of coffee per day hasn't been linked to any serious negative side effects in healthy people, says Jacobson

"Providers aren't aware of how much caffeine they're giving you," he says. "An espresso can contain anywhere between 250mg and 700mg of caffeine, and some energy drinks can be 500 or 600mg." So, it's easy to overload on caffeine, Bailey adds – and you'll know when this happens, because you may start to feel nauseous, anxious and irritable, and develop a headache. You might also start to feel premature ventricu-

lar contractions – which are extra heartbeats, as the heart's pacemakers become irritable, he adds.

But a moderate intake of around two or three cups of coffee per day hasn't been linked to any serious negative side effects in healthy people, says Jacobson. And if people need to suddenly stop consuming caffeine, he advises doing so gradually over a few days, to avoid any withdrawal symptoms. And if you consistently drink high amounts of caffeine over time, you're more likely to experience withdrawal symptoms if you suddenly stop consuming it, but research suggests they can occur with daily doses as low as 100mg. The mechanism behind withdrawal symptoms is the same mechanism that causes caffeine's stimulant effects, says Cornelis. "People who consume a lot of caffeine over a long time will build up a tolerance effect, because adenosine receptors multiply. And if there are more of these receptors, there's more opportunity for adenosine to take effect in the absence of caffeine," she says.

#### Individual differences

There are at least eight genes we inherit that are associated with caffeine intake, including ones that influence neurological stimulation, the psychoactive effects of coffee on the brain, how quickly we metabolise coffee, how much we can tolerate, and how much we enjoy it, says Ruani. It can take as little as two hours to metabolise half the caffeine we've consumed, but for some people, it can take longer than 12 hours, Cornelis says.

#### Caffeine is a unique drug because it's so readily available

This difference is largely because of the genetic



The consensus seems to be that drinking between 200 and 300mg of coffee per day is better than not drinking it at all

variants in the CYP1A2 enzyme in our bodies, which represents more 90% of caffeine metabolism, Cornelis says. This is often broken down into two categories of people: caffeine responders, and non-responders – and it's likely you know which category you fall into. Most people's coffee-drinking habits tend to match up to their genetic predisposition, Cornelis says, because we're good at figuring out how many coffees we can tolerate, and sticking within our individual tolerance levels. But this is where the health benefits associated with caffeine become more complicated.

"Those who metabolise coffee quickly may need to consume more to get the health benefits, because it's gone so quickly," Cornelis says. Our genetic differences may also affect the extent to which habitual coffee consumption can promote health benefits. "Some people may develop high blood pressure from drinking caffeinated drinks, some don't," says Ruani. "Some benefit from the heart protective benefits of caffeine, and some may not." And this may contribute to some of the contradictory findings associated with coffee's health benefits, she says.

#### How should you consume caffeine?

Caffeine is a unique drug because it's so readily available. But this makes it all the more important – albeit, perhaps, more difficult – to consume in moderation. If you're struggling to relax and feeling edgy, you may have hit your caffeine limit, says Bailey. But the real telltale sign, he says, is struggling to sleep at night. "Always refuse coffee at the end of an evening meal, and ask for decaf instead," he says. "Sleep is so important for the brain."

# YOUR COLD WAREHOUSE



+34 603746515

+34 673307755



WWW.CCSTORAGES.COM

**CONTACT US**

**LAS AMERICAS/CHAFIRAS**



LA EVOLUCIÓN DEL TRASTERO  
**CC.STORAGES**



**...AND DRY**

# Who owns the Moon? A new space race means it could be up for grabs

By Rebecca Morelle, BBC Science Editor



**W**e're in the midst of a Moon rush.

A growing number of countries and companies have the lunar surface in their sights in a race for resources and space dominance. So are we ready for this new era of lunar exploration?

This week, images were beamed back to Earth of China's flag unfurled on the Moon. It's the country's fourth landing there - and the first ever mission to return samples from the Moon's far side. In the past 12 months, India and Japan have also set down spacecraft on the lunar surface. In February, US firm Intuitive Machines became the first private company to put a lander on the Moon, and there are plenty more set to follow. Meanwhile, Nasa wants to send humans back to the Moon, with its Artemis astronauts aiming for a 2026 landing. China says it will send humans to the Moon by 2030. And instead of fleeting visits, the plan is to build permanent bases. But in an age of renewed

great-power politics, this new space race could lead to tensions on Earth being exported to the lunar surface. "Our relationship with the Moon is going to fundamentally change very soon," warns Justin Holcomb, a geologist from the University of Kansas. The rapidity of space exploration is now "outpacing our laws", he says.

A UN agreement from 1967 says no nation can own the Moon. Instead, the fantastically named Outer Space Treaty says it belongs to everyone, and that any exploration has to be carried out for the benefit of all humankind and in the interests of all nations. While it sounds very peaceful and collaborative - and it is - the driving force behind the Outer Space Treaty wasn't cooperation, but the politics of the Cold War. As tensions grew between the US and Soviet Union after World War Two, the fear was that space could become a military battleground, so the key part of the treaty was that no nuclear weapons could be sent into space. More than 100 nations signed up.

But this new space age

looks different to the one back then.

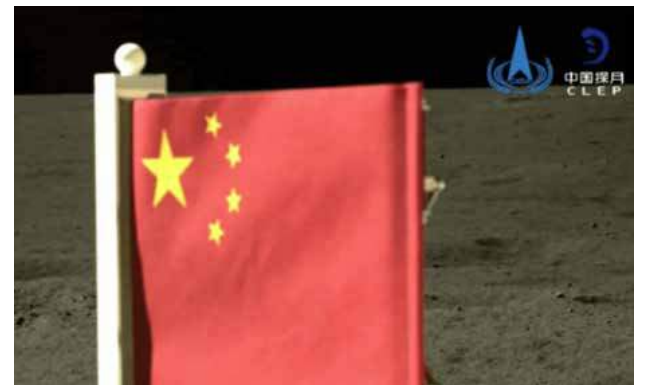
One major change is that modern-day Moon missions are not just the projects of nations - companies are competing, too. In January, a US commercial mission called Peregrine announced it was taking human ashes, DNA samples and a sports drink, complete with branding, to the Moon. A fuel leak meant it never made it there, but it sparked debate about how delivering this eclectic inventory fitted in with the treaty's principle that exploration should benefit all humanity. "We're starting to just send stuff up there just because we can. There's no sort of rhyme or reason anymore," says Michelle Hanlon, a space lawyer and founder of For All Moonkind, an organisation that seeks to protect the Apollo landing sites. "Our Moon is within reach and now we're starting to abuse it," she says.

But even if lunar private enterprise is on the increase, nation states still ultimately remain the key players in all this, Sa'id Mostesher, director of the London Institute of Space Policy and Law, says any

company needs to be authorised to go into space by a state, which will be limited by the international treaties. There's still a great deal of prestige to be had by joining the elite club of Moon landers. After their successful missions, India and Japan could very much claim to be global space players. And a nation with a successful space industry can bring a big boost to the economy through jobs, innovation.

But the Moon race offers an even bigger prize: its resources. While the lunar terrain looks rather barren, it contains minerals, including rare earths, metals like iron and titanium - and helium too, which is used in everything from superconductors to medical equipment. Estimates for the value of all this vary wildly, from billions to quadrillions. So it's easy to see why some see the Moon as a place to make lots of money. However, it's also important to note that this would be a very long-term investment - and the tech needed to extract and return these lunar resources is a some way off. In 1979, an international treaty declared that no state or organisation could claim to own the resources there. But it wasn't popular - only 17 countries are party to it, and this does not include any countries who've been to the Moon, including the US.

In fact, the US passed a law in 2015 allowing its citizens and industries to extract, use and sell any space material. "This caused tremendous consternation amongst the international community," Michelle Hanlon told me. "But slowly, others followed suit with similar national laws." These included Luxembourg, the UAE, Japan and India. The resource that could be most in demand is a surprising one: water. "When the first Moon rocks brought back by the Apollo Astronauts were analysed, they were thought to be completely dry," ex-



An image released by Chinese state media showed a lunar probe carrying the nation's flag

plains Sara Russell, professor of planetary sciences at the Natural History Museum. "But then a kind of revolution happened about 10 years ago, and we found out that they've got little traces of water in them trapped in phosphate crystals."

And at the Moon's poles, she says, there's even more - reserves of water ice are frozen inside permanently shadowed craters. Future visitors could use the water for drinking, it could be used to generate oxygen and astronauts could even use it to make rocket fuel, by splitting it into hydrogen and oxygen, allowing them to travel from the Moon to Mars and beyond. The US is now attempting to establish a new set of guiding principles around lunar exploration - and lunar exploitation. The so-called Artemis Accords state that extracting and using resources on the Moon should be done in a way that complies with the Treaty for Outer Space, although it says some new rules might be needed.

More than 40 countries have so far signed up to these non-binding agreements, but China is notably absent from the list. And some argue that new rules for lunar exploration shouldn't be led by an individual nation. "This really ought to be done through the United Nations because it affects all countries," Sa'id Mostesher tells me. But access to resources could also cause another clash.

While there's plenty of room on the Moon, areas close to ice-filled craters are

the prime lunar real estate. So what happens if everyone wants the same spot for their future base? And once a country has set one up, what's to stop another nation establishing their base a bit too close? "I think there's an interesting analogy to the Antarctic," says Jill Stuart, a space policy and law researcher at the London School of Economics. "We'll probably see research bases being set up on the Moon like they are on the continent."

But specific decisions about a new lunar base, for example whether it covers a few square kilometres or a few hundred, may come down to whoever gets there first. "There will definitely be a first-mover advantage," Jill Stuart says. "So if you can get there first and set up camp, then you can work out the size of your zone of exclusion. It doesn't mean you own that land, but you can sit on that space." Right now, the first settlers are most likely to be either the US or China, bringing a new layer of rivalry to an already tense relationship. And they are likely to set the standard - the rules established by whoever gets there first may end up being the rules that stick over time.

If this all sounds a bit ad hoc, some of the space experts I've spoken to think we're unlikely to see another major international space treaty. The dos and don'ts of lunar exploration are more likely to be figured out with memorandums of understanding or new codes of conduct. There's a lot at stake. The Moon is our constant companion, as we watch it wax and wane through its various phases as it glows bright in the sky.

But as this new space race gets under way, we need to start thinking about what sort of place we want it to be - and whether it risks becoming a setting where very Earthly rivalries are played out.



**auditen**  
CENTROS AUDITIVOS

At Auditen we want to help you hear better  
You will find us in Santa Cruz, San Isidro and Playa de las Americas.

Tfno.: 922151424  
Whatsap : 633883894  
www.auditen.es

**LAS CHAFIRAS  
BOOK SHOP**

10K+ books available.  
Buy 2 books, get one FREE!

609 714 276

Find us at Calle Luciano Bello Alfonso No 5 in Las Chafiras (behind Pit Team Sur)

**SAFECLEAN**  
PART OF G.D.A. GROUP S.L.U. Est 1987

**PEST CONTROL**  
For private villas, apartments, complexes, providing sanidad  
certificates for Bars & Restaurants  
**CONTROL DE PLAGAS**  
Desinsectación, desratización y certificados  
[www.safecleantenerife.net](http://www.safecleantenerife.net)

**CLEANING**  
Professional upholstery & carpet cleaning, sofas, beds  
**LIMPIEZA**  
Limpieza de sofás, alfombras, tapizados etc.  
e-mail: [info@safecleantenerife.net](mailto:info@safecleantenerife.net)

609 066 973  
627 114 090

# DOG OF THE MONTH



## Henry

Meet Henry! This fantastic little dog is far too old to be in a noisy and overpopulated dog refuge. He is not doing well at the sanctuary and at 12 years old, we are quite worried

about him. Although he is a senior dog he is in good health, likes to go out for walks and is sociable with other dogs. He is also very loving and would make the perfect companion for an

older person. His small size means that he can live in an apartment no problem as long as he gets regular walks.

We would so love to see Henry find a loving home for the rest of his days. If YOU (or someone you know) would like to meet him, please get in touch.

Henry is in the Tierra Blanca Refuge, located near the Fasnía turn off from

the TF1, just above the motorway. Call 606 500 171 or email [cpa.tierrablanca@tragsa.es](mailto:cpa.tierrablanca@tragsa.es). For English contact Rachel on 629 031 273.

Contact Rachel on 629 031 273 or [cpa.tierrablanca@tragsa.es](mailto:cpa.tierrablanca@tragsa.es) for more information



PROFESSIONAL PHOTOGRAPHER IN TENERIFE

## "Freezing the moments, capturing your memories."

Maternity



Weddings



Parties



[rickyzuk@icloud.com](mailto:rickyzuk@icloud.com)  
+34 642 943 343

@rickyzuk



Find us at Calle Luciano Bello Alfonso No 5 in Las Chafiras (behind Pit Team Sur)

## LAS CHAFIRAS BOOK SHOP

10K+ books available.  
Buy 2 books, get one FREE!

Websites, web apps, cloud services, automation, and data-processing services.

## All software work undertaken

EMAIL FOR A QUOTE

[contactalig@protonmail.com](mailto:contactalig@protonmail.com)





# KENDEL DEVELOPMENTS S.L.

Providers of Guaranteed\* Damp Solutions throughout the Canary Islands since 1985



'Kendel receive further MAJOR Order from Arehucas Rum factory on Gran Canaria.'

Following the successful treatment of 230 linear meters of rising damp in the walls of their factory (restored in 2013), Kendel Developments S.L. were delighted to receive an additional order from Arehucas Rum to treat a further 250 linear meters of walls on another section of the firm's old buildings due to

be restored shortly.

Damp in properties has long been a scourge of the construction industry in the Canary Islands – due in no small part to constructors' poor building practices. When the Savills came to Tenerife in 1985, they weren't sure what to focus on, but Derek Savill quickly decided to use his many years in construction in the

UK to specialise in Damp Proofing, Stair Lifts, Wheelchair Lifts and Small Home lifts where experienced firms were noticeably hard to find.

### Damp Proofing

After several years of carrying out tests with various products from the UK Derek (Dell) discovered that the only guaranteed

solution to Rising Damp in Canarian Type Constructions was the Electro Osmotic System coupled with the use of quality bonding and rendering mortars (all products produced by the Wykamol Group in the U.K.). Kendel have been sole importers and installers of Wykamol Products since 1995 throughout the Archipelago.

## DAMP PROOFING

Rising damp occurs when unprotected, porous materials (blocks, bricks, stone, wood etc) are in contact with damp earth:

- The result is unsightly and causes damage to decoration, manifesting itself in large patches of white, snowy flakes (see picture), which need constant removal, re-painting and eventual re-patching
- It can be a health hazard due to the increase in fungi and mould growth spores
- It often leads to timber decay or discoloration, particularly with unprotected timbers
- It causes damage to plaster and rendering
- It affects ALL unprotected walls, whether internal or external



So, what can be done to cure the problem (as the insertion of a Damp Proof Course is virtually impossible in a typical Canarian construction)? Contact us NOW to discuss your options, without obligation. All our work carries a 20 year Guarantee!



## LIFTS AND STAIR LIFTS (INDOOR OR OUTDOOR)

We have a solution for all mobility problems!

- Chairs and platforms for all types of stairs!
- Savills are the only Company providing stair lifts prepared for outdoors on curved stairs
- Ours are the best prices on the market!
- Call us NOW for more information, or to arrange a FREE consultation



Telephone: 922 815 054 • Mobiles: 630 330 251 / 647 955 163  
[www.salvaescaleraskendel.com](http://www.salvaescaleraskendel.com) • [kendelcanarias@hotmail.com](mailto:kendelcanarias@hotmail.com)



# *Sebastian & St. James*

International Financial Advisers Limited

Speak to us about:

Investments · Pensions · Savings · QROPs

[info@ss-ifa.com](mailto:info@ss-ifa.com)

+34 711 001 011 (Local Consultant)

+34 711 002 135 (Local Consultant)

+353 (1) 2343171 (International Head Office, Dublin)

+44 (0) 1446 704420 (UK Office)

[www.ss-ifa.com](http://www.ss-ifa.com)

Advice based on integrity, trust & experience.

# *Sebastian & St. James*

International Financial Advisers Limited

Speak to us about:

Investments • Pensions  
Savings • QROPs

Advice based on  
integrity, trust & experience.

[info@ss-ifa.com](mailto:info@ss-ifa.com)

**+34 711 001 011** (Local Consultant)

**+34 711 002 135** (Local Consultant)

**+353 (1) 2343171** (International Head Office, Dublin)

**+44 (0) 1446 704420** (UK Office)

**[www.ss-ifa.com](http://www.ss-ifa.com)**

Registered with the FCA no. 582504

Sebastian & St James International Financial Advisers Limited is regulated by the Central Bank of Ireland

# LOOKING FOR A RELIABLE DENTAL CLINIC IN TENERIFE? MAKE YOUR FIRST CHOICE MEDICAL IMPLANT!

WITH MEDICAL DENTAL, WE OFFER THE MOST MODERN TREATMENT METHODS

## TAC Computer Axial Tomography

TAC technology provides a 3D image which our team can use to plan the placement of the implants and dentures you need. This high-tech procedure is very effective in facilitating diagnosis and treatment in a speedy and painless manner.

## Computer-Guided Implant Surgery

Thanks to a virtual computerized reproduction, we can show our patients a 3D simulation of their proposed treatment. All treatments are carried out after receiving data and follow a detailed analysis of

GET TO KNOW US BETTER! - CHANGE YOUR LIFE IN JUST 48 HOURS...  
WITH 'ALL ON FOUR' / ALL ON SIX' FIXED PROSTHESES

### ZIRCONIUM CROWNS



High-performance material ensuring both an excellent quality for prosthetic medicine and for the high degree of bio-compatibility with the human body.



Dental Clinic



Medical Implant®

S W I S S C L I N I C

BERN | DUBAI | TENERIFE



### ALL ON 4/6 PROSTHESIS



WE CHANGE YOUR SMILE  
We change your life.  
Quality and expertise.  
Swiss guarantee.

+34 922 749 742  
+34 682 851 304

Mon-Fri 8:00 - 20:00h  
Sat 9:00 - 13:00h

Av. Los Abrigos 21 - 38618  
Los Abrigos / Tenerife / Spain

info@dentalturismo.es  
www.medicalimplant.es



www.medicalimplant.es

# Business Section

**OVER €350,000**

## Las Chafiras, Commercial Property

**€750,000**

FRINA Tenerife is offering this Large commercial property for sale in Las Chafiras, in one of the island's biggest commercial areas. Las Chafiras is centrally located close to the Tenerife southern airport, and the tourist areas. The property is empty at the moment, but it has before been used as a successful retail store. The premises of this ... For full information see website or contact:

**Ref: 2524 | FRINA Tenerife SL - Business Sales | 922 085 191**

## Palm Mar, Bar/Restaurant

**€700,000**

Clear Blue Skies Group SL is delighted to offer for sale these wonderful front line business premises, in the desirable coastal town of Palm-Mar in the south of Tenerife. Palm-Mar is a popular town in a bay adjacent to Los Cristianos, but separated by not only by rock but also by culture. Compared to the more robust neighbouring resorts of Los Cristianos... For full information see website or contact:

**Ref: 8302 | Clear Blue Skies SL | 922 714 772**

## San Eugenio Bajo, Commercial Property

**€625,000**

FRINA Tenerife offers a commercial Investment property for sale in Tenerife in San Eugenio. Today the property is rented out to a popular restaurant which owners pay a monthly rent of 5,000€. The premises was built in 1985 and measures 76m<sup>2</sup> inside and with a terrace of 40m<sup>2</sup>. For more details on this investment do not hesitate to contact FRINA Ten... For full information see website or contact:

**Ref: 2491 | FRINA Tenerife SL - Business Sales | 922 085 191**

## Los Cristianos, Empty Local

**€500,000**

FRINA Tenerife now offers this rare chance to buy a truly prime location investment freehold. This investment freehold is on a busy street in the El Camison area of Los Cristianos. The freehold is rented out with good tenants as a restaurant and is truly a prime location. The premises, which were completely refurbished in 2010, measure 79 m<sup>2</sup> and are s... For full information see website or contact:

**Ref: 2530 | FRINA Tenerife SL - Business Sales | 922 085 191**

## Las Rosas, Restaurant

**€495,000**

**6 bed** · A reluctant sale due to the current owners retirement and 'down-sizing'. An extensive (150m<sup>2</sup>) fully fitted and equipped freehold restaurant with professional stainless steel kitchen with extraction, stage area, bar and toilets. Situated on the lower level of a spacious townhouse which offers flexible living accommodation with potential for a number of pro... For full information see website or contact:

**Ref: 6090 | Tenerife Royale Estate Agents SL | 922 788305**

## El Medano, Commercial Property

**€475,000**

Clear Blue Skies Group SL is very pleased to offer for sale this spacious commercial premises situated in an incredible central

location in the vibrant town of El Médano. El Médano is located a few kilometres north of the Tenerife South airport and is recognised as Tenerife's water sports epicentre, as it is the perfect spot for kite boarding and surf... For full information see website or contact:

**Ref: 8379 | Clear Blue Skies SL | 922 714 772**

## Playa de la Arena, Empty Local

**€395,000**

FRINA Tenerife is now offering this. Empty freehold local, on the first line in Playa La Arena. The local is empty but has been used as a bar. So, it has disabled toilets, men, and women's toilets. The local needs a full refurb before its ready to open. This local would be perfect if you are looking to build your own bar & café, or a restaurant, The pro... For full information see website or contact:

**Ref: 2528 | FRINA Tenerife SL - Business Sales | 922 085 191**

## Tenerife South, Manufacturing business

**€390,000**

FRINA Tenerife offers here a unique opportunity to take over this Jewellery Manufacturer & Supplier business that designs, produces and sells high-quality jewellery to both B2B and B2C customers. Under one SL company are different brands of jewellery and you will find designs for both men and women. All collections are made of carefully selected m... For full information see website or contact:

**Ref: 2410 | FRINA Tenerife SL - Business Sales | 922 085 191**

## Los Cristianos, Pizzeria

**€380,000**

FRINA Tenerife brings to the market this Italian Restaurant Pizzeria in Los Cristianos. It is a well known business located in El Camison, a central area close to the beach full of both residents and tourists. The Restaurant Pizzeria has an high and demonstrable monthly turnover, it has a very rich menu with traditional Italian dishes and a good choice o... For full information see website or contact:

**Ref: 2576 | FRINA Tenerife SL - Business Sales | 922 085 191**

## Puerto Colon, Sports Bar

**€350,000**

FRINA Tenerife offers for sale this Freehold Sports Bar in Puerto Colon. It is in a famous commercial centre visited by a lot of tourists and many locals. It's live Entertainment and great atmosphere attract people of different nationalities and ages to come and enjoy a fun night of Karaoke, live music, Sports and tasty food. This place always has some... For full information see website or contact:

**Ref: 2591 | FRINA Tenerife SL - Business Sales | 922 085 191**

**€349,999 - €250,000**

## Golf del Sur, Investment Property

**€329,175**

**1 bed** · air conditioning, modern.

**Ref: VS5424D | Vym Canarias | 922 787 210**

## San Eugenio Bajo, Bar/Cafe

**€325,000**

FRINA Tenerife is happy to offer a Modern and Stunning Cafeteria-Bar for Sale in San Eugenio Bajo. If you are looking for picture-perfect premises in a busy location, you cannot miss this stunning

opportunity! The premises are 150m<sup>2</sup> with an open kitchen and a terrace of 30m<sup>2</sup>. Altogether are tables for 90 guests. The premises were fully renovated in 20... For full information see website or contact:

**Ref: 2489 | FRINA Tenerife SL - Business Sales | 922 085 191**

## Los Cristianos, Freehold Pub

**€320,000**

FRINA Tenerife is happy to offer this long-established and very popular Freehold Pub for Sale in Los Cristianos. This business had the same owner for many years and is known for its lovely atmosphere and food, so no doubt you will have guests from day 1. Note the owners wish to keep the sale very discreet, hence we can only provide limited details here... For full information see website or contact:

**Ref: 2422 | FRINA Tenerife SL - Business Sales | 922 085 191**

## Los Olivos, Empty Local

**€280,000**

**2 bed** · 2 bed, 5 bath commercial, local for sale.

**Ref: IPPDOAL01 | Island Prime Property | +34 922 09 69 75**

## Playa San Juan, Restaurant

**€250,000**

This modern Restaurant for Sale in Playa San Juan is located centrally on the main street. It is known for its international menu offering brunch, burgers, and Spanish specialties. This business has fast become one of the most visited restaurants in the area and the guests just keep coming back to enjoy the menu, lovely style, and amazing atmosphere. ... For full information see website or contact:

**Ref: 2504 | FRINA Tenerife SL - Business Sales | 922 085 191**

## San Eugenio Bajo, Bar/Cafe

**€250,000**

FRINA Tenerife offers this famous Tenerife café for sale. The café is in San Eugenio and is known for its international menu and live music. It has been open for years and has a good reputation among residents, tourists, and on social media. And whether you are looking for an investment or a well-established business to run yourself, you cannot miss th... For full information see website or contact:

**Ref: 2505 | FRINA Tenerife SL - Business Sales | 922 085 191**

## Puerto Colon, Excursion Business

**€250,000**

FRINA Tenerife is excited to offer this Unique Diving Business for Sale in Puerto Colon. If you dream about a great water sport business on the island of external spring, you cannot miss this! It has been established for many years and has no direct competition. The diving experience is offered on underwater scooters making it possible for everyone to par... For full information see website or contact:

**Ref: 2409 | FRINA Tenerife SL - Business Sales | 922 085 191**

## Las Americas, Restaurant

**€250,000**

FRINA Tenerife offers for sale this Large Front-Line Restaurant in Las Americas facing the beach promenade which is always busy and offers a lovely view. Moreover, the restaurant is located on a corner, so you have even more people passing and a large terrace! If you are looking for that amazing location to open a large restaurant or lounge bar you... For full information see website or contact:

**Ref: 2459 | FRINA Tenerife SL - Business Sales | 922 085 191**

**€249,999 - €150,000**

## Costa del Silencio, Bar/Cafe

**€230,000**

FRINA Tenerife is now offering this Belgian Bar/cafe for sale. Located in the Tenbel commercial centre. Tenbel is a well-known centre and attracts both tourists and residents. This bar is well-known with the Belgian residents on the island. also, this bar offers a wide range of Belgian beers. The premises are 100m<sup>2</sup> of interior space with a 15m<sup>2</sup> kitc... For full information see website or contact:

**Ref: 2538 | FRINA Tenerife SL - Business Sales | 922 085 191**

## Golf del Sur, Commercial Property

**€220,000**

FRINA Tenerife is now offering this investment property for sale, in Golf del Sur. This property has an established business and good tenants. The premises of this freehold is a 66m<sup>2</sup> interior and a terrace of 40 m<sup>2</sup>. If you wish to know more about this commercial property investment contact FRINA Tenerife. Para información en español llámenos: +34 ... For full information see website or contact:

**Ref: 2523 | FRINA Tenerife SL - Business Sales | 922 085 191**

## Los Gigantes, Freehold Property

**€219,000**

Clear Blue Skies Group SL are delighted to offer this freehold business premises to the open market, located in Los Gigantes on the sunny west coast of Tenerife. Los Gigantes is the biggest resort town on the west coast of Tenerife, situated just along the coast from the delightful towns of Puerto Santiago and Playa de la Arena. Los Gigantes is named aft... For full information see website or contact:

**Ref: 8344 | Clear Blue Skies SL | 922 714 772**

## Torviscas Bajo, Bar/Cafe

**€210,000**

FRINA Tenerife this Busy Cocktail Bar For Sale in Torviscas Bajo, which is known as one of the best cocktail bars in the area and has excellent reviews on TripAdvisor, Facebook and other social media. It has been established for years and you will take over a genuinely successful business. Moreover, the owner only works limited hours hence, this is a g... For full information see website or contact:

**Ref: 2567 | FRINA Tenerife SL - Business Sales | 922 085 191**

## La Caleta, Italian Restaurant

**€190,000**

A new business for sale is this Italian Food & Wine Restaurant in La Caleta. The business is known for a delicious Italian menu with pizzas, fresh shellfish, homemade desserts, and quality wines. This cozy restaurant is a must-see if you are looking for a wine-bar and restaurant with an ambitious menu. The premises are spacious 150 m<sup>2</sup> with a large a... For full information see website or contact:

**Ref: 2403 | FRINA Tenerife SL - Business Sales | 922 085 191**

## Los Cristianos, Bar/Restaurant

**€190,000**

FRINA Tenerife now offers this Famous and Successful Asian Restaurant for Sale. This restaurant is located centrally in Los Cristianos and is very busy. An amazing reputation secures many guests every day and evening both new and returning. If you are looking for a successful business with a good and steady income you cannot miss this! The premises ... For full information see website or contact:

**Ref: 2542 | FRINA Tenerife SL - Business Sales | 922 085 191**

## San Eugenio Alto, Pool Bar

**€175,000**

FRINA Tenerife presents this new Freehold opportunity Poolbar in San Eugenio Alto. A perfect located Freehold Poolbar inside a complex which is approximately a twenty minutes driving from Reina Sofia airport in the south. Almost opposite the resort there is Aqualand, a water park more suited to younger family members. The Freehold Poolbar is nearby at... For full information see website or contact:

**Ref: 2603 | FRINA Tenerife SL - Business Sales | 922 085 191**

## Los Cristianos, Bar/Cafe

**€170,000**

FRINA Tenerife now offers this Sea View Bar for sale in Los Cristianos, it is a unique and perfect option for the demanding buyer! You find this Sea View Bar in San Telmo which is busy all year and both days and nights. The current owner has designed the Sea View Bar and decorated it to perfection. Furthermore, the bar overlooks the large a busy Playa ... For full information see website or contact:

**Ref: 2584 | FRINA Tenerife SL - Business Sales | 922 085 191**

## Los Cristianos, Bar/Cafe

**€169,000**

FRINA Tenerife now offers this Well-Known British bar Los Cristianos. It is known for its high-quality food and entertainment. The bar is located in a busy area that

attracts many tourists and residents.

This bar has been for almost 10 years and has a great reputation and a high income. So if you are looking for a bar in Los Cristianos you can't miss this... For full information see website or contact:

**Ref: 2550 | FRINA Tenerife SL - Business Sales | 922 085 191**

## Las Americas, Bar/Cafe

**€150,000**

FRINA Tenerife now offers this Famous traspaso café in Las Americas. And, it is a wonderful opportunity, to buy one of the most reputable British cafes in Playa Las Americas. The owner opened this bar over 10 years ago. And has grown to be one of the most recognized and popular cafes in the area. It has a great reputation for quality food, delicious cakes... For full information see website or contact:

**Ref: 2533 | FRINA Tenerife SL - Business Sales | 922 085 191**

## San Eugenio Alto, Pool Bar

**€150,000**

FRINA Tenerife presents this rare opportunity to buy a Freehold Pool Bar for Sale. This pool bar is in a busy complex in Torviscas. It is an apart-hotel complex where you will have both residents, expats, and tourists as guests. A pool bar is always a sure success and whether you wish to work less and only sell drinks and ice cream during the day or al... For full information see website or contact:

**Ref: 2555 | FRINA Tenerife SL - Business Sales | 922 085 191**

## Fanabe, Pub

**€150,000**

FRINA Tenerife offers for sale this Entertainment Pub & Restaurant for Sale located on the first line in Fanabe. It is known to be one of the busiest entertainment pubs in the area offering live music every day. And in the evenings, you must book to be sure to get a table. Moreover, the place offers a full British menu. Nevertheless, you find both British... For full information see website or contact:

**Ref: 2503 | FRINA Tenerife SL - Business Sales | 922 085 191**

**€149,999 - €100,000**

## Puerto Colon, Charter Yacht

**€149,000**

FRINA Tenerife now has the pleasure to offer this beautiful charter boat for sale in Puerto's colon. Puerto Colon is one of the busiest tourist harbours on the island and which contributes to this boat's popularity. This sunseeker boat includes an attached



## FOR SALE



**DUE TO RETIREMENT A LONGSTANDING ESTATE AGENCY OFFICE IS NOW AVAILABLE FOR SALE.**

**ESTABLISHED IN 1994, THE BUSINESS OFFERS GREAT POTENTIAL TO INCREASE REVENUE FROM PROPERTY SALES, RENTALS, CAR HIRE ETC.**

**BEAUTIFUL SEA VIEW FROM OFFICE**

**PRICE INCLUDES THE FREEHOLD OF THE OFFICE (56SQM).**

**Enquiries (in strictest confidence) to – (0034) 634 300 303**

navigation 8 seats and 2 Volvo Kad 300 engines from 2021.

**Ref: 2545 | FRINA Tenerife SL - Business Sales | 922 085 191**

#### Los Cristianos, Bar/Cafe

**€149,000**

FRINA Tenerife now offers this Prime Location Bar in Los Cristianos, in front of Playa Las Vistas. It is a rare chance to buy in a truly prime location in front of the famous Las Vistas beach. The Bar in Los Cristianos has a great client base and is frequented by a lot of tourists, it has breakfast and lunch menu that satisfied all kind of clients. ... For full information see website or contact:

**Ref: 2602 | FRINA Tenerife SL - Business Sales | 922 085 191**

#### Puerto Colon, Empty Local

**€140,000**

FRINA Tenerife offers this Freehold Office for Sale in Puerto Colon Commercial Center. A very central and busy location that enjoys lots of footfall year-round thanks to the many excursions business and bars in the area. Also, you are close to parking. The office is bright and spacious 92 m2. It was refurbished in 2019 with new electrical installations... For full information see website or contact:

**Ref: 2477 | FRINA Tenerife SL - Business Sales | 922 085 191**

#### Los Cristianos, Pizzeria

**€140,000**

Now FRINA Tenerife offers this Business for Sale in Los Cristianos. The business is known for great pizzas and being located on a very busy street close to the beach and with a lot of footfall. Normally this is a very busy pizzeria that generates a high turnover year-round. Contact FRINA Tenerife for more details on this. The premises offer a large ... For full information see website or contact:

**Ref: 2417 | FRINA Tenerife SL - Business Sales | 922 085 191**

#### Torviscas Bajo, Irish Bar

**€139,000**

FRINA Tenerife is happy to put on the market a Busy Irish Bar for Sale Traspaso. This lovely bar is in Torviscas Bajo where it is visited by tourists of all nationalities. Irish bars are always popular and so is this, securing the owner and high monthly income. Moreover, this place has a great reputation, and you will earn money from day 1! If you are ... For full information see website or contact:

**Ref: 2518 | FRINA Tenerife SL - Business Sales | 922 085 191**

#### Las Americas, Bar/Cafe

**€132,000**

FRINA Tenerife now offers this Long-Established Bar in Las Americas in the famous Avenida Las Americas. It is a rare chance to buy in a truly prime location in this area full of big hotels and tourists. The Bar in Las Americas has a great resident and tourist client base thanks to 22 years of activity with the same owner, it serves mostly drinks and so... For full information see website or contact:

**Ref: 2605 | FRINA Tenerife SL - Business Sales | 922 085 191**

#### Puerto Colon, Sports Bar

**€125,000**

FRINA Tenerife offers for sale this Entertainment Sports Bar in Puerto Colon. It is in a famous commercial centre visited by a lot of tourists and many locals. It's live Entertainment and great atmosphere attract people of different nationalities and ages to come and enjoy a fun night of Karaoke, live music, Sports and tasty food. This place always has... For full information see website or contact:

**Ref: 2590 | FRINA Tenerife SL - Business Sales | 922 085 191**

#### Las Americas, Bar/Restaurant

**€120,000**

FRINA Tenerife is happy to offer this popular and successful Las Americas restaurant for sale. This business has been established for more than 8 years and is known to serve great food for a fair price. The

menu is a wide range of ever-popular meals for the whole family like pasta, steaks, roast chicken, pizzas, and more. And moreover, the restaurant h... For full information see website or contact:

**Ref: 2387 | FRINA Tenerife SL - Business Sales | 922 085 191**

#### Puerto de Santiago, Pizzeria

**€109,000**

FRINA Tenerife brings to the Market this Pizzeria – Seafood Restaurant in Puerto Santiago, located in the touristic area of Santiago del Teide and with a stunning view on the Ocean. The two locals have the same owner and the same employees, they work mostly with Tourists, but it is also very well-known between the residents of the town. The Rent of the... For full information see website or contact:

**Ref: 2609 | FRINA Tenerife SL - Business Sales | 922 085 191**

#### Puerto Colon, Restaurant

**€106,000**

FRINA Tenerife presents this Modern Restaurant in Puerto Colon for Sale in San Eugenio Bajo located on a busy street and overlooking the sea. This Modern Restaurant is fully renovated and has a unique decor, it faces stunning sunsets and enjoy an excellent flow of people, both tourists and locals. Premises of the Restaurant for Sale The premises... For full information see website or contact:

**Ref: 2593 | FRINA Tenerife SL - Business Sales | 922 085 191**

#### Tenerife South, Retail Business

**€100,000**

FRINA Tenerife offers for sale this retail business that sell car and vehicle parts. The business is located in Los Realejos, where it serves many locals in the area and some British people. The business has a solid reputation and had a healthy income, but is now closed. Included in the retail business The owner wishes to sell the business... For full information see website or contact:

**Ref: 2343 | FRINA Tenerife SL - Business Sales | 922 085 191**

**€99,999 - €50,000**

#### Fanabe, Bar/Cafe

**€99,500**

This well-known British Café for Sale in Fañabe is one of the best known in the area and has been established for many years. It is known for classic English breakfasts, cakes, Sunday Roasts, and much more. Furthermore, the café has great reviews among residents, tourists, and on social media, and no doubt you will guests from day one with this business... For full information see website or contact:

**Ref: 2397 | FRINA Tenerife SL - Business Sales | 922 085 191**

#### Las Galletas, Ice Cream Bar

**€89,000**

FRINA Tenerife is happy to offer this amazing Crepe & Ice Cream Café for Sale in Las Galletas. The café is located centrally in the city and facing a busy area that enjoys plenty of footfall and attracts many residents and especially families. The café is known for ice cream, crepes, good coffee, and shakes. The premises are in good condition and you d... For full information see website or contact:

**Ref: 2438 | FRINA Tenerife SL - Business Sales | 922 085 191**

#### Tenerife South, Pest control business

**€89,000**

FRINA Tenerife offers a genuine successful Pest Control and Cleaning Company for sale. This company has been established for years and has hundreds of clients in the south of Tenerife. The main job is pest control of businesses and private houses, nevertheless, they also earn decent money on cleaning jobs. Since all work is done on location, the own... For full information see website or contact:

**Ref: 2573 | FRINA Tenerife SL - Business Sales | 922 085 191**

#### El Madronal, Babywear Shop

**€86,500**

FRINA Tenerife brings to the market this Baby SPA Wellness in Costa Adeje, a one-of-a-kind business in the island. The Baby SPA has a very good reputation thanks to the beautiful online reviews. It comes with all furniture included. The Baby SPA Wellness has a full SPA licence and you are allowed to offer therapeutic massages too. It is in El Madroñal ... For full information see website or contact:

**Ref: 2581 | FRINA Tenerife SL - Business Sales | 922 085 191**

#### Torviscas Bajo, Pool Bar

**€85,000**

FRINA Tenerife just took on this large pool bar in Torviscas Bajo. It is very well established and placed in a large and popular holiday resort that has hundreds of tourists every month year round. The pool bar has a large terrace overlooking the pool and with tables for 50 guests. The inside premises are fully equipped with a large bar and an industri... For full information see website or contact:

**Ref: 2385 | FRINA Tenerife SL - Business Sales | 922 085 191**

#### Torviscas Alto, Empty Local

**€85,000**

Large local of 128m2 for sale in

Puerto Colon.

**Ref: VS3416D | Vym Canarias | 922 787 210**

#### Vilaflor, Bar/Restaurant

**€80,000**

FRINA Tenerife is happy to offer this beautiful Restaurant for Sale placed in the caves of a large finca in Tenerife. Today the place is known for its beautiful location and surroundings with wines and fruits trees and offers a modern Canarian menu made from local and homegrown products. This is a successful business with an amazing reputation but ther... For full information see website or contact:

**Ref: 2549 | FRINA Tenerife SL - Business Sales | 922 085 191**

#### Costa del Silencio, Restaurant

**€79,000**

FRINA Tenerife offers for sale in Costa del Silencio this restaurant that is known for delicious fish and tapas. It has been established for almost 2 years and has earned itself a good reputation and has very high reviews on Google, TripAdvisor, and Facebook. The premises are spacious 300m2 and moreover, have a terrace of 40 m2. Inside are tables for 1... For full information see website or contact:

**Ref: 2515 | FRINA Tenerife SL - Business Sales | 922 085 191**

#### Las Americas, Beauty Salon

**€76,000**

FRINA Tenerife offers Traspaso Nail and Beauty Salon for Sale. It has a prime position in Las Americas facing the busy promenade and offering a stunning sea view. The business offers a variety of treatments among others manicure, pedicure, waxing, massages, tinting of lashes and eyebrows, facials and more. The premises are amazing and refurbished to hi... For full information see website or contact:

**Ref: 2564 | FRINA Tenerife SL - Business Sales | 922 085 191**

#### Puerto Colon, Excursion Business

**€75,000**

This Boat Hire Excursion for Sale offers zodiac boats to hire and go for private trips. The brilliant thing about zodiacs is you do not need a license to sail it so both residents and tourists come to rent and enjoy a private trip on the sea. This is an easy excursion business to run for one person since you only need to meet clients for the instructio... For full information see website or contact:

**Ref: 2426 | FRINA Tenerife SL - Business Sales | 922 085 191**

#### Torviscas Alto, Bar/Cafe

**€65,000**

Now we offer this Reputable Bar for Sale in Torviscas Alto. If you are looking for a well-established business with many loyal customers, you should have a look at this café that is a popular place to meet friends for a drink. The current owner had the business for 3 years and only look to sell since he also has other businesses. The premises of the... For full information see website or contact:

**Ref: 2444 | FRINA Tenerife SL - Business Sales | 922 085 191**

#### Torviscas Bajo, Bar/Cafe

**€65,000**

FRINA Tenerife offers this Bar-Restaurant for sale in San Eugenio Bajo. It is a well-known business and enjoys many regulars and new guests due to its location in a large complex that enjoys residents and tourists

year-round. The business is known for its great price/quality and live entertainment several nights a week. The premises are well-maintai... For full information see website or contact:

**Ref: 2463 | FRINA Tenerife SL - Business Sales | 922 085 191**

#### Golf del Sur, Bar/Cafe

**€65,000**

Fantastic opportunity to purchase a bar located in a popular commercial centre. The bar has been fully refurbished, had new bathrooms installed, fully rewired, new air-conditioning, and new glass washer. Included are 10 televisions which can show 3 different matches, and 2 WiFi routers (one for the TVs, one for customers).

**Ref: B-122 | Tenerife Prime Property | 922 703 725**

#### Adeje Town, Pizzeria

**€60,000**

FRINA Tenerife is now offering this well know pizza restaurant traspaso in Adeje. The restaurant is centrally located, in the centre of the old Adeje town. Where it is in a residential complex. This is a restaurant that is popular among the residents and families in the area. The premises are a spacious 92 m2 restaurant that has a large, covered terrac... For full information see website or contact:

**Ref: 2525 | FRINA Tenerife SL - Business Sales | 922 085 191**

#### Adeje Town, Pizzeria

**€55,000**

Now FRINA Tenerife offers this Adeje Pizzeria for Sale that has been established for several years and is known for delicious pizzas. If you wish to keep running this business as a pizzeria, this location is perfect to establish yourself as a takeaway and delivery business for all the surrounding complexes. This is the area for you that gives loyal cus... For full information see website or contact:

**Ref: 2416 | FRINA Tenerife SL - Business Sales | 922 085 191**

#### Los Cristianos, Minimarket

**€51,000**

FRINA Tenerife offers this unique opportunity to buy a Traspaso Minimarket and Fast Food Shop in Los Cristianos. This business sales both fast food like kebab, fries and burgers. Moreover, is the store installed with shelves and fridges to sell everyday goods like alcohol, chips, sweets, ice cream, sun cream etc. The premises are 60 m2 inside and has a... For full information see website or contact:

**Ref: 2431 | FRINA Tenerife SL - Business Sales | 922 085 191**

**UNDER €50,000**

#### Los Cristianos, Bar/Cafe

**€49,500**

FRINA Tenerife now offers this amazing French Café in Los Cristianos. 2 Years ago the owners refurbished this Cafe. Where they also installed a wine boutique. This café serves French healthy food and it does tapas and wine tasting. And has done so for more than 8 years, and has a good reputation. furthermore, with the addition of the boutique, the new own... For full information see website or contact:

**Ref: 2539 | FRINA Tenerife SL - Business Sales | 922 085 191**

**Tel: 922 703 725**  
**Mobile: 619 180 888**

C/ Luciano Bello Alfonso No. 5,  
 1st Floor, Office C,  
**LAS CHAFIRAS**  
 38639 Santa Cruz de Tenerife



## FOR SALE!

Wonderful opportunity to purchase 10 businesses on the West coast of the island offering the best dishes from around the world (Sushi from Japan, National dishes from Morocco, tapas and other classic dishes from the Canary Islands, the absolute best steaks on the island, Burgers to die for and even the best British cod and chips!). Each business can be purchased individually – either via traspaso or, in three cases, freehold. Dis-

counts are available for quick sale!

Canarian cheeses and wine	Moroccan Cuisine
Canarian Cuisine	Traditional British fast foods
Tapas with a twist	The best steaks in Tenerife
Sushi from Japan	Dishes from around the world
<b>Burgers to die for!</b>	

**SALE PRICE: €1,500,000**

**Contact us for more information or to arrange a meeting with the Vendors**

# FRINA Tenerife

tenerifebusinessforsale.com

## Commercial Local To Rent

**NEW**



This is unique opportunity to get enter a large local in a great location. You get 110m2 located centrally in Puerto Colon commercial center. It is ideal as an office, salon or can even be turned into a bar-café. Monthly rent: 1,500€.

Ref.: 2806

Price: 1,500€

## Large Beach Restaurant



Located just next to Playa las Vistas is this large and always busy restaurant of 400m2 that moreover has a terrace of 85m2. It is a turn-key business that has been established for more than 10 years. The monthly rent is 13,000€

Ref.: 2788

Price: 120,000€

## Leasehold Gym for Sale



With a spacious area of 285m2 spread over two floors, you get a fully equipped gym to serve every clients needs. You have the machine and fitness area and 2 spacious rooms for boxing and fitness classes. Monthly rent is: 2,062€

Ref.: 2797

Price: 109,000€

## Turn-Key Cafe in Fanabe



This cafe in a shopping centre in Fanabe is a popular and well-known breakfast, brunch and lunch cafe with a healthy income. Employees manage it, hence a good investment case. The monthly rent is: 2,200€

Ref.: 2790

Price: 110,000€

## Cozy Pool Bar in Los Cristianos



This pool bar is 70m2 and is in a lovely and busy complex. The bar was recently renovated and has a fully equipped kitchen and a bar open to the terrace. And the license allows you to stay open after the pool closes. Monthly rent: 1,100€

Ref.: 2770

Price: 48,000€

## Sea View Bar in Puerto Colon

**Reduced**



This bar spans 49m2, equipped with a large serving area and a small stage perfect for live music. The terrace is 20m2 and offers stunning views of the harbour, La Gomera and sunsets. Monthly rent: 1,500€.

Ref.: 2793

Price: 49,000€

## Excursion Shop in Las Americas

**NEW**



Great option to get a well-established excursion business in a central location in Las Americas, showing a healthy profit both summer and winter – a turn-key opportunity both with employees or if you work here yourself. Monthly rent: 3,000€

Ref.: 2801

Price: 70,000€

## Bar-Cafe in Busy Complex

**NEW**



This bar-café is in a large and busy complex in Torviscas Bajo. It is known for its British menu, friendly service and live entertainment. The business has tables for 25 guests and is perfect for a couple. Monthly rent: 1,000€

Ref.: 2803

Price: 79,500€

## Sea View Cafe in Los Cristianos



This cafe in San Telmo offers a stunning view over Playa las Vistas and benefits from having a double terrace, hence you can fit up to 30 guests. It is a busy location and perfect for all types of catering businesses. Monthly rent: 2,400€

Ref.: 2795

Price: 82,000€

## Music & Cocktail Bar



This bar is 200m2, established for more than 10 years and known for lovely cocktails and live music, there is a small kitchen too. It is Torviscas Bajo and enjoys tourist and residents all year. The monthly rent is: 3,800€

Ref.: 2756

Price: 200,000€

## Profitable Brunch & Dessert Cafe



This turnkey business features a fully-equipped kitchen and a 60m2 dining area for 50 guests who can enjoy the sea view. It has been established for more than 10 years and is famous in Golf del Sur. Monthly rent: 2,000€

Ref.: 2794

Price: 200,000€

## Cleaning and Maintenance

**REDUCED**



This cleaning and maintenance business offer regular service to more than 50 holiday rentals in the South. Most properties are based in Los Cristianos where the storage of the business is as well. The monthly rent is only 25€.

Ref.: 2785

Price: 35,000€

## Bargain Freehold Pool Bar

**REDUCED**



Do not miss this chance to get a pool bar sold as freehold. It is 67m2 and in a complex in San Eugenio Bajo with both tourists and residents. It is the perfect place for a first-time buyer or a couple who wishes to work together.

Ref.: 2773

Price: 140,000€

## Commercial Freehold for Sale

**REDUCED**



This freehold office is 92m2 and offers a large open office area, a meeting room, a directors office, a toilet, a storage and a kitchen. It was fully refurbished in 2019 and is perfect as office, shop or a beauty salon.

Ref.: 2477

Price: 135,000€

## Diving Boat for Sale



This boat is a Zurita 750 Pro that comes fully licensed and authorized for diving operations, including the capability to navigate at night, providing flexibility and versatility diving experiences. It is moored in Marina del Sur today.

Ref.: 2772

Price: 55,000€

## Laundry Business for Sale



You find this business in an easily accessible ocaion Playa Paraiso. It is 70m2 and fully equipped. offering both self-service machines and dedicated washing services. The monthly rent is 675€.

Ref.: 2760

Price: 79,000€

## Prestigious Charter Boat



This Prestigious Princess 45 Fly Charter Boat, is located in the vibrant Marina Las Galletas. It has a Caterpillar 425 horsepower Engine, was renovated in 2022 and accommodates up to 10 guests. The monthly rent: 996€

Ref.: 2791

Price: 225,000€

## Freehold Pool Bar in Golf del Sur



This freehold pool bar of 129m2 was recently renovated. It is in a busy complex in Golf del Sur where you have both residents and tourists. Today the bar is closed and just waiting to reopen and serve all the daily guests enjoying the pool.

Ref.: 2786

Price: 190,000€

## Sailing Charter for Sale



This charter boat and business is in Los Gigantes and includes a 45-foot Bavaria with the Blue Flag and a van for driving with customers. Both are fully licensed for client transportation. The monthly rent is 2,500€

Ref.: 2748

Price: 490,000€

## Thriving Boat Rental Business



This business in Puerto Colon rents out self-operated boats so the clients can enjoy a private day at the ocean. Each boat accommodates up to 6 passengers and can be sailed without a license. Monthly rent: 1,050€

Ref.: 2792

Price: 175,000€

+34 670 63 60 04

+34 922 08 51 91

frina@tenerife-business.com

tenerifebusinessforsale.com

Calle Colón, 1st Floor, local 213, Puerto Colón, 38660 Adeje

English, Spanish, Italian, Dutch, German, French, Danish

we are here too

